



Nancy Ograd, Diane Luebke, Valerie Spearman, Seadra Kellerman, Cooper Kellerman

## Fall Food Drive: Hidden Meadows you are awesome!

By Nancy Ograd / Resident

The food drive on September 18th was the best ever- thank you so much Hidden Meadows. A fantastic 1517

pounds of nutritious food and over \$1000 in monetary donations were collected in 5 hours. The volunteers had so much fun greeting everyone as they

FOOD DRIVE / See Page 11



From the back: Dannielle Milliken, Michele Zipse, Ev Trivoli, Rochelle W, Middle row: Shannon Antekeier, Lynn Wheeler, Bobbi Helland, Pat Buntin, front row: Linda Collins, Kim Riha (not pictured: Kathy Moore, Susan Wolking, Connie Brumley and Geri Patterson)

## Welcome Committee Mixer for New Residents to Hidden Meadows

COMMITTEE / See Page 3



Bruce from Cielo Vista Macadamia Nuts

## September Seller's Faire

By Michelle Zipse / Resident

The September Seller's Faire was a huge hit. Over 300 people came by to visit the vendors and partake from the bake sale. The Knife Sharpener was here and that will be his last visit for the 2021 season. Look for his return in 2022. Many of the vendors were craft related - so many beautiful and creative options from several vendors. Kandy's Kreations participated for the first time. Kandy was on site with custom greeting cards and unique paper artwork. Stone

Artwork was at the Faire and had renditions of legendary rockers using stone and metal. Featured were artists like David Bowie, etc. The Mountain Meadow Rescue brought their horse, Tucker. Tucker is a one and a half year old Gelding with a calm and sweet personality. Doug Stoodt, the owner and whose home is used as the site for the rescue, has been supporting this noble organization since 2014. Volunteer Darius Remmell was with Tucker during his visit to the Faire and our own Lynn Wheeler is also a volunteer at the Mountain Meadow Equine Rehab and Rescue. Lynn also volunteers at the Seller's Faire and is active in the local community. Thanks for her support of the Rescue and Hidden Meadows. We have so

much going on close to home. The Cielo Vista Macadamia nut farm brought nuts to sell. This Mac nut farm is also in our neighborhood. They have 80 trees and have started to sell retail. They've been selling the nuts wholesale for 15 years. Most people probably don't realize what is necessary to grow Mac nuts. The trees are very drought resistant which makes them a great choice for ornamentals in our area. However, if you want them to bear nuts then you have to water and water a lot. You need to create a circular trench around the tree reaching out to the limit of the branches and water slowly once a week for an hour, allowing the water to pool within the circular

FAIRE / See Page 4



Escondido Creek Conservancy

### UPCOMING Events

Sunday Sellers' Faire  
Sunday, October 24  
9 a.m. – 1 p.m.  
Boulder Oaks Golf Course  
Parking Lot  
10333 Meadow Glen Way East

Trunk or Treat  
Saturday, October 30  
2:30 - 4:00 p.m.  
Pavilion Parking Lot by the Pool  
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COMMITTEE / From Page 1

By Michelle Zipse / Resident

The Welcome Committee welcomes all new residents to a Mixer at the new SideYard Pub on Sunday, November 7 from 4-7 pm. Appetizers will be provided. This event is open to anyone who moved in during the pandemic or just before. So if you moved here in late 2019, 2020 or 2021, come on down.

The Committee members will be delivering welcome packets with personal invites throughout the neighborhood during the month of October. But in case we don't get to everyone, mark your calendars. We will be facilitating social groups again. This is a great way to meet new people and get to know more about where we live. We hope to see you all there.

Valley Center Art Association  
Art Show – Call for Artists

The VCAA announces their annual open Art Show on Nov.19 and 20th at the Valley Center Library at 29200 Cole Grade Rd. in Valley Center. The show is open to adult members and non-members alike. Entry fees will apply: Members \$10-1st entry, \$5.00 each for additional entries; Non-members \$15- 1st entry, \$5 each for each additional entries. High school students are also invited and no entry fees are required. Receiving art on Wednesday, Nov 17 from 4 to 6pm and Thursday ,Nov 18th from 9am to noon at the Valley Center Library. Awards ceremony on Saturday, Nov 20th at 2pm at the VC Library. Additional information on hanging requirements available at valleycenterart@yahoo.com or 760-703-5476.



