

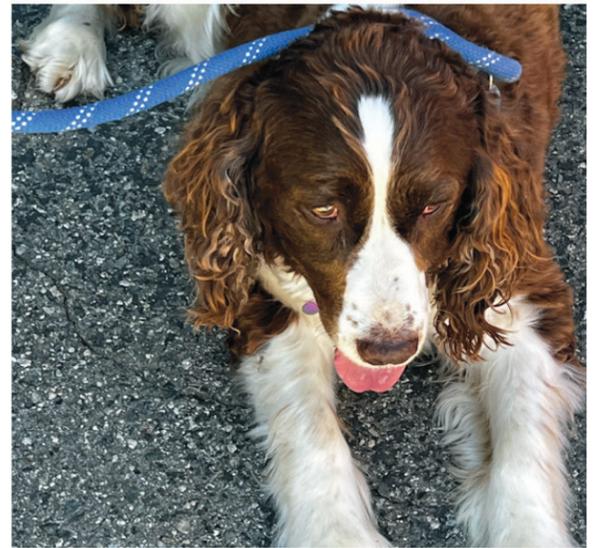
HIDDEN MEADOWS



SEPTEMBER 2023

NEWS

ISSUE NO. 81



Fourth of July: Adorable Kids & Jovial Residents

By Tom Fragala / Resident

The Hidden Meadows Community Foundation 4th of July Parade/Event took place on the holiday from 10 am – 1 pm in the golf course parking lot. It was a beautiful, warm, and sunny day with a great turnout of a few hundred local residents. Many kids and adults were dressed up for the event. People also

decorated their golf carts and bicycles! The event was organized and emceed by Vickey Ciarlanti, with help from her husband Jeff, Paul Schoos, and many others. DJ Niklas Ruiz again provided music. Ev Trivoli performed the national anthem with EJ on guitar.

The HMCF had a big booth. Michelle Zipse, HMCF President, Doreen Schoos, Bonnie Metzger, and

Heather Davila were giving away free goodie bags and American flags while selling mugs, headbands, soda, and water. There were also cornhole and other toss-it games to enjoy.

One of the highlights was the incredible hula hoop competition. Some of those girls could hula for hours

FOURTH / See Page 6

Community Foundation Update Hidden Meadows Community Foundation

July marked the end of the Hidden Meadows Community Foundation's annual fundraising drive for 2023. This year we received just a little under \$12,000 in contributions from 120 households in Hidden Meadows and Rim Rock. In an effort to reduce the amount of paper consumed by the solicitation process this year we only inserted donation envelopes in one month of the HM News instead of the usual three. We are happy to say that with the new process the amount received was comparable to what was raised in 2021 and 2022, although still down from pre-pandemic donation levels.

On behalf of the Foundation Board of Directors and the community at large we want to sincerely thank all

who contributed. Your donations are essential in allowing us to provide ongoing support for four areas of community life: Beautification, Community Events, Scholarships and Neighbors Helping Neighbors.

At the foundation we feel we have an obligation to ensure the funds you generously contribute are

HMCF / See Page 12

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SEPTEMBER HIDDEN MEADOWS EVENTS

SELLER'S FAIRE
and BLOOD DRIVE
Lower Parking Lot
Golf Club House
Saturday, September 10th, 10 am – 2 pm

FALL FOOD DRIVE
in front of the Golf Clubhouse
10333 Meadow Glen Way East
Saturday, September 16th,
9:00 am and 2:00 pm





Linda Collins, Lisa Saget, Mariane Nelson, Dave Roberts, Ann Van Leer, Mike Deutsch, Edith DeMik, Harry DeMik, and Hannah, an intern at the Mountain Meadows Preserve

Mountain Meadows Preserve Volunteer Lunch

By Linda Collins / Resident

It was a crazy idea. . . . let's put together a team of volunteers to help clean up around the Escondido Creek Conservancy's office at the Mountain Meadows Preserve. Would anyone sign up to help? YES! And I am so thankful for their support! I've made some great new friends, learned a lot about native plants and found several other ways that we could help. So I had to say thanks to the volunteers who supported my crazy idea! So I hosted a lunch at my house

for those volunteers who helped for a hour, a day, or multiple days.

Some can only come on Saturdays, but a small group joins me every Wednesday. I call it the Working Wednesday Weed Team. We pull weeds, prep for planting, transplant and maintain plants in the nursery for the fall restoration project, and much more. During the warmest summer months, we'll be helping to clear a space that the Conservancy will eventually use to provide

LUNCH / See Page 10

REDUCE YOUR TAXES BY UP TO 100%

Taxable Income	Customary Taxes	The Taxes You Are Required to Pay	Money Earned on The Unpaid Taxes Over 20 Years	Tax Rate You Pay on the Money You Saved Over 20 Years
\$500,000	\$153,718	\$0	\$622,669	.02
\$1,000,000	\$400,128	\$0	\$1,245,339	.02
\$2,000,000	\$1,000,961	\$0	\$2,490,678	.09

The above example is a simplification. It does not take into account factors such as compound interest, fees and costs of investments, changes in your income or in tax rates from year to year, performance of the stocks you invest in, or your personal/corporate tax situation

Estate Planning • Asset Protection • Medi-Cal Qualifying • Charitable Gifting

The IRS allows you to hold on to your income taxes instead of paying them to the federal government. You are allowed to use those unpaid taxes to generate additional income for yourself while the feds agree to not collect those unpaid taxes.

