

Remember when...

By Michelle Zipse / Resident

Remember when we all casually met in groups large and small, greeted each other with handshakes or hugs, clustered together to eat, drink, chat... Remember when pictures like this raised no concerns? This picture was taken in January of 2020. No masks, no social distancing. Friends hanging out in the local Club house. Let's all look forward to the return of these good times after the pandemic!

Pictured from left to right: Clay Bruner, Michelle Zipse, Beth Klein, Jean-Louis Clement, Dave Van

Sumner. The bartenders in the back: Cherie Rogers, David Zipse, Awara Van Sumner and Brian Scott. These bartenders are no longer working at the club. Dave, who ran the restaurant, left at the end of March. All visits to our local clubhouse have to be on the outside patio. Times have changed.

Let's see what the new normal will bring. Hopefully lots of good times with friends and family! Everyone hang in there and check in on your neighbors who may have a harder time getting out or may need some help.



Nancy Ogrod, Valerie Spearman and Jennifer Best-Martin

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By Nancy Ogrod / Resident

Thank you, Hidden Meadows and RimRock. Interfaith thanks you so much for the over 1000 pounds of food collected during the September food drive.

Donations included the usual cereals, pastas, PB&J, canned vegetables, canned meats, and canned fruits. In addition, there were bags of rice and beans, fresh fruits and vegetable, some toiletries and cleaning supplies. Interfaith has seen an increase in families requesting sacks of groceries, as well as the need for sack lunches, during this time of the COVID-19 pandemic. So many families who have never requested assistance

before need the help now. Your donations will really help.

Residents were greeted by volunteers as they came by with cans, bottles and boxes of food.

Thank you to Valerie Spearman, Jennifer Best-Martin, and Nancy Ogrod for volunteering their time. It was hard not to hug people and see your smiles as you came by, but we felt your love and caring despite the masks and physical distancing.

If you did not have the opportunity to give food, it is never too late to take food or a monetary donation by the Escondido Interfaith facility. They are located at 550 West Washington Ave., at the corner of Washington Ave. and Quince St. Our next food drive will be in January 2021. Thank you again for your generosity.

Trunk or Treat Cancelled

By Hidden Meadows Community Foundation

Trunk or Treat, the Halloween celebration sponsored by the Hidden Meadows Community Foundation and one of our favorite annual events, is cancelled this year due to Covid-19 pandemic.

The Seller's Faire is Back: October 17 & November 21

By Micheller Zipse / Resident

2020 has been a difficult year for the Seller's Faire. We think we have found a way to provide this neighborhood favorite event. The dates will be on Saturday, October 17 and Saturday November 21. Many vendors have responded to participate and we anticipate many more as the dates get closer. An example of the products from a few of the already committed vendors: Style Dot Jewelry, Pampered Chef, Color Street nail polish strips, Carved pens.

Also, El Shrimp Bucket will be participating with a taco Food truck. Breakfast tacos will be served in the morning and as lunch time approaches they will serve from their normal menu. Favorites include: Ahi tuna, Rib eye steak, Lobster, Surf and Turf, the steak and lobster together, octopus. They also serve the regular favorites like pork, chicken and fish. El Shrimp Bucket has become a regular favorite in the neighborhood!

The Hidden Meadows Garden Club will be selling plants and other green thumb items at this event!

We are asking for masks to be worn by all participants and please observe proper social distancing.

If you'd like to participate as a vendor, please make a reservation for booth space in advance. Drop in vendors are no longer allowed because of the new rules regarding covid. Please contact Linda Collins at hmsellersfaire@gmail.com

Come down! Check out the vendors. Grab a taco or two and enjoy the neighborhood with your friends and family!

Pandemic impacts traditional opening of Bates pumpkin season

Bates Nut Farm in Valley Center is beginning the busiest time of year hobbled by the coronavirus. This has been true for more than 50 years and the pumpkin patch has been a family favorite.

On September 24 Bates issued this announcement: "Due to COVID-19 the Early Days Antique Gas Engine & Tractor Show, Farm Education & Youth Day have been cancelled."

But some things never change, although this year masks and social distancing are required. The pumpkin patch opened September 19 and will remain open until Halloween, October 31.

Visitors are invited to grab a wheelbarrow and pick from variety of pumpkins: Big Macs, Ghost, Cinderella, Jack O' Lanterns, minis, squash, gourds and other fall décor. Dogs on a leash are welcome at the farm.

www.BatesNutFarm.com



Pictured left to right: Vicky Long, Susan Penacho, Dannielle Milliken, Dawn Fuller, Melisa Mitchell, Michelle Zipse, Joanne

Hidden Meadows Women's Social Group Parties of Eight

By Linda Collins / Resident

It has been so very long, we just had to find a way to reconnect! The HM Women's Social Group found a way . . . Parties of Eight! The first gathering was on September 10. We weren't sure how it would work out. Everyone brought a personal picnic, beverage and a snack. Nothing was shared. The 'front porch' event had chairs spaced out to maintain social distancing. Everyone had to use hand sanitizer upon arrival and wear masks until everyone was settled in their places. And, . . . it was wonderful!

We talked about everything from COVID, of course, to rescuing a parent from across the country, the Seller's Faire, the food trucks at the golf course, favorite foods from New Orleans, air travel nightmares, pets, and so much more. It felt so nice to do something that used to be so 'normal'.

Since the experiment went so well, several other members have offered to host a party of eight on their patios or porches. The invitations will go out in waves to make sure that everyone has an opportunity to participate. As the coordinator, I get to attend most of them! There's an upside to everything. And, of course, I hosted the first one on September 10. Jess Sorrentino hosted September 24. She is one of our newest members. Dawn Fuller and Michelle Zipse will be hosting in October. And Melisa Mitchell will host in November. We sure hope that come spring, we can have a larger indoor gathering ... or at least an indoor Party of Eight!

Air hugs to everyone!

For more information on the Hidden Meadows Women's Social Group, email hmwsg92026@gmail.com

Food Trucks Friday at **Boulder Oaks Cancelled**

By Michelle Zipse / Resident Hello Neighbors!

I hope everyone has enjoyed the Food trucks on Friday nights! Meadowites came out for tacos, burritos, tortas, quesadillas, salads and ceviche from our favorite food truck, El Shrimp Bucket. On Friday, September 11, we had a new Taco Food truck called Taco Love. The trucks set up on the patio side of the Boulder Oaks Golf club overlooking the golf course, conveniently located so you could grab your taco and head up to the Golf club patio to get a drink from your favorite bartender!

