

# HIDDEN MEADOWS



MARCH 2024

NEWS

Vol 8 No 3



## Hidden Meadows Women's Social Group Celebrates Galentine's in Style

By Michelle Zipse / Resident  
Hidden Meadows, nestled in its serene beauty, witnessed a delightful gathering recently as the Women's Social Group came together to celebrate Galentine's, a day dedicated to cherishing the bond of female friendship. Hosted at the picturesque home of Jacquie Hughes, the event was nothing short of spectacular.

The ambiance was filled with laughter, warmth, and the aroma of delicious food as members shared homemade culinary delights. Each attendee contributed a dish, resulting in a delectable spread that tantalized the taste buds of all present. Among the culinary highlights were the exquisite decorative sugar cookies crafted by Cindy Payne, which were almost too beautiful to eat,

resembling the work of a professional pastry chef.

Savory treats also graced the table, with Vickey Ciarlanti's potato casserole eliciting murmurs of delight and Meredith Kifer's rice and bean casserole proving to be another crowd favorite, earning accolades for its flavorful blend of ingredients.

As the evening progressed and con-

versations flowed, Jacquie initiated a lively game, adding an extra layer of excitement to the festivities. Each guest had picked a ticket upon arrival, leading to a thrilling prize distribution at the end of the event. The highlight of the night was undoubtedly the spa services generously offered as prizes, including facials, full-body skin treat-

**SOCIAL GROUP / See Page 2**



Christina Stendl selling her gourmet baked goods



At the bake sale: Michelle Zipse, Julie Brooks, Vickey Ciarlanti and Donna

## Hidden Meadows Seller's Faire 2024

By Michelle Zipse / Resident

Attention, Hidden Meadows residents and visitors! Get ready to mark your calendars and save the dates because the highly anticipated Seller's Faire is back for another exciting season in 2024. This year, we are thrilled to announce five fantastic events packed with local talent, delicious treats, and community spirit.

**SELLER'S / See Page 3**

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**MARCH HIDDEN MEADOWS EVENTS**  
Hidden Meadows Community Foundation College Scholarship Fundraiser  
Wednesday, March 20, 6 pm – 9 pm  
Side Yard Public House, 10326 Meadow Glen Way E



Cindy Payne, Bobbi Helland, Monica, Karla Fernandez, Mila, Cori, Dannielle Milliken, and our hostess Jacquie Hughes



Our hostess Jackie Hughes with Vickey Ciarlanti



Pia Courser, Nina. Michelle Zipse, Vida and Sima



Cindy Payne's gorgeous cookies

# The Spring food Drive is a Success!

By Nancy Ogrod / Resident

Thank you for your generosity. Thank you for your generous donations on Saturday, February 17th to Interfaith's food pantry. We were able to donate over 400 pounds and over \$500 to help our neighbors and north county residents with their food insecurity issues.

Donations included the usual cereals, pastas, PB&J, canned vegetables, canned meats, and canned fruits. In addition, there were household items and bags of rice and beans. Interfaith continues to provide sack lunches to provide a second meal of the day for the homeless. This is in addition to the sacks of groceries for the families who request assistance- your donations will really help.

Residents were greeted by volunteers as they came by with cans, bottles and boxes of food.

Thank you to Valerie Spearman for volunteering her time.

If you did not have the opportunity to give food in February, it is never too late to take food or a monetary donation by the Escondido Interfaith facility. They are located at 550 West Washington Ave., at the corner of Washington Ave. and Quince St. Thank you again for your generosity.

## SOCIAL GROUP / From Page 1

ments, lymph drain sessions, and collagen fusion services. Mila, the esteemed spa esthetician, graced the gathering, enhancing the prize pool with additional treatments, much to the delight of the attendees.

The evening concluded on a high note, with heartfelt thanks extended to Jacquie for her gracious hospitality, which added an extra layer of warmth to the gathering. The Hidden Meadows

Women's Social Group once again showcased the power of camaraderie and the joy found in celebrating the special bond shared among women.

As the stars twinkled overhead and friendships blossomed, the Galentine's celebration served as a reminder of the importance of cherishing and nurturing these cherished connections, making memories that will last a lifetime in the welcoming embrace of Hidden Meadows.

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# Local Risks: Fire, Flooding, Drought, Wind... Identification & Mitigation

By Deer Springs Fire Protection District & Deer Springs Fire Safe Council

The Deer Springs Fire Protection District and the Deer Springs Fire Safe Council are pleased to be hosting a series of public engagements on local threats and hazards. The evolution of our region necessitates that we conduct these reviews on a regular basis. The intent of these sessions is to gather information from the community on potential hazards and risks from events such as fire, flooding, drought, winds etc.

We will use the information gathered during these sessions, along with other consultations with regional subject matter experts, to develop mitigation plans and apply for grant funding to accelerate mitigation implementation. The information will also be used by the County of San Diego and our local CAL FIRE Unit to help inform their plans.

Please join us at one of the following sessions to identify local hazards and risks:

- Wednesday, March 20, 7 PM at the Moose Lodge, 25721 Jesmond Dene Road
- Saturday, March 23, 9 AM at Deer Springs Station 1, 8709 Circle R Drive
- Thursday, April 4, 7 PM at the Hidden Meadows Community Center, 28208 Meadow Glen Way West

Meadow Glen Way West

Your direct insight into our local area is greatly appreciated. For further information, please contact the Fire District at 760-749-8004.

