

## Seller’s Faire Update

By Michelle Zipse / Resident

The Seller's Faire is coming back to Hidden Meadows. Due to the Coronavirus, the first Faire is planned for August. The dates are as follows:

**August 1-** Dog Fest is the theme. Dress up your dog and come and meet the vendors!

**September 6 -** Stay tuned for the theme

**October 3 -** Oktoberfest and the neighborhood garage sale

**November 7 -** Electronics recycling

Life will be back to a new normal soon! Please remember to check in on your neighbors and take care of each other! The Market and the Deli are definitely open and are doing delivery for anyone who doesn't want to go out. So we never need to leave our little village! Stay safe and well everyone!



## Boulder Oaks Clubhouse Open

By Michelle Zipse / Resident

Boulder Oaks is now open for golf and you can get drinks to go. Your neighborhood bartenders are active and on the job! Come in and grab a drink for the patio or to take home. You may run into a couple of neighbors. You can catch up with proper social distancing and a mask. Please be respectful of everyone's personal space and distance so we can keep everyone safe and well! We hope to see you soon!

## SD County gives Lilac Hills Ranch fire safety ultimatum

By DAVID ROSS / Valley Roadrunner

The County of San Diego has given the longstanding proposed Lilac Hills Ranch development an ultimatum: come up with a viable plan for guaranteeing that fire clearing will happen along West Lilac Road without the acquisition of easements or risk having the County recommend that the Board of Supervisors vote to deny the project. It has given the project until this week to give it what it wants.

At last week’s meeting of the Deer Springs Fire Protection District, the board was made aware of letters that have been sent to Jon Rilling, project manager for Lilac Hills Ranch (LHR) by the San Diego County Fire Authority and by the Dept. of Planning & Development Services. When *The Roadrunner* learned of these documents we requested copies from the fire district, which it obligingly and swiftly provided.

The most recent letter, signed Mark Wardlaw, director of Planning & Development Services on May 8, says: “Since our letter to you on January 8, 2020, staff has not received evidence that fire clearing along West Lilac Road will continue throughout the life of the Project. Without the legal assurance of easements, the fire risk to the area remains unaddressed. Due to the time that has passed since our letter and lack of progress to provide the required easements, staff requests you withdraw your permit applications by May 20, 2020. If we do not receive a request to withdraw the permit applications, staff will take the Project forward to the Board of Supervisors (Board) on June 24, 2020 with a recommendation of denial due to the significant fire safety concerns.”

Wardlaw’s letter ends, “In the event the Board does not approve the recommendation of denial and refers the Project to staff for further analysis, the Environmental Impact Report for the Project will need to be revised and recirculated for public review under the California Environmental Quality Act.”

That kind of wording is about as close as the County comes to making a definitive statement that you will probably ever read.

The letters were sent on January 8, 2020, and then May 8, 2020.

Lilac Hills Ranch has been with us so long that it seems to many people that it’s a factor of existence, like the moon’s changing phases. It seems almost more appropriate to discuss it during Halloween than any other time of the year since it is, literally, the project that will not die. It is certainly a hardy project that, having first arrived on the scene more than 15 years ago, has never gone away entirely, in spite of a countywide election in November 2016 where almost two thirds of the voters opposed the 1,746 unit project proposed for land along West Lilac Road.

Despite that setback, the project reappeared two years later, rebranded as an entirely new, carbon neutral development, although with the same density.

Whether the last words about Lilac Hills Ranch have indeed been written by the two letters from the County are unlikely.

Jon Rilling, of Village Communities, LLC, when asked by *The Roadrunner* to comment on the letters, sent us this statement: “We are very excited to move forward to the Board of Supervisors with The New Lilac Hills Ranch - one of the most cutting edge communities ever proposed in this County. The Project has received several recommendations of approval from the County Planning Commission, in 2010 and 2015. Since that time, the project has incorporated every County recommendation and condition to address School, Water and Sewer facilities and most importantly fire and evacuation safety. Over the last 18 months, since our Planning Commission recommendation in June of 2018, we have worked tirelessly with the County Fire Authority, County Sheriff, County Department of Public Works and the County Planning and Development Services to ensure that every recommended safety feature was incorporated. The result is an unprecedented 28 public safety features. We would never ask the County to even contemplate recommending a project that is not fire-safe and we are hopeful that we can reach an agreement with the County on the last remaining issue.”

## 2020 Update on Hidden Meadows Community Foundation Sponsored Events and Activities:

### Events We Will Miss in 2020

By Sarah Sealey / President,  
Hidden Meadows Community Foundation

Planning for the 2020 Hidden Meadows Independence Day Picnic and Parade should be underway now, but as of this writing, gatherings of any size are still prohibited by San Diego County Public Health Order. While many of us have our own opinions about how the Pandemic Response has been implemented, any Foundation-sponsored events must comply with applicable legal requirements, to be covered by our liability insurance. A community event cannot be approved at this time.

We have approved opening the annual Scholarship application window, though a reception for recipients seems unlikely too. See page 3 for additional information in the Scholarship article in this edition of the HM News.

The monthly Sellers’ Faiwre is still on pause, though the Seller’s Faire Committee is anticipating having an August Faire, so we’re all still holding out hope that it can be restarted in late summer.

We continue to maintain the main entry median strips each month and appreciate tremendously your contributions that help make this possible. Many of you may remember that these are county-owned properties, and the process of legally working on county property is arduous, and expensive.

There is also an approved plan in place to trim and clean up the many giant pine trees that line Mountain Meadow Road, along the medians. These pines belong to the county too, not the golf course, necessitating quite a timeline to be ready for work to safely commence when bird nesting season is over. We’re keeping our fingers crossed that this work can continue as planned, in the fall.

We’ll continue to monitor current conditions and requirements and hope for the best.

Please, continue to stay safe, be grateful for living in Hidden Meadows, and for our own health and happiness.





Trivia Night Zoomers

# Virtual Trivia Night

By Michelle Zipse

Please join the Boulder Oaks virtual trivia night. Every Wednesday night. Log in on Zoom and join the fun!

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## Creative Graduations

By Michelle Zipse / Resident

To all 2020 graduates! Congratulations on your achievement! Whether you’re graduating from University or High school this is a graduation that you and your families will never forget! Parties are a bit curtailed. No groups larger than 10 people! So what creative things can we do to make and capture these memories? Let us know what you’ve done to celebrate. My daughter had some creative ideas taking some great pics in the pool. My daughter, Erin Zipse, graduates Magna Cum Laude in Accounting and Management Information Systems with a minor in French from the University of Arizona. Her 3 days of plans for graduation fun were cancelled due to our unwanted COVID situation. Please remember to honor the graduates this year!

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# Hidden Meadows Community Foundation Announces 2020 College Scholarship Application Window

**By Sarah Sealey / President, Hidden Meadows Community Foundation**

Thanks to your generous contributions each year, the Hidden Meadows Community Foundation has been able to award a scholarship to eligible students preparing to enter college.

We are pleased to announce that the 2020 HMCF College Scholarship Application window will open on June 1, and close on June 30.

Like so many changes required by our current situation, traditional college attendance may look different for the graduating class of 2020. Too, several HMCF policies have had to be reviewed for the Scholarship Awards and process. As of this writing, we are still unable to hold any kind of gathering, so a Scholarship Reception, sadly, seems unlikely. We will coordinate with individual recipients to present awards no later than August 31, pending confirmation that the institution is still offering classes in the fall semester.

- Eligibility requirements include:
- Be a Hidden Meadows Resident
  - Be a recent or pending high school graduate
  - Plan to attend college in the fall semester
  - Not have previously received a Bachelor’s Degree
  - Not have previously received an HMCF Scholarship
  - Never have been convicted of a felony or possessing/ selling illegal drugs
  - Be a US Citizen or Resident Alien
  - Have a high school GPA of 3.50 or above on a 4.0 scale that has been certified by a school official/ transcript/ GED.

Email jane.glassett@gmail.com to request and submit an application package.

