



Joanne Anglin, Frances Munk, Olga Brouwer, Judy Dunn, Sima Kashani, Vida Shayan & Geri Beam

## Garden Club Pumpkins and Wreath Decorating

By Karen Henderson / Resident

On a perfect Friday morning members of the Hidden Meadows Garden Club met at the home of Karen Henderson for one of our favorite annual traditions: decorating with succulents. There were some COVID accommodations this year such as wearing masks, keeping our distance and separating the participants into two groups with different start times.

Everyone in the early group brought a pumpkin. We had orange pumpkins, white pumpkins, mini pumpkins and even a artificial pumpkin! An assortment of succulent cuttings were shared and we chatted and caught up with each other while working on our project. It has been several months since we have had a group activity and it was so

**GARDEN** / See Page 7



Michelle Zipse, Lynn Wheeler, Joanne Anglin

## Seller's Faire: Welcome Back!

By Michelle Zipse / Resident

A special Thank you to all our friends and neighbors who came out to support the Seller's Faire! It was a beautiful day for people to show their wares.

Joanne Anglin, Seller's Faire committee member, had different craft items and featured adorable succulent arrangements in pumpkins.

George, one of our neighbors in the Meadows, makes his own owls out of pine cones grown in his yard. Creative and cute!

Becky and John Herd had fun products with etching on bottles, shot glasses and stones for your yard.

There was handmade jewelry, craft hand bags and makeup bags, repurposed fabric purses, pens made out of bullet casings antlers and other fun materials, needlepoint hand towels and another vendor with tea towels with fun messages: one of my favorites: I am just so thankful for all the different way to eat bacon!

The Hidden Meadows Garden Club sold various plants and arrangements.

A special thank you to the Hidden Meadows Market for donating hand sanitizer, water and coffee to the volunteers of the Seller's Faire this year.

**FAIRE** / See Page 8



Food Trucks in Hidden Meadows

## Food Truck Friday

By Michelle Zipse / Resident

Food Truck Fridays have been a big attraction in the neighborhood. They will continue until the end of October. Every Friday there is a Food truck in the parking lot next to the Fire station. The Home Smart Realtors have given us permission to use their parking lot. Thank you to Jen Hill for getting permission for this location!

We have had El Shrimp Bucket and Taco Love come to serve us their delicious favorites. If you've enjoyed these events, please let us know on Next Door and if you'd like them to continue through the winter. Some ideas are to have the truck come the first Sunday of the month in the afternoons or to continue with Food Trucks coming on Friday 5-8 pm. Because of the time change and the early darkness in the evening, would you still come out to support the trucks on Friday? Please message through Next Door to let us know preferences.

Thanks for your support! Let's take advantage of these community activities to come out and get to know your neighbors and give us a true feeling of community in the neighborhood!

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## 2020 Annual Toys for Tots Drive Kicks Off

By Nancy Ogrid / Resident

With less than 55 days left until Christmas, it is time to kick off the 22nd annual Hidden Meadows Toys for Tots drive. The residents of our area have generously supported the US Marine Corp Reserve in their effort to collect toys for children who might be without a Christmas toy due to family circumstances. This will especially be true in this COVID year. Who knows? Santa might be persuaded to make a surprise visit to the Meadows, so watch for a possible announcement.

The collection boxes for our area will go out the first week of November, and will be available until December 4th. Boxes will be available at the Meadows Deli, the Market, and all 3 Deer Springs Fire stations. Be sure to look for the boxes and drop your new, unwrapped toys into one of the boxes. You will bring joy to a child and a smile to your face with each donation.

If you are unable to deliver your donations to a collection box, please contact Nancy Ogrid by calling at 760-749-7023 or e-mail at n.ogrod@yahoo.com.

# Thoughts on Veteran's Day

By P.C. Fox / Resident

James Fallows wrote an article in the Atlantic Monthly (Jan/Feb 2015) on "The Tragedy of the American Military":

"Among older Baby Boomers, those born before 1955, at least three-quarters have had an immediate family member—sibling, parent, spouse, child—who served in uniform. Of Americans born since 1980, the Millennials, about one in three is closely related to anyone with military experience."

"My concern is this growing disconnect between the American people and our military," retired Admiral Mike Mullen, the chairman of the Joint Chiefs of Staff under George W. Bush and Barack Obama (and whose mid-career academic stint was at Harvard Business School), told me recently. The military is "professional and capable," he said, "but I would sacrifice some of

that excellence and readiness to make sure that we stay close to the American people. Fewer and fewer people know anyone in the military. It's become just too easy to go to war."

<https://www.theatlantic.com/magazine/archive/2015/01/the-tragedy-of-the-american-military/383516/>

There are many reasons to join the military: patriotism, a desire to protect and serve our country, family tradition, being part of a team and a greater mission, have a good paying job, learn new skills, learn responsibility for self and others, learn you can handle tremendous responsibilities and handle them well, access to education, either in the military or through the GI Bill, travel to foreign places, meet exotic people, and enjoy new customs and cuisines (yeah, I know some of you finished that sentence differently!).

Veterans' Day was born of the costs and sacrifices of military service. It was originally Armistice Day, commemorating the end of World War I in 1918 on the 11th hour of the 11th day of the 11th month, after the deaths of over 10 million soldiers and 7 million civilians. It is noteworthy that they were marking the end to the war, the Armistice, not celebrating victory. Armistice Day became Veterans Day in 1954, after World War II and the Korean War.

The costs and sacrifices of military service to the service members: some are obvious – wounds and death. Others are less apparent - the psychological, moral, and spiritual costs of harming and killing other human beings, of being complicit or witness to atrocities, the long term hidden costs coming due years later

VETERANS / See Page 9

## CARE FOR WHAT'S NEXT

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# Election Day, November 3:

By Patricia Fox/ Resident

The State of California has sent out an 'Official Voter Information Guide' and a 'Sample Ballot & Voter Information Pamphlet' containing information on candidates and Propositions. On-line searches will provide additional information, especially about Propositions, where it can sometimes be difficult to choose between 'yes' and 'no'.

## Polling Places:

Polling places are open from 8am to 5pm on Saturday, October 31st through Monday, November 2.