## SELLER'S / From Page 1

Here are the dates for your calendar:

**April 28** - Kicking off the season with a sweet start, our first event will feature a tempting bake sale filled with all your favorite treats. Indulge in cakes, cookies, pies, cupcakes, sweet breads, pretzels, and other creative delights while browsing through the offerings of over 60 vendors.

**June 9** - Dive into summer with our June Seller's Faire, where you'll find a diverse array of vendors offering everything from handmade jewelry to custom pens, knitted hats to sewn blankets and aprons. There's something for everyone at this vibrant community gathering.

**September 22** - As the seasons change, join us for our Harvest-themed Faire, featuring fresh produce, seasonal decorations, and unique gifts to celebrate the bounty of autumn.

**October 27** - Embrace the spirit of fall at our October event, where you'll discover a treasure trove of handmade goods, perfect for finding that special something as the holiday season approaches.

**November 17** - Close out the year with our final Seller's Faire, brimming with holiday cheer and festive finds. From decorations to gifts, you're sure to find something to delight everyone on your list.

In addition to the incredible array of vendors, we are pleased to announce that the local Sheriff's office will be joining us at the April 28 event. They will be available to discuss safety tips and answer any questions you may have about keeping our community safe. Be sure to stop by the bake sale booth and chat with the officers while indulging in some tasty treats.

So mark your calendars, gather your friends and neighbors, and join us for a season of fun, friendship, and fantastic finds at the Hidden Meadows Seller's Faire. We can't wait to see you there!

## Book Review by Lynn Clark

Dear book club members and fellow readers, I didn't find anything this month that I felt compelled to write as a full review. I do want to warn you though, that the new Terry Hayes book "The Year of the Locust" is receiving a lot of publicity, and what I know about it since I did read it.

First of all the book was very long: 787 pages long. This is a political thriller for the first 600 plus pages that I read, and it was really good... until he wrote an ending that completely threw me because the conclusion was science fiction. The reviews have been very mixed. People either love it or...

P.S. He also wrote "I Am Pilgrim" in 2013 which I thought was one of the best political thrillers I had ever read. It was 600 plus pages also.

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**SUBMIT CONTENT**  
 Deadline for local article submission: 20th of the month for the next issue. Photographs submitted for publication should be hi-resolution (300DPI), unmodified originals, jpeg format. We cannot accept photos taken from social media sites such as Facebook. Email content and photos to Patricia Fox  
[LocalEditor@HiddenMeadows.news](mailto:LocalEditor@HiddenMeadows.news)  
**Advertising**  
 Joshua Sibelius  
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### Super Crossword BIG MIX-UPS

**ACROSS**

1 Place a call incorrectly

8 "Alley —!"

11 — toe in the water

15 Spat

19 1979 Michael Caine film

20 Sergeant's inferior

22 Arab leader

23 Had a different opinion

25 Court plea, for short

26 "— the Greek" (1964 film)

27 Average mark

28 French department

29 Ax parts

30 Mel of the old Giants

31 1954 hit song with a biblical title

35 Cyberspace letters

37 Sigh of satisfaction

38 Lott of football

39 Valued highly

42 "The Thing" star Russell

43 Lose vigor

45 Ship out

46 Career-completion celebrations

51 Canadian station name

52 Spanish arena cry

53 A — (slightly)

54 Haughtiness

58 "So it's you!"

59 Bank offering for creditworthy customers

66 Focuses in college

68 Kochi sash

69 Quarterback

70 Like some high-quality models

77 "I'm cold!"

78 Bidding site

79 180 degrees from SSE

80 — Lingus

81 Film director

82 Formation of new areas of oceanic crust

89 Mane locale

93 In the past

94 Minimal tide type

95 Sudden pain

96 Oblong pastry

98 Bards' dusks

99 Weight revealer

101 Trainers looking for pins

105 Clumsy ship

108 Ticket details

109 Regular pay

110 Stable scrap

111 "Along — spider ..."

113 With 11-Down, settled for

114 Takes a defensive position

118 New — (Enya type)

119 Kiss

120 Divert

121 Actors Beatty and Sparks

122 Bodega, e.g.

123 Profs' helpers

124 Any of four long pairs featured in this puzzle

8 Band of eight

9 Sound of awe

10 Med lead-in

11 See 113-Across

12 Dubliners, e.g.

13 1990s

14 Bar brew

15 Bone attachments

16 Coca of comedy

17 Enters one following another

18 Iced

21 Like some even distributions

24 Eye, to Yves

29 Inflated self

31 Walk in shallow water

32 — monde (high society)

33 Old West's Wyatt

34 Hankering

35 Italian opera singer Pinza

36 Debussy's "La —"

39 Piece of audiophile equipment, briefly

40 Divvy up again

41 "This pays the rent, at least!"

42 Leg part

43 Sirius, say

44 Adjutant

47 "Li'l ol' me?!"

48 Shade tree

49 Artery: Abbr.

50 Composer Erik

55 Nettle

56 "— Rose" (Nat King Cole hit)

57 Eyeballing

59 Victimizes, with "on"

60 Blog feed inits.

61 Electrojet bit

62 Heat's org.

63 Up to, informally

64 Downcast

65 Anger greatly

67 One — kind

71 Hose hitch

72 Lowdown

73 Barn hooter

74 Shocked reaction

75 Sales staffer

76 Opp. of departure

81 Falco of "Oz"

83 English peer

84 Amoeba

85 Wine: Prefix

86 Tabula —

87 Greek vowels

88 Pointed tool

89 Ted Koppel, for one

90 Area of a plot of land

91 Petitioned

92 Events after Lent

97 Cheez- — (crackers)

98 Breakfast china item

99 Old Iranian VIP

100 Et — (and so forth)

102 "In my dreams!"