Unfortunately, there will be no more Food Truck Fridays at Boulder Oaks Golf Club. Mr. Kim was never a part of this but allowed the trucks to set on the patio of the club. I think the golf club benefited greatly from the increase in bar business associated with people coming out in the local community to get a taco and get to know their local bar. However, we have been asked to cancel all future food trucks at the Boulder Oaks Golf Club. But DO look for the food truck at the Seller's Faire in October in front of the Home Smart building.





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Hidden Meadows Women's Bible Study

By Rosemary Tulis / Resident

A Good Book Club for Gaining Prospective in Today's World

Need perspective on what's happening in the world today? Virtually everything seems strange and new these days, so how about checking out what happened when everything was really strange and new — creation?

The Hidden Meadows Women's Bible Study group plans to do just that by starting this season studying "Genesis" in the Bible. To help understand life's challenges, the why of life, we are encouraged to consider the Bible from three perspectives: What does it say? What does it mean? What does it mean to me? This saga of the ages, spanning the ravages of every kind of threat for millennia, amazingly still relates to us today, and provides comforting perspective in our lives.

Due to COVID restrictions, weekly 9:00 Tuesday morning sessions will begin with Zoom meetings, with the hope, when possible, of returning to the former in-person meetings. Typically, using a helpful study guide that is provided, the group of compassionate, supportive friends discuss the week's readings. Learning and praying together provides insight, inspiration, encouragement, and the blessing of hope.

All interested Hidden Meadows women are invited to join the Bible Study Group. For planning purposes, please contact Debbie Hamer at 760-297-1278 or dnbhamer@hotmail.com, or Stephanie Swadell at 619-993-4631.

What's happening in the neighborhood: Side Yard **Public House**

By Michelle Zipse / Resident

The Market at hidden Meadows is adding to their business. In addition to the Market and Coffee Bar which will not change, there will be a new Pub – the Side Yard Restaurant/Bar. The new bar will be built on the side of the Market in the dirt space. Signage is coming soon.

In an interview with Shari Petric, co-owner of the market, she said, "When we remodeled our Market it was important to us that we fill a need for our community. We believed the Meadows could use a Coffee/ Smoothie/ Ice Cream Bar and a neighborhood restaurant. We built the Coffee bar and it has become a neighborhood favorite. A year and a half later, we are proud to be building a restaurant. Our wish is to build a place where people could gather - somewhere to meet up with friends, hang out with family, watch sports and play games! A warm inviting atmosphere with good food, good drinks and music! We are working hard to bring something wonderful to the Hidden Meadows Community. We think we've accomplished our goal with Side Yard Restaurant/Bar. If all goes well, we will begin construction within a few weeks. We have many surprises in store and can't wait to share them with everyone. We love this community! It's not just where we work, we live here too!"

So come down to the Market and watch as the new Restaurant/Bar unfolds over the next few weeks. The neighborhood is growing with new options to hang out with the neighbors!

Outdoor playgrounds will open

The state has released guidelines to allow for the reopening of outdoor playgrounds in parks, campgrounds and other publicly accessible locations.

The County local health order will be updated to reflect the new guidelines which go into effect locally Sept. 30. They include:

Use of face coverings for everyone 2 years and older; children must be accompanied by a caregiver.

Physical distance must be maintained, and children must be from the same household.

No eating or drinking in playground, to ensure face masks are worn.

Wash or sanitize hands before and after using the playground.

Limit visit to 30 minutes per day when others are present.

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Who are you going to call? Broadway Joe or a Pro?

BY DIANE ARNOLD

Joe Namath was a great quarterback and celebrity, but he is not a Medicare Health Plan Specialist. While it is endearing to see Joe Namath continuing to enjoy his fame through television ads, his message is clearly an invitation to call a telesales agent for more information.

Choosing a Medicare Health Plan is a matter that often causes stress and feelings of uncertainty. A Medicare Health Plan Broker's focus is to provide information needed for the beneficiary to make decisions that best fits their unique needs and desires. One plan does not fit all, and when selecting a plan that will help pay the 20% co-pays that Original Medicare doesn't cover, the feeling of exasperation and confusion will be reduced when you call a professional.

A professional licensed Medicare Health Plan Broker will reduce the confusion, anxiety, and even the inability to move forward with a decision. Knowledge is power so this article is offered to enhance your knowledge about the basics of Medicare health plans. You are encouraged to contact a licensed broker who specializes in the wide range of Medicare health plan options available, and who will help you find the plan most suitable for you.

What Is Medicare And What Are **The Different Parts?**

The government health insurance program for people who are 65 and older and for people under 65 with certain disabilities is Medicare. US citizens and persons who are lawfully in the US and have lived in the US for five consecutive years are eligible for Medicare.

Medicare has three parts which are known as Part A, Part B, and Part D.

Part A covers hospitalization, skilled nursing and hospice. Medicare pays 80% of the Medicare approved charges and you are responsible for the remaining 20%. Most people do not pay a premium for Part A because it has been paid through their payroll taxes while they were working.

Part B is medical insurance that covers doctor visits and outpatient care. Medicare pays 80% of the Medicare approved charges and you are responsible for the remaining 20%. Most people pay a premium for Part B. The premium is based on information provided by income tax returns so it varies. Most people pay \$144.60 in 2020 for their Part B premium, but if your income is above certain amounts, you will pay an extra charge. People who are eligible for enrollment into Part B, but do not enroll when they are first eligible, will be penalized by the government.

Part D is prescription drug coverage and it helps pay for Medicare approved medications. Your Part D premium is based on the information provided on your income tax return plans are offered by private insurance coverage and you will not receive companies and the premium depends on the plan that is selected. Medicare eligible people must enroll into a Medicare approved prescription drug plan when they are first eligible or they will pay a penalty for as long as they have Medicare.

Tips...

Your licensed professional Medicare Plan Broker will provide you with the information you need to determine your Medicare premiums.

The 20% of the charges that you are responsible for paying could cause financial stress. Therefore, the government gave private insurance companies two options to help pay the 20% of the charges that are your responsibility. Your Broker will research the plans available to you and explain in detail the benefits of both options.

You may postpone your payment of Medicare Part B if you continue to be employed and are covered by your employer's group health plan. When you leave your employer's group health plan, you must enroll in Part *B* to avoid late enrollment penalties.

Has COVID-19 Changed Your **Employment Status and Your Medicare Plans?**

COVID-19 has created unexpected changes for many who expected to remain with their employer group health plan. They may have been suddenly furloughed, had their hours reduced so they don't qualify for health benefits, or they have decided to retire early.

