



Sima Kashani, Layla Kashani, Vida Shayan

Home Sewers Support First Responders

By Sima Kashani / Resident

It was on March 22nd that Sima Kashani and her visiting daughter Layla (staying here under strict travel restrictions from Europe where she resides) were inspired by news stories from the East coast of sewers working each day making homemade face masks for desperately short supplied

hospital staff. Prompted to begin sewing for San Diego, Sima gathered up her home supplies of cotton fabrics, elastics, found a pattern online, and started sewing. Layla called several hospitals in San Diego that same day to offer the masks, contacting UCSD,

MASKS / See Page 7

Seller's Faire update

By Michelle Zipse / Resident

The Seller's Faire will be delayed due to the Covid 19 situation. The first Seller's Faire for 2020 will be on:

August 1 - The theme will be dog fest. Dress up your dog and come and meet the vendors.

September 6 - Stay tuned for the theme.

October 3 - Oktoberfest and the neighborhood garage sale.

November 7 - Electronics recycling.

2020 is proving to be a very unique year so far. Let's all come together as a community to check on each other and keep our neighborhood the extended family we all know and love.

Also, thanks to the market and deli in the neighborhood. They are well stocked with all essentials so we don't have to venture outside Hidden Meadows for all we need. All the best to all of you, our neighbors and friends. Stay safe out there!

PUBLIC HEALTH ORDER

Beginning Friday, May 1, all County residents will be required to cover their face while they are out in public and within six feet of someone that is not a household member.

Businesses are permitted to deny entry to anyone not wearing a face covering.

City/County encourages you to fill out the census

Responding to the Census has never been easier. You can be counted by completing the Census from the comfort of your home online, by phone, or by mail.

COVID-19 is a reminder that it's more important than ever for our communities to have the funding necessary to meet the health needs and concerns of our region. Respond online at www.2020Census.gov to help guide funding in our community and #BeCounted. Find out more at CountMe2020.org. #CountMe2020

Filling out the 2020 Census will help Escondido to be seen, heard, and counted.

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Garden Club Photo Contest

By Karen Henderson

With our planned April events canceled, the HM Garden Club wanted to come up with an activity that would allow us to connect with each other while being physically distant. With our gardens at their peak, we decided to have a photo contest conducted entirely by email. Members could submit two photos into each of five categories for judging.

Unfortunately Mother Nature didn't cooperate and it rained all week while we were trying to take our pictures! That problem was solved by adding a few extra days during which we had some sunnier weather. We were now ready for voting.

Contest organizer Karen Henderson emailed one category a day to Garden Club members who then picked their top three in each group. We had a great response to this activity with over 70 photos submitted and 18 - 21 members voting in each of the five categories. After the votes were tallied, Joy Meeker came out top in three categories! Winners will receive a succulent from a local nursery. Congratulations to all contestants. We may make this an annual event. Here are the results:

Containers

- 1st - Joy Meeker
- 2nd - Francis Munk
- 3rd - Olga Brouwer
- 4th - Joy Meeker
- 5th= Donna Hinke, Doreen Thawley, Francis Munk

Flowers

- 1st - Joy Meeker
- 2nd - Ken Krieger
- 3rd - ;Karen Henderson
- 4th - Doreen Thawley
- 5th= Barbara Rangan, Ken Krieger

Cacti and Succulents

- 1st - Joy Meeker
- 2nd - Edi Demik
- 3rd - Edi Demik
- 4th - Doreen Thawley
- 5th - Karen Henderson

Trees and General Views

- 1st - Francis Munk
- 2nd - Susan Wolking
- 3rd - Barbara Rangan
- 4th= Karen Henderson, Sam/Chris Dailey

Miscellaneous Garden Related

- 1st - Doreen Thawley
- 2nd - Doreen Thawley
- 3rd - Sam/Chris Dailey
- 4th - Joanne Angli
- 5th - Joanne Anglin



1st place Containers: Joy Meeker



1st place Flowers: Joy Meeker



1st place Miscellaneous Garden: Doreen Thawley



1st place Cacti and Succulents: Joy Meeker



1st place Trees and General Views: Francis Munk

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HIDDEN MEADOWS/RIMROCK

Regular Meetings/Activities

If you plan to attend any meetings in May, check for changes. *

Submitted by LeEtta Rudolph , Home Smart Realty West
www.leettasellsmart.com leettarudolph@gmail.com

Every Week		
TTh,	Yoga, 8 am	751-0261*
MWF,	Fitness Workout, 9 am	749-6523*
W,	Bridge Group, 10 am	751-0261*

May 2020

2	Sellers Faire 9-11 - CANCELLED	hmsellersfaire@gmail.com
4	VCMWD Board Mtg., District Office, 2 pm	749-1600
5	Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm	643-5125
5	MHA Architectural Rev Com Mtg, 6:30 pm	749-7278*
10	Garden Club Meeting, 10:00 am	809-8889
13	Deer Springs FPD. Bd. Mtg. 2:00 pm	749-8001
13	HM Condos, HOA Meeting, 4:00 pm	407-7575*
13	HM Community Foundation- CANCELLED	sarah@bretandsarah.com
14	MHA Board Mtg, 6 pm	749-7278*
18	VCMWD Board Mtg., District Office, 2 pm	749-1600
19	CERT Monthly Mtg., 6:30 pm	525-5170*
19	Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm	643-5125
28	Ranch HOA Mtg, 4-6 pm	407-7575*
28	HM Sponsor Group Mtg., 7:00 pm	809-6898*

June 2020

1	VCMWD Board Mtg., District Office, 2 pm	749-1600
2	Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm	643-51257
2	MHA Architectural Rev Com Mtg., 6:30 pm	749-7278*
6	Sellers Faire 9-11 - - CANCELLED	hmsellersfaire@gmail.com
10	Deer Springs FPD. Bd. Mtg., 2:00 pm	749-8001
10	HM Condos, HOA Meeting, 4:00 pm	407-7575*
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16	CERT Monthly Mtg., 6:30 pm	525-5170*
25	Ranch HOA Mtg., 4-6 pm	407-7575*
25	HM Sponsor Group Mtg., 7:00 pm	809-6898*

* Held at Meadows Community Center. 28208 MGWW
Meadows HOA email: meadowhoa@att.net

Call Weekdays 9-12 pm 760-749-7278 to reserve Pavilion*
The pool or park cannot be reserved.