Polls are open from 7am to 8pm on Election Day, Tuesday November 3.

For in person voting you can find your Polling place at:

<https://www.sos.ca.gov/elections/polling-place>

Enter your address. The map on this webpage shows locations of polling places. The map shows no polling place in Hidden Meadows, and my Hidden Meadows address said that my Election Day Voting and Early Voting Site is:

REIDY CREEK ELEM SCHOOL-MPR  
2869 N BROADWAY  
ESCONDIDO, CA 92026

For mail in ballots:

Ballots MUST be postmarked by November 3, 2020. No stamp is required. Ballots can be dropped off at any post office or blue mailbox. I posted mine at the mailbox across from Boulder Oaks Golf Club on 10/16/20. I checked the where's my ballot website <https://www.sdvote.com/content/rov/en/elections/wheres-my-ballot.html>

I entered the required identification, and I received the following notification:

2020 GENERAL  
Ballot Accepted  
10/20/2020

Your ballot has been accepted! Your ballot was received by your county elections office and will be counted.

You can also return your mail ballot in person at a secure drop box (I'm not sure where these are, and I'd check the SD vote website if you go that route), polling place, vote center, or county elections office by 8pm on November 3rd.

Recommendation: mail in ballots early. I wouldn't use the Blue mail box across from Boulder Oaks on Election Day – don't know when the mail is picked up. It took 4 days for me to get the assurance my ballot will be counted.

## New to the Neighborhood? Welcome!

By Kim Riha / Resident

Have you recently moved into our wonderful community? Normally, our Welcome Committee would have paid you a visit. We have curtailed our visits due to COVID with plans to start up again soon.

At this time, if you would like a welcome bag delivered to your door (courtesy of The Hidden Meadows Community Foundation) please email Kim Riha (kimriha819@gmail.com) with your name and address and note whether it is OK to leave at your door if you are not home. If you are home, we will be wearing a mask and social distancing.

The welcome bag has information that you may find helpful, especially if you are new to the area. But the main reason for our visits are to welcome you to Hidden Meadows in person!

We are a tight knit, active community and under normal conditions, plans are usually underway for community events for all ages. There are lots of opportunities to volunteer or become involved with various groups or activities which you can find in the Community Resources and Organizations section of our Hidden Meadows News: <https://www.hiddenmeadows.news/>.

Again, "Welcome" and we look forward to meeting you in the neighborhood, at the market or deli, at one of our future events, or the Seller's Faire, scheduled for Nov. 7th. Stay safe!

### Super Crossword

SPiritual ADVANCEMENT

<p><b>ACROSS</b></p> <p>1 Carried, as a load</p> <p>6 University in Druid Hills, Georgia</p> <p>11 Old TV's "Mayberry —"</p> <p>14 Mythical man-goat</p> <p>19 Sub in WWII</p> <p>20 Coloratura Callas</p> <p>21 The "E" of REO</p> <p>22 Milo of films</p> <p>23 Toot one's own horn</p> <p>24 Tidy up</p> <p>25 Seoul soldier</p> <p>26 Bridle straps</p> <p>27 Start of a riddle</p> <p>31 Volcano stuff</p> <p>32 Basilica seat</p> <p>33 — -Lorraine (region of France)</p> <p>34 Break bread</p> <p>37 Riddle, part 2</p> <p>44 Made up for</p> <p>46 Cupid's counterpart</p> <p>47 Mello — (drink brand)</p> <p>48 Paint type</p>	<p>49 Trembly tree</p> <p>51 Pepsi or Tab</p> <p>56 Picnic spoiler</p> <p>56 Pitching star</p> <p>57 Clog or pump</p> <p>58 Skylight?</p> <p>60 No-frills shirt</p> <p>61 Riddle, part 3</p> <p>67 Actress Long or Vardalos</p> <p>68 Hurry-scurry</p> <p>69 People with power</p> <p>70 Riddle, part 4</p> <p>82 Lac liquid</p> <p>83 Bumper finish</p> <p>84 Assistant</p> <p>85 Man-mouse connector</p> <p>86 eBay offers</p> <p>88 Stitches</p> <p>89 Signed one's name to</p> <p>91 Up and about</p> <p>93 Weeps</p> <p>95 Slushy drink</p> <p>96 Gave in exchange</p> <p>97 End of the riddle</p> <p>104 Me, in Lyons</p>	<p>105 Old game consoles</p> <p>106 Near-infinite time span</p> <p>107 Shiny stone</p> <p>110 Riddle's answer</p> <p>117 Student</p> <p>119 Hill VIP: Abbr.</p> <p>120 Sky hunter</p> <p>121 Feel jubilant</p> <p>122 Beneficial</p> <p>123 Ending for Sudan</p> <p>124 "Pippin" Tony winner</p> <p>125 Lamp spirit</p> <p>126 Overly fond type</p> <p>127 Old JFK flier</p> <p>128 Paid to play</p> <p>129 Braying ones</p> <p><b>DOWN</b></p> <p>1 Friend of Forrest Gump</p> <p>2 Some double reeds</p> <p>3 Household insect trap</p> <p>4 Curiosity org.</p> <p>5 Caesar's dying words</p>	<p>6 Was a roast host, say</p> <p>7 African land</p> <p>8 Russian city</p> <p>9 Iranian coin</p> <p>10 Yin's partner</p> <p>11 Throw again, as dice</p> <p>12 Like silky down</p> <p>13 Authoritarian decree</p> <p>14 Black magic</p> <p>15 On a cruise</p> <p>16 Sleeping bag fabric brand</p> <p>17 Osaka coin</p> <p>18 Coll. dorm supervisors</p> <p>28 Barreled</p> <p>29 Fezzes, e.g.</p> <p>30 Learning loc.</p> <p>35 More homely</p> <p>36 Gives a call</p> <p>38 "Liftoff!" preceder</p> <p>39 Really annoy</p> <p>40 Ward off</p> <p>41 Prior to, to a bard</p> <p>42 Swindle</p> <p>43 Beyond, to a bard</p> <p>44 "Woe!"</p> <p>45 Tijuana nosh org.</p> <p>49 "I caught ya!"</p> <p>50 Fa-la link</p> <p>51 Bovine chew</p>	<p>52 Eye, to a bard</p> <p>53 Mauna —</p> <p>54 Make it</p> <p>57 Mown paths</p> <p>58 Before long, to a bard</p> <p>59 Ex-governor Carlson</p> <p>62 Savings acct.</p> <p>63 Blu-ray — earnings</p> <p>64 Unvarying</p> <p>65 Suffix with block</p> <p>66 Suffix with balloon</p> <p>70 Skype setup</p> <p>71 Coiffure</p> <p>72 An amplifier receives it</p> <p>73 "— you in?"</p> <p>74 Drag</p> <p>75 Ambulance inits.</p> <p>76 "Star Trek" actor George</p> <p>77 Rush along</p> <p>78 Mix in</p> <p>79 Holders of frankfurters</p> <p>80 Maumee company Bay's lake</p> <p>81 36 inches</p> <p>87 Month no. 9</p> <p>89 German "I"</p>	<p>90 Born, in Lyons</p> <p>91 Klee's forte</p> <p>92 Took a chair</p> <p>94 Waldorf's Muppet partner</p> <p>95 Formal reply to "Who's there?"</p> <p>96 Scads</p> <p>98 Biblical verb suffix</p> <p>99 Lectern platforms</p> <p>100 "Hondo" actor James</p> <p>101 Official seal</p> <p>102 Lie at rest</p> <p>103 Bewailed</p> <p>108 "The Office" actress Kemper</p> <p>109 Deals (out)</p> <p>111 Belgian/ French river</p> <p>112 Den fixture</p> <p>113 Pressing tool</p> <p>114 Nasal spray, e.g.</p> <p>115 Dreamcast company</p> <p>116 Firewood splitters</p> <p>117 Peas' place</p> <p>118 ET carrier</p>
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# Christmas Gift Bags 2020