103 Stupor: Prefix

104 Fowl sheds

105 "My Cherie —"

106 Oscar de la —

107 Casey of countdowns

111 Irene of "Fame"

112 Awestruck

114 Trig function

115 Have chow

116 RR depot

117 — Ho Lee (scientist in 2000 headlines)

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# Cryptocurrency wallet scams: don't be the weak link

By DISTRICT ATTORNEY SUMMER STEPHAN

As news of the collapse of crypto giant FTX unfolds, it is clear we are getting used to living in a world with cryptocurrency. But bad actors are relying on our complacency to think up new ways to scam us. The latest trend is cryptocurrency wallet scams.

Before we get further into this scam, here is a refresher course on cryptocurrency terminology:

- Cryptocurrency, also known as crypto, is a digital currency designed to work as a medium of exchange through a computer network that is not reliant on a central authority, such as a government or bank, to uphold or maintain it.

- Bitcoin is a type of cryptocurrency widely considered the most popular.

- Crypto is typically held by an individual in a "crypto wallet."

- Cryptocurrency relies on a technology called blockchain. It is a sort of digital ledger that records transactions made across a decentralized network of computers that are linked together via the Internet.

- Cryptocurrency exchanges are services that allow you to purchase and sell crypto.

- Most exchanges require that you use a second factor of authentication to access your wallet and make trades on the exchange.

Losing access to your crypto account can happen in a few clicks if a bad actor gets access to critical information. Even though the blockchain is secure, a chain is only as secure as its weakest link.

Fraudsters use well-rehearsed methods to scam victims out of their money. One way is via an old hacking technique known as social engineering. Social engineering is the psychological manipulation of people into performing actions or divulging confidential information.

In a new spin on this old con, scammers will send an email pretending to be related to a cryptocurrency exchange. They will either draw you in with a lure or feign an issue with your account, for which they need information to provide a refund. In some cases, they might amp the stakes by saying if you don't provide information right away, one of your recent trades will not go through.

These emails will often look official, including the header of the company that is being spoofed. They'll include a fraudulent link that takes you to a site that asks for your crypto credentials, or requests other secure information. Often, the sites will simulate the real sites and can fool an untrained eye into thinking they are on their official exchange's website. If you click on a bad link, the fraudster can potentially harvest your credentials or reset your password to prevent you from accessing your own account. Once they have taken over your account, they take over your money.

Don't be the weak link when it comes to your financial security. Follow these tips to avoid becoming the next victim:

- Be wary of emails that claim to be from cryptocurrency exchanges.

- If you look closely, you can often see mistakes or issues on the emails, which betray their true nature.

- Never click on a link for which you cannot see the actual URL. Instead, manually enter the web destination directly into your browser.

- Be wary of unsolicited/unexpected emails.

- Be suspicious of deals, offers or promotions that seem too good to be true.

- Never provide your sensitive information via email.

If you think you have been contacted by a scammer, report the contact online via the Internet crimes complaint center (ic3.gov). If you fall victim to any of these types of scams, don't be embarrassed. Report the scam to your law enforcement agency.

*As your District Attorney, I'm committed to increasing communication and accessibility between the DA's Office and the public. I hope these consumer and public safety tips have been helpful.*

# "Blue Envelope" program connects people with disabilities and law enforcement

By DAVID ROSS

Here's a scenario: a police officer stops a car driven by a young adult who has trouble communicating. In this instance the adult has autism and is easily agitated by bright lights and sounds.

In days long past, the officer, not knowing he was dealing with someone with an issue, might have gotten angry when the driver was non-responsive and behaved in a way the officer might not know how to interpret.

To prevent that sort of interaction, which might end up with the adult driver injured or arrested, San Diego County last year decided to introduce the "Blue Envelope" program.

According to John Balogh, crime prevention specialist with the Valley Center Sheriff's substation, the Blue Envelope program "is a collaboration between the Sheriff, the Board of Supervisors, different partners and organization, police chiefs and sheriffs org. Neighboring agencies are getting involved."

According to the Sheriff's website (sdsheriff.gov): "The program is designed to promote inclusivity and serve as an enhanced communication awareness tool between law enforcement and community members diagnosed with a condition or disability such as Autism Spectrum Disorder, dementia, anxiety or other conditions that might require additional accommodations or awareness during a law enforcement interaction."

The Blue Envelope Program works by allowing an individual to display the Blue Envelope logo or present a Blue Envelope when contacted by law enforcement or other community service personnel.

Note: you don't need to register for this program. It is voluntary and "self-implemented."

Inside the Blue Envelope can be copies of the individual's ID, contact information, or vehicle operating documents such as registration or proof of insurance.

Blue Envelope items available at the local substation include: Blue

Envelope Program Brochure, Blue Envelope, Wallet Information Card, Lanyards, Seatbelt Covers, Buttons, Ribbons, Key Chains, Bracelets and Stickers.

You can see a video on how the program works at

[sheriff.gov/blueenvelope](http://sheriff.gov/blueenvelope).

The Blue Envelope Program started in Connecticut in 2020 and has been adopted by police departments in New Jersey, California, and New York, among others.

The person who needs a Blue Envelope, said Balogh, might have a cognitive or even a physical disability. "Maybe they are hard of hearing or have autism or some other cognitive disability," he said. "With the emblem displayed, on a sign, a lanyard or a sticker on the car,

the officer will approach in a different matter."