Observations

By Vicky Long / Resident

We have friends who just got back from a trip to Europe. They said the grocery stores in France look like tornadoes hit them. All that's left is de brie.

If you need 144 rolls of toilet paper for a month-long quarantine you probably should've been seeing a Doctor long before COVID-19.

Night 1 of no sports: Found a lady sitting on my couch. Apparently she's my wife. She seems nice. Also, TV's are black when they are off.

How come the liquor stores don't have empty shelves? Are people not realizing they will be quarantined with their spouses and kids?

Day 2 without sports: My wife and I just had an hour long conversation. She's really nice, apparently she works in the medical field.

Our cleaning lady just called and told us she will be working from home, and will send us instructions on what to do.

Gas is finally affordable, and we can't go anywhere!

We thought we'd have flying cars by 2020. But no, here we are teaching people how to wash their hands.

I'm either coming out of this quarantine 20 lbs lighter, chakras balanced and a house full of completed craft projects OR...20 lbs heavier with a drinking problem.

To go to the grocery store, they said a mask and gloves were enough...they lied...everybody else had clothes on!

This is it. The day your dogs have all been waiting for: Their owners can't leave the house and they get you 24/7! Dogs are rejoicing everywhere. Cats are contemplating suicide.

Law Office of Diane Haisha-DeForest



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Book Talk

by Lynn Clark

Those of us that are avid readers always keep a few books on hand for a rainy day. When the library closed, I had to find a new source for reading material. I was pleasantly surprised when I found this book on my shelf because it was such an original story.

"Dominion" by C.J. Sansom

"All events that take place after 5:00 p.m. on 9 May 1940 are imaginary." The time is 4:30 pm on 9 May 1940 and a very historical meeting is taking place in London. The future of Britain is at stake and the politicians in charge of the path forward are in a meeting to determine the next Prime Minister. Prime Minister Chamberlain is in serious trouble politically and is being forced to step down, so he has brought the contenders to fill his position to Downing Street for a meeting: Cabinet member Winston Churchill; House Conservative Whip, David Margesson; and Foreign Secretary, Edward Halifax are present and waiting for news of the war and Germany.

Churchill and Halifax are the two most likely candidates, but they have divergent political leanings. Churchill knows that Halifax doesn't have the fortitude to lead a war effort and feels he would be the better choice, but Halifax has the backing of the people in power. Churchill on the other hand is a fierce fighter, and warned from the beginning that Hitler was not to be trusted; but he is considered a warmonger, so he waits to see if Halifax will accept the responsibility. As the clock strikes 5:00, Halifax steps forward and claims the position and so begins an "alternative" story concerning the history of WWII.

The year is 1952. It is Remembrance Day. Large groups of people are moving towards Victoria Station to travel to Westminster to celebrate the occasion. There is going to be a parade of veterans past the Cenotaph to honor the people that participated in the brief war of 1939-40. People called it the Dunkirk or Jews war which ended in the terrible defeat of the British Army. The resulting Peace Treaty made Britain an ally of Germany.

The current politicians, ambassadors, and representatives of the Dominion will place wreaths at the Cenotaph. One of the wreaths will be placed by Rommel, the German ambassador. It has a white background with a red swastika. There are rumors that Hitler is seriously ill. Two years ago a new government was put in place and Churchill and his followers were forced out. They went underground and formed the Resistance. There is economic unrest and strikes and the gov-

ernment has become closer to their allies: the Germans. The Jews again have become the political enemy of the government, and a new program of deportation is being put in place.

David Fitzgerald, a veteran of the brief war, and his pacifist wife Sarah are part of the group watching the celebration. He is a civil servant and works for the Dominion. He has become restless and things at home have not been going well since his young son died from an accident at home. He's drawing away from his wife and she is aware of his discontent, but doesn't know the reasons behind it. He has secrets: his deceased mother was Jewish, and he and his friend Geoff Drax are part of the Resistance movement. For two years he has been photographing official documents and passing them on to his cell, but he recently made a mistake. He put a document he was photographing back in the wrong file. A file he shouldn't have had access to, and an investigation he is not aware of has been started by his superior.

Frank Muncaster is a mentally fragile geologist. As a child he was bullied by his brother Edgar and his classmates at boarding school. Later when he entered Oxford things became better and he made friends with David, but as his life progressed he lost touch with him and became reclusive. When his mother dies he notifies Edgar, now a physicist, working in America. When he comes to settle the estate Frank sees that his brother is now an alcoholic and nothing has changed because he is still a bully. An argument on the merits of each other's work ensues and Edgar tells Frank a dangerous secret. A secret so frightening that in a violent act of anger Frank pushes his brother out a second story window. He goes on a rampage and destroys his apartment and when the police arrive he shouts "It'll be the end of the world. He never should have told me."

Edgar survives with a broken arm, but is arrested by the Americans and taken back to the U.S. Frank is sent to a mental hospital. In the following weeks Frank is sedated, but when he is lucid he lives in fear that he will reveal the secret. He needs access to his funds in order to be transferred into private care, but when he can't reach his brother his caregiver asks him if possibly a friend could help him. He turns to David for help.

Gunther Hoth is an agent of the Gestapo. His job is hunting down people... Jewish people in hiding. He has been called to the German embassy in London to work on a secret assignment. His initial interview is with a high ranking SS officer called Gessler. Their talk has focused on the war with Russia, the settlements under German control, and the fact that the Americans have isolated themselves. Germany has had difficulty infiltrating American security. Gessler is aware that the Americans are winning the arms race. He believes the picture of an atomic bomb explosion is real. A weapon that could alter the balance of power in the world.

Frank's altercation with his brother has come to the attention of Gessler. Hoth's assignment is to interview Frank Muncaster at the mental hospital, search his apartment, and find out what his brother told him. An SS agent named Syme is to accompany him. The interview with Frank is done by Syme while Gunther sits and observes Frank's fear, but also something else he sees...Frank's intellect and cunning. Frank tells them nothing.

