



Left to right: EV Trivoli, Linda Collins, Vickey Ciarlanti, Lynn Wheeler and Michelle Zipse

Welcome Committee Update

By E.M. Trivoli / Resident

And... WELCOME... BACK!
Your Hidden Meadows Welcome Committee is back, and at it again. Making plans to welcome NEW homeowners to our wonderful community.
On Jan 24 members of the Committee (Michelle Zipse, Linda Collins, EV Trivoli, Vickey Ciarlanti and Lynn Wheeler) met at Meadow Oaks Tavern to discuss plans for the next round of reaching out to new residents. Although the November 2021 Newbie Mixer event was a rousing success, this

time around we will be delivering packets of helpful information and flyers directly to our new residents, all those who have moved in since August 2021. If you're NEW, we hope to chat with you personally. But if we miss you, please look for a blue packet, near your front door or gate. That "personal connection" is just one of the many things that make living in Hidden Meadows a special experience. The committee will meet again toward the end of February to get those packets ready, and head out in March for what should be... a very WELCOME visit!

EAA February open show - call for artists

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The Escondido Art Association announces their Open Show for February at the Artists Gallery, 121 W. Grand Ave., Escondido. The theme is "Tender Moments" and will be open to EAA members and non-members.
Entry fees will apply: Members \$20 1st entry, \$5 each 2nd & 3rd; Non-members \$30 1st entry, \$10 each 2nd & 3rd.
Take-in of art will be on Saturday, February 5 from 11 a.m. – 4 p.m. "Tender Moments" will run through Friday, March 4. All artwork must be picked up by Saturday, March 5, between 11 a.m. – 4 p.m.
February 12, the Artists Gallery will host a free reception open to the public from 4 p.m. until 6:30 p.m.
The EAA is an all-volunteer non-profit 501(c)3 organization whose mission is to promote the arts in North County San Diego. New members are welcome and may visit www.escondidoartassociation.com, email them at eaal21grand@gmail.com, or call the Artists Gallery (442) 317-0980, for more information.



Chocolate Festival returns February 12 to Downtown

For The Love of Chocolate, Escondido Chocolate Festival
Saturday, February 12
Noon – 5 p.m.

Bring your sweetheart or just your sweet tooth to Downtown Escondido to enjoy the "For The Love of Chocolate" Escondido chocolate festival. Stroll through Downtown Escondido's various designated restaurants, shops and art galleries while sampling chocolates paired with local fine wine, champagne, craft beer tastings and more. This fabulous event is brought to you by the Escondido Downtown Business Association.
And if you appreciate art, don't miss the 2nd Saturday Art Walk and visit the various galleries downtown, the Pop Up Artist art show happening that day on the corner of Grand Avenue and Orange Street and Esco Alley Art.

How it Works

Each attendee purchases a Passport Ticket which includes:

- Tasting Glass
- Drink Wristband
- Swag Bag to fill with goodies, coupons and information as you visit each participating downtown business.
- Passport Map indicating each Tasting Location.

Attendees obtain their pre-purchased Passport from Will Call located on Maple Street Plaza and then stroll, at their leisure, to each of the nearly 20 tasting locations to sample chocolate or a chocolate themed dish paired with either wine, beer, champagne or a non-alcoholic drink. Attendees must drink any alcoholic beverages prior to leaving each location—which allows them to meander through and get familiar with each business while enjoying their chocolate adventure!

What's included with your Passport Ticket?

- Gourmet Chocolates paired with wine, champagne and craft beer or non-alcoholic beverages
- Restaurant inspired chocolate themed tastings
- Treats, event day discounts and specials from downtown restaurants and retailers
- Glass blowing demonstrations by Stone & Glass
- 2nd Saturday Art Walk and Pop Up Art Show

Esco Alley Art — While you're downtown, walk down the alley between Maple and Broadway (behind the tea room) and see 33 murals painted by local artists. There will also be raffle prizes from downtown businesses. grand prize is a pair of diamond earrings from Gemstone Gallery.
Participating businesses include:

- | | |
|-----------------------------|------------------------------|
| • ArtHatch Gallery | • Laurel Glen Boutique |
| • Cute Cakes | • Little Miss Brewing |
| • Design Moe Kitchen & Bath | • Manzanita Roasting Company |
| • Escondido Art Association | • Smoked & Tasty |
| • Fusion on Grand | • Stone & Glass |
| • Gemstone Gallery | • Sunny Side Kitchen |
| • H Brothers Restaurant | • The Grand Tea Room |
| • Hawthorne Country Store | • The Photographer's Eye |
| • with Jacked Up Brewery | |

Tickets: www.brownpapertickets.com/event/5348997
Information: www.facebook.com/events/1076011753184929
Website: www.downtownescondido.com/events



Left to right: Clayton Bruner, Michelle Zipse, John and Heather Cason, Erin Zipse and Patrick Bauman at Sideyard New Year's Eve



Michelle Zipse, Jake Nickelson, Shari Petric and Lilly Flores at Sideyard Pub

New Year' Eve in Hidden Meadows

By Michelle Zipse / Resident

Happy New Year's Hidden Meadows! And what were you doing this New Year's Eve? Our favorite neighborhood watering holes were making sure we had lots of options for fun with our friends and neighbors.

Co-owner of the Market, Shari Petric and her son Jake Nickelson, who runs the Pub, had the party pumping at the Sideyard Pub with rotating beer taps

and great food options to boot! If you haven't made it to Sideyard yet, then it's definitely worth a visit. The decor is delightful and Jake is a beer aficionado. The man knows his beer and makes a diverse selection for the taps at the bar. If you're not sure what you want to drink one night, just ask Jake and he'll hook you up with something you are bound to enjoy!

The Meadows Tavern also had a big New Year's Eve party. Aaron Madriaga who has been running the restaurant and entertainment for the last couple of

months had a live band and a Prime Rib buffet with multiple food options at an affordable price.

