



Linda Collins with Darius

Here's to the Holidays!

By E.M. Trivoli / Resident

The Hidden Meadows Women's Social Group celebrated the Holiday Season December 7th with a packed-house gathering at the beautiful home of Karla Fernandez. Karla has often hosted the December Social; taking a break last year during peak COVID-time.

Although it was already dark - and too late to enjoy the views from Rimrock - the home's inside was a feast for the eyes. A winter wonderland of Christmas décor... a lot of which was collected by Karla on her international travels.

On arrival, we were greeted by a talented harpist named Darius (Lynn Wheeler said he lives and works at the horse rescue). Many thanks to Lynn for lining him up, Connie for promoting him, and Danielle-- for scooting around collecting Venmo tips! (I believe that Darius is available for hire... get in touch!)

Also greeting us at the door, a table full of nametags. I'm a big fan of nametags. Sure, many people know each other ... but nametags help us A: remember people's names, and 2: meet new people as well!

Karla's home seems to stretch for miles... a long hallway led to the well-appointed bar area where we poured some Holiday Bubbly (Rose Prosecco), Martinelli's, and other libations. I loved that the champagne-style glasses were just that: glass! Very elegant.

When I got there (a tad late because of work), mini-groups had already formed in the Christmasy living room, family room, large kitchen and dining area. One thing what I love about this group is that there are no "cliques"... anyone is welcome to say hello and join in the conversation.

I noticed a few familiar faces from the "newbie mixer"-- just last month! For them, and others, this was the FIRST social event they had been to; and I applaud them for getting involved. (keep it up!)

Of course a festive celebration includes food and we were sure well fed! Our host provided sliced Turkey and Tri-Tip; guests brought appetizers, sides and a seemingly never ending selection of desserts. I loved the potato-cheese creation (... gone when I went back for seconds...). There were beets, sweet potatoes, green beans and more.

Around the corner in the dining room I spotted cheesecake, pumpkin pie bites (yum), large Italian style cookie trays.. and so many other things.

(I chatted with the guest who'd brought the cookie tray.. she was going to make MORE for an upcoming wedding! That's what I call ambition.)

As dinner wrapped up, it was time for games! Shannon was the lucky winner of the Golden Ticket (turned in for a prize) and then everyone had fun trying to guess how many Santas, Fairy Santas (they have beards AND wings... who knew?), and Holy Family groups, surrounded us. The decorations were truly enchanting. Next year, I'll know to start counting

COVID-19 isolation guidance shortened from 10 to 5 days

By JOSÉ A. ÁLVAREZ,
County of San Diego

Most San Diegans who test positive for COVID-19 only have to isolate for five days, the County Health and Human Services Agency announced this week.

The County is now following the new guidance from the Centers for Disease Control and Prevention which decreased the isolation period from 10 to five days for most people with no symptoms but who test positive for COVID-19. The California Department of Public Health also aligns with this guidance.

In addition to isolating for five days, COVID-19 patients with no symptoms must wear a mask for an additional five days when around other people. Health care personnel may have different criteria.

"The County is following the CDC guidance because science shows the majority of SARS-CoV-2 transmission occurs early in the course of illness, typically 1-2 days prior to developing symptoms and the 2-3 days after," said Wilma J. Wooten, M.D., M.P.H., County public health officer. "People with no symptoms can leave isolation after that, provided they wear an appropriate mask to decrease the risk to others."

Below are additional changes made by the CDC:

The quarantine period for people exposed to COVID-19 is now 5 days followed by strict mask use for an additional 5 days for people who are unvaccinated or fully vaccinated but have not received their booster shot.

If a 5-day quarantine is not feasible, exposed people must wear a well-fitting mask at all times when around others for 10 days after exposure.

People who have gotten their booster shot do not need to quarantine following an exposure but should wear a mask for 10 days after the exposure.

People who are exposed to COVID-19 should get tested at day 5 after exposure.

Do not go to a hospital for COVID-19 testing.

If symptoms develop, people should immediately isolate until a negative test confirms it's not COVID-19.

Get CA Notify to receive alerts if you were in close contact with someone who tests positive for COVID-19.

"The new guidance also works to slow the spread of the Omicron variant, which has led to a significant increase in cases nationally and in San Diego County," Wooten said.

The County is updating its web pages, communication materials and health orders, as well as communication to medical providers and sector partners.

COVID-19 Testing and Vaccinations

The County has reported a considerable increase in COVID-19 cases in recent days, with daily case counts reaching over 2,300 cases four out of the past six days, including 2,367 cases which will be reported later today.

County health officials are urging San Diegans to take every precaution necessary to slow the spread of COVID-19 during the winter months.

In addition to the County testing sites, many neighborhood pharmacies offer same-day testing. The overall testing system has the capacity to meet demand. However, as with every holiday, testing traffic can surge and sites can be very busy. Rapid antigen tests, which are available at many local pharmacies, are a good option if a testing site is unavailable.

Also, the region now has plenty of COVID-19 vaccines and booster doses, which remain the best long-term protection against COVID-19 hospitalizations and deaths.