David and Geoff arrive later the same day to see Frank and are surprised to learn of the police visit. They go in to see Frank and register under false names, but again Frank reveals nothing. His caregiver, another Resistance member, insists that he knows something and is in danger. Leaving the hospital they go to Frank's apartment and find nothing except some letters to David and a picture of the group when they were friends at Oxford. As they are leaving David takes the letters, but as they exit the apartment they run into another boarder that inquires about Frank. That same day Gunther and Syme arrive to search the apartment. They find the photo and also meet the curious boarder that mentions the earlier visitors and identifies them from the picture Gunther has taken from the apartment.

As the net closes, the Resistance comes up with a plan to kidnap Frank and hand him off to the Americans. The plan is to get Frank to the coast and the Americans will pick him up in a submarine. David has compromised the group and along with his wife and several people from the Resistance, they must go and see Frank safely to America. The rest of the Resistance cell must be protected so the people executing the kidnapping are give cyanide capsules to insure they die without revealing anything if captured.

Under cover of a dense dangerous smog* a game of cat and mouse begins with Frank and the group moving to the coast via safe houses with Gunther and Syme in pursuit. A confrontation occurs on the coast and who wins, who loses, and who is killed in the gun fight is the culmination of a really exciting book that I highly recommend.

*The Great Smog of December, 1952, is an actual event. The pollution in the air from coal smoke from homes and power facilities contributed to the death of several thousand people .

Note: This book was 600 plus pages long. I left out the three women that were really essential to the story because of space. The first is David's wife Sarah who eventually is pulled into the dangerous situation and is unaware of his work with the Resistance. She witnesses some of the police activity with the deportation of the Jews and finds her beliefs shaken when her friend is shot in front of her. Natalia is a Resistance fighter that David finds attractive. She is in charge of helping the group get Frank to the coast. Last is Carol Bennett, the woman responsible for the secret files in the department. She warns David that he is in trouble. Suspects he is the person that gained access. She is taken to police headquarters and tortured.



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Things to be Grateful for this Spring

1. Living in beautiful, friendly Hidden Meadows
2. Having 4+ acres to roam and work out on
3. Weeds, it gives me work to do out there
4. Spring color. Wow! Do I have color: reds, pinks, yellows, blues, orange and many beautiful shades of green.
5. Rain and fertilizer. My lawn is looking the best it has in years!
6. My husband who built me an office space in the garage so I can work from home. He also cooks most the meals.
7. Our houseguest, who was laid off at the same time as my husband, for all the yard work he's been helping with, for being great company, and keeping my husband out of my office while I'm working. And we've been learning a lot about China from him.

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Before *After*

Before *After*



8. My dog, Titan, who sits in front of the heater in the garage keeping me company. And, he requires daily walks, which gets me out and moving every morning.
9. Video chats! Wow! I never thought I could fall in love with something like this, but it certainly saves my sanity some days.
10. Sharing with friends: Ed and Alexandra McWilliams - playing it safe - This is a photo of me and my husband Ed. Snorkel masks just cover breathing area with a cloth or filter.
11. And more friends: Jacque Joslyn - Braving It! Her first time out of the house in 3 weeks.
12. Learning new software, and all my co-workers learning, too. Sometimes it takes a major shift like this to get us all moving forward with technology.
13. Amy Van Liew's exercise videos
14. Wine! Need I say more?

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What's Happening in
HIDDEN
MEADOWS?

ACTIVE LISTINGS

ADDRESS	LIST PRICE	ADDRESS	LIST PRICE
Meadow Glen Way E	\$549,999	E Meadow Glen Way East	\$757,000
Meadow Glen Way E	\$599,000	Cerveza Baja	\$789,000
Indian Creek Way	\$599,000	Meadow Glen Way W	\$799,000
Grassy Way	\$619,000	Rim Road	\$799,000
Oak Spur Way	\$619,900	Glengarry Lane	\$825,000
Glenmeade	\$648,000	Aspen Glen	\$800,000 - \$834,900
Gladstone	\$649,000	Cerveza Court	\$899,000
Meadow Glen Way E	\$650,000	Meadow Mesa Drive	\$989,000
Oak Spur Way	\$659,000	Meadow Mesa Lane	\$1,179,000
Meadow Glen Way E	\$675,000	Alps Way	\$1,499,000
Rosecrest Drive	\$685,000	Mountain Meadow Road	\$2,199,000
Sage Hill Way	\$739,900		

PENDING LISTINGS

ADDRESS	LIST PRICE	ADDRESS	LIST PRICE
Treeside Lane	\$599,000	Sandhurst	\$1,099,000
Gladstone Court	\$675,000	Tricia Place	\$1,249,900
Dogwood Glen	\$725,000		

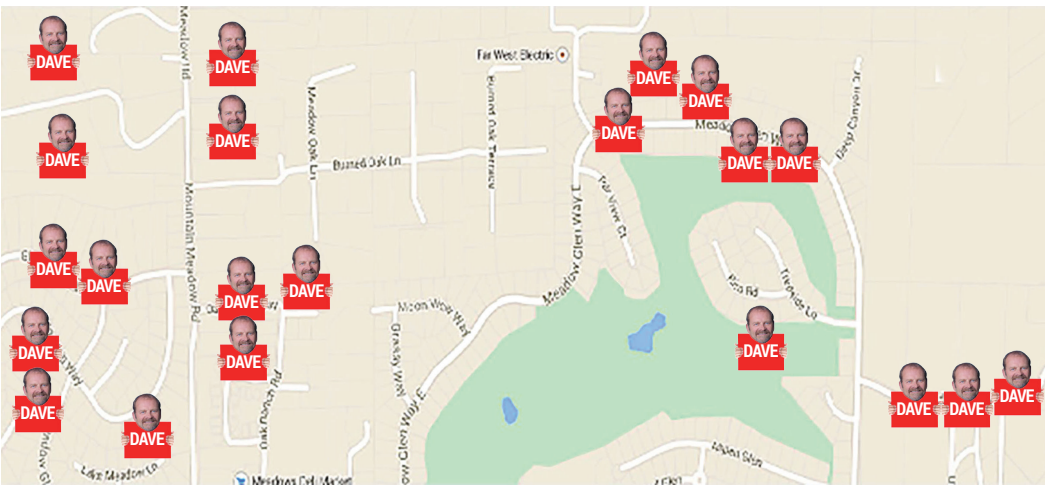
SOLD LISTINGS

ADDRESS	LIST PRICE	SOLD PRICE
28207 Glenmeade Way	\$659,000	\$659,000
10562 Aspen Glen	\$725,000	\$725,000
28244 Faircrest Way	\$729,000	\$739,000
9918 Sage Hill Way	\$729,888	\$740,000
10656 Aspen Glen	\$699,000 - \$749,000	\$710,000
28637 Mountain Meadow Road	\$769,999	\$754,000
28377 Faircrest Way	\$899,000 - \$945,000	\$915,000

Data from SANDICOR, Inc. for 03/25/2020—04/29/2020 and represents properties listed or sold by various brokers. If your property is currently listed this is not meant as a solicitation.