It was a big New Year's in Hidden Meadows this year for all who came out in our little village. 2022 is bound to be a great year for all of us here in the Meadows. We have so many fun options where we don't have to go far for fun and friendly entertainment. Where did you spend your Eve ringing in the New Year?

Kids Carnival for Hidden Meadows Saturday April 9

By Michelle Zipse / Resident

Coming this Spring, please join us for an exclusive event for Hidden Meadows and Rimrock Residents on

Saturday, April 9 from 10 am - 2 pm. We will be having a Carnival for the families but focused on the kiddos. We could use your help so please

volunteer. Please contact Vickey Ciarlanti at 760-751-4226 or via email vickeyciarlanti@gmail.com. Look for info in the Hidden Meadows News,

or on Hidden Meadows Families on Facebook and NextDoor. Come out and make our local community the safe, fun place we love to hang.

●●● HM CONVERSATIONS

Is your dad at the Side Yard again?

●●● MARKET TRENDS

Average Sold Price: \$803,302

●●● MARKET TRENDS

Average Days on Market: 21

●●● HM CONVERSATIONS

Yum! Pizza from the Market!

●●● HM CONVERSATIONS

Let me check...Nope! He's at the Meadows Tavern with his golf buddies but he is coming home now.

●●● MARKET TRENDS

Average Sold vs List Price: 101%

What is happening in HIDDEN MEADOWS

Market Report

FEBRUARY 2022

▶ Address	▶ Listing/Selling Price
ACTIVE	
Faircrest Way	\$795,000
PENDING	
Indian Creek Way	\$969,500
Laurel Path	\$1,125,000
Mountain Meadow Rd.	\$249,000
Moon View Way	\$945,000
SOLD	
27725 Mountain Meadow E	\$245,000
27725 Mountain Meadow Rd	\$250,000
28333 GLENMEADE WAY	\$730,000
10127 Lake Meadow Ln	\$900,000
9771 Kiwi Meadow Lane	\$911,000
27940 Turner Heights Ln	\$966,725
10616 Aspen Glen	\$982,000
28231 Meadow Glen Way W	\$1,050,000
28475 Cerveza Ct.	\$1,195,000



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Law Office of Diane Haisha-DeForest



Contact Lawyer Di
Diane Haisha-DeForest
Attorney / R.E. Broker / Notary
858-560-0776

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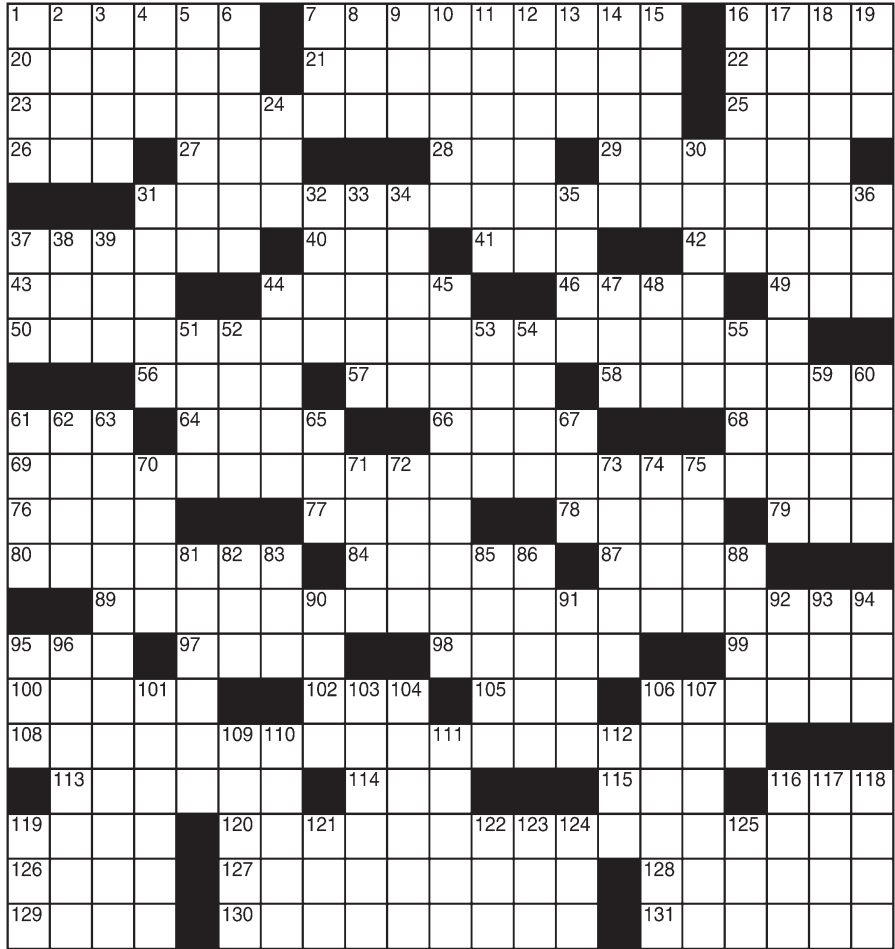
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Super Crossword CHAIN LINKS