# Cal Fire asks residents to complete a defensible space assessment

Defensible space and home hardening are imperative to protecting communities from catastrophic wildfires. California residents in high-risk areas are being asked to help protect their communities by creating and maintaining defensible space around their homes and structures.

With COVID-19 restrictions limiting Cal Fire’s ability to conduct annual defensible space inspections this year, the state fire agency is asking property owners to conduct a Defensible Space Self-Assessment.

Over the next few weeks, California property owners in wildland-urban-interface communities will receive a flyer with information on accessing

the online Defensible Space Self-Assessment. The flyer also highlights steps for creating defensible space around homes and buildings, and ways to harden your home to be more wildfire resistant. The self-assessment survey is easy to use and should only take a short time to complete.

“This self-assessment helps our inspectors comply with social distancing recommendations while still collecting vital information,” said Chief Thom Porter, Cal Fire director. “We urge you to participate in the survey and do your part to protect your community by creating defensible space and hardening your home to increase

CALFIRE / See Page 5

# July 4 fireworks falls victim to COVID-19

The City of Escondido has announced that one of the largest community celebrations, the 4th of July fireworks and festival, has been cancelled due to the coronavirus pandemic.

In a statement the city said, “We were really hoping to be able to continue that tradition this year on July 4th, but after many thoughtful and some very difficult discussions we have concluded that the pace of re-opening is just not going to allow it to be safe or possible. Our event involves an impressive crowd of residents that usually fills up Grape Day Park. Because health and safety of our community are the top priority, we cannot safely gather as we typically do to celebrate Independence Day. We look forward to sharing this annual tradition with our community next year. Thank you for your understanding and continued adherence to the County of San Diego orders.”



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# Book Talk

by Lynn Clark

Well, book lovers, here is another novel off of my shelf. It was written by Terry Hayes and copyrighted in 2014. It is 785 pages long and a paperback, but the stay at home order was an ideal time to tackle it. Despite its length, the plot flowed really well; but if the Corona Virus scares you, this book will give you pause to wonder and ask....what if?

## "I Am Pilgrim" by Terry Hayes

### Part I

He didn't have any close friends. As a young child he was abandoned by his father and his mother was killed. He was lucky in the sense that he was adopted by wealthy parents. He became Scott Murdoch. His adopted father cared about him...his adopted mother tolerated him. He secretly experimented with drug use, but was never caught and charged. He went to prestigious schools and majored in medicine for 3 yrs, but switched and achieved a degree in psychology because he was curious as to the underlying cause of drug use. He graduated magna cum laude. He was the perfect recruit.

He becomes a covert operative in The Division: an agency with unmatched power that answers to the President and not Congress. The members are trained to be untouchable and never to leave a trace of where they are going or where they have been. For several years he travels the world under the assumed name of Eddy until he lands in Europe on assignment. The head of the European agency is called Rider of the Blue. Someone in this agency is involved in financial fraud, and is on the brink of selling asset names to the Russians. He follows the suspect to Moscow and yes, the first man he kills as he is about to hand over the asset information in Red Square, is Rider of the Blue. Eddy becomes the next Rider of the Blue, and his new name is Peter Campbell.

He has always been somewhat of a genius for putting facts together and drawing conclusions. This ability leads him to the other players in the crime: career diplomats, FBI agents, and a Greek billionaire that is filtering drugs via his flower industry into Russia. The violent take-down of this crime family happens on 9/11. Feeling that this event is a "historic failure in U.S. intelligence" he believes The Division will be dismantled, and that the focus will become the Islamic World. This is something he feels he is not qualified to tackle, so he resigns and eventually The Division is closed. He assumes a new identity, disappears, and writes a book about criminal investigation using the name Jude Garrett.

### Part II

A young 14 year old Arab boy in Saudi Arabia watches his father being beheaded in the town square. He knows his father has always hated America and its desire to bring democracy to his country. As a Muslim this idea of the separation of church and state is not to be tolerated. He is beheaded because he makes the mistake of criticizing the royal family: the House of Saud.

After his father's death, the family is shunned in the village so the grandfather takes them to Bahrain. The boy seeking revenge joins a mosque that has anti Western beliefs. His education formally begins, and as he becomes radicalized one way, his mother and sisters are leaning the other way towards westernization. This he cannot accept.

He gains a passport by lying to his mother by telling her he is going into the religious life. Aided by the mosque, he enters Afghanistan and joins the brotherhood to fight the Soviets. He becomes a fierce warrior, and as his reputation grows, he becomes known as the "Saracen". At age 17 the Soviets leave the area, and he feels he is ready to make his way home to avenge his father's death.

He has a plan but he needs a new identity. While in camp, he meets Abdul Mohammad Khan, a legend in his own way. He tells him he is going to buy a forged passport, enter Beirut, and go to medical school. As a doctor with a new name, he would never be denied entry back into his country. Khan supplies him with the money and the passport to travel to Lebanon. He again joins a radical mosque where he is tutored and passes the college entrance exam. He attends discussions and seminars and runs across one that changes his whole life and focus. He almost doesn't go because the speaker is a female.

The woman giving the lecture is a political organizer in a Palestinian refugee camp. She believes that nearly all the problems in the middle east have not been caused by "near enemies" but by "far enemies": such as, Israel and the feudal dictatorship in Saudi Arabia that has formed an alliance with the United States. Because of the new insight he gains, he never goes back to Saudi Arabia. His target becomes America, but he needs a new plan. It takes him 10 years to develop it. He invents a virus that is lethal. It is called an "invasive hemorrhagic" and the present vaccine will not stop it. It is a new form of smallpox, and in order to make sure of its potency he needs people to use as an experiment. The buried bodies of the experiment are found in the Middle East and the test results are forwarded to the CIA.

For the last 10 years Eddy/Peter Campbell/Jude Garrett has been living in anonymity in Paris. That is about to change when a New York detective who had read his book tracks him down despite all of the precautions he has taken to protect himself. Knowing he has enemies and feeling he has been exposed, he starts to think there is a target on his back. He goes to New York and meets with the deputy director of the FBI, and again he reworks his records and identity through a computer hacker called Battleboi. But...what Eddy/Peter Campbell/Jude Garrett discovers is that you never really retire from being a covert operative. A new assignment and a new code name are always out there waiting for you. His new challenge is finding the Saracen, and his new code name is Pilgrim.

Because this book is 785 pages long, almost 300 pages of the novel are devoted to the actual hunt for the Saracen. It is fascinating stuff. You will be amazed at how the Saracen gets the virus into the United States, and how the Pilgrim puts together the case and finds the possible final clue that is the key that might defeat the enemy when he confronts him.

Super Crossword

Answers

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Left to right: Layla Kashani, Vida Shayan, Sima Kashani wearing the masks and headbands.



Masks – with the elusive Red X!

## 3000 Masks and More

By Layla Kashani / Resident

If you recall, back in March Sima Kashani, her daughter Layla, and sister Vida Shayan began sewing home made cloth masks for first responders throughout the nation. As of May, the triad has donated close to 3000 masks and have added more protection items: buttoned headbands for a more comfortable mask wearing experience, surgical caps for dental offices, child hospital gowns, matching beach hat and mask ensembles, as well as luxurious minky soft sanitary airplane seat covers.

Shipments have expanded to outside the San Diego area, to reach hospitals and those in need in Missouri, Iowa, Vancouver and Calgary, Canada, as well as a batch sent to Europe that arrived just as that area begins a local quest for home sewn masks. The team even shipped a batch of masks

to the studios of CNBC in New York, where Layla used to work – to help “first reporters” feel protected as they work on news stories in the center of the epidemic.

The special sewing skills were requested for very specific needs around the country, for children’s hospital gowns in San Francisco, headbands to protect nurses wearing heavy face shields in Iowa, dental surgical caps in San Diego. The airplane seat covers were modeled from a set that Sima’s daughter uses for her own travels (even prior to the pandemic). Suddenly back to work travelers in outbreak hit New Orleans requested these seat covers to keep themselves protected during air travel.