Who's Selling Hidden Meadows?
DAVE BUCKLEY

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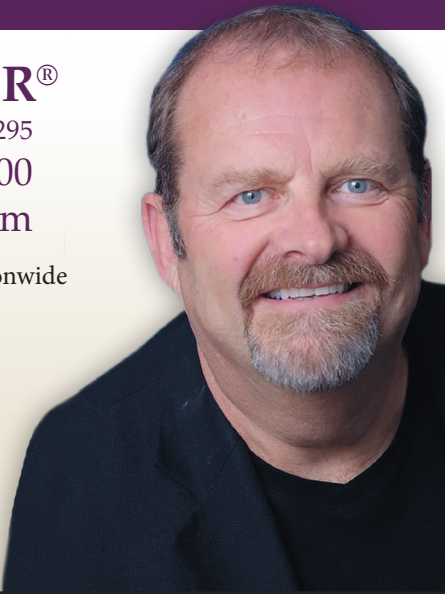
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Boulder Oaks Trivia Night – Zoomed

By Michelle Zipse / Resident

What is Zoom you may ask? Before March of this year I'd never heard of it. Since we're all sheltering in place, Zoom has become the most popular way that friends, families, clubs, communities, etc. are connecting for game night, happy hour, video conferencing, birthday parties, etc. You name it, and people are using Zoom to make it happen. Some wineries are even planning wine tasting via Zoom. Just let them know you want to participate and place an order. Your wine arrives and, bam! you're connecting with others over the sweet nectar of the vine.

In Hidden Meadows, the neighborhood trivia night is continuing via Zoom. Thanks to Awara Van Sumner and her husband Dave, Wednesday night continues as the opportunity to Zoom in and connect with friends, have a few drinks. Just don't forget to tip your server and bartender!

Hang in there everyone! We'll be out and about again soon, enjoying all the things we like to do. In the meantime, let's keep getting creative and coming up with new ways to Zoom in and connect!



Zoom: Trivia participants

MASKS / From Page 1

Scripps, Palomar, Grossmont among others, and each one politely replied: thank you but we don't need them.

On a work conference call, Layla mentioned the home mask sewing and a listening co-worker asked for as many as possible for his daughter, an emergency room nurse based in Virginia Beach. The Mother Daughter team worked to package up 50 masks and sent it priority mail to reach them, and then started to research local non-medical entities like grocery stores and nursing homes who might benefit from free masks. It is difficult to imagine that at that time, these two were actually begging to offer the homemade masks. Shari at Hidden Meadows Market was thrilled to receive a batch of 20 masks, yet the other market in the valley politely declined, saying they had a box of manufactured masks already. Sima began to wonder if maybe the need was not so great locally, bringing some sense of relief, and the team continued to sew moderately to supply one off requests around the nation.

It was only 3 days later that the local calls and messages began to come in from nursing homes, pharmacists, res-



Some of the thousands of masks made by Sima, Layla and Vida

taurants, and hospices begging to please send as many masks as possible, that the estimations and supplies were very short and at risk. A day after, Palomar asked for home sewers to please coordinate and donate an initial target of 5000 face masks by March 31st.

That's when Vida Shayan, Sima's sister, joined in the assembly sewing production line at home to produce well over 2000 masks that have been distributed to San Francisco, New Jersey, Virginia, and all around San Diego county, including Palomar Hospital.

Hidden Meadows Non-county Roads: Mountain Meadow Permanent Road Division

By Paul Schoos / Resident

Hidden Meadows residents and guests travelling northward on Mountain Meadow at Vista Montanoso have probably noticed the sign in the picture, but I don't think too many have bothered to ponder, "okay if not the county, who does do the maintenance?". Well, for the few who might have been curious, the answer is the combined owners of those properties outside the county-maintained area, via an association called a Permanent Road Division. A PRD is a district formed under California State Law by area property owners for the purpose of maintaining and/or improving their private roads. The cost of the work is paid for through assessments or special taxes placed on the tax rolls.

Mountain Meadow PRD was established in 1980 as County Service Area 102. At the time of the PRD's inception, the county performed an analysis of projected road maintenance costs. Those costs were then apportioned to the properties within the PRD using a methodology that assigns what are called equivalent benefit units (EBUs) to each parcel as a way to measure the relative benefit to be received. In PRD 102 fac-

ROADS / See Page 11

At article writing date, Palomar has confirmed that they have received over 20,000 homemade masks from home sewers all over the area – and they continue to ask for more.

The requests have not stopped, and the plea went out for donations of fabrics and elastics to help support the effort. The community response has been overwhelmingly generous, with so many of our neighborhood residents and businesses providing fabric, elastic, shipping supplies, drop off support, electric scissors – even a pizza was provided to nourish the team, donated by the Hidden Meadows Market.

Sima, Vida, and Layla would like to thank the generous donations from so many community members, including hundreds of dollars of fabric purchased by Julie Brooks at J&J Brooks Ranch, donations by Sickel's Upholstery in Escondido, personal fabric collections donated by Geri Beam, Joanne Anglin, Shirley Cail, Donna Hinke, Barbara Rangan, and Olga Brouwer, the delivery arrangements by Libby Saleh and cash donations by her ReMax agent community, plus the countless other neighbors trading masks for avocados, lemons, oranges, baked goods, and even homegrown kale. All of the support boosts the morale and effort to keep sewing and continue to help all of us live safely throughout this crisis. The mask making continues, supporting first responders and the whole community.

You can ring bells, clang pots, dance and sing at 7pm each day to show your support of the community and the terrific ways that your neighbors are helping us through the pandemic.