He added, "A pedestrian could be at a transit station and an officer walks up and sees they don't respond or might not be able to hear me."

"In the actual vehicle itself there is a Blue Envelope you can have in your glove compartment or on the seat belt. There is pertinent information in there. There's an area where you put accommodations, like sign language."

The Blue Envelope might be for the passenger, where red lights and sirens might "amp them up and scare them."

"It gives the officer an 'I'm going to approach this in a different manner,' attitude," said Balogh. "I used to be a special ed teacher and with some of my students loud noises could agitate them. Or they didn't comprehend what you are asking them to do."

Sheriff's deputies are getting trained on the Blue Envelope, which, Balogh stressed, "doesn't change standard operating procedures. You still have to do your job. But for us it's more 'I'm going to have to approach this is a different matter.'"

To learn more about the Blue Envelope Program stop by the Sheriff's substation. "If you have questions we

**BLUE / See Page 5**

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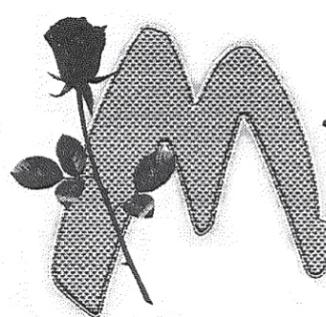
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**BLUE / From Page 4**

will give you more information,” said Balogh. “The goal is to get it out there. So that it’s not just law enforcement.

If people see someone having difficulties they would be more likely to help them.”



Crime Prevention Specialist John Balogh is telling community members about the Sheriff’s Blue Envelope Program.



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*for a complimentary consultation.*

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# IT'S UP TO YOU HIDDEN MEADOWS!

By: Hidden Meadows Community Foundation

March is the start of the annual Hidden Meadows Community Foundation fundraising campaign,

and WE NEED YOU!

2023 was a busy year for the Foundation and Hidden Meadows residents, with a full schedule of community and public events. In

addition to traditional activities like the Fourth of July Parade, Toys for Tots Breakfast, Trunk or Treat, and the Turkey Trot, we held a second annual Spring Carnival (Kid's Fair) and our first ever Classic Car

Show and Sock Hop. Additionally, we awarded scholarships to six deserving local students and continued maintenance activities on the Mountain Meadow median.

Last year we tried a slightly different process for our annual solicitation and only inserted donation packets in one month's publication of the Hidden Meadows News (Mar) as opposed to three months as we had done in the past (Mar/Apr/May). Fortunately, with the new process we did not see a significant reduction in the returns and unquestionably reduced paper consumption.

This year we are going to take the process one step further and are replacing the previous "packet" which was made up three pieces (a donation envelope, cover letter and outside envelope) with a single donation envelope containing all the necessary information. We hope this change won't diminish your generosity and ask you to be sure and to look for the donation envelope in the April edition of the paper.

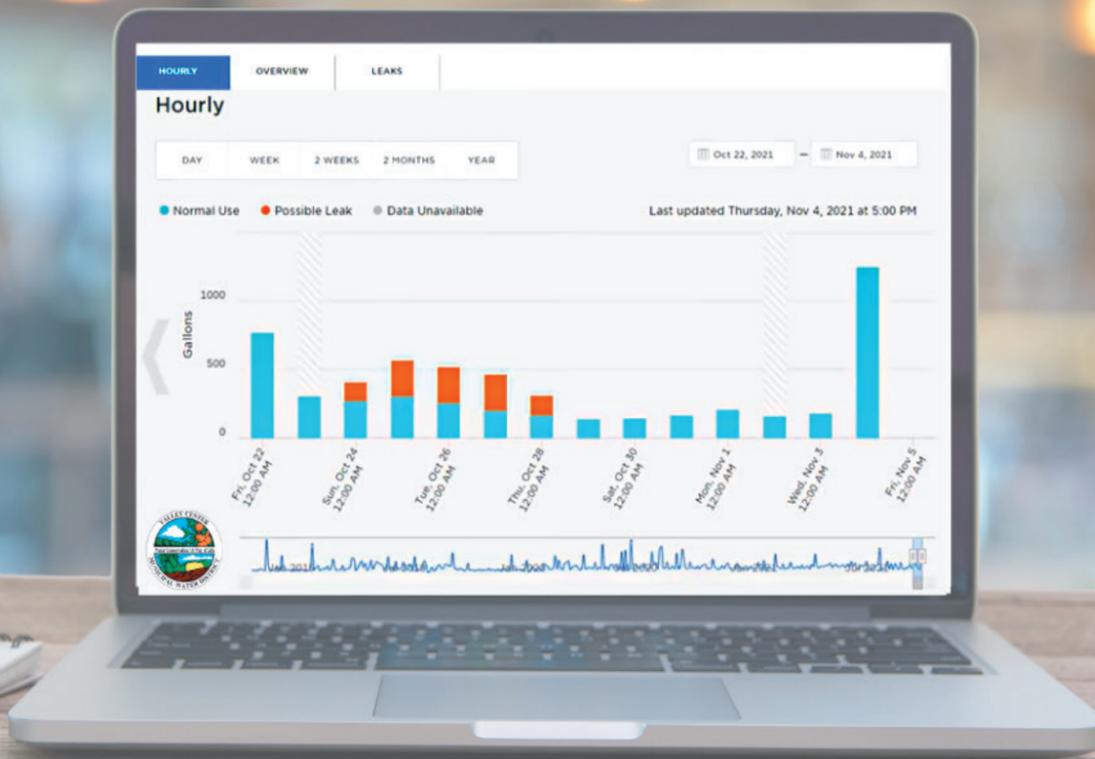
So, for those of you who prefer to donate by check, be on the lookout for those envelopes NEXT MONTH. Those who prefer to donate by credit card or PayPal can go to <https://hiddenmeadows.news> anytime and click on the "donate" button in the upper right corner.