What if you lose your Employer's Group Health Plan or decide to re-

If you leave your employer's group health plan and you're eligible for Medicare, you will have a Special Election Period to enroll into a Medicare Health Plan that will be effective the first day of the month following the termination of your employer's plan. Two important steps must be taken 1) Complete the Application For Employment in Medicare Part **B** (Medical Insurance), and 2) Request your employer to complete the form Request For Employment In**formation.** Both of these forms may be downloaded from www.medicare. gov. A person who has been enrolled in an employer plan may request a delay in enrolling into Part B. During the time they were eligible for Medicare but covered with their employer's plan, Part B enrollment could be delayed. Once they leave their employer's plan, they must apply for Medicare Part B and start paying their Part B to avoid a Late Enrollment Penalty.

What do you need to do before you

If you are continuing to work beyond your 65th birthday and you're covered by your employer's group health plan, you may decline enrolling into Medicare Part B. You are

two years ago. Prescription drug considered to have creditable health a late enrollment penalty. If you are already accepting Social Security benefits, you will be mailed your Medicare card at the address Social Security has on file. It is important to inform Social Security of any address changes you make. If you are accepting Social Security while you're covered by an employer health plan, notify Social Security that you want to defer Part B so you won't be unnecessarily charged for your Part B premium.

> Call your licensed broker to discuss the options available to you taking into consideration whether it is beneficial for you to remain on your employer's health plan or to enroll into Medicare. Selecting the right option for you is an important part of your financial planning process. If you leave your employer's plan, your dependents may also be terminated. Each employer has different guidelines so your best resource for the information you need is your employer's Benefits Officer.

If you are not continuing your enrollment with your employer's health plan, you have a seven month period to apply for Medicare Part B. You may apply three months prior to the month you were born, the month of your birthday, and up to three months after your birth month. Most people request an effective date that begins the month of their 65th birthday if they are no longer going to be covered by their employer's health plan. When is Annual Enrollment Period (AEP)?

Annual enrollment period begins October 15 and ends December 7 of every year. It is the time when you're able to change your Medicare Advantage Plans with an effective date of January 1, 2021. Every year plans have updates, sometimes new benefits, and often new providers and prescription drugs added to the plan. Your needs may have changed over the past year and this is the time to consider your options. You will notice an abundance of ads on television and you will receive a

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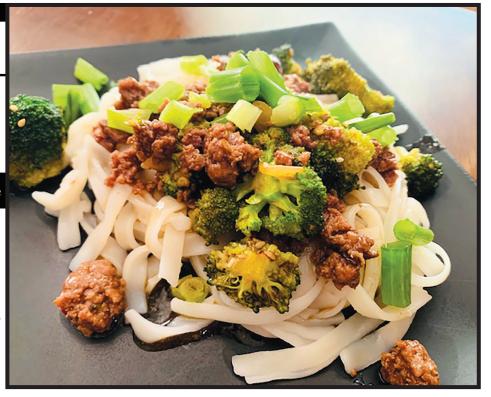
by Famie

Mongolian Ground Beef and Noodles

I love quick and easy recipes that come together in 20 minutes or less. This is one of my go to quick favorites to make after a long day of work! One of my gauges on if a meal is good or not is my 12 year old son, Doug going back for seconds or thirds on something I make and this is one of those dishes. Cooking does not have to be difficult to be delicious and different. Experimenting is half of the fun! Let those creative cooking juices flow!

Serves 4 (or 1 very hungry tween HA!)

- 1 lb ground beef
- 1 package Asian flat noodles or Fettuccini
- 2 cups small diced broccoli
- 1 Tbl ginger diced or paste
- 1 cup green onions diced
- 3 garlic cloves diced
- 4 Tbl hoisin sauce
- 1/4 cup soy sauce
- 2 cups beef broth
- 1 Tbl corn starch
- 2 Tbl olive oil



Cook noodles as directed on package. Set aside. In a large sauté pan, heat to medium and place oil and ground beef. Cook until browned. Add in the garlic, ginger, broccoli and diced green onions. Cook for five minutes. Add the hoisin and soy sauce, mixing well. In a bowl, mix the broth and corn starch together. Add to the meat mixture and cook for five minutes. Serve over noodles and enjoy!

MEDICARE / From Page 4

stack of flyers and brochures encouraging you to call an 800 number to get more information. Your licensed broker has access to all the benefits for all the plans available in your county and state so just call a local professional if you have questions.

A knowledgeable licensed insur-

ance broker who is appointed with quality Medicare Health Plans will be prepared to answer your questions and help you identify a plan that meets your needs and your budget. There is no charge for this help and selecting a Medicare Health Plan is an important decision as you're approaching 65 or leaving your employer's insurance plan. Your local Medicare health plan broker will help you enjoy peace of mind as you encounter these milestones in your life.

Diane Arnold is a licensed insurance broker who has chosen to specialize in Medicare health plans. *She is licensed in California, Alaska,*

Arizona, Colorado and Oregon and she is happy to provide you with the information you need to make a decision that best meets your needs. She provides complimentary consultation and looks forward to answering your questions. Diane may be reached at (760) 913-5263.

What's Happening in **HIDDEN MEADOWS?**

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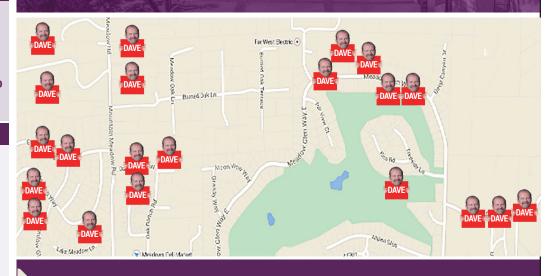
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BY DAVID ROSS

Marie Waldron is running for her fifth term in the California Assembly, representing the 75th District. This is the second to last time she can run, as she would be termed out in 2024. She

is the Republican leader of the As-

She describes herself: "I'd say that I'm a neighbor, and a mom and a business owner. I want our voice heard in Sacramento and I want to hear my neighbors' concerns."

She is running again, she says, "Because our district needs a voice in Sacramento. We are a little different than many districts. We have some parts that are cities and a vast area that is rural and agricultural. It took a year or two to get Sacramento to recognize that San Diego is not just the city and that we do have agriculture here. A lot of the focus in Sacramento had been the Central Valley and Northern California. We were able to get San Diego ag on the map."

"The COVID crisis, bringing back the economy, getting people back to work, making sure it's done safety and getting kids back to school are the number one thing on peoples' minds," she said. We have high unemployment. We have seen some of the dysfunction which includes EDD (Employment Development Department), and the DMV, that had to shut down and allow people to renew their licenses online. We were not ready for a crisis like that."