There are more than 400 vaccination sites that include pharmacies, medical providers, clinics and County locations; the region has the capacity to meet demand. You can also make an appointment or find a site near you by calling (833) 422-4255 or visiting the MyTurn or coronavirus-sd.com websites.

Grand Avenue Vision Project to being in January

Grand Avenue businesses between Maple and Kalmia have been informed by the City of Escondido that work on the Grand Avenue Vision Project will begin around January 10.

Sylvia Atwan, Management Analyst/ Economic Development sent out a letter this week informing the Grand Avenue merchants that "Businesses on Grand Avenue from Maple Street to Kalmia Street are required to remove their outdoor setup areas (e.g., furniture, tents, stands, and signage) by January 6, 2022." She added, "K-rails (concrete barriers) in those blocks will be removed after January 6, 2022. Construction will start just a few days after that, likely on the 10th."

Although only the block between Maple and Broadway will have the sidewalk widening, the new lampposts will be installed between Maple and Kalmia. The city has a dedicated project page on the city's website:

<https://www.escondido.org/grand-avenue-vision-project> and a website with a sign-up form for those who want to receive weekly updates:

<https://lp.constantcontactpages.com/su/rtgqFiX/grandaveproject>

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The Brass Roots Trio will play at the California Center for the Arts, Escondido

HVCCA to bring Brass Roots Trio to CCAE

The Brass Roots Trio—an extraordinary trio (French, trumpet, and piano) that produces symphonic sounds will be in concert Sunday, January 9, 2022 at 2 p.m. in the Center Theater at the California Center for the Arts, Escondido.

According to Dennis Tomlinson, president of the Hidden Valley Community Concert Association, the Trio, “performs everything from Baroque majesty to Brubeck to Copland, Gershwin and standards into a heart-warming program that will stir your emotions.”

The Trio performs concerts all over the United States, Canada, and England. One of the comments that have greeted their performances: “A superb trio...three standing

ovations” (Reuben Ellis, Times-West Virginian).

This is the second concert of the 75th Anniversary of the Hidden Valley Community Concert Association (HVCCA) that has presented over 300 concerts since 1945. Learn more about HVCCA at www.hidden-valleyCCAescondido.info.

Tickets can be obtained at www.artcenter.org or by calling the CCAE box office at (800) 988-4253. Adults: \$40.00—Seniors \$20.00—Veterans and Military \$17.00—Students \$10.00—Children \$5.00 . All attendees must be fully vaccinated, or have a negative COVID-19 test (72-hour) and wear masks due to current California law.

EAA to have January open show: call for artists

The Escondido Art Association has announced their open show for January, 2022, at the Artists Gallery, 121 W. Grand Ave., Escondido. The theme for the show is “It’s a New Day” and will be open to EAA members and non-members alike.

Entry fees will apply: Members \$20, 1st entry, \$5 each 2nd & 3rd; Non-members \$30 1st entry, \$10 each 2nd & 3rd.

Take-in of art will be on Saturday, January 8, 2022, from 11 a.m. – 4 p.m.

“It’s a New Day” will run through Friday, February 4, 2022. All artwork must be picked

up by Saturday, February 5 between 11 a.m. – 4 p.m.

January 15 the Artists Gallery will host a free reception open to the public from 4 p.m. until 6:30 p.m.

The EAA is an all-volunteer non-profit 501(c)3 organization whose mission is to promote the arts in North County San Diego. New members are welcome and may visit the association’s website www.escondidoartassociation.com, email them at eaa121grand@gmail.com, or call the Artists Gallery 442-317-0980, for more information.

