



All of these programs and improvements require funding as well as volunteers. We are asking you to make a tax deductible contribution towards continuing these activities in the coming year. The envelope enclosed in this edition of the Hidden Meadows News is for YOU!

Please join us! We look forward to meeting YOU on March 5 and hearing your thoughts and ideas.

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Valentines, and more Valentines Social

By Idalia Rewar / Resident

Friday the 14th was Valentine’s Day and provided a good excuse to have our monthly Social Group meeting Saturday at Mary Friel’s lovely house. And leave it to Mary to throw a really great bash! She outdid herself in decorating for the event, soft candles throughout, tablecloths decorated with little red confetti hearts, and beautiful place settings. As host, she provided the main course– a delicious pasta dish. As ladies and gentlemen walked in, there were hugs, and smiles and laughter with everyone talking at the same

time – catching up on the latest community news, etc. And would you know Mary is on Cloud 9 – why? Ask her. I’m not telling!

Everyone bought a dish to accompany the meal -- there were salads and a veggie tray, appetizers and of course vino. Edi & Harry Demick bought homemade bread shaped like a heart. That went pretty fast. For an appetizer I bought dolmas – that is a Greek dish – made with grape leaves and rice. Pat Buntin and I sat chatting while downing the dolmas with our glass of wine. What’s dinner without dessert – how about

mouth-watering chocolate cake? I really have to stop going to these socials – you start to lose some weight and in one social you gain it all back – is that for real? Ladies, get your act together, let’s have a non-eating social. However, sadly to say, the room will be empty, since the food is one of the main attractions.

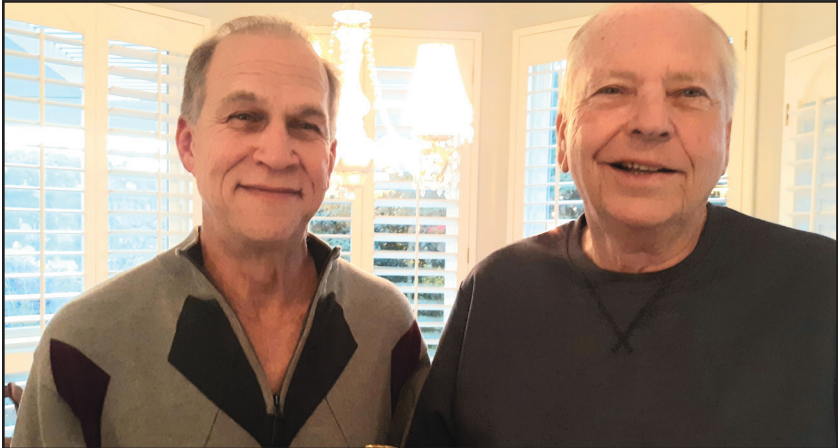
Ta-ta! Until next month, when we will find another excuse to get together and enjoy the comradeship of the lovely ladies and gentlemen of this fine community.



Sally Langlap, Chris Dailey, Edi & Harry Demick



Gaye & Kurt Snyder, Mary Friel, Sally Langlap & Bonnie Clites



Tom Ramsey and John Langlap



Ellen Ramsey, Sally Langlap, Idalia Rewar & Pat Buntin



Roy & Pat Buntin, Sheri & Jim Horton



Ellen & Sam Dailey

Pink Martini returns to Escondido March 11

The Musical group, Pink Martini returns for one-night only at the California Center for the Arts, Escondido on Wednesday, March 11, at 7:30 p.m. in the Concert Hall.

Drawing inspiration from a fabulous lineup of music, Pink Martini crosses genres of classical, jazz and old-fashioned pop.

Pink Martini’s multilingual repertoire is a blend influenced by Cole Porter, Duke Ellington, and Tito Puente as well as Argentine tango, Brazilian samba, Italian folk, and romantic Hollywood musicals of the 1940s and ’50s.

“Pink Martini is a rollicking around-the-world musical adventure... if the United Nations had a house band in 1962, hopefully we’d be that band.” – Thomas Lauderdale, Bandleader/Pianist

Tickets for Pink Martini are \$45-\$95 and are on sale on-line at artcenter.org or at the Center ticket office at 340 N. Escondido Blvd., Escondido or by calling 800-988-4253. The ticket office is open Tuesday – Saturday, noon–6 p.m., and Sunday, noon–5 p.m.