Fire and the risk of wildfire is a big issue for this area, she said. "We look back on ten to 20 years of mismanagement of our forests and veg-

75TH DISTRICT ASSEMBLY **CANDIDATE: MARIE WALDRON**

etation," she said. "We learned our lesson in San Diego, thankfully, and how to deal with the utility companies. SDG&E works hard with their weather centers. It is very impressive. The problem is that it has not been instituted statewide. Other parts of the state could really benefit from what we have done here in San Diego."

Although COVID-19 and the state's wildfires have dominated the news, "Mental health and homelessness haven't gone away," she says. "In fact, the COVID crisis has exacerbated them. The state is going to have to do a better job to take care of people."

Homelessness, said Waldron, is "obviously a human issue. We have to address it compassionately and with real solutions. With bold proposals to streamline the homeless population, providing shelter and access to mental health treatment, which is a big part of it."

"The Public Policy Institute of California said homelessness was the biggest issue on peoples' minds before COVID," she said. "We want to look at some things we CAN do. It's not just building homes. We need to definitely have more homes available at different levels. The governor has taken action on homelessness. Calling a state of emergency was important to block the frivolous use of CEQA."

She supports "incentives and training for at-risk youths, giving them more opportunity for jobs training. To break the cycle of poverty so people can get into job training."

She coauthored with Eduardo Garcia of the 56th District AB 1111, whose goal was to break the cycle of homelessness and crime through career education. "We asked for \$25 million and we got it to fund the program," she said. "This year we are asking for more one time funding. "

The bill, the Removing Barriers to Employment Act, created a competitive grant program to address the needs of individuals who face barriers, who are at risk, often poor and who include former felons. "High school and college is the right age to begin these efforts if we want to prevent the cycle," said Waldron.

She added, "We also talk about homelessness. We want to make sure we are consolidating services to help streamline and eliminate duplicate regulations, to make sure homeless funds are used where they are supposed to be. We can get more bang for the buck if we make sure the funds are going where they should go." This includes reentry planning for people coming out of prison. "We don't want to just release people to the streets and we see a lot of that," she said.

She is also concerned about mental health and substance abuse. "I have worked as an advocate to fight substance abuse," she said. "I served on the San Diego county opioid task force, and currently on the bipartisan Mental Health Caucus and the Assembly Health Committee—where we work all the time on these issues."

Waldron also co-authored SB 855, the Mental Health Parity Act that strengthened the California Parity Act to require insurers to cover mental health treatment. "Everyone looks at physical health as a issue that must be treated," she said. "Mental health was never considered the same; even though there are so many correlations between mental and physical health. There is a still a stigma attached to mental illness." This bill was passed at the end of this last session and requires Governor Gavin Newsom's signature.

A strong supporter of law and order, she said, "We want to make sure California is the place for opportunity," she said. "People need to feel safe in their communities and homes. We want to fund law enforcement agencies, and close some of the loopholes in the law." Such as the fact that vehicle burglary is not treated the same as home burglary. "Vehicle burglary requires proof that the car is locked." She would also increase penalties for retail or serial theft. "I own a business and any kind of theft is an impact on your business," she said.

"We have worked with law enforcement on enhanced training interacting with mental patients. Under those propositions people are not going to jail and we can get them the care they need. Prisons are not equipped to handle that. We should put the money toward treatment so we can stop the recidivism cycle," she said.

She wants fire departments to have updated technology. "It's amazing what we have in San Diego," said Waldron. "Seeing where winds are



blowing, they can predict precisely where the fire will spread—alerting people early on."

She helped co-write AB 14, which provides grants through Cal Fire to local agencies, cities, counties or fire departments for equipment to manage vegetation along county roadways. "In San Diego twenty-five percent of fires are caused by vehicles that pull off the road and by catalytic converters."

She supported bills to provide money to fire victims. "We negotiated a couple of bills with Governor Brown. They included funding for vegetation management, which is sorely needed, for forest management, and put accountability on utility companies to make sure they were keeping their power poles safe."

WALDRON / See Page 12



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BY DAVID ROSS

Kate Schwartz is a candidate for California Assembly District 75, running against incumbent Marie Waldron.

Born and raised in Sacramento, Schwartz has lived in the district since

2000. She studied clinical social work at Columbia University, concentrating on mental health. Her post graduate training was in New York City and Boston before returning to settle in Bonsall and Fallbrook and raise her son.

"Since returning, I've served as a community leader Fallbrook Regional Health District board," she said. She joined the board in 2018. She chairs the government and community relationship outreach committee.

"I've worked with underrepresented community groups to increase access to community health and wellness services," she said. "During COVID-19 I've focused on additional emergency resources for our community bank. To addressing food insecurity and senior population needs; to providing shelter for the homeless and ensuring adequate access to health care for urgent care services."

Schwartz worked as a licensed behavioral health care provider for 35 years. "I've advocated for health care patients and their families and trained masters and doctoral level interns, our professionals of the future. I've created

75TH DISTRICT ASSEMBLY CANDIDATE: KAREN SCHWARTZ

new programs for homeless youth and young adults and evaluated needed services within communities."

She is running because, "I believe we deserve real representation for our communities and community members. Rather than for corporate and special interests."

She doesn't believe California has received reliable federal leadership to overcome the pandemic, "nor this tragically destructive wildfire season. Which translates into just how important state government truly is," she said. "I don't want to strike a balance between our people and special interests, I want to represent the people of District 75 to get us the health care, housing and sustainable habitat we deserve."

She is different because, "I didn't come from a family of other elected officials or the elite or wealthy," she said. "I've been on the ground doing the work in my communities for thirty-five years. I'm dedicated to evidence-based practices. Science based research put into practice through proposals, along the lines of clinical trials. To solve the social economic and public health challenges we face."

During her public health career she met thousands of suffering people. Early on that was HIV positive babies born at Boston Children's Hospital. During the Reagan era she assisted families in New York City living in subway tunnels to housing and social services. She oversaw countywide health programs and trained incoming mental health providers. "I have done the work and had to look people in the eye and do my best to help them," she said.

Her passion for increasing access to health care led her to electoral politics: "I'm very concerned about our public health recovery with the pandemic and prioritizing PPEs. Fortunately there is legislation on the governor's desk to do that." She would prioritize "rapid COVID testing, protecting health care worker and limiting the spread with treatment and vaccine along with social distancing methods."

She focuses both on treating the current pandemic and being better prepared next time. She supports AB 890, that would allow nurse practitioners to function autonomously. "We have a shortage of primary care practitioners, particularly in outlying areas," she



said. "They are usually the first medical workers we see when we go get tested. They will serve as our gatekeepers in the future."

Her main issues are health, housing, habitat, highways and homelessness.