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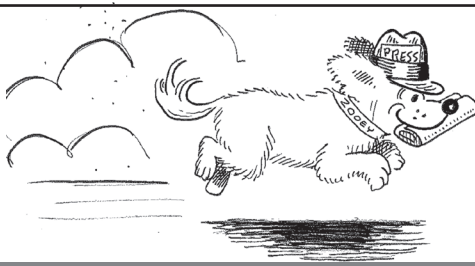
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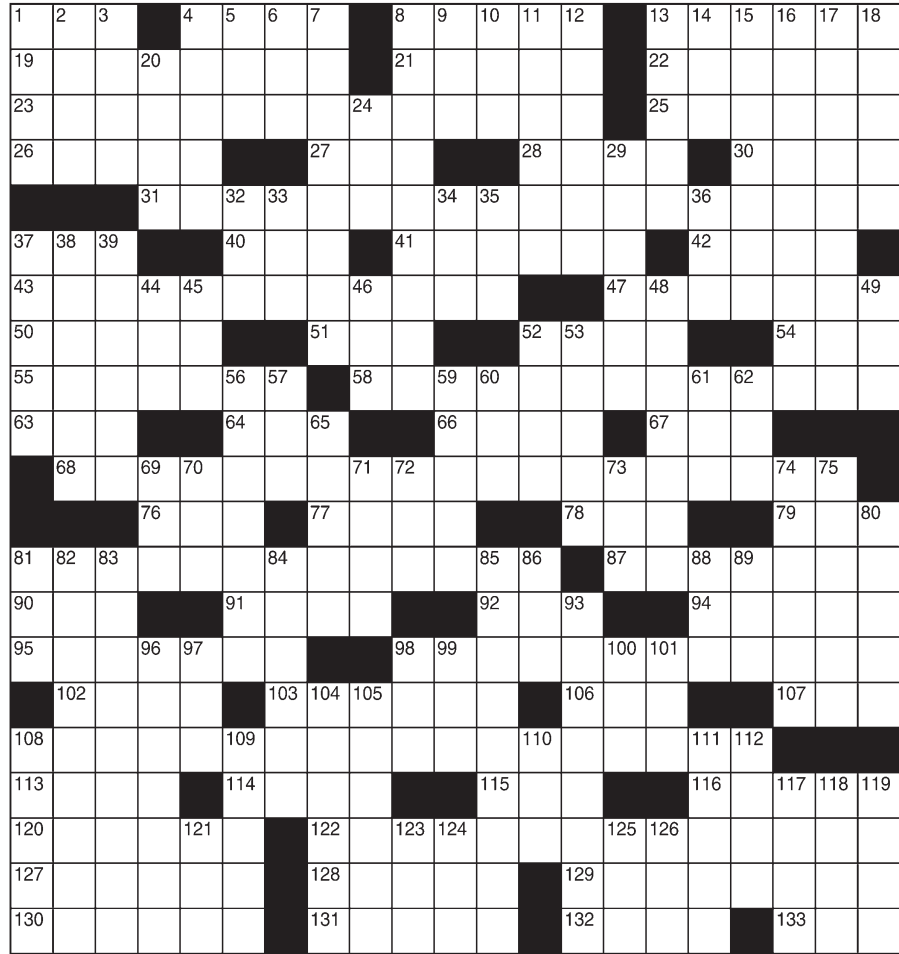
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- ACROSS**
- 1 Divine one
 - 4 Chew on
 - 8 Part of UPI
 - 13 "Yeah, and?"
 - 19 Gilbert and Sullivan work
 - 21 Try to swat
 - 22 Operate a 767, say
 - 23 Tool with a large bony projection?
 - 25 "La Isla —" (1987 Madonna hit)
 - 26 Freshwater polyp
 - 27 Clucking bird
 - 28 Eye, in Versailles
 - 30 Mined rocks
 - 31 On a tool's upper surface?
 - 37 Oomph
 - 40 Roadside assistance gp.
 - 41 Odd one out
 - 42 Bazaar sight
 - 43 Tool given as a peace offering?
 - 47 Czarina, e.g.
 - 50 Glittery rock
 - 51 — Jacinto
 - 52 Jamie of old sitcomdom
 - 54 Sutcliffe or Erwin
 - 55 Trade sanction
 - 58 Hit a cartoon dad with a tool?
 - 63 Trendy resort
 - 64 State south of B.C.
 - 66 Ending for million
 - 67 Alert at sea
 - 68 Add-on accessory for a tool?
 - 76 "The Big Read" org.
 - 77 Ham's father
 - 78 Mode or king preceder
 - 79 Remind over and over
 - 81 Male bovine using a tool?
 - 87 Hurriedly
 - 90 "Be there — sec"
 - 91 Glen
 - 92 Owns
 - 94 Speak to the masses
 - 95 Get a steal at a store
 - 98 Use a tool on some Heinz products?
 - 102 Disintegrate, as cells
 - 103 Sees in the distance
 - 106 "— out!" (ump's call)
 - 107 Before
 - 108 Priciest tool?
 - 113 "Permit Me Voyage" writer James
 - 114 "Mike & Mike" aier
 - 115 Taoism's — -tzu
 - 116 Crude-carrying ship
 - 120 Venetian island
 - 122 Statement upon locating someone's lost tool in the dark?
 - 127 Expose by being a fink
 - 128 "It's —!" (quitter's cry)
 - 129 Getting set to propose
 - 130 Gauge
 - 131 Did it wrong
 - 132 Cries noisily
 - 133 Thing, in legalese
 - 1 Artist Vincent van —
 - 2 Grand Ole —
 - 3 Skillful feat
 - 4 Gain access to
 - 5 Final degree
 - 6 From — Z
 - 7 Missile parts
 - 8 Observable occurrences
 - 9 Divest (of)
 - 10 JFK posting
 - 11 Remove, as a branch
 - 12 Canonized fifth-cen. pope
 - 13 Weasel's kin
 - 14 — -lacto-vegetarian
 - 15 Gain the support of
 - 16 Quality of a yeti or a yak
 - 17 Certifies
 - 18 Bedevil
 - 20 — avis (wonder)
 - 24 With 110-Down, post-tax revenue
 - 29 Buries
 - 32 — chi ch'uan
 - 33 Solo in films
 - 34 Followers of omicrons
 - 35 Pre-CIA gp.
 - 36 "The Racer's Edge"
 - 37 Printing units
 - 38 Free from obligation
 - 39 Big cheese
 - 44 Rx overseer
 - 45 Plop lead-in to
 - 46 Informal turndown
 - 48 X-ray alternative
 - 49 Earth lighter
 - 52 Flowerless office plant
 - 53 Match milieu
 - 56 Yankees manager Joe
 - 57 Lofty verse
 - 59 Quite manly
 - 60 My, in Milan
 - 61 Pithy saying
 - 62 Follower of chi
 - 65 Void legally
 - 69 Call a halt to
 - 70 Barely visible
 - 71 Tune penner Porter
 - 72 TV's Linden
 - 73 71-Down, collegiately
 - 74 Cut-rate
 - 75 Talk nonstop
 - 80 Ducks' kin
 - 81 Bro's counterpart
 - 82 Comparable things
 - 83 Members of an elite U.S. force
 - 84 Rolls with holes
 - 85 Shaped with a certain cutting tool
 - 86 Penn of "Epic Movie"
 - 88 Ad —
 - 89 Boat built by 77-Across
 - 93 Knowing glances
 - 96 Parsons of "Roseanne"
 - 97 96-Down's "Roseanne" role
 - 98 Fish by letting the bait bob
 - 99 Clergyman's subj.
 - 100 JFK Library architect
 - 101 Deep anger
 - 104 Lying face-up
 - 105 Try to separate out, as gold
 - 108 One of the von Trapp daughters
 - 109 Time on end
 - 110 See 24-Down
 - 111 Riatas, e.g.
 - 112 Many a sunlit ledge
 - 117 Lion's den
 - 118 Suffix akin to -trix
 - 119 Partner of rules, briefly
 - 121 Lean- — (sheds)
 - 123 Locale of Sp.
 - 124 U-turn from WNW
 - 125 Game akin to crazy eights
 - 126 Civil War southerner