Get more information about the show including the show program as well as purchase tickets here: <https://artcenter.org/event/pink-martini-2/>

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Valley Center Municipal Water District

Arts & Craft Show Coming in May

By Idalia Rewar / Resident

Spring is almost here. It's a beautiful time to be outdoors and participate in what is happening in your community. And what better way than to attend an Art show.

"Art brings us joy, helps us express our values, build bridges across cultures and it is a component of a healthy community that strengthens them socially, educationally, and economically benefits the community even in difficult social and economic times." (Randy I. Cohen, V.P. of Research & Policy for the American for the Arts.)

There will be an ARTS AND CRAFT SHOW AND BOUTIQUE at:

Where: The Hidden Meadows Golf Course
28208 Meadow Glen Way East
When: Sunday, May 3, 2020
Time: 9 am to 1 pm

Drop by and see original handmade gifts for all occasions, - watches, aprons, tote bags, wood working items, etc. and art (oils, watercolor, photography, hand painted cards brush paintings, etc.) done by local artists in the Hidden Meadows Art Guild.

Please come and support your community artists.

Mark your Calendars! Easter is Coming!

By Kathy Moore / Resident

The Annual Easter Egg Hunt in the Meadows will be here before you know it!

The Easter Bunny is preparing and our Hidden Meadows Helpers are, too.

We expect dozens of happy kids racing to find over 1000 Easter eggs!! Activities will include the Easter egg hunt, photo opportunities with the Easter Bunny, coloring, treats and more! This event & others sponsored by the Hidden Meadows Community Foundation are a wonderful opportunity to visit with your community members and neighbors!

But we need help! We are seeking fresh faces, new ideas & new helpers :)!

This year, we are still looking for donations of candy (non-chocolate / non-meltable candy), coins (pennies,



nickels, dimes) & stickers. We also need a few more volunteers to help decorate & set up tables on Friday, April 10, the afternoon before the event.

If you can help in any way, contact Kathy Moore at KMooreRE@yahoo.com or Kim Riha at kimriha819@gmail.com

We appreciate you all for your time & support! This incredible community cannot do these fun filled events without all your help & donations throughout the year!!! THANK YOU!!

5 Tips to Get Motivated to Workout (when you don't feel like it!)

By Amy VanLiew / Resident

We all know we need it, we feel really good once we start and even better when we are done, so why is it so hard some days to get motivated to exercise?

I am a personal trainer and I get it! There are days when I have to pull out my bag o' tricks to get me off my butt and out of my chair!

Here are 5 Top Tips to get motivated to work out when you just don't feel like it:

1. Come up with your "why" or a goal. There's nothing more motivating than that fitness challenge looming in bold letters on my calendar. Or that vacation where I'll be in my bathing suit, or doing a strenuous activity that I'm not used to. Find a realistic goal and then keep that front of mind on those days you just want to stay curled up in bed.

2. Create a plan and schedule it out. For me it's so much easier if I don't have to think about it. "Ok, it's Tuesday and I am doing a Pilates class." Done! You can't use the "I don't know what to do today" excuse if you have a plan.

3. Get a workout buddy, join a group class or get help. Find an external source that you can't say no to. Once you've made a commitment (in time or money) it's so much harder to back out of exercise. If you've already lost your "New Year's" mojo, and want a fun way to get back on track, join my FREE 5 minutes for 5 days exercise challenge. We get started on March 2nd . Email me at amy@behealthyenough.com for the sign up link.

4. Think fun and variety. By nature, humans need change and variety to stay motivated. We also need to have fun. Whether it's a class that changes choreography every week or a different walk around the neighborhood, design your exercise routine around a variety of exercise methods. Make sure you include activities you truly enjoy and look forward to doing, and might even make you forget you're working out — like dancing, hula hooping, or playing sports with family and friends.

5. If you really don't feel like it, don't do it! Wow, bet you didn't think I would say that. Our bodies need rest and if you're over 50 rest is even more important. When we were in our 20s and 30s we could run that 5K, the next day hike Daly Ranch and then take that strength training class. Not anymore but that's OK. Rest days can be as important and exercise days. Listen to your body and take a break if you really need to (oh and don't feel guilty about it!)