- ACROSS**
- 1 Neaten (up)
 - 7 Lab compounds
 - 16 Terrific, slangily
 - 20 Talented talker
 - 21 Thinks up something
 - 22 Witchy sorts
 - 23 Furniture chain, literally
 - 25 Prime draft classification
 - 26 Many times, in verse
 - 27 "What — I tell you?"
 - 28 Bygone rival of Delta
 - 29 Using an Rx, say
 - 31 Restaurant chain, literally
 - 37 Synchronize
 - 40 One in sales, briefly
 - 41 Big letters in fashion
 - 42 Strong coat fabric
 - 43 TV pioneer Jack
 - 44 "— For" (1995 Nicole Kidman film)
 - 46 Wildly
 - 49 It carries a small charge
 - 50 Dog chain, literally
 - 56 Swivel about an axis
 - 57 Tan shade
 - 58 Baseball great Casey
 - 61 Cry a river
 - 64 "It's my turn to go"
 - 66 Kipling's Rikki-tikki- —
 - 68 "— pity" ("Alas")
 - 69 Mountain chain, literally
 - 76 Jewish month
 - 77 Arouse
 - 78 Skin opening
 - 79 Beer belly, e.g.
 - 80 It's not a pretty sight
 - 84 Casts forth
 - 87 Give a summons to
 - 89 Food chain, literally
 - 95 Native Coloradan
 - 97 Pop's Stefani
 - 98 Jeans giant
 - 99 Nastase of tennis
 - 100 "— Croatian (language)
 - 102 "BTW" part
 - 105 Gigi's refusal
 - 106 NFL lineman
 - 108 Island chain, literally
 - 113 Pedal pusher
 - 114 Badger
 - 115 "It's so cold!"
 - 116 OS computer
 - 119 Stephen King's rabid dog
 - 120 Watch chain, literally
 - 126 Time period
 - 127 Asbestos, e.g.
 - 128 Sean Penn film
 - 129 "Woe —!"
 - 130 Celebrities of daytime dramas
 - 131 Clear record holder
 - DOWN**
 - 1 Merely OK
 - 2 U. lecturer
 - 3 Finn's craft
 - 4 Thespian Hagen
 - 5 Police line
 - 6 Otter relative
 - 7 Tai —
 - 8 Bit of a laugh
 - 9 Legal rider?
 - 10 Damon and Dillon
 - 11 Somewhat
 - 12 Cubans, e.g.
 - 13 Sweetened drink
 - 14 "Bad" Brown
 - 15 Camille Saint- —
 - 16 Lisa's role on "Friends"
 - 17 Excessive display of distress
 - 18 Way in the past
 - 19 Org. with bag screeners
 - 24 Curious
 - 30 Large pike, for short
 - 31 Copies a happy cat
 - 32 Slangy ending for switch
 - 33 Copy over, as a soundtrack
 - 34 Offer a view
 - 35 "Kapow!"
 - 36 Deep desire
 - 37 Android extra
 - 38 T on a frat tee
 - 39 Recess game
 - 44 It's led by a Sec'y-General
 - 45 Think piece
 - 47 Postgrad degs.
 - 48 Hitter Mel
 - 51 Double- — (tourney type)
 - 52 Arizona tribe
 - 53 "I got — in Kalamazoo"
 - 54 Impose, as a tax
 - 55 Opposed to
 - 59 Jacob's wombmate
 - 60 Café au —
 - 61 — -Ball
 - 62 Unctuous
 - 63 Certain fruity spread
 - 65 Sleeping garb
 - 67 Wee demon
 - 70 Rick's love in a classic film
 - 71 Kong's kin
 - 72 — roast
 - 73 Hocus- —
 - 74 Author Leon
 - 75 Actor Rogen
 - 81 Like many hockey shots
 - 82 Unvarnished
 - 83 Dir. from L.A. to K.C.
 - 85 Rocker Reznor
 - 86 Revel in guess, briefly
 - 88 Writer Jong
 - 90 Echidna food
 - 91 Lollobrigida of Hollywood
 - 92 Type
 - 93 .001 inch
 - 94 Split second?
 - 95 Kind of port for a PC
 - 96 Servers in saucers
 - 101 Flagship U.K. TV network
 - 103 Ended a phone talk
 - 104 In-box fillers
 - 106 Like the Tatar language
 - 107 To another continent
 - 109 Hero shops
 - 110 University of Maine's city
 - 111 Strain at — (fuss pettily)
 - 112 Hitting stat
 - 116 Flat-topped hill
 - 117 "What —!" ("Such fun!")
 - 118 Attended
 - 119 Hit CBS drama
 - 121 Secret govt. group
 - 122 Flight deck
 - 123 University sisters' org.
 - 124 Triage sites, for short
 - 125 Ovid's



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A ROADRUNNER PUBLICATIONS COMPANY

P.O. Box 2300, Valley Center, CA 92082

29115 Valley Center Road, Valley Center, CA 92082

USPS PERMIT

2900

Postage Paid at
Escondido, CA

Published monthly

GENERAL CONTACT	news@HiddenMeadows.news
SUBMIT RESIDENT/LOCAL CONTENT	LocalEditor@HiddenMeadows.news
ADVERTISING	advertising@HiddenMeadows.news
OBITUARIES	obits@HiddenMeadows.news
PUBLISHER/DESIGN	JUSTIN SALTER
ADVERTISING	JOSHUA SIBELIUS
LOCAL EDITOR	PATRICIA FOX (HMCF)
PROOFREADER	MARK BROCK

760.297.2900

FAX 760.749.2221

VALLEY
ROADRUNNER 760.749.1112

ESCONDIDO
TIMES-ADVOCATE 760.546.4000

www.HiddenMeadows.news

Hidden Meadows News is a free monthly publication mailed directly to approximately 1700 addresses within and near the Hidden Meadows area of postal route 92026. Hidden Meadows News is a subsidiary of Roadrunner Publications, Inc., in affiliation with the community of Hidden Meadows and Hidden Meadows Community Foundation. Our liability for errors and omissions on ads is limited to the price of the ad for a single issue run. Opinions expressed by Hidden Meadows Community Foundation, columnists and articles are those of the writers and not necessarily those of the newspaper. Accuracy of content submitted to Hidden Meadows News by Hidden Meadows Community Foundation is the responsibility of Hidden Meadows Community Foundation. Hidden Meadows News reserves the right to edit any content provided to the newspaper. Contact Hidden Meadows News with any questions.