FUNDRAISE / See Page 7



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**FUNDRAISE / From Page 6**

We also accept contributions via Zelle. For Zelle use HMCFDDonate@yahoo.com. The Hidden Meadows Community Foundation is a 501(c)(3) organization dedicated to serving and enhancing our community via four primary areas of focus:

- **Annual College Scholarships:** Our annual scholarship program makes an investment in the future by giving scholarships of \$1,000 to qualified college bound students currently living in Hidden Meadows.
- **Community Programs and Events:** Foundation sponsored family-oriented events and more including the Community Independence Day Parade, Halloween Trunk or Treat, Holiday Toys for Tots Breakfast, the Spring Festival, Seller's Faire, Neighborhood Garage Sale, Welcome Committee visits, and again this year, the Classic Car Show and Sock Hop.
- **Beautification:** Recently completed major projects include the media re-landscaping and pine tree removal/trimming with on-going efforts focused on median maintenance and repair.
- **Families in Crisis:** The Foundation's Neighbors Helping Neighbors program steps in to help if one of our neighbors has a serious emergency.

Your gift to the Foundation is tax deductible and will be used to support people and projects within our community. Thank you in advance for helping to keep Hidden Meadows the unique, wonderful place it is to live in. Visit [www.HiddenMeadows-Foundation.org](http://www.HiddenMeadows-Foundation.org) for more information.



## Hidden Meadows Garden Club - Bromeliads

By Idalia Rewar

It was a nice bright sunny day for the Hidden Meadows Garden Club's 2nd meeting of the year at Kim and Rich Marin's great house. After hibernating for most of January and February due to the torrential rains, it sure was nice to get out, socialize, learn something new and just enjoy the comradery of the Garden Club members.

This event featured a guest speaker who is an expert on bromeliads. Bromeliads?? – how do you pronounce that? It is pronounced "Bromeleeads", according to our esteemed guest, Robert Kopefstein, who is a member of the San Diego Bromeliad Society, and a Master Bromeliad Judge. His vast knowledge of plants, especially bromeliads, started

**BROMELIADS / See Page 9**

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A few of the enthusiastic volunteers who helped put the donated plants in their new home.

## Thanks for the Plants!

By Linda Collins / Resident

Some 200 acres at the Mountain Meadow Preserve was an avocado grove. The Escondido Creek Conservancy is working to restore that land to native plants that support the local fauna. Volunteers weed and prep areas for planting and collect native plants from neighbors for placement in this area. That takes a lot of plants!

Last year, we estimated 300-500 plants and trees were put in the ground. That number depends on how much comes up in areas that were seeded. In January 2024, the Working Wednesday Weed Team planted over 200 plants and trees.

Most of the plants are donated, or rather, homeowners allow us to come to their properties to find and recover

native plants to transfer to the Preserve. Our gold star donors are Faraj and Yasuko Tavangari, who have helped us collect well over 100 plants, which includes oaks, toyons, holly-leaf cherry, ceanothus, buckwheat, black sage, California sage, chaparral yucca, and others.

Lisa Demars, Meredith Kifer, Mark and Suzie Messer, Chris and Sam Dailey, and Paul Schoos and Doreen Thawley have all contributed oak trees. A trade for succulents, yielded mountain mahogany, oak, toyon, and buckwheat from the Shah's. And I am sure there are others that I've missed. Thank you to all of you.

From my yard and surrounding undeveloped lots, I've collected oak, toyon, ceanothus, wild hyacinth, buckwheat, chaparral yucca, pygmy stonecrop crassula, yarrow, and more. Oh, and I

dug up a bunch of lupine from Amy & Nick Kinectis' front yard. Hopefully, it seeded and will give us a nice crop this year in the restoration area.

Edi Demik has been trying to start plants from seeds. That is not so easy with native plants. So far the black sage has been the most successful. I have been trying to find a way to germinate mission manzanita from seed. I've been very creative in my attempts. Another month or so should show whether any of my stratification attempts have worked.

It has been a lot of work. But thanks to a lot of wonderful supporters and a great team of volunteers, we are making a BIG difference. When I look around and see what we have accomplished, my heart overflows with appreciation for everyone that has supported my crazy notion of really 'digging in' at

the Preserve.

Want to join in the fun? We have a Saturday workday at the Mountain Meadow Preserve on March 9. sign up at <https://bit.ly/2024event>. Or for more info, Email [linda\\_j\\_collins@sbcglobal.net](mailto:linda_j_collins@sbcglobal.net)!