All of this effort and creativity is supported by the local residents, and by local businesses who have begun to sell the masks to fund the emerging enterprise which they have fondly named Masked Production. If you see a red X on your mask, you have an original Masked Production creation!

Special thanks to the Hidden Meadows Deli, Hidden Meadows Market, and Greek Styled Chicken restaurant in Fallbrook – all providing mask and headband sales while the team continues to offer up donated product as much as they can to those still in need.

### SUBMIT CONTENT FOR HMN

Deadline for local article submission: 17th of the month for the next issue. Photographs submitted for publication should be hi-resolution, unmodified originals, hi-res/300dpi. We cannot accept photos taken from social media sites such as Facebook. Send drafts and photos to Patricia Fox to [LocalEditor@HiddenMeadows.news](mailto:LocalEditor@HiddenMeadows.news)

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**CALFIRE / From Page 3**

its chances of surviving a wildfire.”

Porter added, “It only takes one flying ember to bring wildfire to your home. Fire can spread from house to house, especially in more densely populated areas, due to flying embers. Direct flames, as well as radiant heat from burning plants or structures can also catch a home on fire. This is why it is so important to create defensible space and harden homes – it’s a community’s best fighting chance against wildfire.”

Defensible Space consists of two zones extending 100 feet from any home or structure cleared of dead trees, brush and vegetation. Maintenance of these two zones creates a buffer to slow or stop the spread of wildfire.

Home Hardening is preparing your home to increase its chance of surviving a wildfire. Upgrades of fire-ignition-resistant materials to roofs, eaves, vents, siding, windows, decks, fences and more can help prevent wildfire from destroying the house. Visit [readyforwildfire.org](http://readyforwildfire.org) for more information.

## To Our Valley Center Municipal Water District Customers,

As stay at home orders are starting to lift, businesses are beginning to re-open. Throughout the COVID-19 Pandemic event VCMWD’s water quality has met all state / federal drinking water standards. However, once water enters into private systems, quality can deteriorate if water becomes stagnant. Building owners / managers should take special care with plumbing systems that have had periods of no, or low water use to ensure water quality and safety by:

- Flushing cold and hot water through all points of use (e.g. showers, sink faucets), and flushing until hot water reaches its maximum temperature.
- Ensure safety equipment (fire sprinkler systems, eye wash stations and safety showers) have been flushed, are clean and ready to function properly.

For more detailed information and instructions to ensure water in your building is safe, go to Centers for Disease Control and Prevention website “Guidance for Building Water System Safety.”

**Board of Directors,**

**Valley Center Municipal Water District**

**VALLEY CENTER MUNICIPAL WATER DISTRICT**  
Water Conservation / A Way of Life



# Astronomy Corner

by Chris Holmes

## History of Astronomy In Stamps: Part I

Postage stamps can reveal as much about history as pottery shards, papyrus scribblings or statues in a town square. Perhaps these little squares and rectangles of colored paper can do the same for the history of astronomy (Fig. 1). First, some common terms:

**Ecliptic:** The plane of the sun’s annual path through the galaxy; and of the Earth’s orbit around the sun. Eclipses occur when the Moon crosses this plane.

**Equinox:** When the sun crosses the equator and night and day are of equal length. Caused by the tilt of the earth on its axis.

**Solstices:** Occur in the summer and winter when the sun reaches its highest and lowest points in the sky; marked by the longest and shortest days for anywhere other than the equator

Ancient astronomy was either religious or practical: religious in the belief that the motions of the planets and stars were determined

by the gods; practical in that the solstices and equinoxes were the best times for planting and harvesting crops. Stonehenge (Fig. 2) was just such an astronomical calendar.

The Babylonians, as they ventured further into the desert, needed a way to navigate at night. They noticed that the stars could be formed into groups (which we call constellations) (Fig. 3). And since these constellations reappeared every night, depending on the season, they were useful navigation aids.

The Babylonians (Fig. 3.5) were also careful observers of the sky and were the first to record an eclipse – in 763 B.C. (Fig. 4). They also gave us the divisions of the day into two 12-hour periods, the division of the hour into 60 minutes and the division of the minute into 60 seconds.

The Egyptians used a technique for determining geographic latitude which had been used by the Chinese since 2300 B.C.

This was a stick driven into the ground to produce a shadow of the sun’s path. Called a gnomon by the Greeks, obelisks could also be used as gnomons on sundials, the sun’s shadow falling on a disk with hour markings (Fig. 4.5).

Finally, the Egyptians noted that the rising of the star Sirius – the dog star – coincided with the dates of the life-sustaining Nile floods. They associated this with the Hathor, goddess of women, fertility and love (Fig. 5).

The Greeks were very interested in the size and shape of the Earth. Eratosthenes, a 3rd century B.C. Greek, used a pair of gnomons placed at different sites on the summer solstice to measure the sun’s shadow and calculate the circumference of the Earth to a few percent off the actual value.

Pythagoras, a 6th century B.C., Greek, derived one of the most famous mathematical equations in history (Fig. 6). As Figure 6 illustrates in the stamp’s upper right corner, he grounded his calculations on squares made from the three sides of a right-angled triangle. He also weighed in with an opinion on the shape of the Earth: since its shadow on the Moon during a lunar eclipse was oval, the Earth must be round. Aristotle agreed with Pythagoras on the Earth’s shape but went even further, holding that the Earth was also at the center of the universe. This bit of defiant ignorance persisted for 1000 years. Until Copernicus.

### Stamps and Celestial Navigation

The Age of Exploration, opened up by Columbus, required a better means of measuring one’s far-off position, especially at sea. The magnetic compass and the use of dead reckoning gave approximate distances and directions, but more precise measurements were needed as travelers ventured afar. In short, they needed to measure latitude and longitude.

Latitude – N-S direction -- was easy. Use a quadrant or nautical astrolabe (later the sextant) (Fig. 7), to measure the sun’s altitude above the horizon, with the equator as the “0” reference point. At night, Polaris, the pole star, could be used, as could other bright stars whose declinations were known. The Equator is at 0 latitude. Hidden Meadows’ latitude is 33 degrees north because that’s the angle of Polaris above the horizon here.

Longitude – the E-W direction -- was difficult. First, you needed some fixed “0” reference point to which



Fig. 1 Urania, Muse of Astronomy



Fig. 2 Stonehenge, an astronomical calculator



Fig. 3 Constellation examples

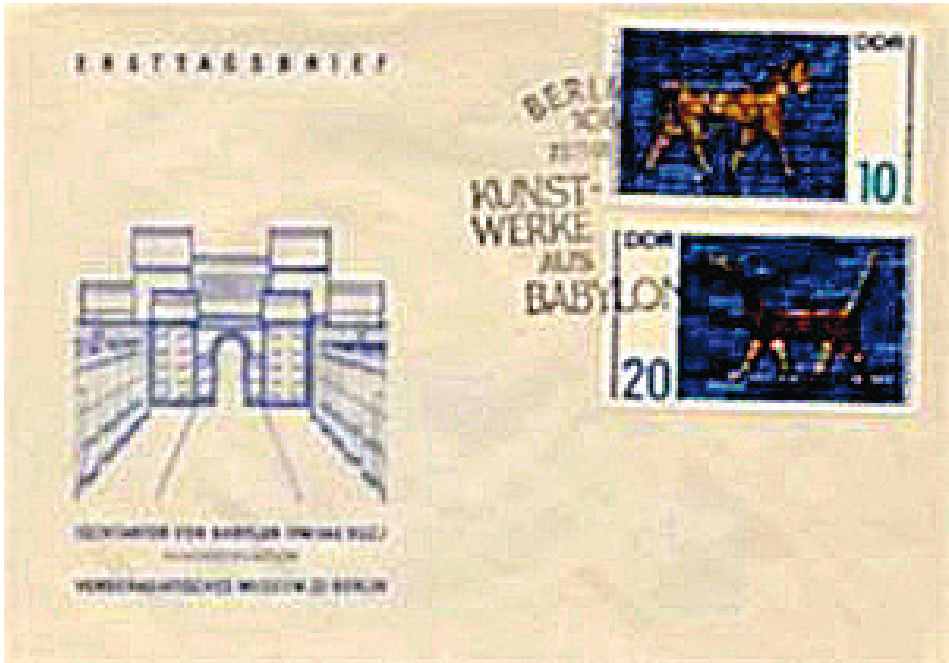


Fig. 3.5 Babylon's Ishtar Gate

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Fig. 4 Solar Eclipse



Fig. 4.5 Sundial



Fig. 5 Astronomy Muse Hathor



Fig. 6 Pythagoras



Fig. 7 Nautical Astrolabe

you could relate your local position. In 1884, the Royal Observatory at Greenwich was made the site of the Prime Meridian, whose longitude is thus 0.00 (Fig. 8). (A meridian is a N-S line drawn between the poles along the same longitude.) A celestial object with a standardized meridian could substitute for Greenwich.