By Nancy Ograd / Resident

The holidays are approaching with less than two months until Christmas. It will soon be time to assemble the “gift bags” for Hidden Valley House and, hopefully, Interfaith. I realize traveling has been restricted this summer, but I hope you have been saving those precious items for the bags. If you haven’t been traveling and want to contribute, watch for upcoming sales on some items that are always needed - toothbrushes and toothpaste, deodorant, and little mouthwashes.

The donations (little soaps, little lotions, etc.) may be dropped off at the Ograd residence, 28105 Mountain Meadow Road, ANY TIME after Monday, November 16th, but no later than Monday, November 30th. If no one is at home, please leave them on the front porch.

The gift bags will be assembled on Thursday, December 3rd at 11:00 am. The number of people who can help will be limited due to social distancing, and masks will be requested. If you’d like to help assemble the gift bags, please call Nancy Ograd at 760-749-7023 or e-mail at n.ograd@yahoo.com.

# Side Yard Restaurant/Bar coming to Hidden Meadows!

By Michelle Zipse / Resident

The Market is adding to their business. In addition to the Market and Coffee Bar which will not change, there will be a new Pub-Side Yard Restaurant/Bar.

The new bar will be built on the side of the Market in the dirt space. Signage is coming soon. In an interview with Shari Petric, co-owner of the market she said, "When we remodeled our Market it was important to us that we fill a need for our community. We be-

lieved the Meadows could use a Coffee/ Smoothie/ Ice Cream Bar and a neighborhood restaurant. We built the Coffee bar and it has become a neighborhood favorite. A year and a half later, we are proud to be building a restaurant. Our wish is to build a place where people could gather. Somewhere to meet up with friends, hang out with family, watch sports and play games! A warm inviting atmosphere with

**SIDE YARD / See Page 11**

# TRAVEL CORNER

# Remember When: Ireland

By Patricia Fox / Resident

Remember when planning a vacation, a road trip, a cruise, was fun? When there were so many choices – Fall color in New England, a cruise to Hawaii, Tahiti, Europe – should we go to the Baltic countries or the Med? Or perhaps from Dubai to Venice? Or South America? American tourists could go almost anywhere in the world. And the only limiting factors were time, money, and avoidance of war zones. And providing for responsibilities left at home and work. Ah, the good old days!

Travel 2020 is so much more difficult. The COVID pandemic has made travel too risky for a great many of us. And many countries have closed their borders to American tourists – even our nearest neighbors, Canada have locked us out unless we can prove that in some way we meet an “essential travel” criterion. So – thus no road trips to Banf or Waterton this year. So, let us return to the halcyon days of yesteryear, and walk down Memory Lane to Ireland in 2015, when Americans were welcome and did not have to self-isolate for 14 days before setting out on a road trip.

A large part of my enjoyment of travel is the planning and anticipation. Cousin Leslie and I spent much of the winter months debating our itinerary. Top of our priority list was visiting the places our grandparents had come from, see the sights of Dublin, then northwest to Boyne Valley for New Grange and Knowth, then northeast to Antrim, Dun Luce and the Giant’s Causeway, then west to Fermanagh, Sligo, Mayo, and south along the west coast to Westport, the Cliffs of Moher, the Ring of Kerry and Dingle, then east through Cork, and finally to Dublin, and home. All this in 17 hectic days. We planned this for May, when the days are longer and the tourists are somewhat fewer.

I met Leslie in Los Angeles, and we flew out of Bob Hope Airport in Burbank to San Francisco and an uneventful non-stop flight on Aer Lingus to Dublin, Ireland. We took a cab to the Ashling Hotel in Dublin on the River Liffey, across from the Guinness Brewery. We were tired out from our flight, but checked our email on the hotel’s wifi before a much needed nap.

My dog sitter had emailed distressing news. Skipper had kept her up all night by “freaking out”, barking, crying, etc. Skipper had abandonment issues: his dog companion had recently died and his human had abandoned him. We emailed

strategies back and forth over the next couple of days, and the anxiety issues were finally resolved by anti-anxiety medication and several nights of sleepovers by Skipper’s doggy cousin,

Rudy. My worry and guilt receded to manageable levels, and I could look forward to enjoying the rest of our trip.