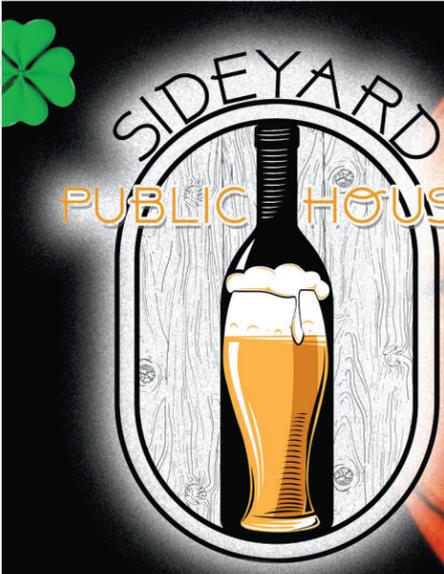
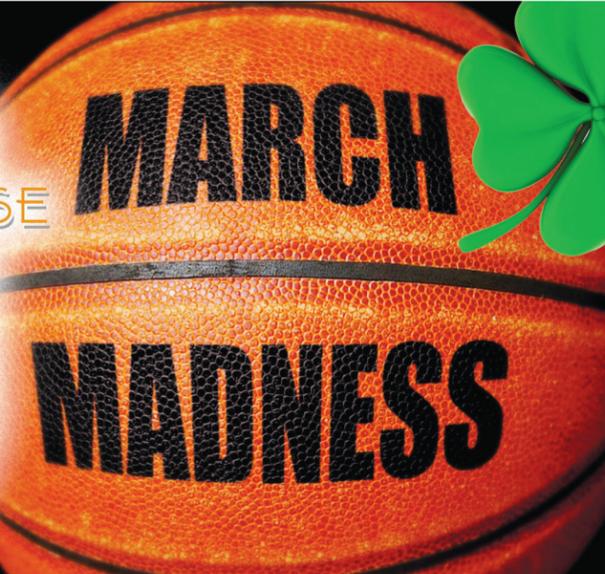
The 693-acre Mountain Meadows Preserve, here in Hidden Meadows, is home to The Escondido Creek Conservancy headquarters. The office is the home base for all Conservancy staff, including those who are in the field a lot of the time taking care of nature and providing outdoor education programs for Escondido students.

This preserve was acquired in partnership with San Diego County Parks and Recreation and the Navy/Camp Pendleton. It is part of a larger effort by the conservation partners to preserve natural open spaces in the Escondido Creek watershed and North County. Escondido Creek begins in Bear Valley (east of Lake Wohlford), then travels 26 miles west emptying into the San Elijo Lagoon.

The Conservancy is staffed lightly for a very big job, protecting 3,000 acres throughout the Escondido Creek watershed, and providing outdoor education programs to thousands of children and adults.

Volunteers are critical partners in the Conservancy's success. A Working Wednesday group of volunteers meets every Wednesday morning at the preserve. All who are ready to get their hands dirty are welcome! Contact me at [linda\\_j\\_collins@sbcglobal.net](mailto:linda_j_collins@sbcglobal.net) for more information on how to join us.

You can also visit the Interpretive Center at the Elfin Forest Recreational Preserve to see the Conservancy's outdoor education programs at 8833 Harmony Grove Road.

# MARCH

## CALENDAR OF EVENTS

**JOIN US FOR BRUNCH: Every Saturday and Sunday 9am - 12pm**






**▶ Look What's New!**  
This month you will be able to enjoy several new Entrees and Appetizers!

**SNEAK PEEK-**

- House Battered Fish & Chips
- Tri-Tip
- Seared Ahi
- Pasta Entree
- New Salad Options
- Two new deserts Options - Mud Pie, Cheesecake
- Chef's Specials

**▶ Please join us for St Patricks Day Fun**

**SUNDAY MARCH 17TH** - Come thirsty for green beer, craft beer, green seltzers. Select Faire with an Irish Flaire!

**▶ Celebrate March Madness With Us!**

**▶ An Easter Egg Hunt and visit from the Easter Bunny**

**SATURDAY MARCH 30TH 11:00 - 12:00 NOON**

10326 Meadow Glen Way E., Escondido, CA 92026 • 760.297.1051 • [sideyardph.com](http://sideyardph.com) • [f SideYardPublicHouse](https://www.facebook.com/SideYardPublicHouse) • [@SideyardPH](https://www.instagram.com/SideyardPH)

**BROMELIADS / From Page 7**

at an early age and he has been gaining knowledge on bromeliads for over 40 years.

At the front of the meeting room (the living room), a table was set up beforehand displaying an array of plants. Hmm, I say, this must have to do with the lecture. That was not hard to figure out. Mr. Kopefstein would use the plants (bromeliads) to illustrate and talk about the various species on the table.

Back to the topic, what is a bromeliad? Bromeliads are a drought succulent flowering tropical plant of 3700 known species native to the tropics. They were brought to the Americas from South America. They grow on trees, logs, shrubs, vines and in pots. The plants have spikey leaves and form

a cup to store water. They bloom once a year – and the bloom may last up to 6 months, and then the lovely plant dies off, but don't despair, in the process, it forms shoots called pups that can be replanted.

Mr. Kopefstein was open to questions from the audience and there were many. Bromeliads can grow inside or outdoors, and would make a great plant to have at home, since they are drought tolerant and need very little care. Chances are that many of you already have bromeliads, but now you know that when the mother plant dies you can save the pups and grow new plants.

If you are interested in joining the Hidden Meadows Garden Club get in touch with Kim Marin at [kimgroggmarin@gmail.com](mailto:kimgroggmarin@gmail.com).

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**Public Events are for all communities near and far**

Watch for details on upcoming events in the Hidden Meadows Local Newspaper and our Social Media sites.