The only direct way to measure longitude is by calculating the time difference between your local time at some position and the mean time at Greenwich (GMT).

Since the sun crosses the sky at 15 degrees/hour, if your position's time is three hours ahead of GMT, you would be at 45 degrees west longitude.

Measuring local time accurately took centuries to perfect. Starting with the hourglass, a variety of chronometers were tried, arriving finally at the satellite GPS measures in common use today. Hidden Meadows' longitude is 117 degrees, 06 minutes west.

Copernicus replaced Aristotle's geocentric model of the universe with the heliocentric model, placing the Sun, not the Earth, at the center, with all the planets revolving around it in circular orbits at constant speeds (Fig. 9). He also recognized that the earth's axis of rotation was tilted away from the vertical, which led to the precession of

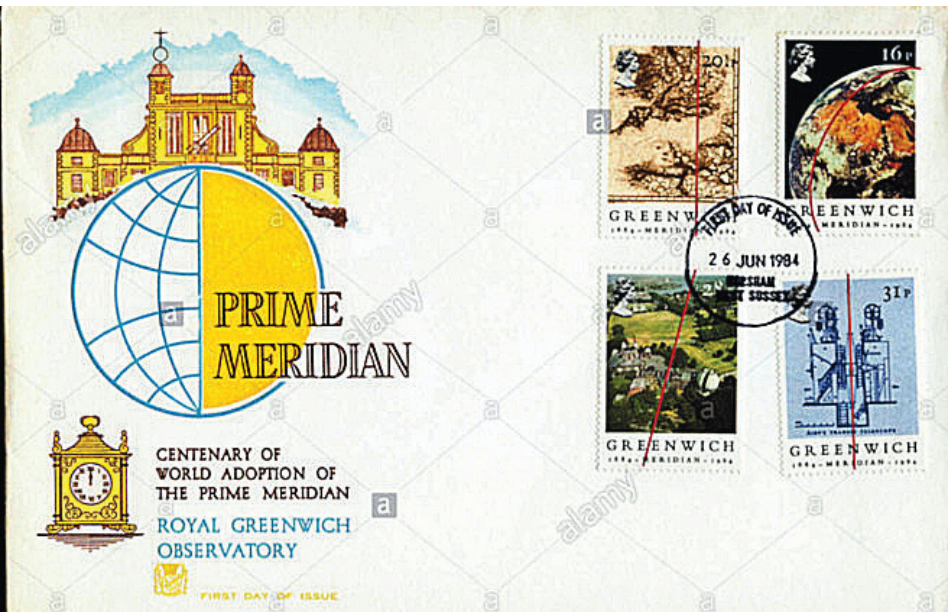


Fig. 8 Greenwich and the Prime Meridian

the equinoxes. Finally, though he used parallax to measure the distance to the Moon, he could find no stars with measurable parallaxes. He deduced from this that the universe must be much bigger than currently held.

Fearful of the Church's reaction, Copernicus delayed publication of his theory until 1543, the year of his death.

For the next instalment, beware of falling apples!

*Reference: Dicati, Renato: Stamping Through Astronomy, Springer, 2013.*



David Zumaya / My San Diego North County

# Thunderbirds salute health workers

The United States Air Force Air Demonstration Squadron "Thunderbirds" fly over Palomar Medical Center shortly after noon on Friday. The precision flying squadron flew over major cities and hospitals

in Southern California, saluting medical professionals and other essential workers risking themselves to fight the COVID-19 pandemic. It was part of the America Strong national salute.





## Counterfeit OxyContin causes overdoses in VC, Escondido

In neighboring Valley Center, Sheriff’s deputies this week were warning people to be on the lookout for OxyContin pills that are actually fentanyl and where four overdoses happened this week, two of them fatal.

Lt. Pat Shannon commented, “We’ve had in the last week four overdoses and two were fatalities,” he said. “It seems to be related to counterfeit OxyContin. They are actually made with fentanyl, which can be a much more powerful drug. A small amount can actually kill you.”


He added, “You can take one thinking you are getting the regular dose. We have these overdoses in clusters. We want to warn people about it. They are usually blue pills, marked with M30, and are commonly called ‘blues.’”

Something similar has been observed in Escondido, although not this week. *The Hidden Meadows News* contacted Lt. Kevin Toth of the Escondido Police Department, who provided this information: “We have run across the counterfeit M30 pills as well. It’s been a little while since we’ve had an overdose directly related specifically to those. I’m not sure that we were able to determine whether they knew it was counterfeit or not. Fentanyl is also sold in powdered form or mixed with other drugs. Many of the ODs in the county can be attributed to Fentanyl in one form or another. Some users are purposely using Fentanyl because it is stronger, while others think they are using Oxy, heroin, or meth.”

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## What’s Happening in HIDDEN MEADOWS?

ACTIVE LISTINGS			
ADDRESS	LIST PRICE	ADDRESS	LIST PRICE
Meadow Glen Way E	\$549,999	Aspen Glen	\$789,000
Glenmeade	\$648,000	Rim Road	\$799,000
Calle De La Renia	\$729,000	Sage Glen Trail	\$859,000
Aspen Glen	\$735,000	Canyon Country Lane	\$959,000
Sage Hill Way	\$715,900 - \$738,900	Meadow Mesa Drive	\$989,000
Meadow Glen Way E	\$739,000	Meadow Mesa Lane	\$1,179,000
Meadow Glen Way E	\$757,000	Mountain Meadow Road	\$2,199,000
Cerveza Baja	\$789,000		

PENDING LISTINGS			
ADDRESS	LIST PRICE	ADDRESS	LIST PRICE
Indian Creek Way	\$599,000	Oak Spur Way	\$659,000
Spruce Woodlands Way	\$607,500	Meadow Glen Way E	\$675,000
Oak Spur Way	\$619,900	Gladstone Court	\$675,000
Meadow Glen Way E	\$639,900	Dogwood Glen	\$725,000
Rosecrest Drive	\$599,000 - \$649,000	Sandhurst	\$1,099,000