To Our Valley Center Municipal Water District Customers,

Amid ongoing concerns about **COVID-19**, please know that the Board of Directors and staff at VCMWD are committed to serving your water / wastewater needs during this difficult time.

For your safety/convenience, please visit **vcmwd.org** for all remote payment options available to you. Despite what you may hear or read, VCMWD's water is treated to remove pathogens, including Coronavirus.

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Board of Directors,

Valley Center Municipal
Water District



Astronomy Corner by Chris Holmes

Astrophilately
(astro; stars: philately; stamps)

Postage stamps are glimpses of history, single frames in the movie tracing the ascent of man. If they are issued on a cover commemorating some noteworthy event, they are called First Day Covers or FDCs (Fig. 1) and may contain cachets or other elaborate artwork sought after by collectors. But what makes them interesting to the historian is not the stamp's design, its cancellation marks or its franking rate. Rather, it is the postmark, which specifies the date, time and location of the issuing postal authority. Not surprisingly, my interest is in astrophilately: astronomy-themed stamps and postal covers.

History
The first astronomy-themed stamp was an 1887 issue from Brazil featuring the Southern Cross. In 1923 the first envelope cachet (and the first U.S. FDC) commemorated the death of President Warren G. Harding. Other stamps and covers celebrated or memorialized famous astronomers, bigger and better observatories, or more powerful telescopes: Copernicus on Polish covers; Tycho Brahe, the last naked eye astronomer, on Danish FDCs; Kepler, who used Brahe's 20 years of observations to arrive at his three Laws of planetary motion. Then came Galileo, Newton (Fig. 2), Einstein and Hubble (Fig. 3).

Observatories themselves were often the subjects of FDCs: The Mount Palomar Observatory's opening in 1948 (Fig. 4); the Jodrell Bank radio observatory's in 1966; and the Royal Observatory at Greenwich in 1884, which was honored with a special centennial FDC 100 years later in 1984 (Fig. 5). This observatory became the official home of the Prime Meridian, with a longitude of 0.00.

The launch of Sputnik on October 4, 1957 signaled the start of the space age and was the subject of many covers. FDCs followed all the space discovery missions thereafter. Here are two examples of these and one about an innovative mail delivery system.

Apollo 11: The Moon Landing
This mission required three FDCs to describe the full story. The first cover commemorated the Cape Canaveral launch on

July 16, 1969 (Fig. 6), controlled by the Kennedy Space Center team. But once the rocket cleared the launch tower, control shifted to the Manned Spacecraft Center in Houston. It conned the craft all the way to the moon and its successful landing there on July 20, 1969. But since there were no post offices on the moon, the cancellation stamp could only show the time and date of the nearest postal authority: the Houston Space Center. The third set of FDCs record Apollo 11's recovery on July 24, 1969 by the U.S.S. Hornet.

One final note: Before their launch, the crew of Apollo 11 signed dozens of covers, which were then taken by a colleague to the Kennedy Space Center post office and stamped with the date of the lunar landing. If the crew did not survive, these covers would be very valuable and act as family life insurance policies.

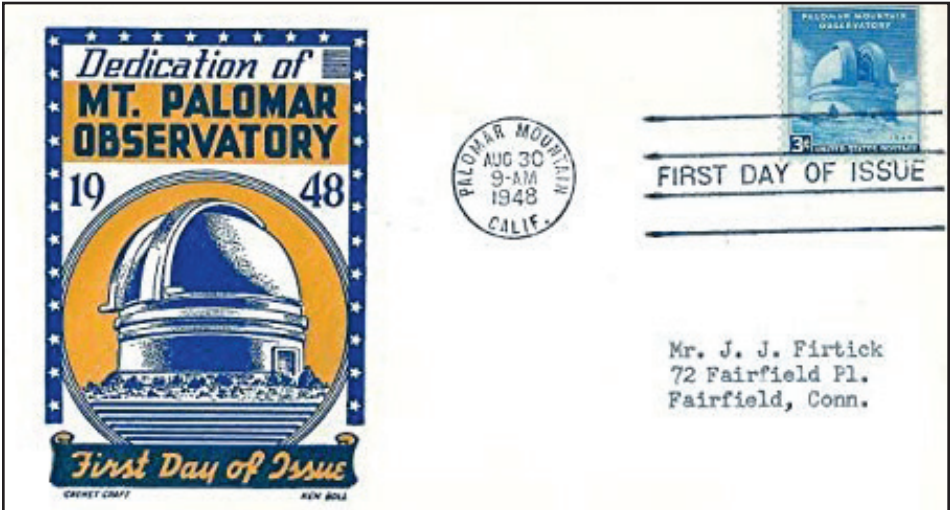
Apollo 15
If the high-flying Apollo 11 was an Eagle, the 1972 Apollo 15 mission was a slug. The crew had agreed to carry 400 unauthorized covers to the lunar surface for pay from a private stamp dealer, who re-sold some of them for as much as \$50,000. The astronauts returned what they had been paid, but were still censured by a Senate committee; none ever flew in space again.

Missile Mail
This was a hi-tech idea to provide faster mail delivery by carrying it on a guided missile. On June 8, 1959, 3,000 letters from the Postmaster General to various high government officials were loaded aboard a Regulus I cruise missile and launched from the USS Barbero -- a Navy submarine stationed about 100 miles off the Florida coast -- toward NAS Mayport (Fig. 7). The experiment succeeded, the mail was delivered in about 22 minutes, and a number of postal covers were produced to commemorate the achievement. But the advent of much cheaper airmail, carried on regular airline flights, soon rendered missile mail obsolete.

All images from public domain sources.
Thanks to Curt Bruce for his encouragement and philatelic expertise.