The income you earn from those unpaid taxes grows **tax-free**, and, when disbursed to you, are generally taxed at less than 10%. Often, the disbursement is taxed at only 3-4%.

As with all things permitted by the tax code, there are hoops to jump through and pitfalls if you don't follow the law.

MY NAME IS MICHAEL BUSTILLOS. I am an attorney with over thirty years of experience in Estate Planning and Asset Protection.

I live down the street from you, here in Hidden Meadows.



Luis Michael Bustillos
Attorney and Counselor-at-Law
Call me at 760-705-6062,
or email me at
Michael@LMBustillos.com
for a complimentary consultation.

27854 Dogwood Glen • Hidden Meadows, CA

Meet Cocina Los Nanos

www.cocinalosnanos.com

26915 Mesa Rock Rd, Escondido, CA 92026

(760) 532-4586



Escondido, a hidden gem of a city, is home to a culinary delight that has captured the hearts and taste buds of many locals and food enthusiasts. Meet Cocina Los Nanos, a charming taco truck owned and operated by a dynamic husband and wife duo. Their food is an experience that transcends the ordinary. Cocina Los Nanos can be found off Mesa Rock Rd, they are located next to the Arco Gas station.

One of the standout items that Cocina Los Nanos offers is their signature Quesa-Carnitas. With each bite, you're transported to a realm of flavors that sing with authenticity. The tenderness of the carnitas combined with the carefully curated ingredients is nothing short of culinary perfection. But the magic doesn't stop there; their surf & turf tacos are equally remarkable, a harmonious blend of textures and tastes that leave a lasting impression.

This husband and wife-run taco truck brings more than just mouthwatering food to the table. Cocina Los Nanos has specials every day of the week. Specials like Mulita Monday and Taco Tuesday keep everyone coming back for more.



What sets Cocina Los Nanos apart is not just their exceptional food, but also the warmth and familiar atmosphere they exude. As a husband-and-wife team, they bring a personal touch to every order. Ordering from them feels like being a part of their extended family, where genuine care and passion are infused into every dish they serve.

One of the most remarkable aspects of Cocina Los Nanos is their *aguas frescas*, which complement the meals perfectly.

These refreshing beverages are a testament to the attention they pay to every detail, ensuring that even the simplest accompaniments are a delight to the senses. Cocina Los Nanos goes beyond just serving food; they create experiences that leave a lasting impact.

If you're seeking an authentic Mexican culinary adventure that is infused with love, passion, and dedication, look no further. In a world of options, Cocina Los Nanos stands out. It's more than a place to eat; it's a place to feel the warmth of a family's love for their craft and their customers. So, let your taste buds dance and your heart be nourished at Cocina Los Nanos in Escondido.

Cocina Los Nanos also offers catering packages. Commitment to excellence is evident not only in the consistency of their offerings but also in their dedication to catering for various events. Find Cocina Los Nanos For inquiries and catering services, reach out to them and experience the magic firsthand.

HIDDEN MEADOWS COMMUNITY FOUNDATION

PRIVATE EVENTS FOR Hidden Meadows and Rim Rock Residents

Watch for details on these upcoming events in the Hidden Meadows News And our Social Media sites.

These events can't happen without your help. Please contact me at vickeyciarlanti@gmail.com to add your name to our list of volunteers or to make a donation. Donations can be made via Zelle at HMCFDDonate@yahoo.com or

WWW.HiddenMeadows.news/donate

Trunk or Treat • Saturday, October 28th • Noon - 2pm

Location: Lower Parking Lot at the Golf Course. We need trunks to participate in this Spooktacular Event for the kids in our Community. Please contact Vickey at vickeyciarlanti@gmail.com to sign up. Thank you!

Turkey Trot • Thursday, November 23rd • Location and time to be announced.

Toys for Tots • Saturday, December 2nd • 9am - Noon

Location: Fire Station #3 here in the Meadows!

Kids activity Table • Visit with Santa • Door Prizes

Bring an unwrapped toy, add it to the donation box and join us for breakfast.

NEW EVENTS ARE BEING PLANNED AS WELL!!!
Fundraisers, Beautification Projects and
Neighbors Helping Neighbors Program

Boulder Oaks Public Golf Club Presents:

CHARITY GOLF TOURNAMENT which will benefit the youths in our Community. Call for details 760•749•1620 Percentage of Proceeds Go directly to the Hidden Meadows Community Foundation 2024 Scholarship Program SATURDAY, SEPT. 23, 2023 11am Registration 12:00 Putting Contest • 1:30 PM Shotgun \$300.00 Per Foursome Scramble Format

**Book Review
by Lynn Clark**

I imagine when this book hit the best sellers list it was an instant pick for discussion. It was published in 2014, and if you didn't have a chance to read it then find the time to read it now.