That's it. If you need any help please never hesitate to reach out amy@behealthyenough.com

Fire Safe Council

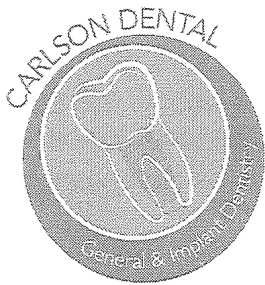
By Linda Collins / Resident

Did you know that you can talk to people from the Fire Safe Council at the Seller's Faire? Have questions about fire safety at your home or in the neighborhood? Come to the Seller's Faire and get answers.

The Fire Safe Council has graciously provided our "Safety Booth" for the Seller's Faire and, at the same time,

provides fire safety information. CERT is usually there as well. Find out more about CERT training and the emergency aid available through CERT at the Safety Booth.

The first Seller's Faire is on April 4 in the Boulder Oaks Golf Course parking lot. A special thanks to Mr. Kim for allowing us to use this space for this wonderful neighborhood event.



Michael Carlson, D.D.S.

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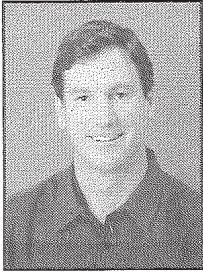
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The City of Angels Saxophone Quartet.

Saxophone quartet to perform March 1

City of Angels Saxophone Quartet will perform 2 pm Sunday, March 1 in the Center Theater at the California Center for the Arts, Escondido.

Now 25 years strong, this quartet is a Southern California legacy and performs audience-friendly and innovative programs along with the rich history of the saxophone. They are one of the best ensembles around.

Tickets: www.artcenter.org or CCAE box office (800)-988-4253. Adults: \$30. Seniors: \$20.00 Veterans, students, active-military, children: \$10.00. Presented by the Hidden Valley Community Concert Association celebrating 74 years in Escondido. March 1 is also the kick-off date of HVCCA’s membership campaign for its 75th season (2020-2021)

Country sensation Lee Brice takes stage March 5

Grammy nominee and double Academy of Country Music Award winner, Lee Brice performs for one-night only at the California Center for the Arts, Escondido on Thursday, March 5, at 7:30 p.m. in the Concert Hall.

Lee Brice is known for his six radio singles that hit Number One on the charts including: “A Woman Like You,” “Hard To Love,” “I Drive Your Truck,” “I Don’t Dance,” “Drinking Class,” and “Rumor.”

Garth Brooks, Jason Aldean, Kenny Chesney and others have recorded his songs, and he’s performed on numerous TV shows, including NBC’s Today, ABC’s The Bachelor, NBC’s The Voice and FOX’s Miss USA 2018.

Lee Brice’s “Rumor” is the current single from his fourth studio album, Lee Brice, released November 3, 2017 on Curb Records. The RIAA Certified Platinum single, is Brice’s sixth number one hit appearing in the top spot on the Billboard, Mediabase Country Radio, and SiriusXM’s “The Highway” Top 30 charts. It has also surpassed 300 million on demand audio & video streams globally.

Tickets for Lee Brice are \$35-\$125 and are on sale online or at the Center ticket office, or by calling 800-988-4253. The ticket office is open Tuesday – Saturday noon–6 p.m., and Sunday, noon–5 p.m.

To learn more, including performance dates, times, and ticket information, visit artcenter.org.

Get more information about the show including the show program as well as purchase tickets here: <https://artcenter.org/event/country-star-lee-brice/>

The Center is located at 340 N. Escondido Blvd. in Escondido.

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Linda Collins, Lynn Wheeler, Michelle Zipse

A Love for Chocolate, Yes!

By Linda Collins

An annual adventure for some of the member of the Hidden Meadow Women's Social Group is the Chocolate Festival in Escondido. More than twenty shops on and near Grand Ave hosted wine, beer, and chocolate tastings.