We took a nap, and then had dinner – sandwiches and a really good cream fish chowder, followed by a walk outside the hotel. There was a small fenced park in front of the hotel, with a statue of a woman known formally as the Anna Livea statue representing the River Liffey, more familiarly known as “The Floozy in the Jacuzzi”, or ‘The Bride in the Tide’. We walked down the road to the Sean Heuston Bridge on the River Liffey. The bridge was built in 1828, and renamed several times, currently named for the youngest of those executed after the Easter Rising. Just down river was the Guinness Brewery with tall silvery vats filled with beer. We took some pictures and called it a day.

Thursday was a busy day. We took a ‘Hop-on hop-off’ bus all over Dublin City. Dublin is the capital of Ireland, a charming city, comfortable, and somewhat quirky. We saw colored doors of the row houses - red, yellow, green, robin’s egg blue, and also black. We window shopped, and found some windows and buildings that brought smiles and shaking of heads – the Irish Whiskey Museum, the flowery Abbey Court building, the Bachelor Inn where you can watch the races, eat and drink Guinness, and consider such ‘truths’ as George Bernard Shaw’s “Lack of money is the root of all evil”, and other words of wisdom by James Joyce, Oscar Wilde and Dracula.

Then we went on to Trinity College to see the Book of Kells. We took a major hike around campus – On-Off bus label of stop 4 for the library holding the Book of Kells was misleading. After asking a couple of people for directions, one of whom was a very British looking Don type, we found the entrance to the library where the Book of Kells is guarded, only to learn it was not available for viewing that day. The reason was a vague ‘maintenance’ which could mean anything.

The National Museum of Ireland - Archeology was just down the street, and had fascinating exhibits: hammered gold jewelry dated to about 800 B.C, elegant, sculptural spears, daggers and battle axes dating back three to four thousand years. Most amazing were the 2 bodies of men preserved in bogs during the Iron Age, about 400 to 200 B.C. The bodies looked very much dehydrated but showed clearly visible details of manicured fingernails and blood vessels along the arms and hands.

We also saw the more mundane evidence of a working city – boring plain façade modern office buildings, street construction and political signs for and against a referendum to legalize same sex

**TRAVEL / See Page 5**



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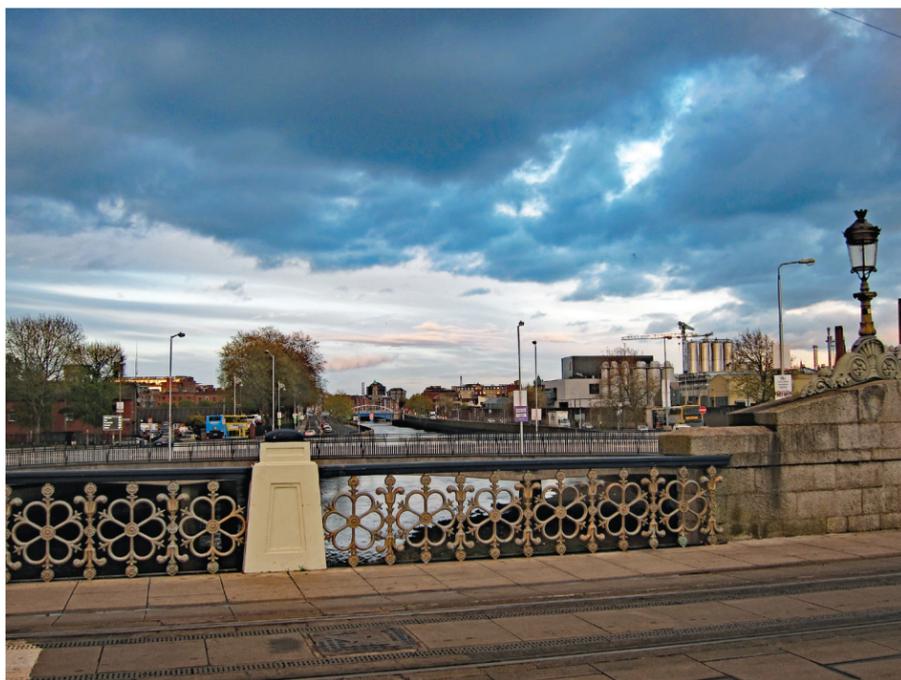
**TRAVEL / From Page 4**

marriage – it passed on our last full day in Ireland.

Friday we returned to Dublin Airport to get a Hertz rental car. Both Leslie and I had driven in Ireland before and were ok with driving on the wrong side of the road, and I figured it would be easier this time because this car would have the driver-on-the-right side of the car. My previous experience was in a VW built with the standard American driver-on-the-left setup. We ended up getting a Peugeot with a diesel engine, and decided to get comprehensive insurance coverage through Hertz. This proved to be a VERY wise decision.

So, we loaded our luggage in the trunk, put on our seatbelts, and set out for the Trim Castle Hotel in Trim, County Meath.

To be continued...



Sean Heuston Bridge on the River Liffey. Guinness Brewery on the right.



Abbey Court



Bachelor Inn & Bar



Entrance to Trinity College

# What's Happening in HIDDEN MEADOWS?

## ACTIVE LISTINGS

ADDRESS	LIST PRICE	ADDRESS	LIST PRICE
Oak Ranch Lane	\$549,000	Mountain Meadow Rd	\$949,000
E Meadow Glen Way	\$727,000	Alps Way	\$1,475,000
Rocky Ridge	\$749,500	Mountain Meadow Road	\$2,500,000
Sandhurst Way	\$839,000		

## PENDING LISTINGS

ADDRESS	LIST PRICE	ADDRESS	LIST PRICE
E Meadow Glen Way	—	Burned Oak Terrace	\$695,000
Burned Oak Lane	—	Red Stone Lane	\$697,000
Meadow Glen Way East	\$644,900	Sage Hill Way	\$729,000
Oak Spur Way	\$659,000	Mnt. Meadow Rd	\$695,000 - \$750,000
Indian Creek Way	\$675,000	Faircrest Way	\$849,000
Meadow Glen Way East	\$675,000	Turner Heights Lane	\$879,000