"Easily the most devastating addition to the wildfires is the eviction crisis," she said. She supports AB 3088 (The Tenant Relief Act) which extends protections for renters and mortgage borrowers through January 31. "It gives additional time for economic recovery to return to our jobs or go to new jobs. We need to keep folks from losing their homes to prevent chronic homelessness," she said. "In the long run, we need to stop sprawl development in our unincorporated areas that working families can't afford and increase affordable housing near our transit hubs," she said.

She supports encouraging the remote work force and repurposing office and industrial buildings, vacant big box stores and unused retail spaces into residences. "They can easily repurpose the interiors and design an entire community around these big boxes, with nice grounds, and revitalized areas," she said. "Underground infrastructure is already in place. A great cost savings in using what is no longer in use."

She also supports enhancing the building density bonus, incentivizing affordable developments and streamlining regulations for creating duplexes and for small housing projects.

"The pandemic forced us to move into the future as far as our work force and our economy," she said. "A strong remote work force holds a great deal of hope and in addition to new green technology, the remote work force concept offers us a new future of work."

Studies published before the pandemic predicted that most California workers would shift to remote working by 2027. "The pandemic speeded that up

SCHWARTZ / See Page 9

Hidden Meadows Resident

October 3-11 is Water / Wastewater Professionals Appreciation Week

Each year, "Water/Wastewater Professionals Week;" recognizes the critical role played by these essential water and wastewater professionals in our communities.

Even after the **COVID-19 Pandemic Emergency Declaration**, water/wastewater agency staff have worked to ensure that these critical infrastructure systems have continued to operate, services were delivered, and emergencies were responded to, meeting the needs of their service areas, safely and reliably.

As such, the Board of Directors does recognize October 3-11 as "Water and Wastewater Professionals Week," and does honor and sincerely thank the employees of the VCMWD for their outstanding commitment to sustain water supply delivery and wastewater treatment and disposal during the COVID-19 Pandemic.

Board of Directors,
Valley Center Municipal Water District



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Concrete Resurfacing



My Cherie Amour!

By Michelle Zipse / Resident

128

132

129

133

Saturday, September 19, was a surprise party for Cherie Rogers for her birthday. Thanks to Vickey Ciarlanti for the fun games. Games like hit the target with the water balloon. That was a messy one! The Duck egg toss. Read Dr. Seuss books.... modified. Using a pool cue to putt the golf ball. Lot of fun and drinks were had by all. David Zipse was our bartender. Zippy is taking a break from the Clubhouse to pursue his Real estate career. The creativity continues as we think of ways to socialize and celebrate with proper social distancing!

WINE-**Super** Crossword **INFUSED 53** Lubed (up) 106 Wedding ACROSS 46 Really hate 81 Get a bit wet 1 Broilers, e.g. 57 Exam giver Untouchable 47 Joseph of 83 Sci-fi ability VOW 6 Incited, with 59 Comedian 107 Plumlike fruit ice cream 4 West African 84 "... or telling jokes 108 Feel sorry country 48 Raw fish thought" 11 Emit violently 85 Cuts into about wine? about 5 Zool., for dish 86 Arena yells 15 Jules Verne 109 Wine-49 PC image 64 Cedar, say one captain 66 Egg cells fancying jazz 6 Two-options 88 Firmly fixed 19 Holy artifact 67 Franz's skit trumpeter? 54 Vault (over) 89 Not pressing **7** FBI figures 20 Persona partner 114 Graphic 55 Raines of old 90 Wave to. 21 Witty 68 in the way of 8 West African Hollywood material say Bombeck 56 Pivotal WWII 94 Easy victims 69 Spanish pot with no gray country 22 In between 72 Vegetable 9 Big head 97 Chaney of areas event 58 Military info-23 Wine-loving piece dipped **116** See **10** The. to silents 60-Down 67-Across 98 Suffix with actress? in wine? gathering 26 Ruination 76 "Fix" at the **60** With 117 Bridal bio 11 Make sure of 9-Down 27 Tot's "piggy" vet's word 12 Madrid art 116-Across. 99 Idaho county 28 "The horror!" 77 Brazilian hot **118** Work museum "Mildred 100 Typed **29** "— be a 13 Grounded Pierce" measures spot, in brief guffaw 120 Fix illegally **101** Å bit wet pleasure" 78 Autumn pear actress 79 — and $\stackrel{\cdot}{aah}$ 30 Meter inserts 121 Muddy earth 14 Ear clogger 61 Betray by 102 Hindu sages 31 Fixed charge 80 Lamarr of 122 Planetary 15 Big wheel finking 103 Fool's gold 33 Like pretty **16** PC-to-PC **62** Every single 104 British prince features "Algiers" decent 82 Wine-sipping formed from notes 63 Tattooed 110 Swarms wine? nightclub 17 Mickey's 111 Actress wine? 65 "Anyone girlfriend 38 "Son of," in 128 News tidbit vocalist? Potts 69 Ocean threat 112 Like princes Arabic 87 Adventurous 129 Opera tune 18 City in Texas 39 Actress Garr 91 Response to 130 Queasy 24 Bellboy, **70** Fibbing type 113 Famous 41 Used to live fable writer "Am not!" 71 Ear piece 25 More flighty 42 Untold eras 92 Negative or Brandon -**73** — out 115 Did it wrong Story" (1998 43 Pirate's positive thing 30 Huge guns (depict 119 Bring 93 Klutzy down, as a place 31 Viewed thing something 44 Olympic 132 Sutures 32 One who's building person 95 Bush-league 133 Banana skin expiating charades) sport that 122 Q-Tip's style 34 MYOB part 74 Drench, in wine drinkers 134 Horses' runs 123 Hot temper 96 Wine 135 Build upon compete in? aficionados' 35 Road coater dialect 124 Woodsy, e.g. **125** Egg — yung 50 Wears electoral 36 Toon unit 75 2003-07 Fox 51 Knead race? 37 — polloi teen drama 126 Hellenic 102 Fancy resort 40 Radio's Don 1 Round figure 76 Arab country 52 Academic vowel **45** Terra **URL** ender 105 Juan's "two 78 Ponder 2 Back bones 44 50 57 Inc. All rights 91 96 106 116 118 119 117 121 @2017 King

130

Left to Right: Ashley Ram and Sean, Jeff and Vickey Ciarlanti, Lynley and Brian Thinnes, behind them is Robert Rodriquez, in the back is Herb Pomerance. In the front is the birthday girl Cherie Rogers and her husband Mark, to the right of them is Val Field and her husband Greg, Beth Klein and her husband Jean-Louis Clement, Barb and Dave Zimmerman, behind them is Awara and Dave Van Sumner, Lee Fleurie and then Michelle Zipse and her husband Clay Bruner.