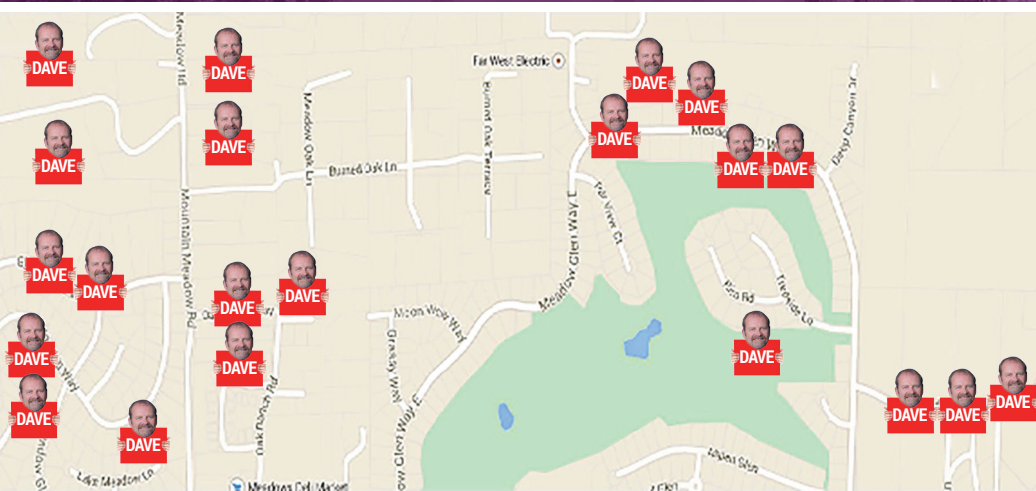
SOLD LISTINGS		
ADDRESS	LIST PRICE	SOLD PRICE
10916 Treeside Lane	\$599,000	\$595,000
28512 Gladstone	\$649,000	\$590,000
28107 Glengarry Lane	\$825,000	\$800,000
28330 Tricia Place	\$1,249,900	\$1,192,000

\*\*Data from SANDICOR, Inc. for 04/30/2020—05/27/2020 and represents properties listed or sold by various brokers. If your property is currently listed this is not meant as a solicitation.\*\*

## Who’s Selling Hidden Meadows?

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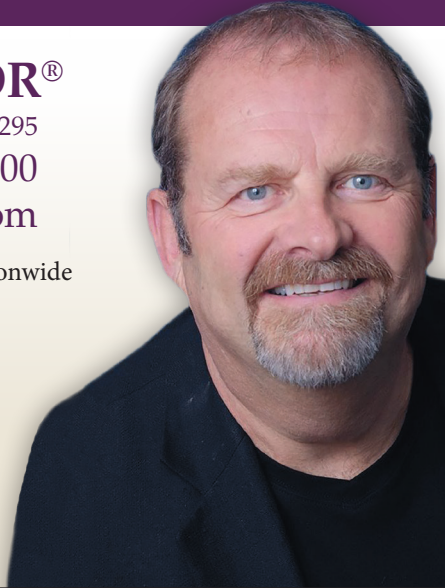
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# Top tips to get ready for summer

By Amy VanLiew / Resident

Did the last few months leave you feeling sluggish and unmotivated about your health? Refresh and reset your body for the warmer months with these easy tips.

Give winter skin the brush off

Dry air and cooler temperatures can turn skin into an itchy, flaky mess. Get it summer-ready by exfoliating. Exfoliation is the first key step to rejuvenating dull skin. As we age our skin gets thinner so be careful you don't get too overzealous!

Try an exfoliating scrub that uses natural products or sugar to do the work. It's less irritating on the skin. I have some favorites if you need help. Apply the exfoliating scrub all over the face and body using circular motions at least twice a week for the maximum benefit.

You could also try a dry brush. This is my favorite way to exfoliate the skin on my body (not my face or neck). It's a little more aggressive so be careful. Start at your feet and brush upward toward the heart. Similarly, when you start on your arms, begin at the hands and work upward. Use firm, small strokes upward, or work in a circular motion.

Throw out and replace old sunscreen

As the weather warms, you dig in your cabinet for last summer's bottle of sunscreen to slather on any newly exposed and now exfoliated skin. But wait. Does sunscreen expire? You bet it does. Like food, sunscreen can go bad and the ingredients can spoil and become less effective, which means a significant increase in the potential for sunburns, sun damage, brown spots, and the risk for skin cancer development. Most sunscreens have an expiration date on them so double check and replace them. I also have learned there are other factors that might make the SPF spoil faster than the date stamped on the tube. If you store your sunscreen in a warm place, like a car, by a pool, or in your purse, it will expire faster due to the heat. Regardless of the date, always test the consistency of your sunscreen before you use it. Check for changes in texture, like clumping or pilling, or changes in smell. If your sunscreen doesn't look or feel right, replace it.

Boost your immune system with seasonal fruits and veggies

Everyday preventive measures—such as handwashing, avoiding contact with sick individuals, and good hygiene—can go a long way in reducing your risk for viruses. In addition, there is evidence that nutrition can influence your immune strength and susceptibility to infectious diseases. Seasonal fruits and veggies provide nutrients—like beta-carotene, vitamin C, and vitamin E—that can boost immune function. So stock up and enjoy those berries, cantaloupe, celery, zucchini. . .

Drink up with Sun tea or infused waters

Drinking enough water is the number one thing I tell new clients who want to improve their health. But water can be boring! Mix it up this summer with sun tea or try adding some of those seasonal fruits to your water. My favorite infused water combinations are strawberry and mint, or cucumber and lemon or ginger and lemon.

Start Strength Training NOW!

Of course I'm going to tell you to exercise! If you only have time to do one type of exercise my vote is to do strength training. Strength training will keep your muscles, bones and heart strong. And women, you need to lift those weights just as much as men! If you don't know what to do I can help or you can join Be Healthy Enough's Fit for Summer Challenge! From June 8th until the summer solstice on the 20th I'll be hosting a FREE online challenge to help you get fit for the best summer ever!

Email me at amy@behealthyenough.com for more info.

# Office supply company switched gears during coronavirus pandemic

By DAVID ROSS

Glennie's Office Supply, which has served Escondido businesses for more than five decades, had to make drastic changes in its business model and become even more nimble on its feet to survive during the pandemic.

It made those changes without ever altering its philosophy of promoting Escondido's businesses first. In fact, Glen Burford, VP of Business Development, created a webpage that outlines his philosophy of buying local: <http://glenniesop.com/why-buy-local/>

Burford puts it this way: "When the local office supply store purchases their vehicles from the local automobile dealer, who buys from a local hardware store, whose accountant is a local accountant, who sells her home through a local Realtor, who purchases his groceries from the local grocery store, whose attorney is a local attorney, who gets their clothes cleaned at the local cleaners, who eats at the local restaurant, and has coffee at a local coffee shop, who purchases their office supplies from the local office supply store, the money turns over and over and stays in the community."

Glennie's has always supplied basics like toilet paper and paper towels to its business customers, but never to the extent the demand began in March.

"Early on we got toilet paper because everybody was worried about toilet paper," said Burford. "We're predominantly business to business. With a little retail storefront, a furniture showroom, mainly business to business, out the door to our trucks. We saw early on the shortages before it really hit."

They saw panic buying on some products and assigned an employee to be online constantly looking for distributors of paper towels, and then sanitizers and bleaches. "Masks were the last thing," said Burford. "Some of those products we were checking to see if any distributors had them. We would just bring it in if they did. In the process, we let our business customers know that we had it. When we would sometimes have an excess position, one of our young guns posted on a neighborhood app that we had the product."

Glennie's leveraged its business relationship with Sculpt Nouveau (located at 1155 Industrial Ave.) a supplier to "artists, tradesmen, and visionaries with tools" and a leader in patina and metal finishing products. The company works with the same chemicals used in making sanitizers. "The owner is a fellow Rotarian," said Burford. "She helped make hand sanitizer for senior citizens because you couldn't get any." Then she started bottling it. It was touch and go for a while because isopropyl alcohol was hard to get in large quantities.

"She got a hold of a big bunch of it and it's been a real life saver to a lot of people," said Burford. "We sold to city of Escondido and some of our regulator customers. Most sanitizer is locked up. We got early notification that they were going to hospitals and maybe a few others. She has been able to supply us. She ended up being our number two supplier by volume—which is a lot."

They were able to keep their sanitizer prices fair and reasonable compared to others who sold them at profiteers' rates. Their supplier also insisted that Glennie's sell it locally. "We've done that and we've also worked for Habitat for Humanity to help it get ready to reopen," said Burford. "They turned us on to State of California Habitat and we have been supplying masks and sanitizer to Habitat affiliates."

Before the pandemic, Glennie's business was 10-12% janitorial. By March that hit 35% and then 50% in April and May. "We've done some business supplies," said Burford, "But

I think I'm going to ring a bell when someone buys some paper clips and furniture."