Sunday, October 17th  
9:00 am to 5:00 pm



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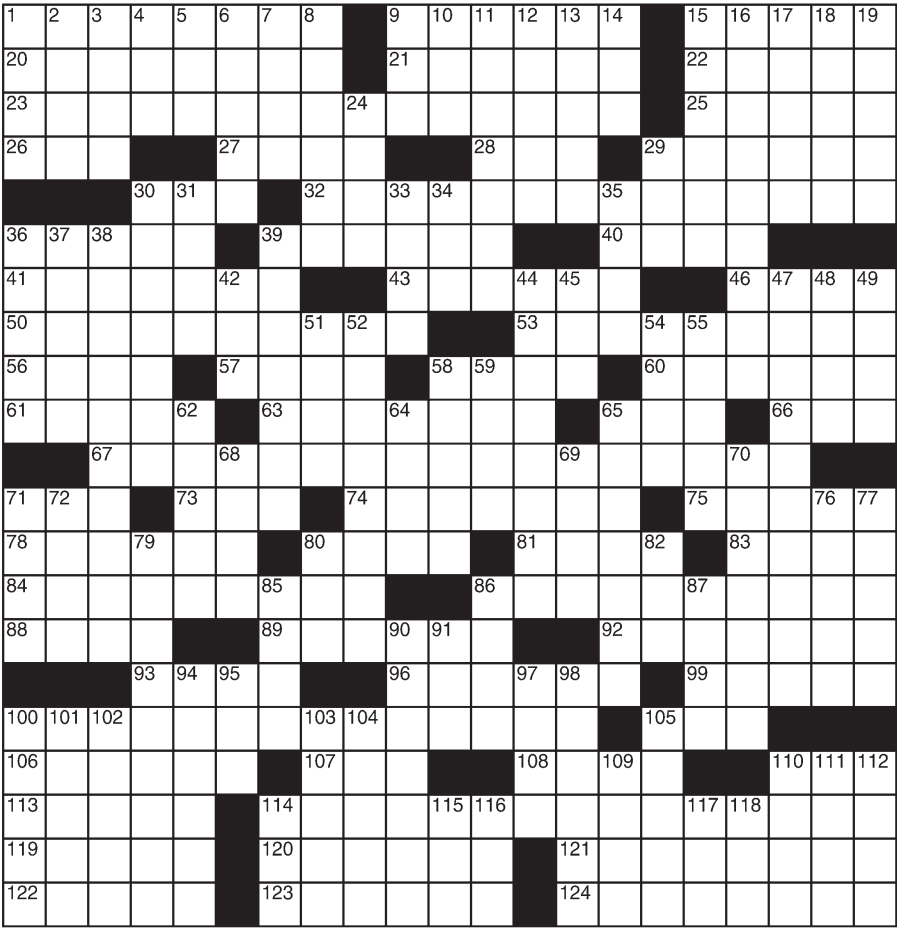
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Super Crossword

AS THE SAVING  
GOES ...

- ACROSS**
- 1 Capital of Bosnia and Herzegovina  
9 Super deals  
15 Stage back-drop  
20 Aired in installments  
21 Martial arts instructor  
22 City near Dallas  
23 Focus applied when covering a surface with concrete?  
25 Styx setting  
26 Ill, to Italians  
27 Jai —  
28 Solo in sci-fi  
29 Hanker for  
30 Prefix for tax or charge  
32 College between two hills?  
36 Suggest  
39 Puts forward as fact  
40 Bakery decorator  
41 Try to be like  
43 "Pinball Wizard" band  
46 Shrek is one  
50 Great review from the wife of George Washington?
- 53 Scandianavian king's lubricant?  
56 Certain iPad  
57 German coin  
58 Harvest yield  
60 Crooner Vic  
61 Tailor, e.g.  
63 Cut, as a 58-Across  
65 Hitter Gehrig  
66 Cause trouble to  
67 Question to an animal doc at an amusement park?  
71 Star, e.g.  
73 "Illmatic" rapper  
74 Drop-leaf table  
75 Chief city of the Ruhr  
78 Butlers  
80 Ruby and scarlet  
81 See 31-Down  
83 Crooner Perry  
84 Caesar's hail to a mariner?  
86 Buck that's toiling away?  
88 Enumeration  
89 Loafer liner  
92 Grand Slam tennis events
- 93 Completely engrossed  
96 President before Bush  
99 — -lance (pit viper variety)  
100 Seamstress who was Adam's mate?  
105 Downed  
106 Italian cry at a dinner table  
107 Canon — (camera line)  
108 Caspian Sea feeder  
110 "Attack, mutt!"  
113 Not as young  
114 Tennis great  
119 Pixar figures  
120 "In this way"  
121 1970s-90s carrier to Lima  
122 Collagist Max  
123 Positive responses  
124 Eased up on
- DOWN**
- 1 Month after Aug.  
2 On — with (equal to)  
3 Paris' — Gauche  
4 "— already said ..."  
5 Actor Voight  
6 First name of Poe  
7 Perfumery bottle  
8 6x9-inch book size  
9 One-eighty from NNW  
10 "X" amount  
11 Psych up  
12 Like a Thai  
13 Téa on TV  
14 Moral error  
15 Ball  
16 School unit  
17 Arm bones  
18 Nonreactive  
19 Amble along  
24 Aunts, in Baja  
29 Month after Nov.  
30 More briny  
31 With 81-Across, Beehive State NCAA team  
33 Lo-fat  
34 Suffix of ordinals  
35 Cello forerunner  
36 "Byzantium" actress  
37 AOL letter  
38 Hip-hop DJ's equipment  
39 Scrutinizes  
42 — kwon do (martial art)  
44 Carpenter's adhesive  
45 Clued in  
47 Is a little too proud of  
48 Queen in a sari  
49 Stunt master  
51 Boot part  
52 Sailors, say  
54 Take too much of, for short  
55 Member of an early-1900s art movement  
58 Debt memos  
59 Director Clair  
62 "— -Cop" (1988 film)  
64 Commercial on the tube  
65 Olympic sled course  
68 "How — to know?"  
69 Celebration  
70 Jailbreaker  
71 Indy path  
72 Shankar on the sitar  
76 Edit, as text  
77 Scandianavian  
79 Hormones in some replacement therapies  
80 Harry Potter pal Weasley  
82 Draft inits.  
85 Its cap. is Vilnius  
86 Kaput  
87 Toss high up  
90 Brother of Iphigenia  
91 Director Ang  
94 Something novel  
95 Sch. org.  
97 Supply that's too abundant  
98 Operating skyward  
100 Theatricalize  
101 Courage  
102 Finish with  
103 Weird  
104 Out-of-the-way corners  
105 Bygone Olds  
109 Bygone Chevy  
110 Swedish film shooter  
111 French noun suffix  
112 Gunky stuff  
114 Use skillfully  
115 Ending for Brooklyn  
116 Abbr. in trig  
117 Part of L.A.  
118 Lemur cousin