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Wrapping up 2021

By MARIE WALDRON,
75th Assembly District

During 2021, 2,776 bills were introduced in Sacramento, despite a suggested 12-bill limit for each assembly-member. The legislation we reviewed involved some of the most consequential issues facing California.

Hot topics this year ranged from health care affordability, homelessness and housing, to the environment, the economy, criminal justice and much more. Since most bills fail to pass, the most significant results often involve failed legislation, and this year was no different. Bills to legalize psychedelic drugs, to allow criminal offenders to have their records expunged, to overhaul the bail system, to establish a single-payer health care system, all failed.

Housing-related legislation, which created a great deal of controversy, was aimed at easing the housing shortage by eliminating single-family zoning in many areas. Duplexes will be allowed in some areas, with up to four units on lots previously zoned single-family. Near transit zones, up to 10 units will be allowed on some single-family lots.

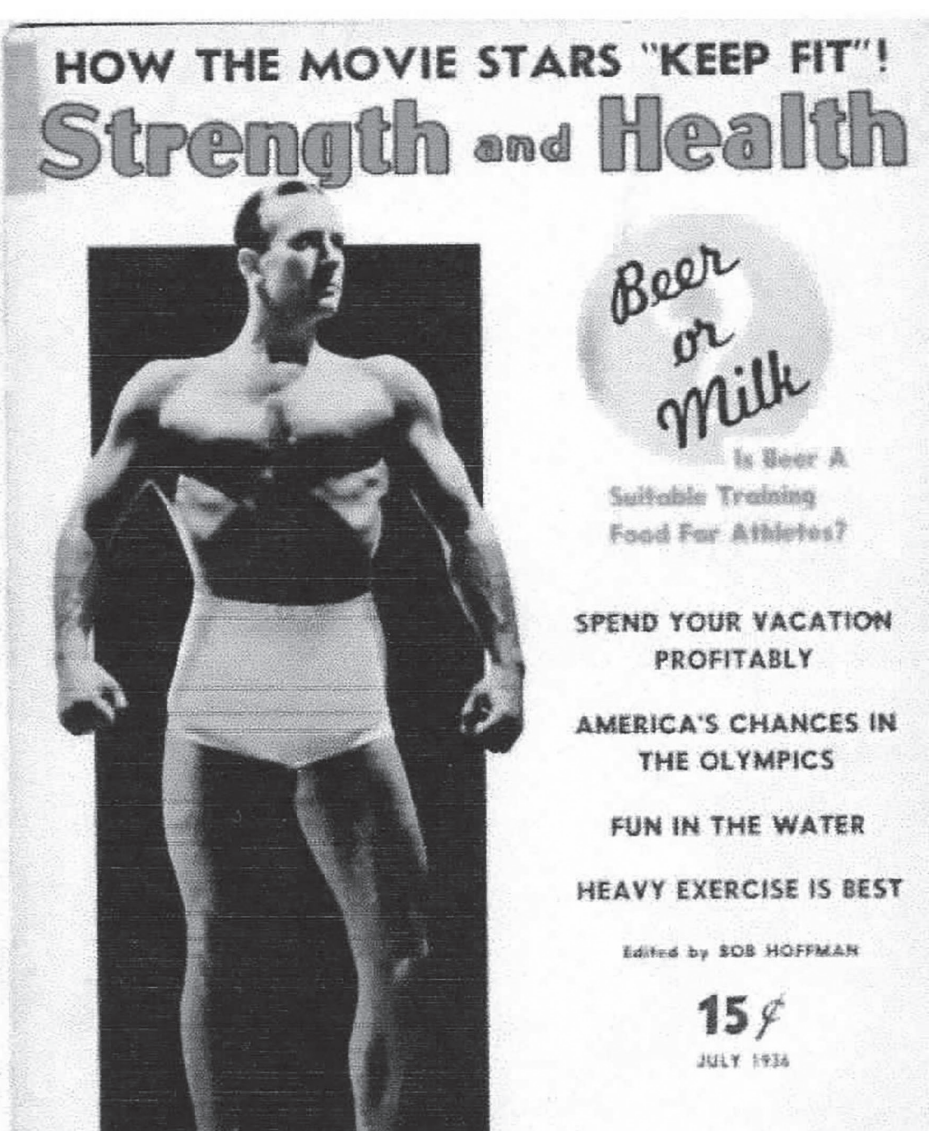


The largest budget in history passed in June, a record \$232.6 billion. That included \$4 billion for small businesses to help them recover from the pandemic, \$7 billion in subsidies to help people who couldn't pay their rent or utility bills, along with \$600 stimulus payments for most residents who lost jobs and income as a direct result of the pandemic. A huge \$31 billion surplus is projected next year.

The state has spent \$13 billion on homelessness since 2018, yet our homeless population has increased 24%. The budget for 2021-22 allotted another \$12 billion over the next three years to address the problem, including \$2.75 billion to buy hotels, motels and commercial buildings to reduce the growing homeless population.

Much is unresolved, and problems persist despite vast amounts of spending. When we reconvene in January, we'll be taking another close look at many of these monumental issues.

Assembly Republican Leader Marie Waldron, R-Escondido, represents the 75th Assembly District in the California Legislature, which includes the communities of Bonsall, Escondido, Fallbrook, Hidden Meadows, Pala, Palomar Mountain, Pauma Valley, Rainbow, San Marcos, Temecula, Valley Center and Vista.



Health guru to the stars

By ROBERT LERNER, Historian
Valley Center History Museum

When visitors and neighbors entered the Valley Center home of Donald Loomis they were immediately struck by multiple autographed photos of the man posing with some of the country's most prominent notables and Hollywood's most famous movie stars.

A physical therapist and chiropractor by profession, Loomis was the Health Director at MGM studios where he regularly looked after the fitness needs of Judy Garland, Clark Gable, Shirley Temple — in fact, every actor under contract to the studio.

In a 1990 interview on file at the Valley Center Historical Society, a colleague stated, "If they were too heavy for a movie role, he slimmed them down. If they were thin, he put on needed weight. He built up muscles for the he-man types and glamorized the figures of the ladies of the silver screen."