"Still Life With Breadcrumbs"
by Anna Quindlen

After years of being a successful photographer, Rebecca Winter needs to find a way to jump start her career. With a drop in the sale of her work and aging parents needing care, her finances are dwindling. She thinks she can solve part of her problem by renting out her expensive apartment in the city, and moving into a cheap cottage in the country.

The first night she is there she hears something moving around in the attic above her bed. She thinks the problem can be solved by hiring an exterminator, but after a service call he advises her to hire a roofer to find the hole in the attic to eliminate the problem. The "problem" is a raccoon.

So begins Rebecca's life in a rundown cottage in the country. She meets the nice looking roofer, the lady that owns the bakery, the town clown, and an itinerant dog that adopts her as his best friend. She thinks the dog is temporary.

As she explores the countryside with "Dog" at her side, she finds new sources of inspiration for her camera lens. With new material and a new agent her financial situation improves, and although life becomes a little bumpy at times it is definitely on the upswing. Well, a little romance helps.

Sad at times and humorous at times this was a nice change of pace for me. I hope you enjoy it also.

Home kitchen entrepreneurs

By MARIE WALDRON,
75th Assembly District

California should be doing more to help small business succeed. Last week a ceremony at the County Administration Building sponsored by the Cook Alliance and Institute for Justice celebrated Microenterprise Home Kitchen Operations (MEHKOs), established under Assembly Bill 626 in 2018, legislation I strongly supported.

MEHKOs empower home cooks to attain self-sufficiency, turning

neighborhoods throughout California into hotbeds of food innovation. MEHKOs provide supplemental income for lower income individuals, and create economic opportunities by allowing business formation at minimal cost. Many MEHKO entrepreneurs are women, immigrants and lower-income individuals who will now be able to provide stable incomes for their families.

The original bill had its limitations. MEHKOs could generate no more than \$50,000 in gross annual

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HIDDEN MEADOWS NEWS

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SUBMIT CONTENT

Deadline for local article submission: 20th of the month for the next issue. Photographs submitted for publication should be hi-resolution (300DPI), unmodified originals, jpeg format. We cannot accept photos taken from social media sites such as Facebook. Email content and photos to Patricia Fox
LocalEditor@HiddenMeadows.news

Advertising
Joshua Sibelius
Advertising@HiddenMeadows.news

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- Re-piping Water, Drain, Gas Lines Systems
- Pressure Regulators
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Hidden Meadows Garden Club: Barn Bbq

By Idalia Rewar

Love the summer, Hidden Meadows sunshine, camaraderie with friends and pot luck BBQ's! That's what was offered at the Hidden Meadows Garden Club for our August event. Hey, it's not all about plants, worms, and gophers, after all we are social animals.

The event was hosted by Wilma & Victor Rogers at their "Barn." I did write about the "Barn" back in August 2022, but I will repeat it in case you forgot. What with my elderly mind, would you believe I just read a book for the second time without having that déjà vu moment that I already read it. Wow! That is getting old! I digress. The barn was part of a 20-acre horse ranch that Victor's mother bought in 1974 from the original homestead family that lived there since the late 1800's. His mother turned the ranch into a horse ranch. The ranch's barn was moved here from San Marcos. The horse ranch had 4 stables, 4 riding arenas, and about 50 horses. The land has been subdivided over the years and the Roberts family now own 10 acres of the original parcel. The Roberts built a home adjacent to the big barn and are using the barn for personal entertainment. It has a terrace overlooking a fantastic view of the groves of trees and the Palomar Mountains. In the surrounding acres, various members of the family have built their homes. It must be comforting not to have to travel far when you want to spend time with family.

This once-a-year popular event is very well attended since we do have some wonderful chefs in our midst. Garden Club members were asked to bring their own chairs and an empty tummy. As we entered, we each placed our contributed dish in its appropriate area – appetizers, main dishes, and desserts, and there was an area where the host chef, Victor, was BBQing chicken and sausages. Members enthusiastically headed to the yummy appetizers. We had all filled up our tummies with the wonderful appetizers but then wondered if we had room to taste the rest of the food. Surprise!! We gave it a try!! So on to the important stuff – BBQ chicken and sausages, salads, pastas, and dessert.

One of the dishes that I liked very much was the oricini. I had that in Sicily – it's a rice ball with stuffing (usually meat) accompanied by a great tomato-based sauce. Wow, it was as delicious as I had in Sicily. (I need to get the recipe.) Everyone helped themselves and were enjoying the varied menu. Some members roamed about socializing and chatting with others, while others sat comfortably enjoying the scenery and asking their companion to get some more goodies.