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# BOOK REVIEW

By Lynn Clark

When I started this review this book had just been released. I'm sure by now it is on the Best Seller's List. It is a fantastic read, and it is written by one of my favorite authors: Louise Penny. This book is part of a series and even though you can read this as a "stand alone", I really encourage you to go back to her first book when you finish reading this one. Her main characters are so well developed that you miss one of the best aspects of her writing: her consistent use of making them part of each book in the series.

"The Madness of Crowds" – by Louise Penny

Armand Gamache is head of the homicide division of the Surete du Quebec. He is finally home in the village of Three Pines with his family for the holidays. It has been a long six months. The worst of the pandemic is over, and the people are in the mood to celebrate. There is a sigh of relief that everyone is virus free and healthy, and the shops and businesses are reopening. All seems well until he gets a call from his superior. A request has been made for him to "personally" provide the security for an upcoming event two days before New Year's Eve at a nearby university.

The event is a presentation by a guest lecturer. Her name is Abigail Robinson, and she a statistics professor. She was commissioned by the Canadian government to study how the pandemic affected the social and economic development of the country. She is now on the lecture tour revealing her findings. Gamache does not know this woman, and is surprised that a personal request from the university was made for him to provide the security. His thinking is that the local police could easily handle this event, until his superior tells him to do some research on Robinson.

What he finds is shocking. Yes, the statistics prove her findings, but the conclusion is morally reprehensible, and he immediately heads to the university with the feeling that to go ahead with this event is irresponsible. The university takes the stance that to cancel the event is promoting censorship. They don't believe this woman will attract a crowd...they consider it a non event.

The event takes place and the security is put in place. Gamache has his best people on alert, and as the crowd starts moving in to the building everyone is aware of their responsibilities. Gamache is on stage positioned to one side and is amazed at the people pouring into the auditorium. Shouting and yelling with either anger or approval, and stamping their feet when seated makes it almost impossible to hear. The emotion rolling off the crowd as Robinson approaches the mike is alarming. She starts by welcoming the crowd. Her voice is calming and melodious, and as she starts explaining that "all will be well" the crowd stirs and.....

I guess you will just have to read the book to find out what happens. What was her agenda and what happened when she approached the mike? The whole story is waiting for you to find out in "The Madness of Crowds."



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**Sunday, October 24, 9am-1pm**  
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### FAIRE / From Page 1

trench for slow absorption. One tree can produce 50 lbs of nuts per season. Nut preparation isn't easy either. The nuts need to fall off the tree and be harvested daily. The outer shell needs to be removed, then the inner shell must be dried for 2 weeks and then they go into a dehydrator for 3 days at 110 degrees to complete the drying. After preparation, the nuts need to be kept dry. If a vacuum sealed bag is opened, it needs to be resealed. Keeping them dry is key to keeping them delicious.

The Escondido Creek Conservancy was in attendance and let us know about their important work. They are celebrating their 30 year anniversary this year. This organization purchases and maintains conservation lands and have over 7,000 acres in the Escondido area.

They will soon be our neighbors as they purchased a 700 acre old avocado farm off of Stickly Ranch Road. This will be the location of their new office. They are running a campaign to earn money for acquisitions such as these; the current campaign is the Boulder outlook campaign for this office. Their recent goal is to have a 7 mile corridor from Hidden Meadows to Lake Wohlford. They are looking for parcels of land in this area now. Please stop by their booth or office and show your support.

The last 2 Faire's of 2021 will be on Sunday October 24 and December 5. Come out and show your support for this wonderful community we call home.

### HIDDEN MEADOWS COMMUNITY FOUNDATION

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Shannon Antekeier, Pia Courser, Sharon Cook



Vicky Long, Evelina Bustillos, Susan Penacho

## Hanging out with Friends

By Linda Collins / Resident

After so many hot days, it was wonderful to have such a pleasant evening to enjoy the company of some of the ladies in the Hidden Meadows Women's Social Group.