HELPFUL PHONE NUMBERS

911: Immediate emergency assistance

211: Emergency and non-emergency county information hotline

Animal services: 619-299-7012

CAL FIRE/Fire Information hotline: 619-590-3160

California Highway Patrol: 858-637-3800

Protection District Station 1 Headquarters:

Deer Springs Fire

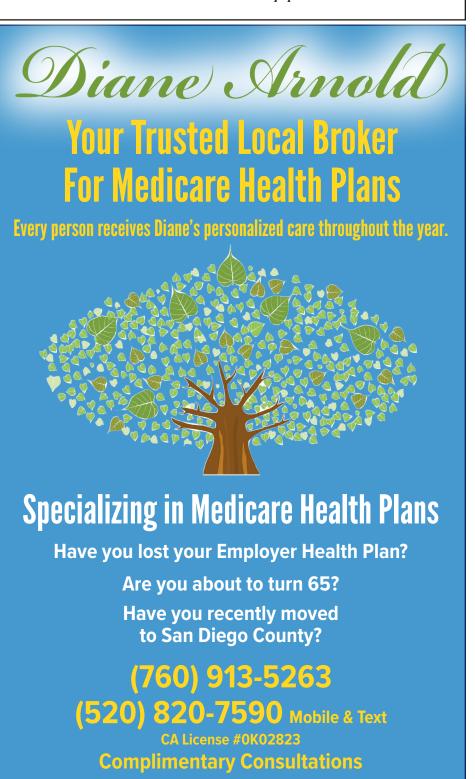
760-749-8001 Station 2 Deer Springs: 760-741-5512

Station 3 Hidden Meadows: 760-751-

Burn Permits: 760-749-8001

Road Conditions/ Closures: Cal Trans 800-427-7623 or www.traffic.com

Hidden Meadows News -*Newspaper*: 760-297-2900



SCHWARTZ / From Page 7

and moved us into the future," she said. Twitter is subleasing a 100,000 square feet in San Francisco, "and adopting a permanent work from home policy. I have seen pictures and information about some retailers whose property has been repurposed for affordable housing," she said.

She added, "The Governor's Task Force on Business and Jobs Recovery is working on all issues related to the economy. I'm interested in reading their work and defer to their expertise. It has former governors [Wilson, Brown, Schwarzenegger and Davis] and 98 members. It's co-chair is Tom Steyer and it includes many chief executives from unions, hospitality and community leaders and some legislators. They are the think tank where much of the economic recovery will come from."

When Schwartz says one of her issues is "highways," she means "transportation and transportation infrastructure upgrades." "We pursue piecemeal solutions rather than taking bold and necessary steps toward the future. Adding more lanes will only add more congestion and carbon emissions and lost time for commuters. The Last thing we want is to become another Los Angeles," she

She added, "I believe California needs access to electric vehicles, charging stations and 21st century transportation options. Creating walkable communities, developing walkable areas in our cities that people can get to by foot or bike."

She supports SANDAG's "Big 5 Move" proposals for transportation and "the development

transportation hubs, where people can come to transport hubs and get to more dense employment centers without sitting on the freeways. California should lead the world in green energy. This would not only create new jobs but lower fossil fuels toward our carbon goals. This along with remote work will move us toward zero carbon emissions. We all could see that in the beginning weeks of the pandemic," said Schwartz.

On the issue of Habitat, she says, "The hardship of the climate crisis is already impacting California residents—from the mass destruction caused by wildfires to the impact on lower income and rural communities. People are suffering and hurting today. We should shift our entire economy away from fossil fuels toward wind and solar and partner to address the harms of prior environmental practices and sustainably manage our resources. The biggest wildfire in our history is still burning—that's a mandate for bold change."

She would "begin by listening to fire scientists. We are suffering in the 21st century from the failed policies of the 20th century. Originally indigenous tribes ran intentional burns to thin out the forest and promote more low-lying habit and this prevented overcrowded forests. When the white culture claimed the land they discontinued the burn. That resulted in taller, higher intensity fires and more rapid fires.

An environmental engineer explained to her that as trees are denser, the tree crowns touch and fire jumps from crown to crown, spreading so rapidly it becomes difficult to contain them. With clear cut logging, you remove the natural selection of the more fire resistant species combined with more water run-off. Adding droughts and climate change with higher temperatures and lower humidity with dryer fuels and here we are today.

Records from 1911 shows 19 trees per acre compared to 60 trees per acre today. "That's less water per tree, which makes them less resilient to drought and insects," she said. "We all heard a certain president blaming California for its wildfires. It isn't just California, it's the West. But fifty-percent of California's forest is controlled by the federal government. The federal government is blaming us while it decreased funding for oversight of forest management and has not given us the necessary jurisdiction to oversee those lands ourselves." For "climate naysayers," she adds "fifteen of the twenty most destructive wildfires have occurred since 2000, and 10 of the most destructive out of the 20 since 2015."

Some positive things the state has done, she says, included streamlined regulations for thinning forests and money to clean up deadwood. "What I would support today is to push for more controlled burns, which they have been doing in some of our parks, and they are continuing the best practices for creating healthier forest."

She feels progress was made with SB 209 ,which required the establishment of a wildfire forecast center to collect data and atmosphere data.

Propositions on the November ballot she supports include:

Prop. 15, "Which closes loopholes on

the largest businesses and industry,"

Prop. 16, "Reverses the ban on affirmative action, which I think that is an important step toward social and racial justice."

Prop 18, "Allowing those who turning 17 by the election to vote."

Prop. 19, "Which allows those 55 and older, the disabled or fire victims to transfer their primary residential property tax base.'

Prop. 21, "Which limits rental increases.'

Prop. 25, "Which would replace the cash bail system."

Schwartz believes she is the better candidate "because of the combination of my personal experience, professional experience and my values. I have experience that something that far too many do not recover from, an unexpected medical emergency. My late husband became ill with cancer when my son was 7, forcing me to take two jobs and care for a seriously ill spouse and elementary age child."

She became a single parent when her son was 10. "I never expected to be a single mom. I experienced a medical and financial crisis that many Californians are not as fortunate to recover from. I had my education and training and kept us in our home by working two jobs. My son and I came through it stronger. He graduated from Berkeley with two degrees and works as a civil and environmental engineer managing our water resources. Today I am before you running for the state assembly. I experienced the shortcomings of our health care system personally and as a provider. I have walked the walk."

Her opponent, she says, "has demonstrated a much stronger affinity with corporate interests than with her constituents. I believe I would do a much better job of serving the public. I don't take corporate money. Waldron is supported by many interests, including the Koch industries. She is a close ally of president Trump, who is an absolute disaster for our nation. I am a strong proponent during the health crises of voting by mail. Waldron voted against our vote-by-mail right. On one of the longest pieces of bipartisan legislation AB 3038— to address the eviction crisis she didn't bother to vote."