We took a breather when Kim Marin and Melisa Mitchell greeted attendees and thanked all for coming and thanked Wilma and Victor for hosting the Potluck social event which was followed by a round of applause. Kim also introduced our new members: Steve Frizenkotter and his wife Amy (who was not in attendance), and Michelle Zipse.

Kim then spoke about the upcoming Garden Club events this fall. Melisa explained the October event which will be held at her house. For that meeting, members will be invited to make the popular succulent wreath or a succulent pumpkin. We have done them in the past and it's a big hit with all – it makes an outstanding centerpiece for the holidays. September and November meetings are yet to be determined. There is no meeting in December unless we decide to do another social. Hey, I'm all for that! We then played a garden trivia game that Wilma created. The winners, Bruce and Becky Rogers, won a nice bottle of wine!

If you are interested in joining this group of fine ladies and gentlemen, get in touch with Kim Marin at kimgroggmarin@gmail.com I promise you may not find a way to get rid of gophers, but you will enjoy the group, its educational and fun. I've been in it since 2005 and love it! Ciao



Sellers Faire Update

By Michelle Zipse / Resident

Keep bleeding some love..... The next Seller's Faire is on Sunday, September 10 from 10-2 pm. The San Diego Blood Bank will be on site to take your donation of life. The Blood Mobile will be on site from 9 am - 2 pm. Please visit sanDiegoBloodBank.org/donate if you'd like to make an appointment otherwise, feel free to drop in. Walk-ins are welcome. A photo ID is required. Please arrive hydrated.

There will be 60 vendors and crafters with many unique products. There are new vendors every month. Vendors are rotated monthly depending on who are present and what they are offering. The knife sharpener will be back. Also non-profit informational booths. The bake sale will be back with a summer focused theme - many fruit based and lighter treats for the warmer weather. So please stop by and meet with your neighbors and friends and do a little Fall based shopping.

This year there will be 2 more Seller's Faires: October 15 and November 12. The October Faire will have a Halloween and Doggie Days theme. We are planning electronic recycling at the October Faire. The November Faire will be a chance to shop for the holidays. If you'd like more information or you'd like to volunteer or contact us: HMSellersFaire@gmail.com

Please follow us on [hmsellersfaire@facebook.com](https://www.facebook.com/hmsellersfaire) or [hmsellersfaire@instagram.com](https://www.instagram.com/hmsellersfaire)



How can we find out what the value of our current home is?

MARKET TRENDS
Average Sold Price: \$1,118,508

MARKET TRENDS
Average Days on Market: 44

You can simply scan Simona's QR code from this page of the Hidden Meadows News and you will receive from 1 to 3 estimates within seconds!

That sounds so easy! Let's try it now!

MARKET TRENDS
Average Sold vs List Price: 97%

SCAN ME

What is happening in HIDDEN MEADOWS

Market Report SEPTEMBER | 2023

▶ Address ▶ BD/BA/SF ▶ Listing/Selling Price

ACTIVE		
Mountain Meadow Road	1/1/558	\$359,000
Meadow Oak Lane	3/2.5/2,443	\$999,000

PENDING		
Meadow Mesa Lane	4/5.5/3,738	\$1,399,000

SOLD		
28357 Cavalier Court	3/2.5/3,870	\$1,400,000
28898 Sandhurst Way	4/4/5,395	\$1,712,800
29244 W Meadow Glen Way	6/6/5,260	\$1,860,000

SOLD!

558 Chesterfield Cir – Twin Oaks
4 Beds/ 3 Baths / 2,296 Sq.Ft. - \$1,005,000

Simona Giuffrida, Relocation Specialist, CIPS (Certified International Properties Specialist) and VA certified REALTOR®

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Chairmans Circle Award Winner • Top 2% Nationwide
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FOURTH / From Page 1

if they wanted! Kids of all ages participated; it was a cute and fun overload. At 11 am there was a parade with three loops around the parking lot. Chris Rasio, U.S. Navy, local dad and cool guy, was honored as the American Flag carrier. Thank you, Chris!

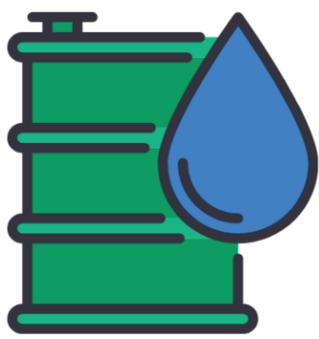
There was a lovely banner leading the parade. Many families, golf carts, bikes, and a unicycle joined in! Check out the photos (link below)! After the parade, there were patriotic contests. Most Patriotic Ride, Family, Girl & Boy (4 and under), Male, Female, Fur Baby, and Patriotic Dance. Sideyard provided low-cost pizza slices again...thank you, Shari Petric! Local resident Christina Stendall of Sweet Cheeks Homestead had a booth with her amazing baked goods and sweets. Our Hidden Meadows Cal Fire Station brought their fire engine over for the kids to enjoy. Homesmart West Realtors, with Dawn Salazar and Kathy Moore, had rub on tattoos and other fun stuff.