Sage Hill weaves down and around and up again making it feel like a treasure hunt to find her home. As I got out of my car I met three of her neighbors who just so happened to cross paths while walking their dogs. The dogs were all huggable long haired critters (all quite a bit smaller than my boy, Titan, who weighs nearly 90 pounds). After giving all the pups a good scratch, oh, and saying hello to their walkers, I made my way up to Connie's front door. Connie Brumley hosted this month's social. It's the first time we visited her home. I loved the flow of the kitchen, dining, and living areas, which include two lovely deck patios.

The gatherings are potluck style and this one had mostly salads. The most interesting item was strawberry shortcake skewers. What fun! As usual, I fully enjoyed the food and ate too, too much!

The conversations are always interesting. People found common backgrounds and shared their stories. We talked about things in the neighborhood . . . the deli's, the golf course, events, committees, and clubs. One of the discussions was about the history of the golf course going back 30-40 years. That's one I'll do some looking into!

Now we have Bunco groups, Mah Jong, and Mexican Train. We have some folks that like to

go to the music at the golf course and other people who like to go to breakfast. The group always has something going on.

The newest project is restarting the Welcome Committee. While this is a Foundation project, many of the volunteers were found through the Hidden Meadows Women's Social Group. The Committee will be visiting new neighbors that moved in since January 1, 2020 providing a packet of information on the neighborhood, fire safety, and local resources.

And, of course, there's the Seller's Faire that many of the members help out with and, through their extended networks, have helped build a successful bake sale fundraiser for the Foundation.

I tell you, this group is the place to be if you want to really plug into the neighborhood! For more information on the Hidden Meadows Women's Social Group or any of these activities, email us! [hmwsg92026@gmail.com](mailto:hmwsg92026@gmail.com).



Danielle Milliken and Cindy Payne

### HIDDEN MEADOWS NEWS

#### Deadline for local article submission:

20th of the month for the next issue. Photographs submitted for publication should be hi-resolution (300DPI), unmodified originals, jpeg format. We cannot accept photos taken from social media sites such as Facebook. If you wish copies of photos in which you are included, email me at address below.

Send drafts to Patricia Fox at: [LocalEditor@HiddenMeadows.news](mailto:LocalEditor@HiddenMeadows.news)

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## Visit to Huntington Art Museum & Gardens

By Idalia Rewar

Why would I be visiting a museum in Pasadena on a hot summer day? Well, my niece – Sylvia - living in Puerto Rico, came over on a business trip and would be in Pasadena for a couple of days, so why not visit with her – haven’t seen her in a few years. My daughter said she would come with me and off we went on a 2-hour drive to Pasadena. Goodness, I didn’t know it was that far. After meeting with her and going out for lunch, what to do? My daughter decided to give Sylvia a tour of the city to

spend the afternoon. She decided to go to the nearby Huntington Art Museum & Gardens.

Founded in 1919, The Huntington Library is a collections-based research and educational institution open to the public. This expansive estate features galleries, museum - housing one of a kind paintings and one of the world’s finest botanical gardens – 16 of them, store, plant collections, demonstrations, garden sculptures and fountains, etc. I had been there many years ago. It looked like the place changed, but who knows, my memory has faded

somewhat. We toured the desert gardens. Wow, Garden Club members, they had gigantic succulents as high as the Jack and the Beanstalk plant. The gardens were immaculate -looks like the gardeners are there 24/7.

We also toured the Japanese Gardens. Very peaceful and beautiful. It was a perfect day, cloudy so walking around was no problem since the days before were hot and unbearable. Admission is \$25 and it’s better to wait for a cloudy day and wear your Nikes since it involves walking, walking and more walking.

Sylvia wanted to see the Hollywood sign located in the Hollywood Hills. So we took off with my daughter driving like a Le Mans contestant. She is an excellent driver but my nerves were rattled as she drove through the narrow winding, winding streets to get up to the viewing area at the top of the Hollywood Hills.

You look out the window at the houses going up the hill and say to yourself “Are those people crazy? Some houses are on stilts facing the views holding on to the side of the mountain. Suppose there’s an earthquake, would they still hold? Not for me.” We finally make it to the top and you do get a magnificent close up view of the Hollywood sign.

The sign was built in 1923 on Mount Lee in Griffith Park by Los Angeles Times publisher Harry Chandler and read ‘Hollywoodland’ as a \$21,000 billboard for his Hollywoodland real estate development. In 1949 the sign was repaired and the name became simply ‘Hollywood’. The current sign is 45 feet tall and 350 feet long.

Of course we took photos and unfortunately that ended our tours for the day and since we were tired we headed home. How many of you have taken a trip to see this magnificent sign? It was the first time for me. This was a wonderful day for touring and if you have visitors from out of town it would make it a great visit to see 2 beautiful famous landmarks of our city.