The national blood shortage hits home

By **MARIE WALDRON,**
75th Assembly District

The national blood shortage has reached our region, and the situation is critical for many local hospitals. While January has been designated National Blood Donor Month for over 50 years, people have not been stepping up to donate blood and maintain badly needed supplies as they have in the past.

The San Diego Blood Bank has reported that donations have dropped significantly during the COVID crises, even though donating blood is completely safe. One contributing factor involves treatments delayed in 2020 and 2021 that are now being scheduled, leading to an unprecedented increase in demand for medical care – and more blood. Blood supplies at times have been so low that there is a real fear that lives will be lost. Severe increases in patient load, along with a reduction in staffing due in part to COVID, have not helped.

The situation has become so seri-



ous that a mass casualty incident, even a four-car pile-up, could exhaust blood supplies. People with blood disorders are being seriously impacted, elective surgeries have been rescheduled/delayed, one trauma center in Los Angeles had to shut down for hours because of blood shortages, and some hospitals here locally have been forced to contact neighboring hospitals for blood when treating multiple trauma cases. At times, hospitals have been on the verge of deciding who to treat and who not to treat over lack of blood.

There is a solution to this nationwide problem. People simply need to get back into the habit of donating blood – remember that just one donation can save up to three lives.

To find a blood drive near you, please click here.

For an electronic version of this article, please visit: <https://ad75.asmrc.org/>

Let's roll up our sleeves and start saving lives!

Assembly Republican Leader Marie Waldron, R-Valley Center, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.

An Orange For a Hungry Kid?

By **Wendi Brick / Resident**

I was walking around the neighborhood, listening to a podcast (a really good one), but I found myself frequently distracted by the glorious beauty of our neighborhood AND how many fruit trees are full of vibrant delicious fruit! During the 45-minute walk, there were easily 25 trees veritably bursting with goodness!

Then, I saw some on the ground. Ugh. I know from growing our own fruit, there's no way we can eat it all. Even giving it to family and friends...there's still so much extra. I feel just gutted watching it go to waste.

ProduceGood is a local nonprofit that will send volunteers to pick your fruit (no charge!) and transport it the SAME DAY to a San Diego agency that will distribute it. Over one third of kids (almost 4 out of every 10) in San Diego are food insecure, meaning, they do not have consistent access (through no fault of their own) to enough food, let alone incredible organic nutritious fruit.

ProduceGood volunteers want to pick your ripe fruit for free. They pick your fruit, coordinate details, are fully insured, follow specific rules, and provide a tax receipt. If you are interested in having a volunteer glean your fruit, it's only three clicks away.

- 1. ProduceGood.org
- 2. Click "Growers" in the menu across the top of the web page
- 3. Click "New Grower Registration"

I know kids whose parents use the food banks regularly. This is personal to me. Thank you for considering this opportunity to share your bounty and make a difference.

HELPFUL PHONE NUMBERS

911: Immediate Emergency Assistance

211: Emergency and non-emergency county information hotline

Animal Services: 619-299-7012

CAL FIRE/Fire Information hotline: 619-590-3160

California Highway Patrol: 858-637-3800

Deer Springs Fire Protection District
Station 1 Headquarters: 760-749-8001
Station 2 Deer Springs: 760-741-5512
Station 3 Hidden Meadows: 760-751-0820
Burn Permits: 760-749-8001

Road Conditions/Closures: Cal Trans 800-427-7623 or www.traffic.com

HIDDEN MEADOWS NEWS

Deadline for local article submission:

20th of the month for the next issue. Photographs submitted for publication should be hi-resolution (300DPI), unmodified originals, jpeg format. We cannot accept photos taken from social media sites such as Facebook. If you wish copies of photos in which you are included, email me at address below.

Send drafts to Patricia Fox at: LocalEditor@HiddenMeadows.news

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Michelle Zipse hiking Torrey Pines



Michael Zipse hiking Torrey Pines Nature Reserve

Torrey Pines so close to home

By Michelle Zipse / Resident

Torrey Pines State Natural Reserve is 2,000 acres of coastal state park located in La Jolla. It is within San Diego city limits and remains one of the wildest stretches of land on the Southern California coast. The trails are perfect if you're looking to tackle some easy hikes in San Diego. Not many of these hikes

will make you break a sweat, but they are full of amazing viewpoints, plenty of sunshine, and the rarest pine tree, the Torrey Pine. The Trail loop is 2.3 miles and features beautiful wild flowers and ocean views.

If you haven't seen this area, it's a must do in the San Diego area. Check it out. You'll be glad you did.

Rattlesnake Avoidance Training

March 26th and 27th, 2022 in Escondido, CA
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<http://www.hvoc.org/snakeclinic.php>

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*Registration required! If you have questions call (760) 297-1164



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Maggie Adkins Ingram and Judy Dunn



Garden club mtg attendees, Yasuko & Faraj Tavangari



January Garden Club attendees, Judy Jennings, Vida Shanya, Melissa Mitchell, Sima Kashari



Garden Club attendees, Yasuko Tavangari, Vida Shayan, Sima Kashani, Frances Munk

DIRT, SNAILS, GOPHERS AND PLANTS

By Idalia Rewar

Happy New Year Horticulturalists (Gardeners)!! Could not find a more perfect place to convene for our Garden Club's first General Planning meeting of the year than at Frances Munk's lovely home.

The Garden Club is where community like-minded individuals who love the outdoors, dirt, snails, gophers and plants meet to share, view, educate and feed our horticulturalists needs while socializing. Horticulturalists are agriculturalists who grow flowers, fruits and nuts, vegetables and herbs, as well as ornamental trees and lawns. That's us!!

We gathered at the side patio where Frances opened the meeting to develop our annual event agenda which involved participation from members offering suggestions of what we want to do for the coming year. A decision was made as to the best month to do the event and getting members to volunteer to chair the individual event and others to assist in set up, and other details.