Mountain Meadow Equine Rescue had a table as well. Thank you to all volunteers! I didn't write down all the names, but you are appreciated! All event photos are on my Linktree page -- linktr.ee/thetomsocial. Please consider a donation to the HMCF. Go to HiddenMeadows.News and click the donate button.



Avoid FALLING BACK into Old **WATER** Use Habits

Reuse **RAINWATER!**



COLLECT RAIN WATER in rain barrels so you can water outdoor plants without running the hose.

Check Your Yard for **LEAKS!**



CHECK FOR LEAKS, overspray, broken sprinklers, line breaks and stuck valves. Repair promptly!

Mind Your **MULCH!**



ADD 2" to 3" of MULCH to conserve moisture, help control weeds, and insulate soil from temperature extremes.



VCMWD's **WaterSmart Portal** enables you to receive LEAK alerts & HIGH USE notifications.

...To register for your **FREE** account, visit www.ValleyCenterMWD.WaterSmart.com



**VALLEY CENTER
Municipal
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Water**



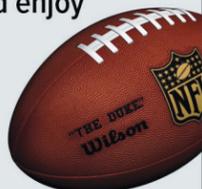
ARE YOU READY FOR SOME FOOTBALL

Side Yard will open on Mondays from 4-9 For Monday Night Football!

Our Chef has prepared a delicious special menu for Monday Nights. The Grill and Smoker will be busy! Beer and Wine specials! Watch the game on one of 10 TV's, hang with friends and enjoy delicious Food & Drinks!

EXCITING NEWS

For those of you who have been watching our kitchen expansion, our equipment has arrived and is being installed in the next few weeks! Our new menu will follow! Cheers!



Now offering Doordash Delivery ALL DAY EVERY DAY at SideYard



Marc Shaffer, Mike Quadrozzi, Linda Collins, Ginger Green, Tom Green, Dave Roberts, Marianne Nelson

Tour of the Escondido Creek Conservancy's George Sardina Preserve.

By Linda Collins / Resident

Recently, the Working Wednesday Weed Team, a volunteer group that does work at the Escondido Creek Conservancy's (Conservancy) and San Diego County's Mountain Meadow Preserve, toured part of the Dr. George Sardina Preserve, which is a 282-acre property managed by the Conservancy. Dr. Sardina was an early supporter of the Conservancy's Save 1000 Acres campaign which led to the preserva-

tion of the now Sardina Preserve and the Mountain Meadow Preserve. The Sardina Preserve has an interesting history that includes the Homestead Act and the development of Lake Wohlford.

The early homesteaders put up structures such as barns, bee houses, wells, and windmills. They cultivated grain, planted orchards, and grazed cattle. You can see some of the foundation that remains from an old farmhouse, and there is a stone dam that dates to

the early 1900's. It filled with silt long ago, but part of the stonework can still be seen.

There are two tributary creeks on the preserve that drain to the Escondido Creek. While there are areas around the creeks that still have oak trees and other native plants, much of the land that was cleared, cultivated, and grazed is now filled with weeds and non-native plants and trees. The Escondido Creek Conservancy is working to restore the

native plants and to support the wildlife that live on and cross through the property. Among these are the mountain lions seen wandering right through the area where the Conservancy staff has been working.

The most recent use of the Sardina Preserve before it was purchased by the Conservancy was a paintball and airsoft site. The little white cores of plastic airsoft pellets cover the ground in some areas. Cleaning up those is going to be quite a challenge, especially since the purchase of the land did not include an endowment for its maintenance. And that is where you come in! Your donation of volunteer hours or money helps immensely!

To make a donation, go to escondidocreek.org/donate. Scroll down to the Hidden Meadows campaign to make your donation.

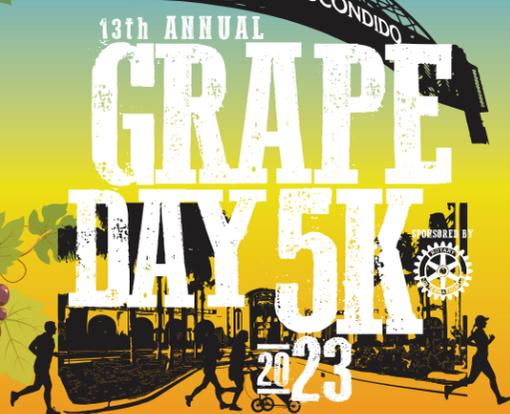
To volunteer to help with clean up and restoration of Sardina, Mountain Meadow, and the other preserved lands managed by the Escondido Creek Conservancy, email Linda_J_Collins@sbcglobal.net.

The 693-acre Mountain Meadows Preserve, here in Hidden Meadows, is home to The Escondido Creek Conservancy headquarters. This preserve was acquired in partnership with San Diego County Parks and Recreation and the Navy/Camp Pendleton.