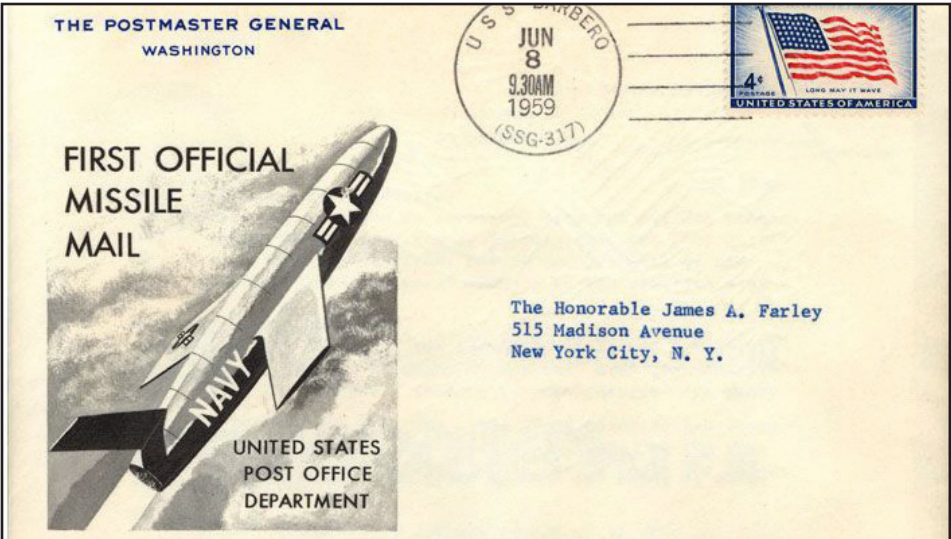
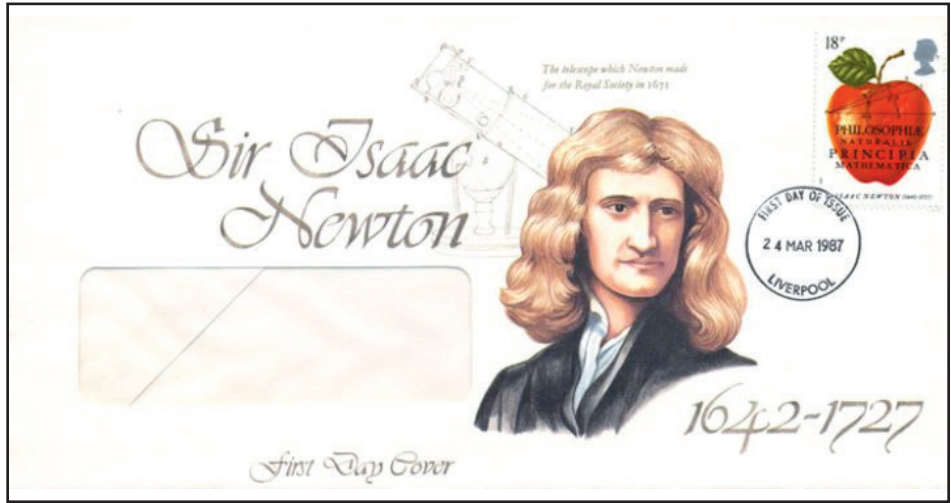
(above) Edwin Hubble (below) Mt. Palomar Observatory



(above) Greenwich Observatory (below) Apollo 11 Launch



(above) Typical FDC (below) Newton



Missile Mail

Taking Care of Dad – now

By Linda Collins / Resident

Last month, I told the story of bringing Dad here to live at Brookdale Senior Living. It took a couple months to start feeling like he fit in. The staff told me he was flirting with all the women and chatting with lots of people. He was walking around the complex a couple times a day. Things were looking pretty good. Enter COVID-19. For the first week of restrictions, Brookdale allowed us to chat on the front patio as long as we maintained our social distancing. But that didn't last. The liability risk was too high. Now they can't leave the building and no non-essential personnel can enter. It pulled the rug out from under my dad's feet. He could still do some walking. But there were so few people around and with social distancing it was hard to chat. (Read that as they couldn't hear each other that far apart!). Then the rains hit and his walking was reduced to hallways, which didn't inspire him so he took to sitting and sleeping more than moving and interacting.

I could tell by our conversations he was getting sluggish and wasn't thinking as clearly. His energy was dropping off. I worried. Reaching out to some of his and mom's old friends, I got a couple people to call and chat. That lasted maybe two days. Then he developed a cough.

The first week it was a minor cough and it didn't seem to be getting worse. I wasn't too concerned. But the beginning of the next week, things had changed. He had a couple "bad" days as he called them. He wasn't feeling well; the cough was worse. I asked him to go see the nurse. He didn't. The next morning he could hardly talk without an awful coughing spasm. I called the nurse. They checked on him a couple times during the day and finally recommended he see a doctor.

Taking a resident out of an assisted living environment is easy. Getting them back in . . . not so much. Just going out to the doctor puts him at risk, which puts all the other residents at risk. Brookdale has a

14 day quarantine after someone has been out and potentially exposed. But the situation warranted taking him out. And it was the right decision.

I couldn't take him to urgent care as anyone with breathing problems is directed to the hospital emergency department. (They now call it ED.) I decided that, if he was going to the hospital, he should go by ambulance so he would be seen quicker. He wasn't happy about that. The morning after, he understood it was the right thing to do.

He'd built up fluid "around" the lung. He needed a "thoracentesis" to drain the water out of the cavity. He was put on heavy antibiotics and several other tests were being conducted to see what might have caused it. He would be in the hospital a few days and then we would have to go through the complicated procedure to get him back in Brookdale. They want to make sure it is the appropriate place for him and that he is not a risk to himself or other residents.

The worst part . . . I can't be with him. I can't have a face to face with the doctor, the director of Brookdale, or anyone. Not being able to be there to support dad is really difficult. I can call him twice a day while he's in the hospital but I can't be there. And I know he'd really like me there. I can't wait until this COVID thing settles down and life takes up a bit of normalcy. Although I think "normal" will have a whole new meaning after this.