Some suggested events that the members will partake for the coming year included: visiting various nurseries, community gardens, plant exchanges, field trips, art and crafts, and many other events.

Our meeting ended with an invitation to the kitchen to sample the delicious goodies made by Frances, such as biscotti and a delicious cake with melt-in-your-mouth cream topping, and other goodies provided by various members.

Kudos to Frances for chairing and hosting the event and providing coffee. And for taking such a challenging job! And thanks to old and new members who attended and participated in developing looking-forward-to events.

If interested in joining the Garden Club, call Frances Munk at 760/809-8889 or e-mail: francesmunk17@gmail.com for more information. There's a \$15 annual membership fee to cover supplies, entry fees, and miscellaneous items. I guarantee you will enjoy it, be more plant savvy, while having fun. It beats staying home in my pjs!



(left to right) Terese Vasil, Melisa Mitchell, Danielle Milliken, Patricia Cline, Ev Trivoli, Bobbi Helland, Kim Marin, Devila Shah, Sima's guest, and Sima Kashani

New Year Laughter and Friendship

By Linda Collins / Resident

The Hidden Meadows Women's Social Group filled The Meadows Restaurant with laughter and good cheer on January 20 at their first gathering of the year. The restaurant did a great job serving up all the meals promptly. Many chose the hamburger and fries, some had the salmon plate, and I was one of those who ordered salad. My cobb salad was wonderful and beautifully presented. And, cheesecake was served for dessert.

Some excess produce was shared. I had pomelos, sweet and juicy. Bobbi Helland brought a big bag of Meyers Lemons. It's fun to share with your friends!

Most of the monthly socials are in the homes of members. February's social will be at the home of Kim Marin, one of our newest members. She moved here right at the beginning of COVID and is so happy to finally be able to get out and make new friends. She sat at the rowdy end of the table this month meeting some of our vibrant and talented members. Ev Trivoli, is one of them. She has a band called Silvermine . . . They are very good;

I've been to see them. We are hoping she will soon have a date to play at The Meadows Restaurant. And, Kim, being from Manhattan, found that several people came from the East Coast. Fun common ground to discuss! (I am not one of them! I've been in California since I was 10.)

On March first, we will have a Mardi Gras theme social - Dannielle Milliken's specialty. And Melisa Mitchell is hoping her furniture arrives before she hosts the April social. (It is COVID delayed by months.)

The group will also play Mexican Train on Feb. 3 and have a breakfast at the Canyon Grill on Feb. 6. These two activities draw much smaller groups but provide a different environment to get to know each other. There are smaller groups that get together for local events such as the upcoming 'For the Love of Chocolate' in Escondido or wine tasting, and sometimes for local theater. The group's goal is to help people connect and share similar interests, make friends and have fun.

For more information on the Hidden Meadow Women's Social Group, email hmwsg92026@gmail.com.



Kacy Redmond, Graduation Day

College Graduation: Kacy Redmond



Grandmother, Margrit Hromin, Katy Redmond, and Mother, Rosie Redmond

Hidden Meadows resident, Kacy Redmond, has lived here her entire life. She is the first in her family to graduate from college, and with honors. She graduated from Concordia University Irvine on December 18, 2021, summa cum laude, with the highest Latin honors, receiving a Bachelor of Arts in Liberal Arts, Humanities: Communications and Theatre.

Redmond received special recognition from Omicron Delta Kappa, the national leadership organization, and the two club boards she was active on, COMM-Unity and Step One, the first generation club. She is honored to represent her family as a first-generation college graduate and looks forward to her bright future.

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The Greater Escondido Chamber of Commerce has 15,000 KN95 masks available for pickup.

Limit two boxes (40 masks) per household or 5 boxes (100 masks) per business. You can pick them up Monday-Friday at the Chamber (720 N Broadway) between the hours of 10-2 p.m. They are first come first serve while supplies last. Shown, Ruth Romero, the Chamber’s director of growth and development, delivering KN95 masks to Sunnyside Kitchen.

PUBLISHERS NOTE - THE MARCH HIDDEN MEADOWS NEWS WILL BE PRINTED AND MAILED ONE WEEK EARLIER THAN NORMAL. IF YOU PLAN TO SEND CONTENT IN FOR THAT ISSUE, PLEASE SUBMIT TO PATRICIA FOX NO LATER THAN SUNDAY, FEBRUARY 20. -Thank You!

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Seller’s Faire Update

By Michelle Zipse / Resident

The Seller's Faire will be back in 2022! Mr Kim has generously offered to let us use the lower parking lot again and it looks like Sundays will again be the day. Stay tuned for dates and new activities.

Valley Center Western Days Parade & Festival

SAVE THE DATE - The Weekend After Memorial Day

Friday, June 3 & Saturday, June 4, 2022

facebook.com/WesternDays WesternDays.org

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Super Crossword

Answers

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Hidden Meadows Community Resources

Community Emergency Response Team (CERT)

Contact Marc Weissman at 760-525-5170 or marcweissman11@gmail.com.

Community Sponsor Group

Contact Chairman Jim Chagala, at 760 751-2691 for more information.

Hidden Meadows Neighborhood Watch

Please join our facebook group: Hidden Meadows Neighborhood Watch. We'll share neighborhood information, safety tips, and news of future events.
Contact Info: Erik Tyler 442-235-9060 erikdtyler@gmail.com

Deer Springs Fire Safe Council

Contact Steve Kerrin at 760-807-1141.

Emergency Communication System

To register, visit www.deerspringsfiresafecouncil.com.
An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the "Fire Danger Signs" during red flag warnings.