Some customers walk into the showroom. "We have some business with restaurants," he said. "Real estate has been sketchy. They are trying to get their feet under themselves. We didn't see the business from them we normally do."

They have also gotten a lot of business from displaced



**Glen Burford, VP of Business Development at Glennie's Office Supplies, with some of the best sellers that he switched over to provide to business customers during the last few weeks of the pandemic.**  
*Photo courtesy of Escondido Business Insight*

employees forced to work at home. "We got spikes in home office printers," he observed. "It's been an interesting journey. Some say we have evolved. I think we adapted and overcame. Evolved is a progression almost voluntary; this is pretty much like a survival instinct—but it's worked."

Now that businesses are becoming active again, Burford warns, "It's not like turning on a light. People who say that it is, are people who don't have to turn on a light!"

Some things may never be the same again, especially in retail. "It'll be very interesting," he said. "We've heard this discussion about furniture and offices and how business are going to adapt. People will discover they don't need the office space and they can allow employees to work from home."

Once again business product demand is changing. "Right now we are not seeing the traffic on typical office products," said Burford, "but we are seeing some small furniture for at-home offices."

To return to Burford's theme of the importance of buying local, he puts his money where his ideals are. "We hire local accountants, we go to local grocery stores, we get our gas locally, we get our repairs done by local repair shops and we buy our cars local and use local attorneys. It's not just the tax base, we are giving them the profits that we earn. All of us local companies support local high schools and soccer leagues and Rotary clubs and Lions. But here's the question: How many accountants, doctors and dress shops does Amazon shop at in Escondido? Everything that is bought online supports Los Angeles. All that business that goes outside the area is gone, whereas products bought locally, spent locally, are more likely to stay local.

"That money stays local, gets spent local and turnover and over again. The big companies put lots of money into big charities, but if you look at local companies, they give twice as much to charities as major corporations do. They typically are geared toward the communities they live in. The big corporations don't focus on the local teams. The value of local is much, much greater than the people who don't take a 50,000 feet view realize. That is huge. People don't realize how much it means."

As a consequence, Glennie's feels it when local customers are hurting: "If something happens to one of our customers in Escondido, it means something."

He has preached this message for 25 years. "It's important for the local businesses to offer value," he said. "Does that mean the lowest price? No one is lowest on the price for everything. Not even Amazon. We don't sell over list price. Sometimes we beat them on prices. Pick a day and pick a product. As much as I preach consumers that I want them to buy local, it's important for local business to provide value in whatever format that is."

In his younger days, Burford was in military intelligence. He muses about what he has experienced this spring. "In my career, outside of that role in military intelligence, this has been the most interesting three months."



# Hidden Meadows Community Resources and Organizations

## Resources

**Community Emergency Response Team (CERT)**  
The Deer Springs CERT program is comprised of volunteers who have completed a 24-hour training program designed by FEMA that includes instruction in basic disaster response skills, such as fire safety, light search and rescue, team organization, disaster medical operations, ways to improve home and work place safety, and how to prepare for an emergency. The volunteers are also trained in CPR, first aid, and in the use of a defibrillator. Contact Marc Weissman at 760-525-5170 or marcweissman11@gmail.com.

**Community Sponsor Group**  
The members, appointed by the San Diego County Board of Supervisors, meet monthly to provide a communication link with the San Diego County Planning and Land Use Department. They review and make recommendations on all types of land use, building matters and other planning issues that affect our community life. Their areas of interest include property north of the city of Escondido, east of I-15, south of Old Castle Road, and west of Valley Center. Contact Chairman Jim Chagala, at 760 751-2691 for more information.

**Deer Springs Fire Safe Council**  
The mission of the Deer Springs Fire Safe Council (DSFSC) is to preserve lives, property and natural resources by mobilizing all members of our community to make our neighborhoods fire safe. This is accomplished through the following:  
**Education-** Through the use of instructional literature, meetings, the website www.deerspringsfiresafecouncil.com and newspaper articles, the Council shall disseminate proven measures for fire safety. This information will be provided to every district resident at least once each year.  
**Prevention-** The council shall take the necessary steps to mitigate future wildfires and other uncontrolled fires within the community.  
**Communication-** The Council shall acquire and develop the necessary capabilities to communicate to all our residents during an emergency event. Contact Steve Kerrin at 760-807-1141.

**Emergency Communication System**  
The Deer Springs Fire Safe Council sponsors its own Emergency Communications System (ECS) that will call registered residents in the event of an emergency. This is a free service provided by local members of the council but you must be registered to receive a call. A system-wide test is conducted each summer to make sure everyone who has registered will receive a test call. Any phone number in the United States may be registered. To register, visit www.deerspringsfiresafecouncil.com.  
An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the “Fire Danger Signs” during red flag warnings.

<b>Homeowners Associations</b>	
The Meadows Homes Association (MHA)	760-749-7278
Rimrock Homeowners Association	760-749-4008
Hidden Meadows Ranch Homeowners Association	760-407-7575
Silverado Management Services	
Oak Meadows Glen Homeowners Association	760-749-4796

## Organizations

**Artisan Guild**  
The Hidden Meadows Artisan Guild seeks to inspire, foster and promote arts and crafts of all mediums, Promote supportive networking, marketing, and social opportunities, Encourage member empowerment, educational opportunities, and fun. Develop an appreciation of the arts within our community  
Contact Chalon Campbell at Chalon@cha-la-la.com for information about the guild’s monthly meetings, art show, and activities.

**Bridge**  
Weekly Bridge for women is held Wednesday at the pavilion. Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net.

**Bunco**  
There are several women’s Bunco groups in the community, but are independently run by groups of women who want to have fun once a month. If interested, consider putting an ad in nextdoor.com for other interested residents.

**Garden Club**  
Everyone in the community who is interested in gardening is invited to participate in the Hidden Meadows Garden Club. Monthly events include field trips around the county, plant exchanges, plant and garden crafts as well as ongoing exchanges of ideas and expertise on the local flora and fauna. Contact Frances Munk at 760-809-8889 or francesmunk17@gmail.com .

**Hidden Meadows Community Foundation (HMCF)**  
At the heart of the community events and activities lies the Foundation whose purpose is fourfold:  
Beautification programs such as the maintenance of the medians  
Neighbors Helping Neighbors (temporary assistance for residents in distress)  
Scholarships for residents who are graduating from high school  
*Community events*  
All donations are tax-deductible and can be sent to HMCF, 9856 Canyon Country Lane.  
For more information, contact Sarah Sealey at sarah@bretandsarah.com

**Ladies Bible Study**  
The group meets weekly from 9 to 11am on Tuesday mornings from mid-September through May at the Boulder Oaks Golf Course. For more information, contact Bonnie Miyamoto at 760-297-1508, Debbie Hamer at 760-297-1278 or Nancy Smith at 619-857-9187.

**Social Groups**  
Several social groups have been organized in Hidden Meadows over the years for those who want to meet other singles and couples throughout the community. Typically twelve households make up a group so that a gathering can be organized once a month at each other’s homes. Each group has its own way of planning the gatherings, such as potluck, drink and appetizers, outings, brunch, or hosts providing everything. For more information, contact Toni Wozmak at toni.wozmak@hotmail.com

**Tennis Club**  
Current tennis players range from 25 to over 90 years young. Some matches are organized according to ability, but most are just fun matches where everyone can play. Contact Katy Freeze at 760-749-9722 or clarkfreese@gmail.com.

**Women’s Golf Club**  
The Boulder Oaks Women’s Golf Club is a member of the San Diego County Women’s Golf Association and Santa Margarita Women’s Golf Association. The latter offers inter-club competitive matches with nearby clubs. Thursday is Ladies Day at the course with a variety of tournament formats played throughout the year. Membership in the Boulder Oaks Golf Course is not required for women wishing to join this club. Contact Kathy Figueiredo at (818)274-9129 if you are interested in knowing more about the club.