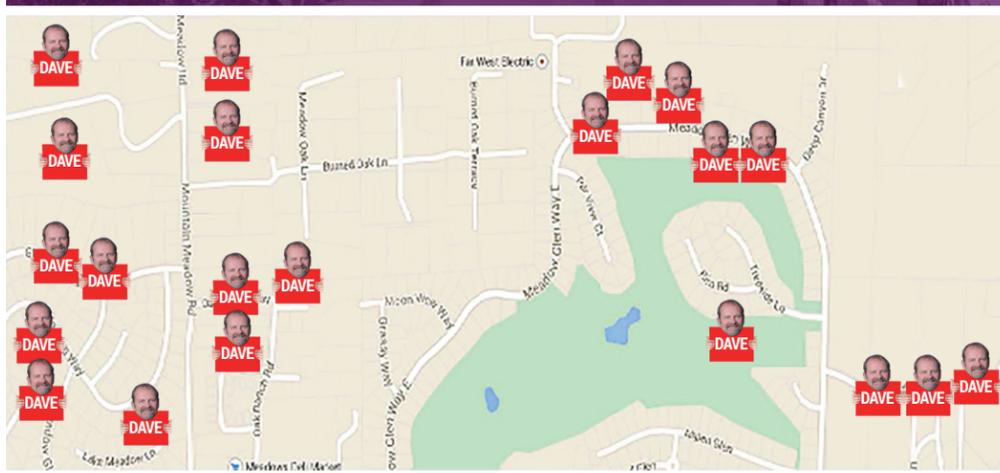
## SOLD LISTINGS

ADDRESS	LIST PRICE	SOLD PRICE
27407 Mountain Meadow Road	\$590,000	\$590,000
10212 Lake Meadow Lane	\$612,500	\$612,500
10825 Meadow Glen Way E	\$715,000	\$715,000
28310 Glenmeade Way	\$720,000	\$720,000
27805 Dogwood Glen	\$725,000	\$725,000
11173 Meadow Glen Way E	\$740,000	\$740,000
10545 Burned Oak Lane	\$745,000	\$745,000
11189 Meadow Glen Way E	\$853,000	\$853,000
28480 Sage Glen Trail	\$875,000	\$875,000
10463 Pinion Trail	\$885,000	\$885,000
9704 Canyon Country Lane	\$899,000	\$899,000

\*\*Data from SANDICOR, Inc. for 09/30/2020—10/23/2020 and represents properties listed or sold by various brokers. If your property is currently listed this is not meant as a solicitation.\*\*

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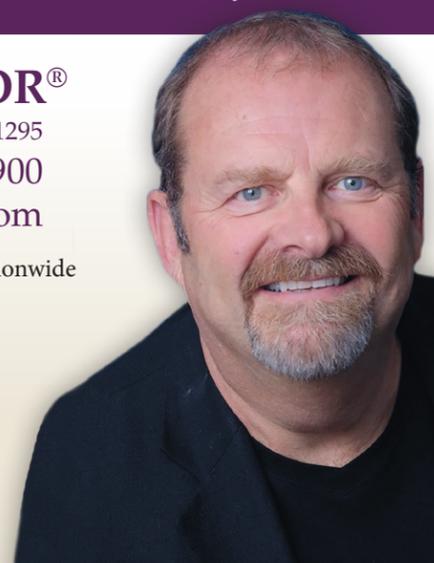
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Andrea Sorrentino and Amy Kruel in the Hidden Meadows Salon

## The Meadows Hair Salon: walking distance from home!

By Michelle Zipse

There's a new hair salon in Hidden Meadows! The Salon is on Meadow Glen Way East in the Home Smart building on the first floor. Entrance is to the left of the main door.

Amy Kruel is a hair stylist at the salon, 760-580-3982, amksd2018@gmail.com. Andrea Sorrentino is a hair artist and color specialist. 530-316-0335.

Cosmetic Ink also works out of the location to do permanent makeup for brows, eyeliner and lips. Call Elizabeth Rose to set up an appointment - call or text 760-509-5400 or cosmeticInk.net.

Salon hours are 10-4 weekly in Hidden Meadows. Prices are reasonable and you can call the stylist of interest at the above numbers to get information and set up an appointment.

We are lucky to have some talented hair dressers just a short distance from our homes. Give them a try!



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Kruel in front of the raffle display at Hidden Meadows Salon

**GARDEN / From Page 1**

nice to reconnect with each other. After admiring everyone's creation we posed for a group photo. Then it was time to clean up and clear out - the second group was about to arrive!

In this group we had four Garden Club members who opted to make a succulent wreath while two members worked on pumpkins. The wreaths take longer to complete, require a lot more plants and can be quite fiddly to assemble. In previous years, wreath making was a separate activity but when planning our 2020 calendar the Garden Club decided to combine it with the pumpkins and this worked well. There were three new members in this group. Before leaving we posed for a photo which unfortunately doesn't do justice to the wreaths and pumpkins. Oh well, sometimes that's how it goes!

Typically we end our activities by eating lunch together, but the necessity of splitting the group into two sessions and COVID-19 concerns made this impractical. In November we hope to meet for an informal, distanced picnic lunch to finish off the year.

If you would like information on joining the Hidden Meadows Garden Club contact Club Organizer Karen Henderson at karenh.home@gmail.com or 760-749-3164 (text preferred). We usually have an outing or activity once a month January through November. It's a great way for new and established residents to connect with Hidden Meadows gardeners and build friendships.



**Vida Shayan, Geri Beam, Olga Brouwer, Judy Dunn, Sima Kashani, Joanne Anglin & Frances Munk**



**Vida Shayan & Sima Kashani**



**Diane Heath, Sherry Horton, Idalia Rewar, Peggy Stokes & Susan Brill. Not pictured: Karen Henderson & Meredith Kifer**



**Olga Brouwer**



**The Pumpkins - can you spot the artificial one?**

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- 306 W. El Norte Parkway, Suite S



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#### SAN MARCOS

- 277 Rancheros Drive, Suite 100

For a complete list of Graybill locations visit [www.graybill.org](http://www.graybill.org)



**FAIRE / From Page 1**

Your support of the neighborhood is greatly appreciated!

El Shrimp Bucket Food Truck also came out to support the Seller's Faire. They were in front of the Home Smart building across the street from the Faire parking lot. They feature breakfast tacos at this event and then their favorites which include Maine lobster, rib eye steak, octopus, and ahi tuna. They also serve the normal favorites of pork, talapia, and chicken. They serve from 9am - 1 pm during the Seller's Faire.