**Check out our website at [www.hiddenmeadowsfoundation.org](http://www.hiddenmeadowsfoundation.org)**

These events can't happen without your help. PLEASE contact me at [vickeyciarlanti@gmail.com](mailto:vickeyciarlanti@gmail.com) to add your name to our list of volunteers or to make a donation. Donations can be made via Zelle at

**[HMCFFDonate@yahoo.com](mailto:HMCFFDonate@yahoo.com) or [www.HiddenMeadows.news/donate](http://www.HiddenMeadows.news/donate)**

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### (2024 Community Events)

**Scholarship Fundraiser Event – Wednesday, March 20<sup>th</sup> • 6pm - 9pm**

**Location: SideYard Public House. A portion of Food Proceeds Go directly to the HMCF Scholarship Program**

**For College Scholarship Application Information, Please contact Bonnie via email at [BonnieJmetzger@outlook.com](mailto:BonnieJmetzger@outlook.com)**

**Spring Festival – Saturday, April 27<sup>th</sup> • 10am - 1pm • Pavilion**

**2024 Scholarship Awards Night • Tuesday, May 21<sup>st</sup> • 6pm -9pm**

**Location : SideYard Public House**

**Hidden Meadows Community Garage Sale • June 2024**

**Volunteer Appreciation Night – Date and Location to be announced**

**Vintage Car Show - Date and Location to be announced**

**Fourth of July Parade •Trunk or Treat •Turkey Trot •Toys for Tots**

.....

### (2024 Public Events)

**Hidden Meadows Community Foundation Sellers' Faire 10am - 2pm**

**Location: Lower Lot Boulder Oaks Golf Course**

**Sunday • April 28<sup>th</sup> w/Bake Sale Fundraiser**

**Sunday • June 9<sup>th</sup> w/Bake Sale Fundraiser**

**Sunday • September 22<sup>nd</sup> w/Bake Sale Fundraiser**

**Sunday • October 27<sup>th</sup> w/Bake Sale Fundraiser**

**Sunday • November 17<sup>th</sup> – No Bake Sale**

**Vendor information, please email requests to [HMSellersFaire@gmail.com](mailto:HMSellersFaire@gmail.com)**

**To Donate Baked Goods for the bake sales contact Vickey Ciarlanti at [vickeyciarlanti@gmail.com](mailto:vickeyciarlanti@gmail.com) or**

**Bonnie Metzger at [BonnieJmetzger@outlook.com](mailto:BonnieJmetzger@outlook.com)**

**Golf Tournament Scholarship Fundraiser: May 2024**

**SUBMIT CONTENT FOR HMN**

Deadline for local article submission: 17th of the month for the next issue. Photographs submitted for publication should be hi-resolution, unmodified originals, hi-res/300dpi. We cannot accept photos taken from social media sites such as Facebook. Send drafts and photos to Patricia Fox to **LocalEditor@HiddenMeadows.news**

**HIDDEN MEADOWS COMMUNITY FOUNDATION**

HiddenMeadowsFoundation.org  
 HMCF2023@gmail.com

- Michelle Zipse, *President*
- Vickey Ciarlanti, *Vice-President*
- Shannon Antekeier, *Secretary*
- Paul Schoos, *Treasurer*
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- Rob Enfield, *Director*
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Bonnie Metzger
- Events Director*  
Vickey Ciarlanti
- Editor*  
Patricia Fox
- Median Maintenance*  
Paul Schoos, Chair

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 Donate online: [www.HiddenMeadows.news/donate](http://www.HiddenMeadows.news/donate)

**HELPFUL PHONE NUMBERS**

- 911: Immediate Emergency Assistance
- 211: Emergency and non-emergency county information hotline
- Animal Services: 619-299-7012
- CAL FIRE/Fire Information hotline: 619-590-3160
- California Highway Patrol: 858-637-3800
- Deer Springs Fire Protection District**  
 Station 1 Headquarters: 760-749-8001  
 Station 2 Deer Springs: 760-741-5512  
 Station 3 Hidden Meadows: 760-751-0820  
 Burn Permits: 760-749-8001
- Road Conditions/ Closures:  
 Cal Trans 800-427-7623 or [www.traffic.com](http://www.traffic.com)

**Hidden Meadows Community Resources and Organizations**

**Community Emergency Response Team (CERT)**  
 Contact Marc Weissman at 760-525-5170 or [marcweissman11@gmail.com](mailto:marcweissman11@gmail.com).

**Community Sponsor Group**  
 Contact Chairman Jim Chagala, at 760 751-2691 for more information.

**Hidden Meadows Neighborhood Watch**  
 Please join our facebook group: Hidden Meadows Neighborhood Watch. We'll share neighborhood information, safety tips, and news of future events.  
 Contact Info: Erik Tyler 442-235-9060 [erikdtyler@gmail.com](mailto:erikdtyler@gmail.com)

**Deer Springs Fire Safe Council**  
 Contact Steve Kerrin at 760-807-1141.

**Emergency Communication System**  
 To register, visit [www.deerspringsfiresafecouncil.com](http://www.deerspringsfiresafecouncil.com).  
 An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the "Fire Danger Signs" during red flag warnings.

Homeowners Associations	
The Meadows Homes Association (MHA)	760-749-7278
Rimrock Homeowners Association	760-749-4008
Hidden Meadows Ranch Homeowners Association	760-407-7575
Silverado Management Services	
Oak Meadows Glen Homeowners Association	760-749-4796

**Organizations**

**Garden Club**  
 Contact Kim Marin ([kimgroggmarin@gmail.com](mailto:kimgroggmarin@gmail.com)) or Melisa Mitchell ([melisamitchell6@hotmail.com](mailto:melisamitchell6@hotmail.com))

**Hidden Meadows Bridge Group**  
 We play bridge at the MHA Pavilion every Wednesday from 10:00AM to 2:00PM. Please call Curt Bruce at 442-222-0821 if you'd like to join us.