**Women’s Social Group**  
Monthly gatherings at members’ homes for a potluck dinner and conversation are a wonderful way to meet new faces in Hidden Meadows. For information about upcoming gatherings, send an email to hmwsg92026@gmail.com.

**Yoga**  
Free Yoga sessions are available at the Pavilion on Tuesday and Thursday mornings at 8:00. Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net for more information.

## HIDDEN MEADOWS COMMUNITY FOUNDATION

Sarah Sealey, President

Toni Wozmak, Secretary

Jane Glassett, Treasurer

Rob Enfield, Director

Patricia Fox, Director

Sandra Grafrath, Director

Kathy Moore, Director

Kim Riha, Director

Paul Schoos, Director

Pete Tomaszek, Director

*Neighbors Helping Neighbors*

Christina Stendall, Chair

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911: Immediate emergency assistance	Station 1 Headquarters: 760-749-8001
211: Emergency and non-emergency county information hotline	Station 2 Deer Springs: 760-741-5512
Animal services: 619-299-7012	Station 3 Hidden Meadows: 760-751-0820
CAL FIRE/Fire Information hotline: 619-590-3160	Burn Permits: 760-749-8001
California Highway Patrol: 858-637-3800	Road Conditions/Closures: Cal Trans 800-427-7623 or www.traffic.com
	Hidden Meadows News - <i>Newspaper</i> : 760-297-2900



On the Menu



by Jamie

Roasted Bell Pepper and Garlic Soup

Bell peppers are one of those vegetables that you can do so many different things with. From stuffing them to eating them raw with some hummus, these peppers have the best flavor in any form. Spring and summer are my favorite for vegetables because of the great variety at our local farmers markets. It is such a great treat to walk around the Escondido or Valley Center Farmers markets and not only pick out delicious veggies, but also supporting our local farmers is an added bonus! I created this recipe for my son and I paired it with a grilled steak for dinner. The deep flavors that are brought out by roasting the bell peppers and garlic are worth every moment.

Serves 4

- 3 bell peppers (I used red, orange and yellow)

8 cloves of garlic (roasted in the oven with EVOO and salt )

1 Tbl fresh basil

1 can tomatoes ( 14.5 oz )

1 cup chicken broth

2 cups shredded Parmesan cheese
- ¼ tsp pepper

½ tsp salt

1 cup heavy cream



Roast the peppers on an open flame, gently charring the skin on all sides. When all sides of the peppers are charred, place in a plastic bag or in a bowl that is sealed and let steam. Let the peppers steam for about 20 minutes. Remove the peppers and gently remove the skin off of each one and then slice the peppers into strips, placing them into a stock pot. Add the garlic cloves, basil, tomatoes, chicken broth and salt/pepper. Simmer the soup for about 20 minutes. In a blender or food processor, pour the mixture pureeing until smooth in batches. Pour the soup mixture back into the stockpot and stir in the heavy cream. Serve with croutons, Parmesan cheese and even add some tortellini if you want a heartier meal! Enjoy!

HIDDEN MEADOWS/RIMROCK  
Regular Meetings/Activities

If you plan to attend any meetings in June, check for changes.

Submitted by LeEtta Rudolph , Home Smart Realty West  
www.leettasellsmart.com leettarudolph@gmail.com

Every Week		
TTh,	Yoga, 8 am	751-0261*
MWF,	Fitness Workout, 9 am	749-6523*
W,	Bridge Group, 10 am	751-0261*

June 2020

CHECK FOR CHANGES

1	VCMWD Board Mtg., District Office, 2 pm	749-1600
2	Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm	643-51257
2	MHA Architectural Rev Com Mtg., 6:30 pm	749-7278*
6	Sellers Faire 9-11 Golf course Parking	hmsellersfaire@gmail.com
10	Deer Springs FPD. Bd. Mtg., 2:00 pm	749-8001
10	HM Condos, HOA Meeting, 4:00 pm	407-7575*
10	HM Community Foundation CANCELLED	sarah@bretandsarah.com
11	MHA Board Mtg., 6 pm	749-7278*
12	Garden Club Meeting, 10:00 am	809-8889
15	VCMWD Board Mtg., District Office, 2 pm	749-1600
16	Bookmobile, MLGC Pkg. Lot, 1:00- 2:00 pm	643-5125
16	CERT Monthly Mtg., 6:30 pm	525-5170*
25	Ranch HOA Mtg., 4-6 pm	407-7575*
25	HM Sponsor Group Mtg., 7:00 pm	809-6898*

July 2020

CHECK FOR CHANGES

4	Sellers Faire 9-11 Golf course Parking	hmsellersfaire@gmail.com
6	VCMWD Board Mtg., District Office, 2 pm	749-1600
7	Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm	643-5125
7	MHA Architectural Rev Com Mtg, 6:30 pm	749-7278*
8	Deer Springs FPD. Bd. Mtg. 2:00 pm	749-8001
8	HM Condos, HOA Meeting, 4:00 pm	407-7575*
8	HM Community Foundation, 7 pm	sarah@bretandsarah.com
9	MHA Board Mtg, 6 pm	749-7278*
10	Garden Club Meeting, 10:00 am	809-8889
20	VCMWD Board Mtg., District Office, 2 pm	749-1600
21	CERT Monthly Mtg., 6:30 pm	525-5170*
21	Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm	643-5125
23	Ranch HOA Mtg, 4-6 pm	407-7575*
23	HM Sponsor Group Mtg., 7:00 pm	809-6898*

\* Held at Meadows Community Center. 28208 MGWW  
Meadows HOA email: meadowhoa@att.net  
Call Weekdays 9-12 pm 760-749-7278 to reserve Pavilion  
\* The pool or park cannot be reserved.

Super Crossword

BODY OF LITERATURE

- ACROSS

1 Kids' racers

8 "Need —?" (driver's offer)

13 Lamenting loudly

20 Very devoted fans

21 Ecclesiastic deputy

22 Tallinn locale

23 Start of a riddle

26 Bicycle pair

27 Diamond cry

28 Novi Sad native

29 Bowling alley lineup

30 Oath affirmation

31 Covenants

33 Nativity kings

35 Riddle, part 2

43 Beluga eggs

44 Herr's Mrs.

45 Burnsian negative

46 Magazine printer, e.g.

48 Sothern and Dvorak

50 Spirals

53 1970s teen idol Cassidy

56 "On top of that ..."

57 Abbot's hat

59 Riddle, part 3

62 Attach with glue

64 Apple's Cook

65 Hill staffer

66 Post-Q queue

67 Part of SFPD

68 Riddle, part 4

71 "How exciting!"

73 Women with young 'uns

76 Surrender formally

78 Responses of rejection

79 Rock Me! is one of her fragrances

83 Riddle, part 5

88 Coin-op openings

89 Sunscreen additive

90 Elbow-to-wrist links

91 Party givers

93 Coal, e.g.

94 Advil rival

96 Sportscaster Berman

98 — rock (Jethro Tull's genre)

100 Nonsense song syllable

101 End of the riddle

107 Shipped

108 Put — to (stop)

109 "— Rheingold"

110 Swiss — (beet type)

114 Pleads

117 Hostess — Balls

118 Doc's stitch

121 Riddle's answer

125 Puts holy oil on

126 Old Oldsmobile

127 Cut off

128 Of Switzerland's capital

129 Copier need

130 Stirred up

DOWN

1 Catch a quick breath

2 Garfield's canine pal

3 Salt, relish and mustard

4 Pinball site

5 List quickly

6 Baseballer Speaker

7 Old booming jet, briefly

8 Affirm frankly

9 Ray of "Blow"

10 "Ewww!"