Also, Thanks to all the vendors! The next Seller's Faire is on Saturday, November 21. Come out and buy all your holiday gifts!



(above) Volunteers at the Sellers Faire: Danielle Milliken, Dawn Korinek, Michelle Zipse, Lynn Wheeler, Linda Collins  
(left) Showing off one of the vendors wares of little visors for puppies  
(below) The Hidden Meadows garden Club booth



(above) Doggie kisses  
(below) One of the booths succulents and fun phrases tea towels





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**VETERANS / From Page 2**

from exposure to Agent Orange in SE Asia, burn pits in Iraq and Afghanistan; Traumatic Brain Injury (TBI) from exposure to blasts within 100 meters, the increased risk of coronary heart disease in veterans exposed to combat.

There are the costs to family – deployments or ‘temporary’ duty disrupting family patterns, moving every 2 to 4 years, with shallow, if any, roots in a community, disrupting children’s schooling and friendships and spouse’s employment, living far from family – and losing the closeness and immediacy of family relationships, children

not knowing their cousins. All these and more are sacrifices made daily by members of our armed forces.

People I remember on Veterans Day: My dad, afraid of flying after trying to get a pilot out of a crashed plane in the south Pacific; the pilot’s last words were “no bombs, no bombs”; Mary, a young bride with a newborn baby boy, whose husband was stationed in Wildflecken, taught how to drown the family pet in the bathtub in the event Soviet tanks roared through the Fulda Gap; my sister’s best friends in childhood, 8 years without a father, a POW in the Hanoi Hilton, their parents broke up after he came home; Harry, who came home

from Vietnam thinking of himself as a killer unfit to spend time with his children and grandchildren; John, who felt guilty because his unit was transferred out of Khe Sanh just prior to the battle; Juanita, killed in a terrorist attack at Fort Hood; Susan, an air traffic controller in Thailand, whose exposure to Agent Orange there and in Vietnam resulted in a cancer diagnosis; a young soldier home from Iraq unable to father children due to an IED (improvised explosive device), and so many, many more who paid a high price for serving their country.

I also think of veterans who’ve told me they would have done it for free, if they didn’t need the money, that it was the best time of their life.

The stories veterans tell, if they tell any, to family and non-veterans, are typically of the interesting, adventurous, light hearted or fun moments, or exciting events in which everything went right, the joys of homecoming. When I was a kid, my uncle Mickey told stories of wine in French basements during the liberation of France, and I commented that it sounded like fun. He turned to me with an out-of-character hard and stern face, and said something like “you don’t

know what it really was.”

We don’t celebrate Fireman’s Day, or Policeman’s Day or Farmer’s Day or any of the other professions critical to our lives and survival. We celebrate Veteran’s Day because of the unique costs of their profession: they are sent into situations where they know death and injury are possible, sometimes likely, sometimes inescapable, and they can’t refuse, they can’t send in a 2 week notice: they are committed. Most of us are blessed that we don’t “know what it really was.” But it is important that we do have some understanding of the costs of taking that oath to serve in the military. Those costs should make us very careful and thoughtful about the tasks we set our military, as well as thankful enough to celebrate their service with a national holiday.

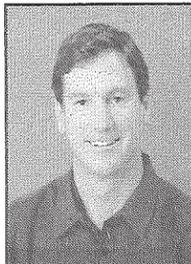
So, on November 11, on Veteran’s Day, we should be enormously grateful for the gifts Veterans have given us, and mindful of their sacrifices and those of their families. From all of us who can comfortably look forward to Thanksgiving, and Christmas, and the rest of our lives, ‘Thank you for your service’!



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**HELPFUL PHONE NUMBERS**

911: Immediate emergency assistance	<b>Deer Springs Fire Protection District</b> Station 1 Headquarters: 760-749-8001 Station 2 Deer Springs: 760-741-5512 Station 3 Hidden Meadows: 760-751-0820 Burn Permits: 760-749-8001
211: Emergency and non-emergency county information hotline	Road Conditions/ Closures: Cal Trans 800-427-7623 or www.traffic.com
Animal services: 619-299-7012	Hidden Meadows News - <i>Newspaper</i> : 760-297-2900
CAL FIRE/Fire Information hotline: 619-590-3160	
California Highway Patrol: 858-637-3800	

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If you plan to attend any meetings in October, check for changes.

Submitted by LeEtta Rudolph , Home Smart Realty West  
 www.leettasellsmart.com leettarudolph@gmail.com

Every Week: CHECK FOR CHANGES  
 TTh, Yoga, 8 am 751-0261\*  
 MWF, Fitness Workout, 9 am 749-6523\*  
 W, Bridge Group, 10 am 751-0261\*

**November 2020**  
 CHECK FOR CHANGES

3	Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm	643-5125
3	MHA Architectural Rev Com Mtg, 6:30 pm	749-7278*
2	VCMWD Board Mtg., District Office, 2 pm	749-1600
11	Deer Springs FPD. Bd. Mtg. 2:00 pm	749-8001
11	HM Condos, HOA Meeting, 4:00 pm	407-7575*
11	HM Community Foundation, 7 pm	sarah@bretandsarah.com
12	MHA Board Mtg, 6 pm	749-7278*
13	Garden Club Meeting, 10:00 am	809-8889
16	VCMWD Board Mtg., District Office, 2 pm	749-1600
17	CERT Monthly Mtg., 6:30 pm	525-5170*
17	Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm	643-5125
26	Ranch HOA Mtg, 4-6 pm	407-7575*
26	HM Sponsor Group Mtg., 7:00 pm	809-6898*

**December 2020**  
 CHECK FOR CHANGES

1	Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm	643-51257
1	MHA Architectural Rev Com Mtg., 6:30 pm	749-7278*
7	VCMWD Board Mtg., District Office, 2 pm	749-1600
9	Deer Springs FPD. Bd. Mtg., 2:00 pm	749-8001
9	HM Condos, HOA Meeting, 4:00 pm	407-7575*
9	HM Community Foundation, 7 pm	sarah@bretandsarah.com
10	MHA Board Mtg., 6 pm	749-7278*
15	Bookmobile, MLGC Pkg. Lot, 1:00- 2:00 pm	643-5125
15	CERT Monthly Mtg., 6:30 pm	525-5170*
21	VCMWD Board Mtg., District Office, 2 pm	749-1600
24	Ranch HOA Mtg., 4-6 pm	407-7575*
24	HM Sponsor Group Mtg., 7:00 pm	809-6898*

\* Held at Meadows Community Center. 28208 MGWW  
 Meadows HOA email: meadowhoa@att.net  
 Call Weekdays 9-12 pm 760-749-7278 to reserve Pavilion\* The pool or park cannot be reserved.