A report at the Valley Center History Museum, shows that before his job at MGM, Loomis treated the likes of Secretary of the Navy Frank Knox and First Lady Eleanor Roosevelt. One

client, a clothing designer, contacted at cousin at the movie studio suggesting he be hired.

Loomis's career in bodybuilding and fitness earned him a cover story in Strength and Health magazine.

His work in physical therapy continued after moving to Valley Center where he lived at Skyline Ranch mobile home park on Paradise Mountain Road. He developed a correspondence course called "Be as fit as the stars of the screen" in which, after determining the physical condition of those who wrote to him, he set up exercise and diet programs to meet their individual needs.

At the time of the 1990 interview, conducted in Valley Center, Loomis was 80 years old and had been practicing for 60 years. Efforts to determine more about his life after that date were not successful.

For more information, visit the Valley Center History Museum at 29200 Cole Grade Rd. The museum is open Wednesdays and Fridays from noon to 4 p.m. Information is also available by contacting the museum by e-mail at museum@vchistory.org by calling 760-749-2993.

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Send drafts to Patricia Fox at: LocalEditor@HiddenMeadows.news

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Linda Collins the Seller's Faire chair in front of the Ash City Ramblers band



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December Seller's Faire

By Michelle Zipse / Resident

The Last Seller's Faire for the year was on Sunday December 5. We were full with vendors and everyone had a great time shopping for the holidays. The Ash Street Ramblers played a country music medley while the shoppers found their treasures. Lisa Nunez headed up the bake sale and many people volunteered and dropped off baked yummys. Crysta Garcia from Scentsy had a booth that way filled with yummy smells. Just Esperanza Shhadeh had a booth full of Essential wellness products with essential oils and other products to focus the senses and promote a healthy lifestyle. There were Christmas crafts and jewelry and homemade aprons. So many wonderful gifts for the savvy gift shopper. Stay tuned for more information on upcoming Seller's Faire for 2022 and have a happy holiday everyone!



Mountain Meadow Equine Rescue and their horse Tucker
Left to right: Doug Stoodt founder/owner, Darius Remmell, Connie Brumley and Lynn Wheeler



Lisa Nunez at the bake sale



Crysta Garcia at Scentsy



Hidden Meadows Women's Social Group – the Holiday Edition!



Vicky and Jody



Social Group members enjoying appetizers



Shannon Akelier, Lynn Wheeler, Michelle Zipse



Darius, the Harpist, with Connie Brumley and Karla Fernandez

SOCIAL / From Page 1

when I get there.

Since it was December 7th, there was a moment of remembrance for those lost in the attack on Pearl Harbor; and a reminder to never forget those who've fought or perished so that we may enjoy the freedoms that we do. Me personally... it's a different freedom, but I'm grateful that we can have these wonderful gatherings again.