11 Online help sheets

12 See 72-Down

13 Place for suite spirits?

14 Ending of enzyme names

15 Right-leaning type

16 1970 Kinks hit

17 Wise to cook Paula

19 Chokes

24 Perfectly

25 — la Douce (film title role)

31 Social protest with supplication

32 Depot: Abbr.

34 Got closer to, in a race

35 Disney dog

36 Old Aegean Sea region

37 Kin of .com

38 Wine holder

39 Sly laugh syllables

40 99-Down, for one

41 Calculus pioneer

42 Lies dormant

47 Tooth part

49 Court units

51 Opposite of west, to

52 Thug's blade

54 Lickety-split

55 Major news agcy., once

58 Get to

60 Church service cries

61 Seeming eternities

63 A sixteenth of a pint

68 Celebrity

69 Sea arm, to a Scot

70 Norway port

72 With 12-Down, only partially accurate

73 Sir's partner

74 Give the OK

75 Poky animal

77 Fast Net connection

79 Pippi creator Lindgren

80 Juba is its capital

81 Prenatal places

82 Shia's faith

84 Start for byte

85 Galleria

86 Found a purpose for

87 Madriles's language

92 Lay turf on

95 "The end!"

97 Magic's gp.

99 Old Russian ruler Boris

102 Safe, to a ballplayer

103 Runnin' Rebels' rivals

104 Guarantee

105 Golden ager

106 Femme —

110 Sourpuss

111 Refine

112 Ovid's love

113 It pulls a bit

115 Black fly, e.g.

116 French town W. of Caen

118 "Yes, yes!" in 87-Down

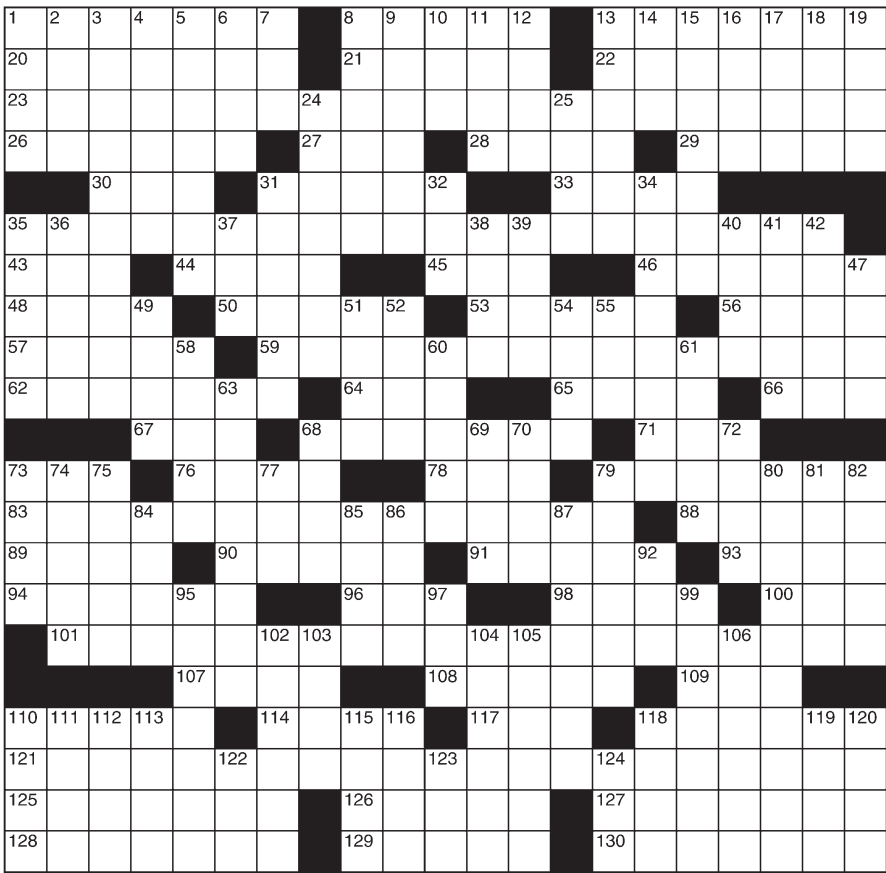
119 Per-unit price

120 Gawked at

122 Lb. and kg.

123 Stiller of films

124 Up to, in brief





# Hidden Meadows Road Repair & Maintenance, 2019

By Paul Schoos / Resident

Last month in the *Hidden Meadows News* I talked about what a Permanent Road Division is and told a little of the history of the Mountain Meadow PRD (PRD 102). This month, as promised, we will look at some of the activity that has taken place over the last fiscal year (since July 1, 2019). During that time, the PRD has spent over \$115,000 in direct costs on multiple projects covering the range from emergency fixes to preventative maintenance.

Most of the work was completed in September 2019 and comprised three major projects and a series of smaller ones. The largest 2019 PRD project by far was a complete resurfacing of Canyon Country Lane west of Mountain Meadow, work which served two purposes. First it delivered a long-term solution to some significant problems with the road, but secondly it served as a test case to help understand the cost/benefit of going with a high-end solution. The original project was budgeted at \$26,000 but while the project was in process it was decided to almost double the road area being replaced resulting in a \$22,000 increase bringing the total cost to \$48,000 for approximately 700 feet of roadway. Included in that total was an additional 400 feet of new berm installed to help direct runoff on the west end of the project.

A different approach from a full resurface was tried on another couple of projects, one on Vista Montanoso/Rocky Ridge Road and one on Oat Hill Road. In these cases, the roads themselves were not in as bad of a shape and the projects were of more a small fix and preventative maintenance nature, so a “slurry seal” was applied to the roadway. More durable than the common seal coat, a slurry seal is a mixture of water, asphalt emulsion, aggregate (very small crushed rock), and additives that is supposed to provide a new wear surface with a life of five to eight years. Unfortunately, the early results from this test are not all that exciting, but we are still optimistic and will see how things develop as the treatment ages. All together approximately 3,500 feet of roadway was treated, at a direct cost of \$8,900.

Included in the late summer work were multiple smaller dig outs (asphalt removal and replacement) throughout the PRD, the largest near the end of Mountain Meadow Road and another on Meadow Mesa Lane, near the intersection of Meadow Glen Way West. In addition, over the course of the winter there were numerous culvert openings, tree removals and drain clear-outs performed by county crews and in some cases quick to react residents.

Most recently, in fact as this column is being written, a crew hired by the county is finishing up emergency sinkhole repair on Mountain Lilac Road. It appears that some local ground squirrels chose to establish their tunnel network adjacent to an existing drainage pipe that ran under the road. The combined disruption of the squirrel tunnels and pipe coupled with the heavy downpours we saw this winter, provided the perfect opportunity for subsurface drainage to undermine the road. It was a quick fix (if you happen to have a medium duty Bobcat) and \$11,500 later residents no longer must swerve to avoid the orange cone in the middle of the road.

While the PRD works to deliver maximum results from a not so maximum budget, we also need to thank property owners who willingly partner in the achievement of that goal. One of the biggest ways that property owners can help is by keeping their vegetation and trees cleared away from roadways. Because the roads in the Mountain Meadow PRD are often quite narrow, vegetation and tree limbs overgrowing the road can create difficult traffic conditions and restrict driver visibility. Providing adequate visibility is one of the greatest traffic safety measures that can be provided for motorists. If this work is left to the PRD it takes limited resources away from taking care of roads and forces us to work through the county’s far less cost effective vendors, not to mention the resulting poor aesthetics of their trimming methods.

Also, of great help are any property owner attempts to control or channel property runoff into existing drains and culverts and most importantly in a manner that avoids undermining the critical roadway edge. And lastly, we ask all in the PRD to report any potential roadway issues as soon as they become apparent as preventative maintenance is pretty much always cheaper than an emergency repair.

The PRD 102 Committee is currently comprised of Ron Piritz (chair), Charlie Marks, Chris Nelson, Steve Robertson, and Paul Schoos. If you have any questions or wish to report a non-emergency road issue you can email the PRD committee at HiddenMeadowsPRD@yahoo.com or talk to one of the committee members. For road issues creating an emergency, contact Dominic Anson the County Preventive Maintenance Coordinator at 858-571-4255.



Resurface on Canyon Country Lane



Slurry Seal on Oat Hill Road



Slurry Seal on Vista Montanoso-Rocky Ridge Road



Digging in on Mountain Lilac Road

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