It was a gorgeous day for a walk in downtown Escondido. Lynn, Michelle, and I browsed the shops, ate some great (and not so great) chocolates. Sampled some great wines, and a few beers. We had some great gelato at Distinction Gallery and checked out some new breweries in town. We viewed some amazing photos and paintings.

I bought a decorative pig to add to my front porch menagerie. Along with it, a small bicycle potted plant holder. Both are from Urban Barn, a fun place to shop for unique items.

Once we got home, I settled in for a nap. It was the perfect way to wrap up the day!

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Calvin Christian School hosts spring admission open house events

Calvin Christian School, serving Christian families with students in preschool through grade 12, will host Admission Open House events in March and April.

Families exploring options for their students in grade 6-12 are invited to attend events from 9 – 10:30 a.m. on Monday, March 9 or Monday, April 6. The school will also host two Admission Open House events for families with rising kindergarten through 5th grade students on Thursday, March 12 or Thursday, April 9 from 8 - 9:30 a.m.

Calvin Christian School, a private school, has served families since 1961 in north Escondido. The school offers art programs from preschool through high school, a robust performing arts program for students in grades 1-12, music for kindergarten through high school, sports programs for grade 6-12, and AP and dual enrollment classes for high school students.

Attendees will learn more about various activities and programs Calvin Christian School offers potential students during this event. School staff will be on hand to answer questions. Admissions assistance will also be available to attendees.

About Calvin Christian School *Calvin Christian School is a preschool and Kindergarten through 12 grade Christian school located in Escondido. For over 50 years Calvin has been partnering with Christian families and their churches to teach the whole child from a biblical worldview.*



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A Colorful Event! HM Women’s Social Group Mardi Gras Party

By Linda Collins / Resident
The March host for the Women’s Social, Dannielle Milliken, decided to make it a Mardi Gras party. She went all out with colorful tablecloths, plates, napkins and all. And, since her sister recently took a trip to New Orleans, she was able to score a bunch of fun masks, head pieces, beads and more. Dannielle greeted each person at the door and made sure they were properly decorated for the occasion! What color! What fun!

Of course there was jambalaya and bean soup along with many other tasty treats. Oh, and so many wonderful desserts. I certain had a sugar high that night. Well, with that and the wine and champagne!

Sima Kashami found the baby in the King’s cake. She danced around showing everyone she found it. But did she know what that meant? I wasn’t sure so off to the internet I went. Here’s what I found on Wikipedia.

The "king cake" takes its name from the biblical Kings. ... (However,) In these regions, the king cake is closely associated with Mardi Gras traditions and is served throughout the Carnival season, which lasts from Epiphany Eve to Fat Tuesday. The King Cake tradition is thought to have been brought to New Orleans from France in 1870.

I didn’t know it had religious roots and that it is part of religious events throughout the world!

Also from Wikipedia: "The King Cake is a New Orleans tradition that involves a pastry, a small plastic baby, and a party. The King Cake is baked with a small plastic baby hidden inside,



Standing front to back, Linda Collins, Dawn Korinek, Karla Fernandez, Susan Penacho, Pat Buntin, Cindy Payne, Dannielle Milliken (host, in lavender), Diana Rehagen, Eva Szots. Seated left to right: Frances Munk, Sima Kashani, Carrie Hartwick, Julie Brooks, Alexandra Williams, Mary Russell, Ellie Guevarra.

and the person who gets the slice with baby in it has to host the next (Mardi Gras) party."

Wait! Sima has to host a party? Looking further, there are other explanations . . . from Wikipedia, of course. Today, the baby symbolizes luck and prosperity to whoever finds it in their slice of cake. That person is also responsible for purchasing next year's

cake, or for throwing the next Mardi Gras party. In some traditions, the finder of the baby is designated "king" or "queen" for the evening.

Sima, we wish you luck and prosperity! And if we’d have known it, we would have crowned you the Queen of the party! Dannielle, thank you for a wonderful evening.

The Hidden Meadows Women’s

social group offers a variety of social activities from small group breakfasts to Mexican Train nights. We’ve attended local plays, gone to wine and music events at local wineries, attended chocolate making classes, and, well, anything fun that comes up. For more information on the Hidden Meadows Women’s Social Group, email HMWSG92026@gmail.com.

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Astronomy Corner by Chris Holmes

How Big is The Universe?