As we stood around chatting, we realized that many of us have December birthdays, so here's a Happy Birthday Shout Out to... Michelle Zipse (15th), EV Trivoli (22nd), and Connie Brumley (30th). With apologies to anyone we've overlooked, Happy Birthday!

It's my belief that a successful event should have an entrance and an exit. On my way out I noticed that the host-

ess had changed the nametag table into a goodies table! Guests picked up little holiday-themed doo dahs as a memento of the evening.

At the end of the evening, we all trickled out of the cozy, warm home and back into the darkness. I felt a sense of peace, well-being and gratefulness that we could be together for a wonderful evening.

The twinkling Christmas lights from nearby homes and the stars overhead in a clear, uncluttered North County sky only added to that sense.. and it was just right.

Karla, you are TRULY the hostess with the mostest.

Happy Holidays to Everyone –
For more information on the Hidden Meadows Women's Social Group, email: hmwsg92026@gmail.com.



L-R Tony Ong, Sam Dailey, Tim Daugherty, and Matthew Grgas.

COME OUT AND PLAY TENNIS

By Katy Freese / Resident

How are those New Year's resolutions going? Are you still munching on leftover cookies? Have the recent rains kept you from going outside? Are you looking for a fun way to keep moving, exercise and enjoy the company of others outside?

Hidden Meadows has an enthusiastic group of tennis players, but there is room for more players at all levels. You can sign up for those

days and times you are available to play tennis on a website. Once a week the computer will schedule you to play at those times when there are enough other players to make a doubles match.

Contact Katy Freese via text at: 760-803-5969 or email at: clark-freese@gmail.com. She will get you signed up and you can start playing with a great group of people of all ages and skill levels.

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Presented by *Hidden Valley Obedience Club* with *High on Kennels*

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<http://www.hvoc.org/snakeclinic.php>

Time slots fill quickly so don't wait!

Snakes will be coming out as the weather warms up. Register your dogs today to guarantee your spot in March!



*Registration required! If you have questions call (760) 297-1164



Pictured left to right, in the back: James Gause, Sean and Ashley Ram, Jeff and Vickey Ciarlanti, Rob Rodriguez, Dani Walther, Brian And Lynley Thinnies, Awara and Dave Van Sumer, Shelley and Dave Bauer, Clayton Bruner, Greg Baldyga and Val Fields, Barb and Dave Zimmerman, Cherie Rogers and Harlan Gruenstern. Seated in the front left to right the December birthday babies: Annette Gause, Michelle Zipse, Tom Fragala, and Mark Rogers

December Birthdays, busy times but not Forgotten

By Michelle Zipse / Resident

December birthdays are a challenge. I know, I’m one of them.

Growing up we all heard the oh-so-familiar statement, "I got you one big gift this year.. it’s for your birthday AND Christmas." One of my friends and our neighbor, Ev Trivoli (also a December birthday) sent me a funny essay she wrote on how potential parents of “child-bearing age” should hold off on all... uh... “personal interactions” for the whole month of March – to ensure no December babies. (Sometime for a laugh, maybe we should print her essay in our local paper! In the meantime, feel free to reach out to emtrivoli@gmail.com to see it.)

Let’s face it, December is a busy month. Everyone is busy at work preparing for the end of the year/ budget/ deadlines. Everyone is busy at home preparing for the Christmas, Hannukah and Kwanzaa. The list goes on. Kids have obligations, too! Parties and events related to school, sports, and friends. This just adds to the calendar! There may even be personal angst as the year speeds to a close and perhaps there's that laundry list of resolutions or goals we haven't completed yet.

The reality is: December is a time that we can't take on one more thing and someone's birthday can easily be ...forgotten.

That didn't happen this year! Many thanks go out to the friends and neighbors of Hidden Meadows who took time out of their busy schedules to make a special celebration for their friends who have December birthdays. First and foremost on that list is Vickey Ciarlanti. Vickey is a wonder and has done so many things to help her neighborhood and community. She took the bull by the horns and came up with a location, theme, cakes, decorations, etc. All the things that go into a great

celebration...she pulled them together. And we had some big birthdays this year!

So here comes the shout out for the December birthday crowd. Annette Gause, Michelle Zipse, Evelyn Trivoli, Mark Rogers, Connie Brumley and a neighborhood newbie Tom Fragala (whose birthday was actually December 18, the night we celebrated). Check out the pics...they're the best part anyway.

Won't you take some time out from the Holiday Rush? Put aside the Red and Green... the Silver and Blue... the Red, Black and Green for a moment and add some Birthday Sprinkles. Celebrate your December Birthday friends.. they will love you for it!



Cutting the cake left to right: Aaron Madariaga, Vickey Ciarlanti and Dani Walther



Michelle Zipse and Vickey Ciarlanti at the December birthday celebration



Michelle Zipse standing in front of the gift and cupcake tower table.