## Mountain Meadow Preserve Reimagined: The Future of the Escondido Creek Conservancy

By Meghan Williams / Escondido Creek Conservancy

In 2015 The Escondido Creek Conservancy (Conservancy) began a campaign called Save 1000 Acres. The goal of this campaign was to acquire two properties on either side of Daley Ranch, across the upper Escondido Creek watershed to create a 9 mile stretch of preserved wild lands from the 15 to Bear Valley for wildlife to roam. The Mountain Meadow Preserve was acquired in September of 2018 with the support of hundreds of donors, help from the US Navy, San Diego County, Friends of Daley Ranch, and Palomar Audubon Society (to name a few). As part of the complex transaction, the Conservancy purchased the 693-acre property then sold most of it to San Diego County Parks. The Escondido Creek Conservancy continues to manage the entire Preserve to protect native plants and animals. Mountain Meadow Preserve will never be developed and is now protected in perpetuity for the benefit of the native plants and animals of California.

This property came with two buildings; an old agricultural building, and a farm duplex. The Conservancy has made ambitious plans to transform these buildings into their new HQ, native plant nursery and a home to showcase their land conservation efforts. With architectural design by Drew Hubbell and help from landscape architect Glenn Schmitt, this new office will be environmentally conscious, fire-safe, and complimentary of the beautiful natural surroundings. The setting is picturesque, with massive boulders and spectacular mountain views that frame The Conservancy’s efforts to preserve land in the Escondido Creek Watershed.

Recently, The Conservancy was awarded a \$75,000 matching grant from the Parker Foundation to support the renovation for their new office headquarters named, The Boulder Outlook. All donations received between September 15th, 2021 through January 15th, 2022 will be matched and replenish the Conservancy’s land fund, which is currently funding the renovation. All donations received go directly to the Conservancy’s land fund - to aid in acquiring more land as opportunities arise. The Conservancy’s land fund is currently funding this new chapter of their organization.

These efforts to remodel the structure will create a long-term home that helps The Escondido Creek Conservancy inspire the community, increase capacity for youth and adult education, create a setting for conservation events, and enable their team to continue their diligent efforts in land conservation, preservation and restoration.

The Escondido Creek Conservancy is asking for your support through philanthropic gifts. Opportunities to support:

- Private Gifts
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- Purchase a Personalized Brick (donations of \$100, \$250 or more) that will be presented at the entrance, along the patio and walkways at Boulder Outlook.

To support our Boulder Outlook Capital Campaign please go to <https://escondidocreek.org/donate/> and for more information please contact Meghan Williams a [meghan@escondidocreek.org](mailto:meghan@escondidocreek.org)



Artist’s rendering of planned new HQ

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# Japanese Friendship Garden

By Linda Collins / Resident

It was a beautiful day in September, especially in the green and shaded Japanese Friendship Gardens in Balboa Park. Our docent led tour focused on the history, symbolism, and purpose of the many aspects of the garden.

In two small tour groups of Garden Club members, we learned about the caretakers who were taken away to Japanese Internment Camps . . . a sad part of our history. But we also learned about the hope, peace, and tranquility that the garden represents.

The bonsai, pronounced BONES-eye, means Tree and tray or a tree in a tray. The bonsai display was incredible. It takes years of careful pruning to create the very unique and interesting shapes of the trees. While junipers are the most common, the garden had examples in many other types of trees! It was truly impressive. Japanese sailors took these to sea with them as reminders of home.

Japanese farmers used a water spout that made loud clacking noises as it released the water to scare varmints away from the crops. Several of these are on display at the garden.

They have a peaceful rock garden that you can sit and look at or for meditation. The raked patterns in the finer rocks represents the flow of water, which your eyes can slowly follow through the garden as you let yourself relax and release

the day's stress.

My favorite were the Koi. I had no idea there was so much meaning behind them. Koi are cultivated or bred for the various colors. In general, they are symbols of love and friendship. They can also represent luck, prosperity, good fortune, strength, and perseverance in the face of adversity. We were told that every minute you spend calmly watching the Koi adds an equivalent amount of time to your life. So go take a seat and live a longer, stronger life!

The park offers a variety of classes and events from Origami, Ikebana, and Komishibai to Cherry Blossom festivals and Christmas fairs. Our guide told us that the cherry blossoms in spring are something we should come see and that evening tours in the gardens are spectacular.

It was a wonderful, refreshing, inspiring morning. I left feeling peaceful and energized. I highly recommend the docent tour to get the most out of your visit to the gardens.

The Hidden Meadows Garden Club meets monthly. The activities range from crafting for the garden or with garden plants, tours of local gardens and some of our neighbors amazing yards, to presentations about unique plants and how to care for them.

For more information, contact Karen Henderson: 760-749-3164 (text messages preferred) or [karenh.home@gmail.com](mailto:karenh.home@gmail.com)



Sherry Horton, Jim Horton, Japanese Friendship Garden docent Alma, Dale Heath, Diane Heath, Pat Witman, Doreen Thawley



JFG docent Andrea, Norman Munk, Frances Munk, Barbara Rangan, Joy Meeker, Karen Henderson, Jennifer Gilgallon, Devila Shah

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# Bake Sale at the Seller's Faire

By Michelle Zipse / Resident

For anyone who hasn't made it to the recent Seller's Faire, we are doing a Bake Sale at each event. Vickey Ciarlanti is the Organizer. She has done a phenomenal job recruiting bakers and volunteers to work at the Bake Sale. They are featuring cookies, brownies, and sweet breads but there are also sugar free items as well as a gluten free section. So there is something for everyone.