Homeowners Associations

The Meadows Homes Association (MHA)

760-749-7278

Rimrock Homeowners Association

760-749-4008

Hidden Meadows Ranch Homeowners Association

760-407-7575

Silverado Management Services

Oak Meadows Glen Homeowners Association

760-749-4796

Organizations

Garden Club

Contact Karen Henderson: 760-749-3164 (text messages preferred) or karenh.home@gmail.com

Hidden Meadows Bridge Group

We play bridge at the MHA Pavilion every Wednesday from 10:00AM to 2:00PM. Please call Curt Bruce at 442-222-0821 if you'd like to join us.

Hidden Meadows Community Foundation (HMCF)

Contact Sarah Sealey at sarah@bretandsarah.com

Ladies Bible Study

Contact Debbie Hamer at 760-297-1278 or Stephanie Swadell, 619-993-4631.

Tennis Club

Contact Katy Freeze at 760-749-9722 or clarkfreese@gmail.com.

Women's Golf Club

Contact Ellen at 760-749-1190

Women's Social Group

email to hmwsg92026@gmail.com.

Yoga

Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net for more information.

BOOK REVIEW - By Lynn Clark

It has been a long time since I have read a book about the political situation in Ireland. I did do a little research before I started to read this novel to review the history of this country that is still divided by politics and religion. I think we tend to forget because not much has appeared in the news about unrest or violence. Is peace possible within a country where the divide is so great?

"Northern Spy" by Flynn Berry

Tessa lives in a small village in Northern Ireland. She has an infant son and has just separated from her husband. Her mom works as a daily housekeeper for a wealthy couple in Bangor, and her sister Marian is a paramedic and has an apartment close to where Tessa works so they keep in touch and are close.

Tessa works in Belfast for a news service for the BBC called Broadcasting House. She does editing and research on the segment reserved for Politics. She is efficient at her job and liked by the staff. She feels things are a little unsettled in the country. She's scared not only for her own safety, but especially for her son and his future. It has been 20 yrs. since The Good Friday Agreement was signed and Tessa knows that peace was never really the reality..the IRA just went underground for awhile.

When Tessa starts work today she brings her editor and the crew up to date with the news that the justice minister is coming to town. Her name is Rebecca Main and she wears a bullet proof vest when she speaks in a crowd. She draws both friends and foes, and she is coming to the studio for an interview. As the interview starts a breaking news report shows a robbery being televised, and a broadcaster is asking the public for help in identifying the robbers. When Tessa looks up the first person she sees on the screen is her sister pulling a black mask on over her face.

Tessa runs out of the station to her sister's apartment. It is empty. She is sure her sister has been abducted and coerced into joining this robbery. She runs to the police station. She is searched and conducted to an interview room when a man called DI Fenton says "We are glad you came in, Tessa." She is questioned and questioned again about her sister's friends and her possible political involvement, and she slowly realizes she might not have all the right answers concerning her sister. What is worse is that Tessa finds herself in the middle of a very volatile situation.

She waits for her sister to show up and explain herself because so much is unexplained. She knows her sister will come. She just doesn't know where or when. Then on a lonely stretch of beach where Tessa often goes swimming, she emerges from the water, and finds her sister standing in front of her. Tessa's first question is "What have you done?".

When you turn the last page of this story you will remember the quote on the first page. "They will forget about you. We won't."*

*IRA graffiti, 2019

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Teen dating violence prevention tips

By JOHN BALOGH, Crime Prevention Specialist,
San Diego County Sheriffs Department

For many teenagers, their first relationship brings excitement, nervousness, questions, and new pressures. It’s a start to figuring out what they like and dislike, as well as, what feels right and wrong.

Some of these experiences are good, but unfortunately, some are bad. According to reports, 1 in 3 teens are victims of sexual, physical, or emotional abuse while dating. Another study reports, 1.5 million high school boys and girls admit to being in a physically harming romantic relationship. Dating violence can occur in person, online, or some other means of technology. Abuse happens across all social, economic, ethnic, and sexual preference groups.

Teens often think behaviors like teasing or name-calling are “normal” or “OK” in a relationship, but these behaviors can become abusive and develop into serious forms of violence. Unfortunately, many teens do not report unhealthy behaviors because they are afraid or embarrassed to tell friends and family. Parents, teachers, coaches, peers, spiritual leaders, and law enforcement are great resources to teach the skills needed to understand and get away from an abusive relationship.

Helpful websites: Dating Matters (by the CDC), www.loveisrespect.org, www.nationalsafeplace.org,
www.d21.org, www.thehotline.org, www.sdsheriff.gov. www.rainn.org

Here are some parent strategies for safe dating:

- Have and enforce a curfew
- Meet your child’s date
- Give your child a way out and be available to pick them up
- Check up with your child after they get home and ask them how the date went
- Build trust
- Teach them safety precautions
- Get to know your child’s friend group (be on the lookout for drug use)
- Build your child’s self-confidence in healthy ways

Strategies for teens:

- Go on group dates or at least be around other people
- Know (at least) basic self-defense techniques
- Notify your parents, friends, (in serious situations the police) if you need help
- Be cautious of people pushing drugs or alcohol
- Don’t meet up with someone you’ve only talked to online
- Listen to your “gut or the little voice”, if it doesn’t feel right, it’s probably not
- Learn how to say NO!
- If your date hits, slaps, pushes you, or tries to control you, tell someone.
And leave the relationship (it won’t get better if you stay with the person)

Behavioral health

By JIM DESMOND

Last week, I shared some successes and vision for 2022, when it comes to public safety. This week, I want to share some of the accomplishments we’ve had in North County and talk about what I’m focused when it comes to behavioral health!

Behavioral health is a major issue that continues to grow during COVID-19. We’ve all seen people on the side of the street or know of friends or family members in crisis in need of help and, unfortunately, North County has been under-resourced. I’m pleased to say over the past three years we’ve made major strides in behavioral health resources, allocating \$140 million in new projects.