The Conservancy is staffed lightly for a very big job, protecting 3,000 acres throughout the Escondido Creek watershed and annually providing outdoor education programs to thousands of children and adults. The office will be the home base for all Conservancy staff, including those who are in the field a lot of the time taking care of nature and providing outdoor education programs for Escondido students.

SEPT 9, 2023 8AM - 4PM

GRAPE DAY 5K & GRAPE DAY FESTIVAL ARE BACK TOGETHER AGAIN!



Race Starts at 8AM
GrapeDay5k.com



Festival Starts at 10AM
GrapeDayFest.org

At Grape Day Park

Free Admission And Parking

Brought to you by The Escondido Sunrise Rotary, Palomar Health, Berg Electric, The Rincon Band of Luiseño Indians, Escondido History Center, and Brothers of 6 Charities

ESCONDIDO Escondido's Weekly Hometown Newspaper
TIMES-ADVOCATE





Nancy Blake, Nancy Ogrod, Valerie Spearman

Fall Food Drive for Interfaith

By Nancy Ogrod / Resident

Please Mark your calendars NOW!!

Saturday, September 16, 2023, from 9 am to 2 pm at the Golf Course – Clubhouse 10333 Meadow Glen Way East

It has been several months since the last food drive, but the need for non-perishable food has not decreased, unfortunately. Mr. Kim will again allow us to be in front of the Golf Clubhouse for the Fall Food Drive. Please bring your non-perishable, unexpired, canned, bagged, or boxed food items or fresh fruits or vegetables to the clubhouse between the hours of 9:00 am and 2:00 pm on Saturday, September 16th. Like previous food drives, you can stay in your car; I will be happy to take your donation out of your back seat or trunk.

Your generosity in the past has helped many families by filling Interfaith's cupboards. Please, help again.

Some food items that are always needed are:

- Mac & Cheese (Box or Individual Serving)
- Spaghetti Sauce & Pasta (Dried)
- Pasta Meals, Spaghetti O's (Canned Only)
- Hearty Soups, Stew, Cup of Noodles
- Canned Meat, Beans, Chili & Tuna
- Canned Fruits or Vegetables (Corn or Green Beans)
- Rice & Beans (Dried)
- Peanut Butter & Jelly (or Jam)
- Cereal — Family-sized Boxes
- Microwavable Foods & Meals (Packaged to heat and serve.)
- Pop-lid Canned Foods
- Nuts, Raisins, Cheese 'n Crackers, Granola Bars & Can Openers.

Other items that are always needed are diapers, baby food, & toiletry items.

If you would like to help, or if you are unable to deliver your donations to the drop site, please contact Nancy Ogrod by calling at 760-749-7023 or e-mail at n.ogrod@yahoo.com before September 15th.

Are You The Type To Save A Life?



Blood Drive

Hosted by Hidden Meadows Seller's Faire

Sunday, September 10, 2023

09:00 AM to 02:00 PM

Boulder Oaks Golf Club Parking Lot

10333 Meadows Glen Way East
Escondido, CA 92026



Click [here](#) to schedule an appointment!

Call (619) 400-8251 or visit SanDiegoBloodBank.org/donate

Walk-ins welcome. Photo ID required. Arrive hydrated.



San Diego
Blood Bank



Southern California
Blood Bank

HOME / From Page 3

revenue, and were restricted to serving less than 60 meals each week. These restrictions left little room for profit after expenses, and severely limited the growth of home kitchen enterprises.

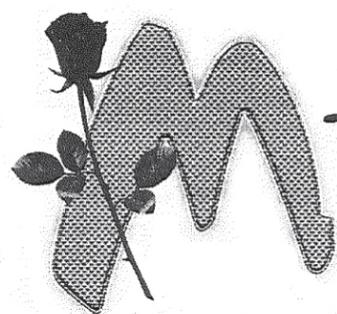
That's why I introduced AB 1325 this year, jointly authored with Assemblyman Eduardo Garcia (D-Coachella), original author of AB 626. The bill raises the sales cap to \$100,000 per year and allows MEHKOs to sell up to 90 meals per week. Safety standards in place for restaurants also apply to MEHKOs, and each of California's 58 counties must grant approval before they can operate. All home kitchens must pass approved food safety certifications, must meet existing food handler requirements, and must provide local enforcement agencies specified information regarding operating procedures and types of food being pre-

pared. Like traditional restaurants, operating permits must be obtained from local agencies.

AB 1325 passed with overwhelming support and went into effect July 21. MEHKOs have been approved by San Diego County, and hopefully, will soon become permanent.

California has a reputation for being unfriendly to small business. MEHKOs provide ample proof that we can support and encourage businesses — we just need to get government out of the way.

Assemblymember Marie Waldron, R- Valley Center, represents the 75th Assembly District in the California Legislature, which includes the cities of Poway, Santee, portions of the City of San Diego, and most of rural eastern and northern San Diego County.