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Deadline for local article submission: 17th of the month for the next issue. Photographs submitted for publication should be hi-resolution, unmodified originals, hi-res/300dpi. We cannot accept photos taken from social media sites such as Facebook. Send drafts and photos to Patricia Fox to **LocalEditor@HiddenMeadows.news**

HELPFUL PHONE NUMBERS

911: Immediate emergency assistance
211: Emergency and non-emergency county information hotline
Animal services: 619-299-7012
CAL FIRE/Fire Information hotline: 619-590-3160
California Highway Patrol: 858-637-3800
Deer Springs Fire Protection District
Station 1 Headquarters: 760-749-8001
Station 2 Deer Springs: 760-741-5512
Station 3 Hidden Meadows: 760-751-0820
Burn Permits: 760-749-8001
Road Conditions/Closures: Cal Trans 800-427-7623 or www.traffic.com
Hidden Meadows News - *Newspaper*: 760-297-2900

Annual Events in Hidden Meadows 2020 Sponsored by the Hidden Meadows Community Foundation

Sellers' Faire	First Saturday of the Month: May & June - Cancelled August, October & November	
Community Garage Sale	Saturday, May 2 cancelled	
Fourth of July Parade/Picnic	Saturday, July 4	Boulder Oaks parking lot
Trunk or Treat	Saturday, October 31	Pavilion parking lot
Turkey Trot	Thursday, November 26	Boulder Oaks parking lot
Toys for Tots	Saturday, December 5	Pavilion

Edward Jones MAKING SENSE OF INVESTING



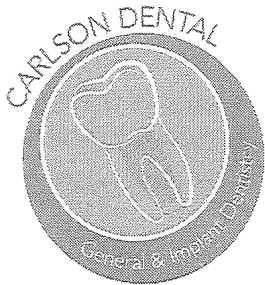
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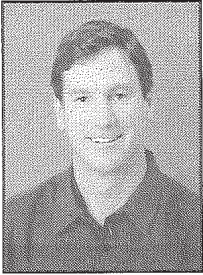
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Hidden Meadows Community Resources and Organizations

Resources

Community Emergency Response Team (CERT)

The Deer Springs CERT program is comprised of volunteers who have completed a 24-hour training program designed by FEMA that includes instruction in basic disaster response skills, such as fire safety, light search and rescue, team organization, disaster medical operations, ways to improve home and work place safety, and how to prepare for an emergency. The volunteers are also trained in CPR, first aid, and in the use of a defibrillator. Contact Marc Weissman at 760-525-5170 or marcweissman11@gmail.com.

Community Sponsor Group

The members, appointed by the San Diego County Board of Supervisors, meet monthly to provide a communication link with the San Diego County Planning and Land Use Department. They review and make recommendations on all types of land use, building matters and other planning issues that affect our community life. Their areas of interest include property north of the city of Escondido, east of I-15, south of Old Castle Road, and west of Valley Center. Contact Chairman Jim Chagala, at 760 751-2691 for more information.

Deer Springs Fire Safe Council

The mission of the Deer Springs Fire Safe Council (DSFSC) is to preserve lives, property and natural resources by mobilizing all members of our community to make our neighborhoods fire safe. This is accomplished through the following:

Education- Through the use of instructional literature, meetings, the website www.deerspringsfiresafecouncil.com and newspaper articles, the Council shall disseminate proven measures for fire safety. This information will be provided to every district resident at least once each year.

Prevention- The council shall take the necessary steps to mitigate future wildfires and other uncontrolled fires within the community.

Communication- The Council shall acquire and develop the necessary capabilities to communicate to all our residents during an emergency event. Contact Steve Kerrin at 760-807-1141.

Emergency Communication System

The Deer Springs Fire Safe Council sponsors its own Emergency Communications System (ECS) that will call registered residents in the event of an emergency. This is a free service provided by local members of the council but you must be registered to receive a call. A system-wide test is conducted each summer to make sure everyone who has registered will receive a test call. Any phone number in the United States may be registered. To register, visit www.deerspringsfiresafecouncil.com.

An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the “Fire Danger Signs” during red flag warnings.

Homeowners Associations

The Meadows Homes Association (MHA)	760-749-7278
Rimrock Homeowners Association	760-749-4008
Hidden Meadows Ranch Homeowners Association	760-407-7575
Silverado Management Services	
Oak Meadows Glen Homeowners Association	760-749-4796

Organizations

Artisan Guild

The Hidden Meadows Artisan Guild seeks to Inspire, foster and promote arts and crafts of all mediums, Promote supportive networking, marketing, and social opportunities, Encourage member empowerment, educational opportunities, and fun. Develop an appreciation of the arts within our community

Contact Chalon Campbell at Chalon@cha-la-la.com for information about the guild’s monthly meetings, art show, and activities.

Bridge

Weekly Bridge for women is held Wednesday at the pavilion. Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net.

Bunco

There are several women’s Bunco groups in the community, but are independently run by groups of women who want to have fun once a month. If interested, consider putting an ad in nextdoor.com for other interested residents.

Garden Club

Everyone in the community who is interested in gardening is invited to participate in the Hidden Meadows Garden Club. Monthly events include field trips around the county, plant exchanges, plant and garden crafts as well as ongoing exchanges of ideas and expertise on the local flora and fauna. Contact Frances Munk at 760-809-8889 or francesmunk17@gmail.com .

Hidden Meadows Community Foundation (HMCF)

At the heart of the community events and activities lies the Foundation whose purpose is fourfold:

Beautification programs such as the maintenance of the medians

Neighbors Helping Neighbors (temporary assistance for residents in distress)

Scholarships for residents who are graduating from high school

Community events

All donations are tax-deductible and can be sent to HMCF, 9856 Canyon Country Lane.

For more information, contact Sarah Sealey at sarah@bretandsarah.com

Ladies Bible Study

The group meets weekly from 9 to 11am on Tuesday mornings from mid-September through May at the Boulder Oaks Golf Course. For more information, contact Bonnie Miymoto at 760-297-1508, Debbie Hamer at 760-297-1278 or Nancy Smith at 619-857-9187.

Social Groups

Several social groups have been organized in Hidden Meadows over the years for those who want to meet other singles and couples throughout the community. Typically twelve households make up a group so that a gathering can be organized once a month at each other’s homes. Each group has its own way of planning the gatherings, such as potluck, drink and appetizers, outings, brunch, or hosts providing everything. For more information, contact Toni Wozmak at toni.wozmak@hotmail.com

Tennis Club

Current tennis players range from 25 to over 90 years young. Some matches are organized according to ability, but most are just fun matches where everyone can play. Contact Katy Freeze at 760-749-9722 or clarkfreese@gmail.com.

Women’s Golf Club

The Boulder Oaks Women’s Golf Club is a member of the San Diego County Women’s Golf Association and Santa Margarita Women’s Golf Association. The latter offers inter-club competitive matches with nearby clubs. Thursday is Ladies Day at the course with a variety of tournament formats played throughout the year. Membership in the Boulder Oaks Golf Course is not required for women wishing to join this club. Contact Kathy Figueiredo at (818)274-9129 if you are interested in knowing more about the club.