Super Crossword

Answers

G	O	D		G	N	A	W		P	R	E	S	S		S	O	W	H	A	T
O	P	E	R	E	T	T	A		H	I	T	A	T		A	V	I	A	T	E
G	R	E	A	T	H	O	R	N	E	D	A	W	L		B	O	N	I	T	A
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A	X	O	F	K	I	N	D	N	E	S	S			E	M	P	R	E	S	S
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I	N	A			D	A	L	E			H	A	S			O	R	A	T	E
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A	G	E	E		E	S	P	N			L	A	O			O	I	L	E	R
R	I	A	L	T	O		I	F	E	E	L	Y	O	U	R	P	L	A	N	E
T	E	L	L	O	N		N	O	U	S	E		K	N	E	E	L	I	N	G
A	S	S	E	S	S		E	R	R	E	D		S	O	B	S		R	E	S

Hidden Meadows Community Resources

Community Emergency Response Team (CERT)

Contact Marc Weissman at 760-525-5170 or marcweissman11@gmail.com.

Community Sponsor Group

Contact Chairman Jim Chagala, at 760 751-2691 for more information.

Hidden Meadows Neighborhood Watch

Please join our facebook group: Hidden Meadows Neighborhood Watch. We'll share neighborhood information, safety tips, and news of future events.

Contact Info: Erik Tyler 442-235-9060 erikdtyler@gmail.com

Deer Springs Fire Safe Council

Contact Steve Kerrin at 760-807-1141.

Emergency Communication System

To register, visit www.deerspringsfiresafecouncil.com.

An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the "Fire Danger Signs" during red flag warnings.

Homeowners Associations

The Meadows Homes Association (MHA)	760-749-7278
Rimrock Homeowners Association	760-749-4008
Hidden Meadows Ranch Homeowners Association	760-407-7575
Silverado Management Services	
Oak Meadows Glen Homeowners Association	760-749-4796

Organizations

Garden Club

Contact Karen Henderson: 760-749-3164 (text messages preferred) or karenh.home@gmail.com

Hidden Meadows Bridge Group

We play bridge at the MHA Pavilion every Wednesday from 10:00AM to 2:00PM. Please call Curt Bruce at 442-222-0821 if you'd like to join us.

Hidden Meadows Community Foundation (HMCFF)

Contact Sarah Sealey at sarah@bretandsarah.com

Ladies Bible Study

Contact Debbie Hamer at 760-297-1278 or Stephanie Swadell, 619-993-4631.

Tennis Club

Contact Katy Freeze at 760-749-9722 or clarkfreese@gmail.com.

Women's Golf Club

No current contact information

Women's Social Group

email to hmwsg92026@gmail.com.

Yoga

Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net for more information.

BOOK REVIEW - By Lynn Clark

I decided to give you a short review of several books by best selling authors I read over the holiday season. This will give you some idea of what is out there for your reading enjoyment.

“Mercy” - David Baldacci

I was really looking forward to reading the last installment of “The Long Road to Mercy” series. Unfortunately, I had a preconceived idea on how the 4th book in the series should end, and that was probably a mistake. It took almost half of the book for the sisters to establish contact with each other. Once that happened the book took off in a direction that I didn’t foresee. Because of the way Baldacci had set up the first books in the series, I expected some type of interaction in the plot where the whole family was involved and that didn’t happen. So I was a little disappointed in the story.

“The Midnight Library” - by Matt Haig

This book was a fantasy based on the possibility that when a person’s life ends they enter a “library” between life and death. While there they can become part of a parallel universe by choosing a book which tells of a path that they had at one time followed but left, and if that was a mistake that resulted in regrets.

The main character is Nora Seed, and she has decided to end her life because even though she had at one time enormous capabilities in several fields to succeed, she had failed to follow through in all aspects of her life. Entering the library has given her a second chance to look at her past.

There was interesting ending that the author wrote that you may or may not like, but he used it to impart his philosophy about life and living.

“Better off Dead” - by Lee Child/Andrew Child

The Child bothers teamed up for another Jack Reacher book. In the first chapter Jack is hitch hiking in the desert on his way to the Pacific Ocean, and runs into a wrecked vehicle with a woman slumped over the steering wheel. When he approaches to investigate she sits up and pulls a gun, and so the story begins.

She is an FBI agent looking for her brother who has sent her an SOS message that he is in trouble. The agent has a prosthetic leg which doesn’t make any difference in her agility when she raises her gun, and takes aim at Reacher. Of course he helps her find her brother...what else does he have to do. Lots of action in this book and better than the last one written by the brothers.

“The Dark Hours” - by Michael Connelly

This book was pretty contemporary in that it touched on the pandemic, the low morale in police departments, and even briefly the riot in Washington.

Renee Ballard is investigating a murder of an ex gang member that might possibly be connected with a cold case where Harry Bosch can help her with needed information. She is also involved in a case with a not so dedicated police officer in the sex crime division that wants her to cover for her while she takes a short vacation with her boyfriend. Even though she is making progress in both cases, she seems to be running into department bureaucracy that she feels is holding her back from solving the crimes.

The deeper she gets into the investigations the more she turns to Bosch when things get complicated.

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Mountain Meadow Equine Rescue Volunteers

Mountain Meadow Equine

By Michelle Zipse / Resident

Every great organization is created by their people and in the case of Mountain Meadow Equine Rehab and Rescue, the great people who make the magic happen are volunteers. These men and women volunteer their time to rescue and rehabilitate horses. Doug Stoodt, a retired attorney, donates his home and resources to this great cause.