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LUNCH / From Page 2

vide outdoor education opportunities from the Conservancy’s office, or we will work in the shade to start native plants from seed. There is always plenty to do.

So again, I say a huge THANK YOU to anyone who has helped and supported my crazy notion. We've really made a difference, and I couldn't have done it without all of you:

Ann Ford, Edi & Harry DeMik, Lisa Saget and husband Mike, Marc Shaffer, Maryann Nelson and Dave Roberts, Mike Quadrozzi, Sandra Lippert and daughter Sara, Steve Fritzenkotter, Terri and Lincoln Moehle, Faraj and Yasuko Tavangari, Tom and Ginger Green, Hannah Butler and her daughter Rose, Karen Soriano, Kathy Moore and Mitch, Agnes Chikan and anyone else who's volunteered.

The 693-acre Mountain Meadows Preserve, here in Hidden Meadows, is home to The Escondido Creek Conservancy (Conservancy) headquarters. This preserve was acquired in partnership with San Diego County Parks and Recreation and the Navy/Camp Pendleton. The Conservancy is staffed lightly for a very big job, protecting 3,000 acres throughout the Escondido Creek watershed and annually providing outdoor education programs to thousands of children and adults. The office will be the home base for all Conservancy staff, including those who are in the field a lot of the time taking care of nature and providing outdoor education programs for Escondido students.

Want to join the fun?! Email linda_J_collins@sbeglobal.net.

HIDDEN MEADOWS COMMUNITY FOUNDATION

HMCF2023@gmail.com

Michelle Zipse, *President*
 Vickey Ciarlanti, *Vice-President*
 Shannon Antekeier, *Secretary*
 Paul Schoos, *Treasurer*
 Heather Davila, *Director*
 Rob Enfield, *Director*
 Bonnie Metzger, *Director*
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 Pete Tomaszek, *Director*
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Scholarship Program Chair/Director
 Bonnie Metzger

Events Director
 Vickey Ciarlanti

Editor
 Patricia Fox

Median Maintenance
 Paul Schoos, Chair

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 Donate online: www.HiddenMeadows.news/donate

HELPFUL PHONE NUMBERS

911: Immediate Emergency Assistance

211: Emergency and non-emergency county information hotline

Animal Services: 619-299-7012

CAL FIRE/Fire Information hotline: 619-590-3160

California Highway Patrol: 858-637-3800

Deer Springs Fire Protection District

Station 1 Headquarters: 760-749-8001
 Station 2 Deer Springs: 760-741-5512
 Station 3 Hidden Meadows: 760-751-0820
 Burn Permits: 760-749-8001

Road Conditions/ Closures: Cal Trans 800-427-7623 or www.traffic.com

Hidden Meadows Community Resources and Organizations

Community Emergency Response Team (CERT)

Contact Marc Weissman at 760-525-5170 or marcweissman11@gmail.com.

Community Sponsor Group

Contact Chairman Jim Chagala, at 760 751-2691 for more information.

Hidden Meadows Neighborhood Watch

Please join our facebook group: Hidden Meadows Neighborhood Watch. We'll share neighborhood information, safety tips, and news of future events.

Contact Info: Erik Tyler 442-235-9060 erikdtyler@gmail.com

Deer Springs Fire Safe Council

Contact Steve Kerrin at 760-807-1141.

Emergency Communication System

To register, visit www.deerspringsfiresafecouncil.com.

An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the "Fire Danger Signs" during red flag warnings.

Homeowners Associations

The Meadows Homes Association (MHA) 760-749-7278

Rimrock Homeowners Association 760-749-4008

Hidden Meadows Ranch Homeowners Association 760-407-7575

Silverado Management Services

Oak Meadows Glen Homeowners Association 760-749-4796

Organizations

Garden Club

Contact Frances Munk at francesmunk17@gmail.com

Hidden Meadows Bridge Group

We play bridge at the MHA Pavilion every Wednesday from 10:00AM to 2:00PM.

Please call Curt Bruce at 442-222-0821 if you'd like to join us.

Hidden Meadows Community Foundation (HMCF)

Contact Michele Zipse at HMCF2023@gmail.com.

Ladies Bible Study

Contact Debbie Hamer at 760-297-1278 or Stephanie Swadell, 619-993-4631.

Tennis Club

Contact Katy Freeze at 760-749-9722 or clarkfreese@gmail.com.

Women's Golf Club

Contact Ellen at 760-749-1190

Women's Social Group

email to hmwsg92026@gmail.com.

Yoga

Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net for more information.

Super Crossword

Answers

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Car Show & Sock Hop

By Michelle Zipse / Resident

Let's go to the Hop! On Saturday, August 19, Hidden Meadows had a Classic Car show and Sock Hop. It was an opportunity to dust off your poodle skirt or greaser clothes and Rock Around the Clock with your neighbors! There were 28 classic cars. Awards were given for "Best in Show". Our judges, Mark Rogers, Jake Nickelson, Beth Klein and Andi Ruiz, picked 3 top prizes and 3 honorable mentions.