Women’s Social Group

Monthly gatherings at members’ homes for a potluck dinner and conversation are a wonderful way to meet new faces in Hidden Meadows. For information about upcoming gatherings, send an email to hmwsg92026@gmail.com.

Yoga

Free Yoga sessions are available at the Pavilion on Tuesday and Thursday mornings at 8:00. Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net for more information.

HIDDEN MEADOWS COMMUNITY FOUNDATION

Sarah Sealey, President
Toni Wozmak, Secretary
Jane Glassett, Treasurer
Rob Enfield, Director
Patricia Fox, Director
Sandra Grafrath, Director
Kathy Moore, Director
Kim Riha, Director
Paul Schoos, Director
Pete Tomaszek, Director

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ROADS / From Page 7

tors such as the size of the parcel and whether it is improved determine EBU’s. The majority (61%) of the 462 parcels are assigned two EBU’s, 22% are assigned one, 15% three and 1% four. The initial calculation resulted in an assessment of \$122 per benefit unit.

In 1993 the homes of Rimrock were added to the County Service Area providing them access to their community via Meadow Glen Way West. In June of 2000, the name was changed to PRD 102 when the San Diego County Board of Supervisors approved the establishment of a Countywide PRD in accordance with state law and the allowable maximum for the assessment was set at \$150 per EBU.

PRD 102 maintains nineteen private roads in Hidden Meadow totaling 6.24 miles which makes it one of the largest PRD’s in the county. The PRD starts at Vista Montanoso / Rocky Ridge and covers most paved roads north of that. (If you want to see the map of the actual roads included you can go to the San Diego County Department of Public Works map website and click on Mountain Meadow PRD 102:

<https://www.sandiegocounty.gov/content/sdc/dpw/specialdistricts/permroad/prd-maps.html>)

Currently property owners in PRD 102 receive an annual tax assessment of \$75 per EBU as approved in 2003. The average assessment is \$144.27 which funds an annual operating budget of just over \$60,000, about \$10,000 per mile of road. Spending is prioritized first for emergency repairs, then general repairs, and lastly preventative maintenance.

San Diego County staff evaluates and recommends all project maintenance plans and associated costs, and ensures that all work done is consistent with sound construction practices. County staff presents their recommendations to a “PRD Committee” comprised of volunteer property owners who review and comment on the yearly plan and work with county staff on the plan’s implementation. District funds are handled as public monies. This means that the County must follow purchasing and contracting requirements of the County Purchasing Department which calls for a competitive bid process. Any road work funded by the District must be done by State Licensed and insured contractors, and the work product must be inspected by the County.

The PRD 102 Committee is currently comprised of Ron Piritz (chair), Charlie Marks, Chris Nelson, Steve Robertson and Paul Schoos. If you have

any questions or wish to report a non-emergency road issue you can email the PRD committee at HiddenMeadowsPRD@yahoo.com or talk to one of the committee members. For road issues creating an emergency, contact Dominic Anson, the County Preventive Maintenance Coordinator at 858-571-4255.

Next month: Past and current projects and what residents can do to help.



Top Fitness Walks in Hidden Meadows

By Amy VanLiew / Resident

I’m repurposing an article I wrote back in 2016. In this crazy time it is so important to keep exercising. While members of my online exercise platform can work out and stay at home, it’s still important to get outside! Walking is one of the most uncomplicated ways to get some movement in. All you need are some good shoes and maybe a hat (oh and now a mask?). The bonus of living in Hidden Meadows is that it has the perfect terrain for REALLY getting your heart pumping – roads like roller coasters!

Try one of these walks to explore the 'hood, get fit, feel good, and make your dog happy, too. Make sure you keep your social distance and bring your masks just in case. You can view many of these routes on Google Maps, which has great aerial views of the Meadows.

EASY: Oak Ranch Ramble

Route: Park at the Deli/Market, 10326 Meadow Glen Way E, walk behind the buildings, and go along Oak Ranch Road and back.
Distance: ~0.5 miles, 10 minutes

EASY: Moon View Meander

Route: Start at the T intersection of Meadow Glen Way and Grassy Way. Walk along Grassy Way, go right on Moon View, then right onto Meadow Glen to return to your car.
Distance: ~0.6 miles, ~14 minutes

MODERATE: Sage Hill Sashay

Route: Park at the intersection of Meadow Glen Way East and Sage Hill Way. Go right along Sage Hill and left on Glenmeade, which loops back to Sage Hill. Go left to return to your car.
Distance: ~0.6 miles, ~14 minutes

MODERATE: Hidden Meadows Heights

Route: Park near the intersection of High Mountain Drive and High Vista Dr. Walk southwest along High Vista Drive until you’re looking down on I-15. Turn around and on your way back take Quail View Drive (a cul-de sac), then go back to High Vista. Go left to return to your car.
Distance: ~1.2 miles ~20 minutes

CHALLENGING: Golf Course Groaner

Route: Park at the Deli/Market. Walk east along Meadow Glen Way East to Hidden Meadows Road. Go left and continue to Mountain Meadow Road. Turn right to return to the Deli.
Distance: ~2.8 miles, ~1 hour

CHALLENGING: Cougar Pass Challenge

Route: Park at the end of Hidden Meadows Road (heading away from the freeway before you take the first left. Walk North on Hidden Meadows Road, turn right on Meadow Glen Way East and veer right on Cougar Pass Road. At Alps way turn right to stay on Cougar Pass road and travel the dirt road to get to the entrance of Daley Ranch.
Distance: ~2.4 miles, ~48 minutes

KILLER: Meadow Mesa Madness

Route: Park near the intersection of Mountain Meadow Road and Meadow Mesa. Walk up the steep hill to the end of the cul-de-sac, and then go back down.
Distance: ~1.2 miles, ~36 minutes

KILLER: Sage Hill Stairmaster

Route: Park at Meadow Glen Way West and Sage Hill Way. Go northwest up Sage Hill to where the road ends, then turn around. Check out the Gladstone Court cul-de-sac on your way back.
Distance: ~0.6 miles, ~ 30 minutes

Do you have a favorite I didn't include? I'd love to know about it! Email me at amy@behealthyenough.com



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