Please check it out and support the neighborhood. All proceeds go to the Hidden Meadows Foundation. The Foundation gives annual Scholarships to deserving students in Hidden Meadows. They are also responsible for the Community activities such as; the Seller's Faire, 4th of July Parade, upcoming Trunk or Treat, Toys for Tots with a visit from Santa himself, the Easter Egg Hunt, Welcome Committee visits and get togethers, etc. Come out and get involved in the Hood.

Pictured left to right: Heather, Doreen Thawley, Beth Klein, Michelle Zipse, Val Fields and the group organizer Vickey Ciarlanti

# Birthday at Boulder Oaks Golf Club with Live Music



Jeff Ciarlanti is seated in the center of the group

By Michelle Zipse / Resident

Jeff Ciarlanti celebrates his birthday close to home. The Boulder Oaks Golf Club had Kate Moore and Jesse Cox and the JC Syndrum playing live that night. Kate is the 15 year old High School student who was in the paper in July of this year. What a voice!

There were cupcakes and Nothing Bundt Cake, so yummy. Awara and Dave Van Sumer came back to help celebrate. Other attendees were: his beautiful wife Vickey Ciarlanti, Shelley and Dave Bauer, Mark and Cherie Rogers, Ashley Ram and Sean, Mike and Juleigh Perona, Lynley and Brian Thinnies, Herb Pomerance, Harlan Gruenstern, Clayton Bruner and Michelle and Erin Zipse.

Jeff owns Ciarlanti painting and does a fantastic job. He recently painted our house and I can't say enough good things about the job he and his crew did. It was great to see Jeff enjoy the night with good friends in a place we all love.



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- 625 East Grand Avenue
- 306 W. El Norte Parkway, Suite S

#### 4S RANCH

- 16918 Dove Canyon Road, Suite 102

#### FALLBROOK

- 1035 South Main Avenue

#### SABRE SPRINGS

- 12650 Sabre Springs Parkway, Suite 204

#### SAN MARCOS

- 277 Rancheros Drive, Suite 100

#### VALLEY CENTER > RE-OPENING FALL 2021!

- 28743 Valley Center Road, Suite B

### Riverside County

#### MURRIETA

- 25485 Medical Center Drive, Suite 100

#### TEMECULA

- 31537 Rancho Pueblo Road, Suite 102







Members of the Palomar Health Foundation wield symbolic shovels at the groundbreaking ceremony for the Conference Center and Physician Quarters project at Palomar Medical Center.

## Create a family legacy at Palomar Medical Center Escondido

The Palomar Health Foundation is offering community members the opportunity to honor family and friends by purchasing a permanent and personalized message-engraved brick to be placed in the Palomar Medical Center Escondido Jacobs and McCann Courtyard. Money raised from the brick fundraising campaign will go towards construction of the Physician Quarters and Conference Center of the Future.

Foundation board members, joined Palomar Health District board members and the Palomar Health leadership team on Monday, September 20 for an official groundbreaking ceremony where Foundation Board Member and Chairman for the Conference Center and Physician Quarters project Tom Oeschger expressed why he made a significant monetary contribution to the project.

“I got involved with the project because I have been so impressed with the outstanding care I and my family have received at Palomar Medical Center Escondido,” said Oeschger. “I have found contributing to this campaign is a great way to honor my parents, thank physicians and improve healthcare for the entire region.”

The Physician Quarters and Conference Center project includes 14 physician sleeping rooms with access to bathrooms and showers for physicians working 24 hour-plus shifts. Also included is a state-of-the-art conference center where training, education and collaboration between the region’s 22 hospitals can take place. These needs were highlighted during the pandemic.

To learn more about how you can purchase a commemorative brick or become involved in the campaign in other ways, visit the Palomar Health Foundation website or call 760-739-2787.

## Hidden Meadows Community Resources

### Community Emergency Response Team (CERT)

Contact Marc Weissman at 760-525-5170 or marcweissman11@gmail.com.

### Community Sponsor Group

Contact Chairman Jim Chagala, at 760 751-2691 for more information.

### Hidden Meadows Neighborhood Watch

Please join our facebook group: Hidden Meadows Neighborhood Watch. We’ll share neighborhood information, safety tips, and news of future events.  
Contact Info: Erik Tyler 442-235-9060 erikdtyler@gmail.com

### Deer Springs Fire Safe Council

Contact Steve Kerrin at 760-807-1141.

### Emergency Communication System

To register, visit [www.deerspringsfiresafecouncil.com](http://www.deerspringsfiresafecouncil.com).  
An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the “Fire Danger Signs” during red flag warnings.