The universe began 13.7 billion years ago as a ‘singularity’ no bigger than a pea, at a temperature of 10 billion degrees F. And it was opaque; no light could penetrate it. Incredibly dense, it was a soup of ionized particles, mostly protons and electrons, which could not combine to form atoms. Nor could any photons break free. The clock read 0:00.

About 380,000 years later, the universe had expanded and cooled to about 3,000 degrees F. This allowed atoms to form and photons to escape. Suddenly, the universe became transparent: we could see through it. The first stars blinked on 200 million years later (Fig. 1), and galaxies appeared a billion years after that (Fig. 2).

Remnants of the Big Bang are still all around us. Called the Cosmic Microwave Background radiation (CMB), it is made up of those photons from the Big Bang now cooled to a mere 3 degrees F.

But the number 13.7 billion light years only tells us how long those photons from the Big Bang have been travelling, not where they are now. Edwin Hubble in the 1920s showed that the universe has been expanding exponentially since it began. And those early galaxies have not been just standing around; they’ve been travelling themselves. When this factor is added into the calculus, it gives a better estimate of the radius of our universe: 46 billion light years – well beyond what we can actually observe.

But at this size, distant galaxies may be so far apart from each other that light travel time between them exceeds the age of the universe! Yet the matter in these galaxies must have been in close proximity at the time of the Big Bang. How could they have gotten so far apart? Did they travel faster than lightspeed? Impossible, according to Einstein.

Inflation

In the 1980s, astronomers came up with a plausible explanation for this discrepancy. Called Inflation, it postulated that within a few milliseconds after the Big Bang the universe dramatically inflated, doubling in size every few milliseconds (Fig. 3). This period of inflation lasted only a few milliseconds, but it was enough to push the cosmic horizon dramatically outward. And it didn’t violate Einstein’s relativity equations, because it was space itself that was inflating, not the matter within it. (Think of a walnut muffin, enlarging as it cooks. The walnuts don’t expand; only the dough between them does.)

What was the engine driving this inflation? It was energy similar to what radiates in the CMB: virtual particles blinking into and out of existence in a sort of quantum foam. Called vacuum or dark energy, or referred to as Einstein’s cosmological constant, it’s a puny force now. But in the crushing pressure and enormous temperatures at the start of the Big Bang, it was enormous. And though it diminished quickly as the universe expanded and cooled, the net result was a cosmos some 250 times larger than what we actually see now.

Figures 1 & 2 by the Author; Figure 3 from public domain sources.