**Hidden Meadows Community Foundation (HMCF)**  
 Contact Michele Zipse at [HMCF2023@gmail.com](mailto:HMCF2023@gmail.com)  
[www.HiddenMeadowsFoundation.org](http://www.HiddenMeadowsFoundation.org)

**Ladies Bible Study**  
 Contact Debbie Hamer at 760-297-1278 or Sue Shepard at 760-213-0325

**Tennis Club**  
 Contact Katy Freeze at 760-749-9722 or [clarkfreese@gmail.com](mailto:clarkfreese@gmail.com).

**Women's Golf Club**  
 Contact Ellen at 760-749-1190

**Women's Social Group**  
 email to [hmwsg92026@gmail.com](mailto:hmwsg92026@gmail.com).

**Yoga**  
 Contact Joanne Boessow at 760-751-0261 or [mljab33@cox.net](mailto:mljab33@cox.net) for more information.

**Answers**

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# Who is TED and why does he talk so much?

By GINA LOPEZ

TED was born in 1984, when architect and designer Richard Saul Wurman organized the first TED Conference in Monterey, California. TED stands for Technology, Entertainment, and Design, reflecting the interdisciplinary nature of the event. The conference aimed to bring together thought leaders, visionaries, and experts from various fields to share their insights and experiences in concise, impactful presentations.

Initially, TED Conferences were exclusive gatherings attended by a select group of attendees. However, in 2006, TED took a transformative step by launching TED.com, a platform that made TED Talks accessible to a global audience. Spearheaded by curator Chris Anderson, TED.com became a digital repository of its mission “ideas worth spreading,” featuring talks on topics ranging from science and technology to culture, arts, and social issues.

What sets TED Talks apart is their brevity and depth. Speakers are challenged to distill their ideas into talks that are 18 minutes or less, a constraint that forces them to communicate with clarity, conciseness, and impact. This format has proven to be incredibly effective, allowing speakers to convey complex concepts and profound insights in a digestible and engaging manner.

As TED Talks gained popularity and influence, they evolved beyond the confines of the annual conference. In 2009, TED launched TEDx, locally organized events, officially licensed by TED. TEDx empowers individuals and communities around the world to organize their own TED-like events. TEDx events adhere to the same principles of TED Talks – but they feature local speakers sharing ideas and experiences that are relevant to their communities.

TEDx exemplifies the power of grassroots movements and community-driven initiatives. From bustling metropolises to remote villages, TEDx events have sprung up in thousands of locations across the globe, each one a testament to the universal appeal of ideas and the human desire for connection and dialogue.

What makes TEDx Talks particularly compelling is their diversity and inclusivity. Unlike traditional conferences, which often feature established speakers and experts, TEDx events provide a platform for voices that are often marginalized or underrepresented. From students and activists to entrepreneurs and artists, TEDx speakers are not professional speakers and come from all walks of life, offering unique perspectives and insights that enrich the global conversation.

Over the years, TED and TEDx Talks have become more than just a platform for sharing ideas – they have become catalysts for change and drivers of innovation. From groundbreaking scientific discoveries to transformative social movements, the impact of TED Talks can be felt in every corner of society. Local TEDx talks are filmed and uploaded to the TED.com allowing speakers from every community with something to say, the same opportunity for global impact.

TED Talks and TEDx Talks are about the power of ideas to inspire, educate, and unite us. I’ve seen it happen first hand. I have previously organized 3 TEDx events and have seen people of all backgrounds stand together inspired, lifetime bonds made and, quite literally, lives saved. TED and TEDx stand as symbols of hope and possibility – a testament to our shared humanity and our collective quest for knowledge, cohesion and understanding.

The inaugural TEDxEscondido event will be held August 17, 2024, for more information visit [TEDxEscondido.com](http://TEDxEscondido.com).

*Gina Lopez is CEO at the California Center for the Arts, Escondido. To learn more about California Center for the Arts, Escondido go to [artcenter.org](http://artcenter.org).*



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# CCAE Theatricals wins 3 at the 2024 Craig Noel Awards

CCAE Theatricals, based at the California Center for the Arts, Escondido took three wins from the 2023 Craig Noel Awards, including Outstanding Resident Musical, Outstanding Costume Design and Outstanding Music Direction for *“Sunday in the Park with George.”*

The Theatre Critics Circle Awards were held on February 12, in San Diego.

This marks a significant milestone for CCAE Theatricals, underscoring their commitment to pushing creative boundaries and delivering unparalleled experiences to audiences.

In a statement released by CCAE Theatricals Artistic Director Jeremy Lapp, he expressed gratitude for the recognition and acknowledged the collaborative efforts of the entire CCAE Theatricals team. “Receiving the Theatre Critics Circle Award is a tremendous honor that reflects the passion, talent, and dedication of everyone involved in bringing our productions to life,” said Lapp. “This accolade motivates us to continue pushing the boundaries of artistic expression and delivering exceptional performances to our audiences.”

### About the Craig Noel Awards:

Every February the San Diego Theatre Critics Circle hosts the Craig Noel Awards to recognize excellence and the achievements of professional theatres throughout San Diego County. The award nominees and winners are determined by the members of the Critics Circle who meet throughout the year to discuss the achievements in San Diego theatre. The organization is an independent, nonprofit organization composed of people who write for newspapers, magazines, and online publications about theatre. The Craig Noel Awards are named in honor of Craig Noel, a longtime artistic director at San Diego Old Globe Theatre and a champion of the arts in San Diego and nationwide.

# PENDING!

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