### Homeowners Associations

The Meadows Homes Association (MHA)	760-749-7278
Rimrock Homeowners Association	760-749-4008
Hidden Meadows Ranch Homeowners Association	760-407-7575
Silverado Management Services	
Oak Meadows Glen Homeowners Association	760-749-4796

### Organizations

#### Garden Club

Contact Karen Henderson: 760-749-3164 (text messages preferred)  
or karenh.home@gmail.com

#### Hidden Meadows Community Foundation (HMCf)

Contact Sarah Sealey at sarah@bretandsarah.com

#### Ladies Bible Study

Contact Debbie Hamer at 760-297-1278 or Stephanie Swadell, 619-993-4631.

#### Tennis Club

Contact Katy Freeze at 760-749-9722 or clarkfreese@gmail.com.

#### Women’s Golf Club

No current contact information

#### Women’s Social Group

email to hmwsg92026@gmail.com.

#### Yoga

Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net for more information.

# It’s trunk or treating time!

By Kathy Moore / Resident

Finally, we can resume some fun activities in this year’s Hidden Meadows Annual TRUNK-OR-TREAT event. It is fast approaching!!

This years event will be held on Saturday, OCTOBER 30th from 2:30 p.m. - 4:00 p.m. at the Pavilion parking lot. This event is not possible without community involvement! WE NEED YOUR TRUCK!

So you ask, what is a Trunk-or-treat? It’s actually quite simple and a whole lot of fun for both participants, families and of course, the kiddos. You will need to volunteer to decorate the trunks of your cars, or any other vehicle/golf cart/tractor or whatever mode of transportation you like and then hand out candy to the trunk or treaters as they come through with their crazy, scary, adorable and creative costumes.

The kids will trick-or-treat from trunk to trunk in the parking lot and this provides a safe, fun, and FLAT area to take the kids while it’s still light out! Many of us live where there are no trick-or-treaters on Halloween so this is just a great way to enjoy the holiday! It is also a great event to mingle and meet neighbors!

We had over 250 come through at some point during the event the last time we held it in 2019! Although this is an outdoor event, we want to provide a little more space between vehicles and will limit the number of available slots to 18 trunks. Out of an abundance of caution, we will ask that each family take the level of precaution that is suitable to you, your family and your children. If you are not vaccinated we request that you wear a mask. We can not require or guarantee that all participants or attendees will be vaccinated so please proceed at your own risk and comfort level.

So....Grab a friend and decorate your trunks together (Pinterest and Instagram have some awesome and easy ideas).

To reserve your space, please email Kathy Moore at KMooreRE@yahoo.com. OR feel free to call or text at 480.296.8518. Looking forward to seeing you ALL there!

CONTACT PERSON: Kathy Moore - KMooreRE@yahoo.com or 480.296.8518.

### Super Crossword

#### Answers

S	A	R	A	J	E	V	O		S	T	E	A	L	S		S	C	R	I	M	
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Behind the bar: Lilly Valdez, Jake Nickelson, Charlie and Michelle. In front of the bar Jean-Louis Clement, Beth Klein, Rob Rodriguez, Hope and Brent

## SideYard Pub is Open

By Michelle Zipse / Resident

SideYard Pub opened this past weekend. The neighbors are all abuzz about this new American Bistro. There are 20 rotating taps of beer, a nice selection of Wines and Cocktails, and the food is delicious. Chef Justin Gray is putting together some delectable combinations. The brussel sprouts are a

fave. The mission of SideYard is the betterment of your palate and this Pub delivers with its food, and beverage choices.

So a special thank you to the Petric family, Alec and Shari, for bringing this to Hidden Meadows. A special thank you to Jake Nickelson, Shari’s son, for the inspiration. Also a shout out to Lilly Valdivia and the rest of the team for all the work and dedication

that it takes to bring something like this together. The site was lovingly decorated by Shari Petric, who did a fantastic job. Great ambiance! Shari is a rock star of community support and participation. This team of people are huge supporters of our neighborhood and of local events like the Seller’s Faire and other Foundation organized events. So head down to SideYard and check it out.

## Greater Escondido Chamber of Commerce

As the season’s start to change, there is also some change happening at the former Escondido Chamber of Commerce...which is now the Greater Escondido Chamber of Commerce. Realizing that the 120-plus year-old organization has been around longer than the City has been incorporated, the leadership decided to adopt the word “greater” during the pandemic to better reflect their overall presence in Inland North County, and also accurately reflect their sphere of influence.

On top of that change, they have some other big plans in the works, and some exciting things happening in Escondido specifically in the coming months.

First off, the Chamber is always connecting their members and the community with our elected officials. They’ll be doing that again this month as they welcome San Diego County Supervisor Terra Lawson-Remer to their Government Affairs meeting. Taking place at the Chamber offices on Wednesday,

October 13th at 4:30pm, this event is open to the public. Ms. Remer, who represents District 3 will be discussing many of the pressing issues in our region and taking questions, and you are invited to attend.