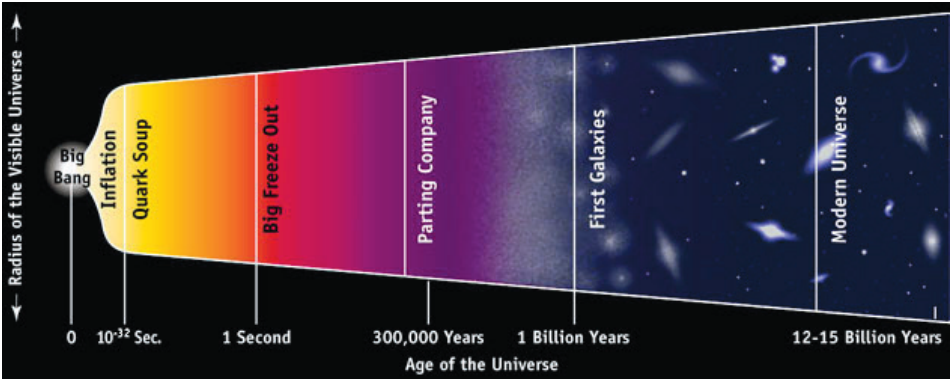


Fig 3: Cosmic Time Scale

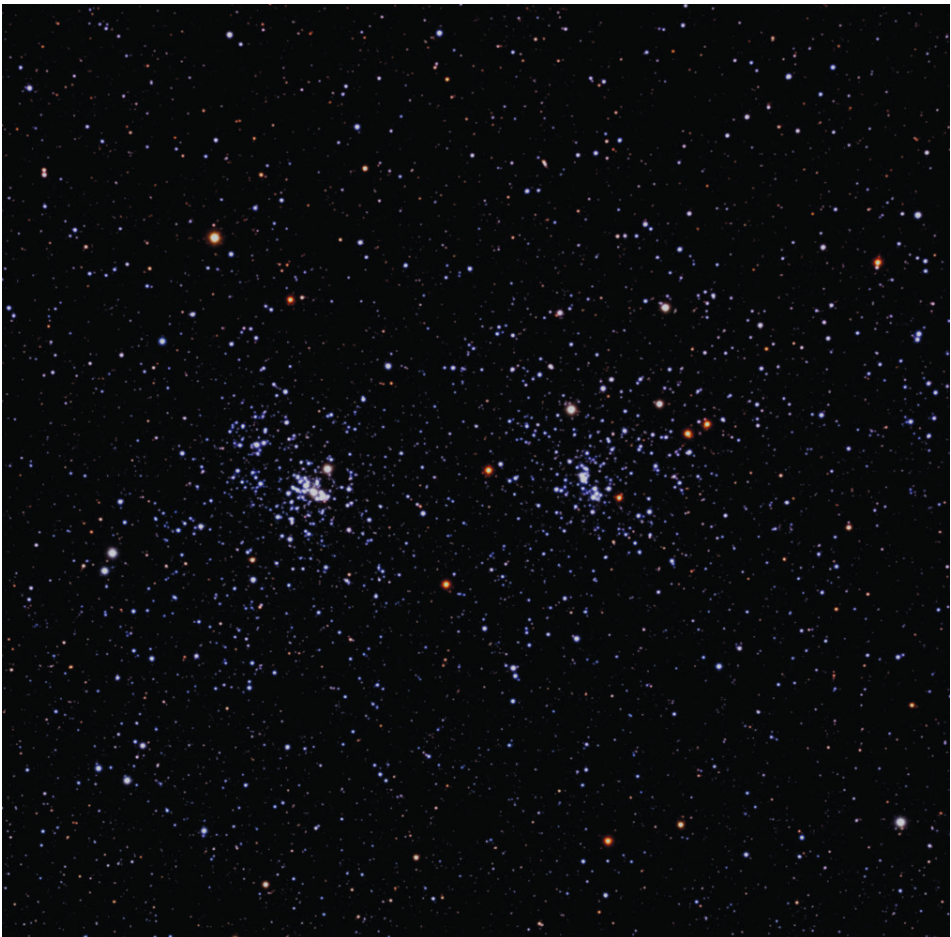


Fig 1: Double Open Cluster - the first stars blinked on 200 million years after the Big Bang



Fig 2: Andromeda Galaxy Cluster - galaxies appeared a billion years after the first stars



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Book Talk by Lynn Clark

There is always a good selection of books that come out during Christmas by authors that are frequent best sellers. This holiday season was no different, but instead of giving you a review of all of them I am just going to review a new author I ran across and briefly mention Michael Connelly's new book called "The Night Fire".

"Keep You Close" by Karen Cleveland

Stephanie Maddox works for the FBI. She's an ambitious and motivated employee and has worked her way upward at the expense of everything else in her life. She got her big break when she was in Chicago and brought down the head of a mob organization that no one else in her department wanted to take on. At the time she was a single mother with a young son, but when the mob puts out a "hit" on her she takes a job in D.C., and begins work in Internal Affairs. She has made enemies.

Her son Zachary is now 17 yrs. old and one day when cleaning out his closet she finds a loaded gun. She is stunned and while she is trying to put the pieces together as to why he has a gun, her doorbell rings and on the other side of the door is Scott: a former agent she use to date. Scott is now working for the Domestic Terrorism Squad located in Washington.

Scott reveals that Zachary's name has come up linked to an anarchist group called the Freedom Solidarity Movement. Most parents would immediately become defensive, but Stephanie remains quiet and analytical and listens to what he has to say. But then he asks the question "How well do you know your son?"

Because he is a friend and she is a trained agent, he gives her a few days to process the information and says he will be in touch again. She immediately starts investigating, and what she finds is a sinister, well constructed plot that links her son to people that have connections to a foreign government. Is he plotting a terrorist act and can she save him?