A few months ago, I was part of a ribbon-cutting for the new Crisis Stabilization Unit in Vista. This is a place open to family members, law enforcement, and others to take those suffering from a mental health episode to be evaluated. Also, I’ve continued to work with the City of Oceanside and County Behavioral Health Services to open a Crisis Stabilization Center at the Live Well Center in Oceanside.

This will be open, later this year!

A couple years ago, I authored a Board Letter to partner with Tri-City Medical Center to build a 16-bed Psychiatric Health Facility for those in extreme crisis that will be open to all residents. This will help our police officers who need to be out patrolling rather than driving those suffering behavioral health issues down to the City of San Diego. We are expecting to break ground on this facility, shortly.

Those are just a few items I’m working on when it comes to Behavioral Health. If there’s something you would like to see addressed, please email me: Jim.Desmond@sdcounty.ca.gov and my office will get back to you shortly!

Jim Desmond is a member of the San Diego County Board of Supervisors. He represents the 5th District, which includes Escondido, Valley Center, Pauma Valley, Palomar Mountain and much of the Backcountry.

Escondido Library’s Free Ebook App “Libby”

By Pete Tomaszek / Resident

As a huge fan of ebooks and Audiobooks, I was so happy to find the app Libby. It's a free app brought to us by the Escondido Library. It's a very simple app, download it to your device, add your library card info and start browsing. You can add the books to your Kindle or tablet. And listen to audiobooks via bluetooth.

My first book was Raylan, a 2012 novel by Elmore Leonard. I have read a few of Elmore's books in the past. They are gritty stories of low life criminals. Raylan was the story on which they based the TV show ‘Justified’. The main character is a sort of modern day cowboy, that is, a US Marshal. He’s quick witted and his swagger can be felt in every interaction. The story was very simple. But the characters are so colorful it makes up for what's lacking in storyline.

My second book was The Boy from the Woods by Harlan Coben, also a slow burn mystery novel. This one is a story of a missing kid that turns out to be kidnapped for political reasons. It’s one of those stories where you actually question whether the crimes are justified. Are some crimes for the greater good of humanity? The cool thing about this book was the use of life in today's world of media and

social media spin. It was not too in your face, but they did account for how fragile reputations can be altered by the use of today’s tech.

About a month after reading Boy From the Woods, my wife Melissa and I started watching a netflix show called, The Stranger, which was also written by Harlan Coben. Minutes into the show it started feeling very familiar. It seemed to be the same story, or at least the same tempo of the Boy in the Woods story. To be honest I completely lost interest and went in the garage to do some work on the old truck.

Right now I am slowly listening to Funny Girl by Nick Hornby. I read High Fidelity by Nick ages ago and loved it. They even made that one into a movie that was Ahhhh, OK. This story is fun. It’s set in the 60’s in London. Out of the blue, a young girl with a very sharp wit becomes the next big TV star. It’s a politically incorrect story by today’s standards, I mean it is based in the 60’s. Women's rights seem to be the direction of the story as the main character becomes a more powerful star. It is an 8 disc audio and I am 2 discs into the 8, so things might not be as they seem at only 25% into it.

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Howard W. Andrews “Chief”

07-26-1924 - 11-03-2021

Howard Wilbur Andrews, age 97, of Hidden Meadows, CA passed away on Wednesday, November 3rd, 2021 at Palomar Hospital.

He was born on July 26, 1924 in Kent, Ohio to Edwin Alvia and Bessie Pearl (Evinger) Andrews. He was the last of nine brothers followed by his one and only sister Ruth.

Howard was a True Patriot

Howard left home at 15 determined to make his mark on the world, however, he was interrupted by WWII and enlisted in the army at age 18 in 1942.

In the service, at age 19, Howard was tasked with leading 12 clerks in the registrar's office for the 192nd General Hospital in Cirencester, England. The hospital had been built to serve approximately 1500 D-Day casualties, but ended up taking care of over 3000.

Howard was a Self-Made Man

He worked 21 years for the Firestone Tire and Rubber Company. After only a few years, Firestone recognized Howard's leadership potential, and asked him to transform poor performing stores, districts and divisions into highly profitable operations.

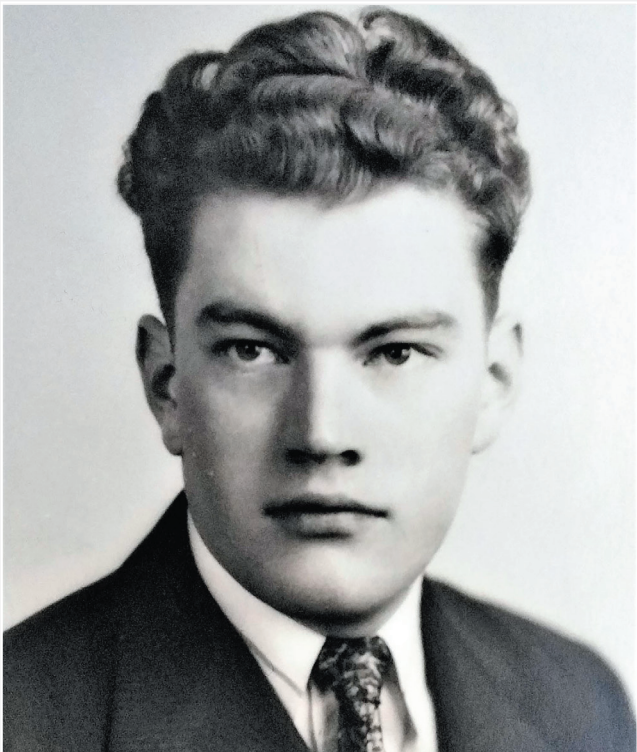
As a top 10 sales performer for over 20 years, meeting or exceeding his sales goals, he routinely received accolades and rewards, ultimately holding the position of Division Manager.