That last, she thinks is "unforgiveable." "We have paid Assembly member Waldron \$1.2 million in salary and transportation since she took office in 2012 and I don't believe we have received our money's worth."

Voter should choose her, says

SCHWARTZ / See Page 12

751-0261*

HIDDEN MEADOWS/RIMROCK Regular Meetings/Activities

If you plan to attend any meetings in October, check for changes.

Submitted by LeEtta Rudolph, Home Smart Realty West www.leettasellsmart.com leettarudolph@gmail.com

Every Week: CHECK FOR CHANGES

until further notice

| TTh, | Yoga, 8 am | 751-0261* |
|------|---------------------------|-----------|
| MWF, | Fitness Workout, 9 am | 749-6523* |
| W | Bridge Group: not meeting | |

October 2020

CHECK FOR CHANGES

| 3 | VCM wD Board Mig., District Office, 2 pm | /49-1000 |
|----|--|----------------------|
| 6 | Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pt | m 643-51257 |
| 6 | MHA Architectural Rev Com Mtg., 6:30 pr | n 749-7278* |
| 8 | MHA Board Mtg., 6 pm | 749-7278* |
| 9 | Garden Club Meeting, 10:00 am | 809-8889 |
| 14 | Deer Springs FPD. Bd. Mtg., 2:00 pm | 749-8001 |
| 14 | HM Condos, HOA Meeting, 4:00 pm | 407-7575* |
| 14 | HM Community Foundation, 7 pm sa | rah@bretandsarah.com |
| 19 | VCMWD Board Mtg., District Office, 2 pn | n 749-1600 |
| | | |

Bookmobile, MLGC Pkg. Lot, 1:00- 2:00 pm 643-5125 20 CERT Monthly Mtg., 6:30 pm 525-5170* 22 407-7575* Ranch HOA Mtg., 4-6 pm 22 HM Sponsor Group Mtg., 7:00 pm 809-6898*

November 2020

CHECK FOR CHANGES

| 3 | Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm | 643-5125 |
|----|---|-------------------|
| 3 | MHA Architectural Rev Com Mtg, 6:30 pm | 749-7278* |
| 2 | VCMWD Board Mtg., District Office, 2 pm | 749-1600 |
| 11 | Deer Springs FPD. Bd. Mtg. 2:00 pm | 749-8001 |
| 11 | HM Condos, HOA Meeting, 4:00 pm | 407-7575* |
| 11 | HM Community Foundation, 7 pm sarah | @bretandsarah.com |
| 12 | MHA Board Mtg, 6 pm | 749-7278* |
| 13 | Garden Club Meeting, 10:00 am | 809-8889 |
| 16 | VCMWD Board Mtg., District Office, 2 pm | 749-1600 |
| 17 | CERT Monthly Mtg., 6:30 pm | 525-5170* |
| 17 | Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm | 643-5125 |
| 26 | Ranch HOA Mtg, 4-6 pm | 407-7575* |
| 26 | HM Sponsor Group Mtg., 7:00 pm | 809-6898* |
| | | |

* Held at Meadows Community Center. 28208 MGWW

Meadows HOA email: meadowhoa@att.net

Call Weekdays 9-12 pm 760-749-7278 to reserve Pavilion* The pool or park cannot be reserved.

Law Office of Diane Haisha-DeForest



Contact Lawyer Di

Diane Haisha-DeForest Attorney / R.E. Broker / Notary

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Hidden Meadows Community Resources and Organizations

Resources

Community Emergency Response Team (CERT)

The Deer Springs CERT program is comprised of volunteers who have completed a 24-hour training program designed by FEMA that includes instruction in basic disaster response skills, such as fire safety, light search and rescue, team organization, disaster medical operations, ways to improve home and work place safety, and how to prepare for an emergency. The volunteers are also trained in CPR, first aid, and in the use of a defibrillator. Contact Marc Weissman at 760-525-5170 or marcweissman11@gmail.com.

Community Sponsor Group

The members, appointed by the San Diego County Board of Supervisors, meet monthly to provide a communication link with the San Diego County Planning and Land Use Department. They review and make recommendations on all types of land use, building matters and other planning issues that affect our community life. Their areas of interest include property north of the city of Escondido, east of I-15, south of Old Castle Road, and west of Valley Center. Contact Chairman Jim Chagala, at 760 751-2691 for more information.

Deer Springs Fire Safe Council

The mission of the Deer Springs Fire Safe Council (DSFSC) is to preserve lives, property and natural resources by mobilizing all members of our community to make our neighborhoods fire safe. This is accomplished through the following:

Education- Through the use of instructional literature, meetings, the website www.deerspringsfiresafecouncil.com and newspaper articles, the Council shall disseminate proven measures for fire safety. This information will be provided to every district resident at least once each year.

Prevention- The council shall take the necessary steps to mitigate future wildfires and other uncontrolled fires within the community.

Communication- The Council shall acquire and develop the necessary capabilities to communicate to all our residents during an emergency event.

Contact Steve Kerrin at 760-807-1141.

Emergency Communication System

The Deer Springs Fire Safe Council sponsors its own Emergency Communications System (ECS) that will call registered residents in the event of an emergency. This is a free service provided by local members of the council but you must be registered to receive a call. A system-wide test is conducted each summer to make sure everyone who has registered will receive a test call. Any phone number in the United States may be registered. To register, visit www.deerspringsfiresafecouncil.com.

An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the "Fire Danger Signs" during red flag warnings.

Homeowners Associations

| The Meadows Homes Association (MHA) | 760-749-7278 |
|---|--------------|
| Rimrock Homeowners Association | 760-749-4008 |
| Hidden Meadows Ranch Homeowners Association | 760-407-7575 |
| Silverado Management Services | |
| Oak Meadows Glen Homeowners Association | 760-749-4796 |

Organizations

Bridge

Weekly bridge is held on Wednesday from 10:00 AM to 2:00 PM. Contact Curt Bruce at cbruce9289@aol.com or 442-222-0821. Note that our bridge group is not meeting until further notice.

Bunco

There are several women's Bunco groups in the community, but are independently run by groups of women who want to have fun once a month. If interested, consider putting an ad in nextdoor.com for other interested residents.