# Hidden Meadows Community Resources and Organizations

## Resources

### Community Emergency Response Team (CERT)

The Deer Springs CERT program is comprised of volunteers who have completed a 24-hour training program designed by FEMA that includes instruction in basic disaster response skills, such as fire safety, light search and rescue, team organization, disaster medical operations, ways to improve home and work place safety, and how to prepare for an emergency. The volunteers are also trained in CPR, first aid, and in the use of a defibrillator. Contact Marc Weissman at 760-525-5170 or marcweissman11@gmail.com.

### Community Sponsor Group

The members, appointed by the San Diego County Board of Supervisors, meet monthly to provide a communication link with the San Diego County Planning and Land Use Department. They review and make recommendations on all types of land use, building matters and other planning issues that affect our community life. Their areas of interest include property north of the city of Escondido, east of I-15, south of Old Castle Road, and west of Valley Center. Contact Chairman Jim Chagala, at 760 751-2691 for more information.

### Deer Springs Fire Safe Council

The mission of the Deer Springs Fire Safe Council (DSFSC) is to preserve lives, property and natural resources by mobilizing all members of our community to make our neighborhoods fire safe. This is accomplished through the following:

**Education-** Through the use of instructional literature, meetings, the website [www.deerspringsfiresafecouncil.com](http://www.deerspringsfiresafecouncil.com) and newspaper articles, the Council shall disseminate proven measures for fire safety. This information will be provided to every district resident at least once each year.

**Prevention-** The council shall take the necessary steps to mitigate future wildfires and other uncontrolled fires within the community.

**Communication-** The Council shall acquire and develop the necessary capabilities to communicate to all our residents during an emergency event.

Contact Steve Kerrin at 760-807-1141.

### Emergency Communication System

The Deer Springs Fire Safe Council sponsors its own Emergency Communications System (ECS) that will call registered residents in the event of an emergency. This is a free service provided by local members of the council but you must be registered to receive a call. A system-wide test is conducted each summer to make sure everyone who has registered will receive a test call. Any phone number in the United States may be registered. To register, visit [www.deerspringsfiresafecouncil.com](http://www.deerspringsfiresafecouncil.com).

An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the "Fire Danger Signs" during red flag warnings.

### Homeowners Associations

The Meadows Homes Association (MHA)	760-749-7278
Rimrock Homeowners Association	760-749-4008
Hidden Meadows Ranch Homeowners Association	760-407-7575
Silverado Management Services	
Oak Meadows Glen Homeowners Association	760-749-4796

## Organizations

### Bridge

Weekly bridge is held on Wednesday from 10:00 AM to 2:00 PM. Contact Curt Bruce at [cbruce9289@aol.com](mailto:cbruce9289@aol.com) or 442-222-0821. Note that our bridge group is not meeting until further notice.

### Bunco

There are several women's Bunco groups in the community, but are independently run by groups of women who want to have fun once a month. If interested, consider putting an ad in [nextdoor.com](http://nextdoor.com) for other interested residents.

### Garden Club

Everyone in the community who is interested in gardening is invited to participate in the Hidden Meadows Garden Club. Monthly events include field trips around the county, plant exchanges, plant and garden crafts as well as ongoing exchanges of ideas and expertise on the local flora and fauna. Karen Henderson 760-749-3164 (text messages preferred) or [karenh.home@gmail.com](mailto:karenh.home@gmail.com)

### Hidden Meadows Community Foundation (HMCF)

At the heart of the community events and activities lies the Foundation whose purpose is fourfold:

- Beautification programs such as the maintenance of the medians
- Neighbors Helping Neighbors (temporary assistance for residents in distress)
- Scholarships for residents who are graduating from high school

#### Community events

All donations are tax-deductible and can be sent to HMCF, PO Box 462333, Escondido, CA 92046.

For more information, contact Sarah Sealey at [sarah@bretandsarah.com](mailto:sarah@bretandsarah.com)

### Ladies Bible Study

Due to the COVID crisis, the group meets weekly from 9 to 11 am on Tuesday mornings from October through May via Zoom, until they can resume in-person meetings. For more information, contact Debbie Hamer at 760-297-1278 or Stephanie Swadell, 619-993-4631.

### Social Groups

Several social groups have been organized in Hidden Meadows over the years for those who want to meet other singles and couples throughout the community. Typically twelve households make up a group so that a gathering can be organized once a month at each other's homes. Each group has its own way of planning the gatherings, such as potluck, drink and appetizers, outings, brunch, or hosts providing everything. For more information, contact Toni Wozmak at [toni.wozmak@hotmail.com](mailto:toni.wozmak@hotmail.com)

### Tennis Club

Current tennis players range from 25 to over 90 years young. Some matches are organized according to ability, but most are just fun matches where everyone can play. Contact Katy Freeze at 760-749-9722 or [clarkfreeze@gmail.com](mailto:clarkfreeze@gmail.com).

### Women's Golf Club

The Boulder Oaks Women's Golf Club is a member of the San Diego County Women's Golf Association and Santa Margarita Women's Golf Association. The latter offers inter-club competitive matches with nearby clubs. Thursday is Ladies Day at the course with a variety of tournament formats played throughout the year. Membership in the Boulder Oaks Golf Course is not required for women wishing to join this club. Contact Kathy Figueiredo at (818)274-9129 if you are interested in knowing more about the club.

### Women's Social Group

Monthly gatherings at members' homes for a potluck dinner and conversation are a wonderful way to meet new faces in Hidden Meadows. For information about upcoming gatherings, send an email to [hmwsg92026@gmail.com](mailto:hmwsg92026@gmail.com).