In “retirement” Howard focused his energies and his love of selling on building a successful real estate venture, accumulating properties throughout Southern California. He was a hands-on owner and renovator.

He was a Lover of Life

Howard lived a full and colorful life. For his 80th birthday, he sponsored a family cruise to Mexico which he continued every 5 years thereafter. For his 95th birthday cruise, he wrote his autobiography: “In My Own Words” which he gave to all 50+ of his guests.

He was looking forward to updating his biography for



his 100th birthday cruise, planning on hosting over 200 family and friends.

He had a charming personality and made friends with just about everyone he met. He loved traveling the world, going on ocean cruises, trips to the casino, attending the annual Firestone Gum Dipper Reunion, and gatherings with loved ones. He will be sorely missed by all.

Howard was a Family Man

Howard is preceded in death by his parents, all of his 9 siblings, first wife Phyllis and 2 sons, Mark and Kevin.

He is survived by his wife, Nancy and his children, Howard Jr. (Chris), Susan (Gary) Eby, Lisa (David) McCallister, Robert (Liz) Cavanaugh, along with several grandchildren, great grandchildren, nieces and nephews.

Interment with military honors was held in San Diego, California at the Fort Rosecrans National Cemetery on January 12, 2022.

In lieu of flowers, contributions may be made to the Salvation Army or to the charity of your choice.

Dr. Merle J. Aleshire

December 30, 1933 – March 3, 2021

Dr. Merle J. Aleshire, age 87, passed away on Wednesday, Mar. 3, 2021.

He was born Dec. 30, 1933 to Howard and Eula Aleshire in a small 3-room farm tenant house in Hancock County. He had two sisters, Edythe Eileen and Patricia Ann who preceded him in death. He rode a horse to grade school, Hickory Flat, a one-room country elementary school, and graduated from Carthage High School in 1951, where he excelled in sports. He attend Carthage College for three years on a football scholarship and was drafted into the U.S. Army in 1954. He activated and served at a NIKE surface to air missile site from 1954 to 1956.

He married his childhood sweetheart, Dorothy Ann Ikerd, of Nauvoo in 1958 and they had three sons, Benton, Brett (deceased), and Barron. He is also survived by two granddaughters, Brittany and Kaylan Aleshire.

After his military service, he attended Fresno State College earning degrees in electrical engineering and mathematics. He attended graduate school at UCLA, earning a Masters degree in digital processes and control systems, and a PhD at the United States International University in leadership and human behavior. He was a private pilot and outdoorsman with hobbies of hunting, fishing,

golfing and other outdoor activities. He owned and operated a grain farm in Illinois.

Dr. Aleshire was a retired aerospace executive after 33 years with the General Dynamics Corporation. He began his career as a flight test engineer for the Atlas Missile that launched Alan Sheppard and John Glenn into orbit. Following that, he held a number of research, development and senior management positions. He conducted various studies for the Department of Defense, Air Force Scientific Advisory Board, Naval Research Advisory Committee, Air Force Space Systems Division, and the National Academy of Sciences. He published numerous papers on military weapon systems and space vehicles. He was awarded a Navy Commendation for his contributions to anti-submarine warfare. In 1972, Dr. Aleshire was one of three original developers of the unmanned Tomahawk Cruise Missile that is now being used by the military. It was a forerunner to current unmanned drone systems.

Dr. Aleshire's civic duties included: President of the Escondido Union School District Board of Education; President of the Boys &



Girls Club; Board of Directors for the March of Dimes; Vice Chairman of the Palomar Council of the Boy Scouts of America; President of the Association of Resident Owners; Founding member of a Community Foundation; Director of the Valley Center Municipal Water District; Director of the Association of California Water Agencies; Director of the ACWA-Joint Powers Insurance Authority; and Director of the ACWA-Health Benefits Authority. He continued in some public service capacity from 1970 until the time of his death.

To access obituary online or for further information please visit www.cafuneral.com
HCJP 2/2/22

PLA Youth Symphony’s inaugural symphony Feb. 18 at Arts Center

Pacific Lyric Association (PLA) has announced the inaugural concert of its Youth Symphony on Friday, February 18 at 8 p.m., at the California Center for the Arts, Escondido. The program includes P. Tchaikovsky’s Overture Romeo and Juliet, and N. Rimsky-Korsakov’s Scheherazade.

This ensemble welcomes graduate and post-graduate level college players ages 18 to 32. Each student receives a small stipend. Led by PLA’s Artistic Director Alexandra Keegan, this orchestra brings young musicians from all Southern California together and prepares them for careers in major symphonies. Twelve experienced professional musicians, who are the PLAYS mentors, will be rehearsing and performing side-by-side with our students.

“This Youth Symphony is a wonderful addition to our opera company,” said Alexandra Keegan, the artistic director and conductor of PLA. “It will provide young players with professional experience, much needed financial support, and new connections. Escondido audiences will have a chance to enjoy the ‘Scheherazade,’ a unique masterpiece by N. Rimski-Korsakov, that was never

performed in Escondido before.”

Mayor Paul McNamara told The Times-Advocate, “What a great addition to our city! One always wonders if their community has a future star in some area. But you’ll never know if they don’t have the opportunity to develop. PLA’s initiative will help us discover and train those future stars. I can’t wait for February 18th.”

The artistic mission of the Pacific Lyric Association Youth Orchestra (PLAYS) is to present classical music in its original and traditional form, yet deliver it in an innovative manner that is appealing and entertaining to newcomers and young audiences. The concert admission for students under 16 and PLA donors (sponsorship levels start at \$50) is free. Reservation are required. Email Justin Gray at justin.pacificlyric@gmail.com if you have any questions.

Additional information about PLA’s Youth Symphony and sponsorship opportunities can be found at www.pacificlyricassociation.org.

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