Garden Club

Everyone in the community who is interested in gardening is invited to participate in the Hidden Meadows Garden Club. Monthly events include field trips around the county, plant exchanges, plant and garden crafts as well as ongoing exchanges of ideas and expertise on the local flora and fauna. Karen Henderson 760-749-3164 (text messages preferred) or karenh.home@gmail.com

Hidden Meadows Community Foundation (HMCF)

At the heart of the community events and activities lies the Foundation whose purpose is fourfold:

Beautification programs such as the maintenance of the medians

Neighbors Helping Neighbors (temporary assistance for residents in distress)

Scholarships for residents who are graduating from high school

Community events

All donations are tax-deductible and can be sent to HMCF, PO Box 462333, Escondido, CA 92046.

For more information, contact Sarah Sealey at sarah@bretandsarah.com

Ladies Bible Study

Due to the COVID crisis, the group meets weekly from 9 to 11 am on Tuesday mornings from October through May via Zoom, until they can resume in-person meetings. For more information, contact Debbie Hamer at 760-297-1278 or Stephanie Swadell, 619-993-4631.

Super Crossword

Answers



Social Groups

Several social groups have been organized in Hidden Meadows over the years for those who want to meet other singles and couples throughout the community. Typically twelve households make up a group so that a gathering can be organized once a month at each other's homes. Each group has its own way of planning the gatherings, such as potluck, drink and appetizers, outings, brunch, or hosts providing everything. For more information, contact Toni Wozmak at toni.wozmak@hotmail.com

Tennis Club

Current tennis players range from 25 to over 90 years young. Some matches are organized according to ability, but most are just fun matches where everyone can play. Contact Katy Freeze at 760-749-9722 or clarkfreese@gmail.com.

Women's Golf Club

The Boulder Oaks Women's Golf Club is a member of the San Diego County Women's Golf Association and Santa Margarita Women's Golf Association. The latter offers inter-club competitive matches with nearby clubs. Thursday is Ladies Day at the course with a variety of tournament formats played throughout the year. Membership in the Boulder Oaks Golf Course is not required for women wishing to join this club. Contact Kathy Figueiredo at (818)274-9129 if you are interested in knowing more about the club.

Women's Social Group

Monthly gatherings at members' homes for a potluck dinner and conversation are a wonderful way to meet new faces in Hidden Meadows. For information about upcoming gatherings, send an email to hmwsg92026@gmail.com.

Yoga

Free Yoga sessions are available at the Pavilion on Tuesday and Thursday mornings at 8:00. Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net for more information.



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| Living expenses | | |
| Preparing nutritional meals and grocery shopping Weekly housekeeping, linen service and laundry Transportation costs (car insurance, gas, registration) | \$ \$ \$ | Included Included Included |
| Recreation and Fitness Programs | | |
| Entertainment, social happy hour and excursions Fully equipped fitness center membership and exercise programs Nutritional program with licensed Dietitian Technology support with video calls with family to stay connected TOTAL MONTHLY COST | \$ \$ \$ \$ | Included Included Included Included Starting at \$3,250* |

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Cypress Court is now offering private in-person tours, allowing future residents and family members to explore our beautiful community first-hand. Cypress Court meets and often exceeds the safety guidelines and protocols given by the CDC.

WALDRON / From Page 6

That bill, AB 1054 passed with bipartisan support.

Waldron also voted on the settlement with Pacific Gas & Electric which filed for Chapter 11 bank-ruptcy—which included PG&E's contribution to a fund to compensate victims of the 2018 Camp Fire. "The important thing," she said, "is we are starting to get vegetation management done. But there is so much to be done and the legislation (Senate Bill 901) was just passed two years ago — you can't do it all at once."

Although the federal government owns much of the record 3.5 million acres of forests that burned this year, California owns a lot too. "About half of the state is government owned. We have to take a good look in the mirror and make sure we are doing this clearing as well," she said. "We aren't out of the woods—so to speak—by any means. We need to be vigilant."

SB 901 provides \$25 million in grants for forest health and wildfire protection. It provides grants to non-profits, special districts and tribes to keep forests healthy. "We need to get it done," said Waldron. "We can't wait."

What sets her apart from her opponent? Waldron says, "I'm experienced in a lot of areas. As a business owner for twenty-five years I have served in local government—which is an amazing experience. It allows you to focus on issues and solve problems rather than engage in partisan debate. I go to Sacramento and work on solutions to problems."

Active in this area for more than two decades, she became very experienced in certain areas such as mental health, local government planning, fire protection and agriculture.

Assemblywoman Waldron likes nothing better than seeing constituents come to her office or at a hearing or to get an email that she can read at a committee meeting. "It's so important. It's great!" she said. "You get the personal touch on how legislation affects people. To get that first-hand experience whether a patient or a business owner is directly affected. Perhaps a patient trying to get coverage for their care. That is very critical"

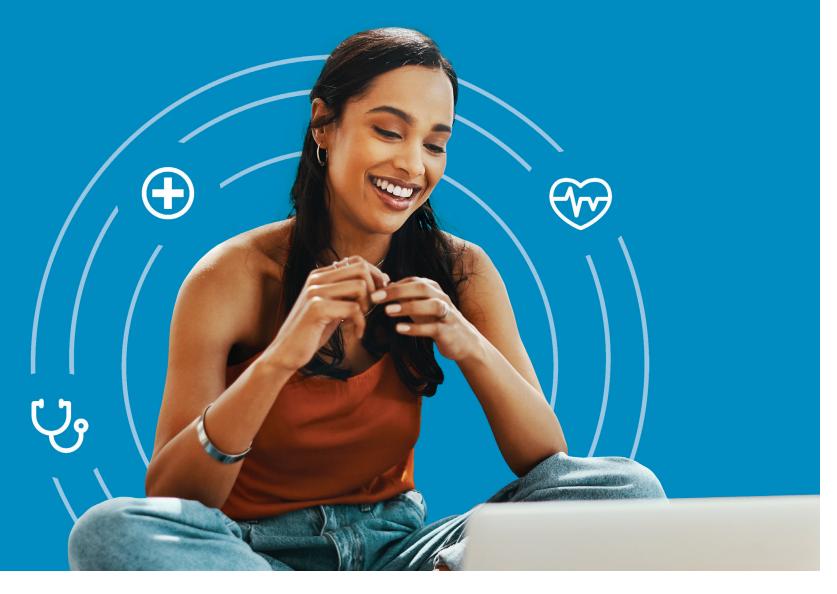
SCHWARTZ / From Page 9

Schwartz, "because, like them, I pay fifty percent of my income for housing. I truly understand them because I am one of them. I have worked helping people through my public service and profession for 35 years. I serve on a health district which in 2020 received the Public Champion award. In this time and place we need a public champion. I have the background and expertise to work with our legislature to create solutions that are science based toward a pandemic and economic recovery. Like our current assembly member I have owned my own small business for 35 years. I very much support small business and Main Street businesses." Find out more by visiting Kateforassembly2020.com.

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