### Yoga

Free Yoga sessions are available at the Pavilion on Tuesday and Thursday mornings at 8:00. Contact Joanne Boessow at 760-751-0261 or [mljab33@cox.net](mailto:mljab33@cox.net) for more information.

## Super Crossword

### Answers

B	O	R	N	E		E	M	O	R	Y		R	F	D		S	A	T	Y	R				
U	B	O	A	T		M	A	R	I	A		E	L	I		O	S	H	E	A				
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D	O	T	E	R			S	S	T				A	N	T	E	D			A	S	S	E	S

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## PMC Escondido among nation's top performing hospitals for heart attack patients

Palomar Medical Center Escondido has received the Chest Pain – MI Registry Platinum Performance Achievement Award for outstanding treatment of heart attack patients from the American College of Cardiology. The hospital is one of only 140 in the nation to receive this award.

“As a Platinum Performance Award recipient, Palomar Medical Center Escondido has established itself as a leader in setting the national standard for improving quality of care in patients with acute myocardial infarction,” said Michael C. Kontos, MD, FACC, chairman of the NCDR Chest Pain – MI Registry Steering Subcommittee, Virginia Commonwealth University Medical Center.

To receive the award, Palomar Medical Center Escondido has demonstrated sustained achievement and performed at the highest level for specific performance measures demonstrating a commitment to providing reliable, comprehensive treatment for heart attack patients based on current clinical guideline recommendations.

“We are saving lives,” said Dr. Mikhail Malek, cardiologist and medical director for Palomar Health’s Heart and Vascular Center of Excellence. “One day you or your loved one might get a second chance at life because of the outstanding care our team provides.”

The Center for Disease Control estimates that almost 700,000 Americans suffer a heart attack each year. A heart attack occurs when a blood clot in a coronary artery partially or completely blocks blood flow to the heart muscle. Treatment guidelines include administering aspirin upon arrival and discharge, timely restoration of blood flow to the blocked artery, smoking cessation counseling and cardiac rehabilitation, among others.

### SIDE YARD / From Page 4

good food, good drinks and music! We are working hard to bring something wonderful to the Hidden Meadows Community. We think we will accomplish our goal with Side Yard Public House. If all goes well, we will begin construction within a few weeks. We have many surprises in store and can't wait to share them with everyone. We love this community! It's not just where we work, we live here too!"

So come down to the Market and watch as the new Pub unfolds over the next few weeks. The neighborhood is growing with new options to hang out with the neighbors!

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Join us LIVE on Zoom for our 'Downsizing With Ease' virtual event on November 11, 2020 at 1pm. Call 760.747.1940 to RSVP and receive the Zoom link. We can't wait to see you!

## HEAR WHAT OUR RESIDENTS AND FAMILY MEMBERS ARE SAYING ABOUT CYPRESS COURT!

Hello Tammy,  
I hope that this note finds you well and that your residents and staff are all safe during this time. I have been reflecting on my uncle John's years at Cypress Court. It was such a wonderful place for him and I remain grateful to you and your staff. I miss him very much. Miss visiting him there. Miss watching him entertain the residents. I will always think of Cypress Court as his final home. Please give my regards to your staff.  
Sincerely,

Kathy  
Family member of Cypress Court resident

Donna,  
I wanted to let you know how much I appreciate all you are doing to make our quarantine bearable. The parade in the halls, Cowboy Jack, trivia, and other games on TV.

Portia  
Resident, Cypress Court

To the Fabulous Staff at Cypress Court,  
We hear it in my mom's voice whenever we talk to her about how happy she is to be there, and that she has so many great things to say about everyone at Cypress Court. You are going above and beyond! Thank you so much. We really appreciate all you have done and all you are doing to keep your residents healthy and safe.  
Much Love,

Ron and Kristi  
Family members of Cypress Court resident

Thank you Donna for arranging transportation and allowing my father to participate in his great granddaughter's 10<sup>th</sup> Birthday Drive-By Wave. He loved the outing! The "Happy Birthday" sign was great too! Thanks for all you do.

Susie  
Daughter of Cypress Court resident



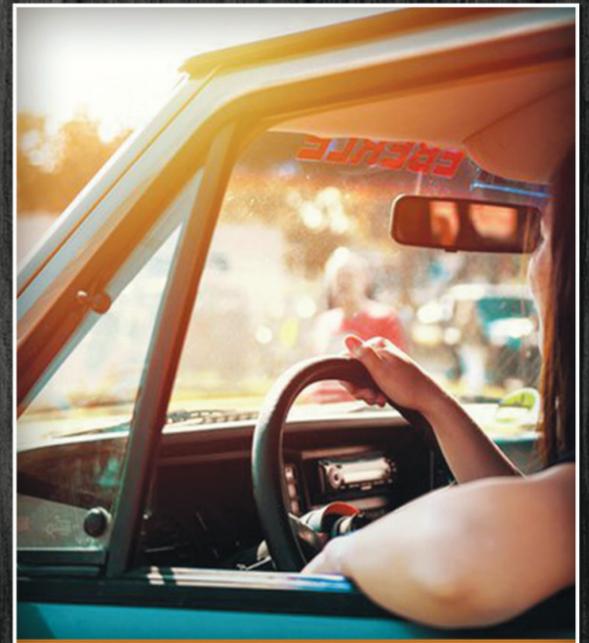


VALLEY CENTER BUSINESS ASSOCIATION PRESENTS IIII

# CONCERT IN CARS

IIII SATURDAY, NOVEMBER 14, 2020, 5PM

A LIVE DRIVE-IN CONCERT EVENT BENEFITTING THE FIREFIGHTERS OF NORTH COUNTY SAN DIEGO



@MYVCBA

DETAILS & INFORMATION



28305 LILAC RD, VALLEY CENTER, CA 92802 TICKETS: WWW.VALLEYCENTERFIRE.ORG

\$99 CARS/TRUCKS/SUVS. \$199 RVs. DOORS OPEN AT 2PM FOR FOOD TRUCKS & TAILGATE.

QUESTIONS, CALL/TEXT: 858.775.4422 BUY TICKETS : WWW.VALLEYCENTERFIRE.ORG

OUR PROUD SPONSORS:



FIREFIGHTERS ASSOCIATION of North County