Then comes the big one. Next weekend on Sunday, October 17th the Greater Escondido Chamber of Commerce will present the Grand Avenue Festival. This event is a highlight of the year for Escondido and brings hundreds of vendors and exhibitors to downtown Grand Avenue. This year’s event will feature a Beer & Wine Garden at Maple & Grand that will highlight local craft beers and regional wines. The Community Stage at Maple Plaza will feature music (yes you can dance), high school flag teams, local musicians, and get ready for Escondido’s only “Dan-The-Man” performing a Comedy Set at 11:45am! You’ll also be able to enjoy Art in the Garden at Heritage Park, and adjacent will be the Creative Kid’s Corner with local high schools doing Robotics Team

demonstrations and competitions. Wrapping up things in November for the Chamber will be their annual Fall Golf Tournament being held on Monday, November 15th at Native Oaks Golf Club. Benefitting from the tournament will be the Chamber’s new Career Technical Education (CTE) program that works with local high schools and businesses to help students learn more about alternatives to four-year college programs such as welding, plumbing, electricians, and more. Supporting the event by playing, being a sponsor, or contributing raffle prizes are just a few of the ways you can be involved.

As you can see, the Greater Escondido Chamber of Commerce is working hard to help Escondido reach its potential, and they welcome you to join them on their journey. Information about membership and events can be found at their website:

<http://escondidochamber.org/>

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The HMN is your hometown newspaper and we want you to send us your social news because: your life is news to your neighbors and friends.

What is social news? Weddings, anniversaries, birthdays, special events. We cover it all, but we need for you to tell us about it first! Are you getting married? Send us the engagement announcement. Did you just give birth? Send us the announcement and a photo.

Did you just have a family reunion? Celebrate a graduation or other personal milestone? Keep us in mind and send us a photo or a quick note about what you’d like your town to know about. We are happy to help you celebrate.

Do you want to celebrate a parent’s 90th or 100th birthday? Tell us about it.

Send your news to [LocalEditor@HiddenMeadows.news](mailto:LocalEditor@HiddenMeadows.news)





Manny Rodriguez, Marianne Valencia, Valerie Spearman, Nancy Ograd, Diane Luebke

**FOOD DRIVE / From Page 1**

dropped off their donations. Interfaith was very grateful and thanks you all. I thank the volunteers who braved the bugs and weather to greet neighbors and friends who came by to donate.

If you did not have the opportunity

to come by the golf club in September, it is never too late to take food or a monetary donation by the Escondido Interfaith facility. They are located at 550 West Washington Ave., at the corner of Washington Ave. and Quince St. Thank you again for your generosity.



# Tennis anyone?

By Michelle Zipse / Resident

Have you played tennis in the past? Would you like to get back on the courts and get some healthy exercise? Would you like to meet some fun and active neighbors?

If you’ve answered yes to any of these questions then this is the group for you. Katy Freese does a great job organizing the participating members to get on the courts for some fun. We’ve even been known to hang out after the games and share some brews or some wine.

If this sounds like fun please contact (760) 803-5969 and Katy will let you how to get involved with this dynamic group of people.

ClarkFreese@gmail.com



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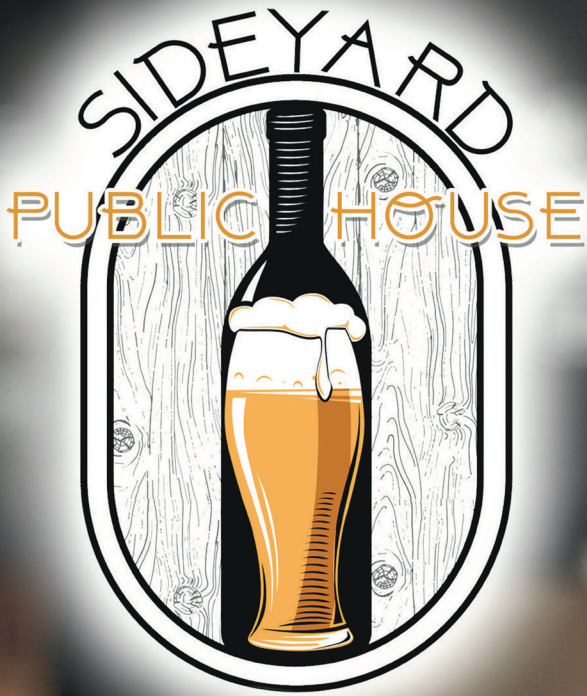
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“This new spot is Great!!!

It has been a wonderful way to meet really nice people in our area. The owner, bartender, all the staff and Everyone we have met up there is Super Friendly and Nice. Last night was the first night they served food and it was excellent! We tried the Cheeseburger and Chicken Sandwich.. they both came with delicious fries. We really enjoyed both, they were juicy and tasty!

They have a good selection of Beers on tap, which is very nice to see!! They have wine, some Seltzers and such.. So excited to have a Fun New place to go!!! Thanks to the owners and Staff!!!” - *coco Cap*



“What a great place to hang out and chill with friends or make new ones! Jake and his local beer selection are amazing. The space was well planned and executed from the door to the back patio. Limited menu at the taphouse but lots of options I've yet to try at the attached market but everything looks pretty tasty. Been looking for a place like this around here for a while and this hits the mark. A few growing pains with regard to service that I'm sure will be ironed out as they have just opened. Great job so far guys. Can't wait to return!” - *Russ L.*

**SIDEYARD PUBLIC HOUSE**

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