The top First Place Prize went to a Series 1 Clenet, owned by Tom Pierpoint. Tom is the original owner of this vehicle and has been a resident of Hidden Meadows since 2019. What is a Clenet you ask? I had to look that one up too. Clenet was a manufacturer of Neoclassic automobiles with old retro styling, mixed with modern technology. Each limited-production model was conceived, designed, and produced by a small team in Santa Barbara County. The car is a 1930's roadster style but the Series 1 was produced in the mid to late 70s. Tom actually bought his Series 1 in 1978. What a beautiful car and thanks to Tom for introducing us to this motoring masterpiece.

The 2nd prize winner was the 46 GMC "Rat-Rod". Jim Ramsey is the owner and creator of this vehicle. Each piece of this car was strategically and lovingly put together by its owner. A rat rod is a custom car with a deliberately worn-down, unfinished appearance, typically lacking paint, showing rust, and made from cheap or cast-off parts. Jim had 2 of these unique vehicles at the show. With a powerful V8 engine this was definitely a point off the curve on the concept of a hot rod. Jim, thanks for sharing your creative genius with us.

3rd Place went to the 69 Pontiac Grand Prix owned by John and Barbara Pluth. The Pluth family have been residents of Hidden Meadows for 51 years! The 1969 Grand Prix was considered the original muscle car with rear wheel drive and was available only as a two-door hardtop coupe, only 112,486 of them were made that year. The engine was a powerful 350-hp 400-cubic-inch V-8 with 10:1 compression.

The honorable mentions were a 1961 Ford Falcon owned by Jim and Deanna Schaffer, a 1960 Corvette owned by Chrissy Preston, a Hidden Meadows resident since 1998 and a 1968 red Mustang owned by Richard and Rose Hart who bought the car in 1968.

The Car Show was a huge hit but there were other things going on throughout the day. Mike and Amanda from Printed Provisions made and sold Hidden Meadows Car Show Hats. They were giving 25% of their proceeds to the Hidden Meadows Foundation for the Neighbors Helping Neighbors fund. Mike and Amanda also made a unique American Flag cutting board that they presented to our own local Fire Station number 3 to honor our first responders for all they do keeping us safe in our little village of Hidden Meadows. Thanks to Mike and Amanda, who moved to Faircrest about 3 years ago. Thanks for your support and for getting involved in your local community.

The Deli at Hidden Meadows had a booth and sold drinks and other treats. Bronco and other members of his family were there throughout the event. Thanks for their support.

The SideYard Pub and Hidden Meadows Market were open and had Sock Hop food items and treats. A big thank you to Shari and Alex Petric. You are always so supportive of the Foundation and our neighborhood events!

Sweet Cheeks Homestead, owner Christina Stendl, was on site with her baked yummys. She made Sock Hop themed cookies along with her other treats.

The Mountain Meadow Equine Rescue was at the Hop and had a kid's activity booth. You could stop by and get your color on with Lynn Wheeler who is a member of the HMCF and Manages the Horse rescue.

The Foundation had a booth and tattoo station for all ages. They gave out complimentary tattoos and treats for the kiddos. Bonnie Metzger, Dina Davis and her daughter Kiska was there to make sure the kids were having a good time.

It takes a village to be a community who offers a great place for families to live and a truckload of volunteers to make an event like this happen. A big thank you to everyone in this community who donates their time, and other resources to make these events possible.

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HMCF / From Page 1

efficiently spent on programs which provide benefit to the community. In calendar year 2022

Foundation expenses totaled \$16,179 with 81% of the spending returned directly to the community. Program expenses for 2022 totaled \$13,091 including \$6,332 for scholarships granted, \$3,700 spent on beautification and median maintenance, and \$3,058 for events. An additional \$3,088 was spent on administration with the majority of that going for insurance (\$1,507 - expensive but necessary), \$985 for the annual fundraising drive, and \$330 in dues to the Meadows Homes Association. Other expenses included \$182 for rental of the Foundation P.O. box and \$84 for office supplies.

In addition to providing for ongoing activities, the Foundation, with support from the community, from time-to-time sponsors larger projects with significant impact on the community. In prior years projects of this sort have included design and installation of the mosaic Hidden Meadows sign at the south end of the Mountain Meadow median (\$7,000+), trimming and removal of the Aleppo Pines bordering Mountain Meadow Road (\$9,000+) and the complete re-landscaping of the Mountain Meadow median (\$50,000+). We are always open to ideas for new projects and will consider all suggestions based on impact and feasibility.

Thanks again to all who contributed this year and for those who may have missed the solicitation but still desire to help, you can always donate by going to <https://hiddenmeadows.news> and clicking on the "donate" button in the upper right corner.



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- ♥ "My son had some chest discomfort. We brought him to CVISD and Dr. Moussavian and his team were amazing, very professional. They made us feel calm and safe." - **Sergio**
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