They have about 15 horses on the property. These horses come from relinquishments, retired racing thoroughbreds etc. It takes a lot of love to rehabilitate one of these animals and these people put their heart and soul into their volunteer work. Thanks for all you do in our neighborhood. We hope you had a great holiday party!

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Katy Freese hanging out on the courts. Happy Birthday!

Katy Freese Celebrates her Birthday with the Tennis Club

By Michelle Zipse / Resident

Katy Freese is the backbone of the Hidden Meadows Tennis Club. She's the primary contact and organizes the weekly games. This is a big labor of love for her friends and neighbors and fellow tennis enthusiasts.

Katy also celebrates a December birthday. I'm glad to see the club converged on the courts to help her celebrate on Saturday December 11th. They had pizza and other fun things to eat and lots of time among friends.

Current tennis players range from 25 to 90 years young. Some matches are organized according to ability, but most are just fun matches where everyone can play. If you play tennis and want to dust off that old racket and have some fun, contact Katy and she will introduce you to the group and get you set up to play.

Contact Katy Freese at 760-803-5969 or email at clarkfreese@gmail.com You'll be glad you did and make sure to wish Katy a happy belated birthday and a thank you for all she does for the club!

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Tips to Prevent Your Vehicle from Being Stolen

By JOHN BALOGH, Crime Prevention Specialist
San Diego County Sheriff’s Department

Every day there are vehicles stolen and recovered across California and San Diego County. The vehicles consist of trucks, cars, motorcycles, off-road/ recreation, and farm equipment. CHP reported that 180,939 vehicles were stolen in 2020 and 10,174 were from San Diego County. According to CHP, 89% of the vehicles stolen, were recovered.

Some of the vehicles are stolen by professional thieves who may be part of an organized crime group. These thieves are given specific requests for a vehicle that someone wants, such as, make, model, year, color, and trim features. Most of the vehicles end up being shipped out of the state and country. Other times the vehicles end up in a “Chop Shop” where the vehicles are dismantled for parts to be sold off.

The remaining vehicles stolen are by people with various motives. Some are looking for an easy and free transportation tool, the thrill of taking a car “joy ride,” dared to do it by peers, quick cash, or a crime of opportunity. These thieves are usually not looking for a particular vehicle per se, but more of an opportunity to try to make money or get transportation somewhere. There are top targeted vehicles that are stolen, and your local law enforcement agency or insurance company can give you a list.



Sheriff’s Department Crime Specialist John Balogh

Here are some strategies to reduce your chances of being a stolen vehicle victim:

- Keep your vehicle locked, even when you are driving.
- When parked, never leave your keys/ fob in the vehicle, and keep windows and sunroofs closed.
- Park in a well-lit area when possible, thieves like the dark.
- On an incline, park with your tires turned into the curb, it’s harder to tow a vehicle
- Install an anti-theft device. Check it to make sure it works and does what it is supposed to do.
- Install a tracking device or have a service if it is stolen.
- Keep a spare key with you, not “hidden” on the vehicle.
- Pull a spark plug wire, you can hide it in the vehicle or take it with you.
- Install a quick release steering wheel with a locking ring.
- Install a hidden kill switch. If it is not switched on, the vehicle will not start.
- Install a wheel lock “boot” works with most vehicles.
- Having a standard or stick shift will deter a lot of thieves.
- Chain the wheels of motorcycles and trailers, attach to a large item.
Spend the money on the highest quality chain.
- Some companies offer insurance on their products against theft.

Other precautions:

- Don’t leave your registration, title, other information with your address in the vehicle.
Make a copy and put in your wallet or purse that is with you.
Know your license plate number.
- Don’t leave birth certificates or Social Security cards in the vehicle.
- Don’t leave valuables in the vehicle. (wallets, computers, purses, change, sunglasses)
- Have lug nut locks so your wheels are there when you return to the vehicle.
- Park your own car, do you really know/trust the valet?



Simona Giuffrida, Relocation Specialist, CIPS (Certified International Properties Specialist) and VA certified REALTOR®

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It is with a heavy heart that I announce the passing of our beloved colleague and friend, Dave Buckley. An accomplished REALTOR® in our Rancho Bernardo office, Dave had a passion for real estate and helping people.

Dave helped hundreds of clients achieve their home-ownership dreams in various areas of San Diego, but he truly loved the Hidden Meadows community. He always looked forward to adding his “happy face” to the very popular “Dave’s Hidden Meadows Map.”

Dave had been with Berkshire Hathaway HomeServices California Properties for several years when I joined the office in 2014. As a new agent, I appreciated the time Dave took to help me with my training in hosting open houses in Hidden Meadows, where I live. He suggested I use his signs, (which I gladly did because I was so new I didn’t have mine yet) because he knew that Hidden Meadows’ people loved him and I would get more traffic. He was right. Those were very busy and successful open houses.

Dave truly exemplified Berkshire Hathaway HomeServices California Properties’ values of trust, family, and excellence in all aspects of his life. His loss will be felt not only across our company, but also in the greater real estate community and the entire Escondido region.

Like all of you, I will truly miss Dave. Please know that I am here to help and support our community in any way I can.

Simona Giuffrida