Where she fits into the scheme of things is all part of this intriguing story. I loved the flow of this story. It was excellent reading, and when I finished it all I could think of was that I wanted more. I wanted her to tie up the loose ends. I hope there is sequel down the line somewhere.

Karen Cleveland is a former CIA analyst which makes this book even more contemporary. This is her second book. I just ordered her first from the mobile library.

"The Night Fire" by Michael Connelly

I have always liked Michael Connelly's books and this one was no exception, but I keep on thinking that the character of Harry Bosch is coming to an end. I really don't know where he can go from here except to a final book based on what was revealed in this one.

Bosch has been diagnosed with cancer and is undergoing chemotherapy. He contracted cancer when he came in contact with a toxic substance while working on a case. He is thinking of bringing a lawsuit against the police department for negligence. He wants some financial security for his daughter in case the treatment isn't successful.

He gets the cold case in this novel from his old mentor that just died and left him the murder book with the details of a murder years ago. Technically his mentor should not have kept the murder book so Bosch is immediately intrigued as to what made this case so special. He uses Renee Ballard, his one remaining contact with a police department, to help with the research and together the work to solve the case.

I am of course guessing, but it seems Connelly is hinting at a possible final book featuring his legal action against the department. Checking ahead his next book has a different main character so your guess is as good as mine. Is this the end for Bosch?

Annual Events in Hidden Meadows 2020

Sponsored by the Hidden Meadows Community Foundation

Reception Welcoming New & Current Volunteers	Thursday, March 5	Meadow Oaks Tavern
Sellers’ Faire	First Saturday of the Month: April, May, June, August, October & November	Boulder Oaks parking lot
Easter Egg Hunt	Saturday, April 11	Pavilion
Community Garage Sale	Saturday, May 2	Throughout Hidden Meadows
Fourth of July Parade/Picnic	Saturday, July 4	Boulder Oaks parking lot
Trunk or Treat	Saturday, October 31	Pavilion parking lot
Turkey Trot	Thursday, November 26	Boulder Oaks parking lot
Toys for Tots	Saturday, December 5	Pavilion

HIDDEN MEADOWS/RIMROCK

Regular Meetings/Activities

Submitted by LeEtta Rudolph , Home Smart Realty West
www.leettasellsmart.com leettarudolph@gmail.com

Every Week

TTh,
MWF,
W,

Yoga, 8 am
Fitness Workout, 9 am
Bridge Group, 10 am

751-0261*
749-6523*
751-0261*

March 2020

2
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11
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12
16
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17
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24

VCMWD Board Mtg., District Office, 2 pm
Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm
MHA Architectural Rev Com Mtg, 6:30 pm
Deer Springs FPD. Bd. Mtg. 2:00 pm
HM Condos, HOA Meeting, 4:00 pm
HM Community Foundation, 7 pm
MHA Board Mtg, 6 pm
VCMWD Board Mtg., District Office, 2 pm
CERT Monthly Mtg., 6:30 pm
Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm
Ranch HOA Mtg, 4-6 pm
HM Sponsor Group Mtg., 7:00 pm

749-1600
643-5125
749-7278*
749-8001
407-7575*
sarah@bretandsarah.com
749-7278*
749-1600
525-5170*
643-5125
407-7575*
809-6898*

April 2020

4
6
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20
21
21
23
23

Sellers Faire 9-11 am Golf Course Parking
VCMWD Board Mtg., District Office, 2 pm
Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm
MHA Architectural Rev Com Mtg., 6:30 pm
Deer Springs FPD. Bd. Mtg., 2:00 pm
HM Condos, HOA Meeting, 4:00 pm
HM Community Foundation, 7 pm
MHA Board Mtg., 6 pm
Garden Club Meeting, 10:00 am
VCMWD Board Mtg., District Office, 2 pm
Bookmobile, MLGC Pkg. Lot, 1:00- 2:00 pm
CERT Monthly Mtg., 6:30 pm
Ranch HOA Mtg., 4-6 pm
HM Sponsor Group Mtg., 7:00 pm

749-1600
643-51257
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749-8001
407-7575*
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809-8889
749-1600
643-5125
525-5170*
407-7575*
809-6898*

* Held at Meadows Community Center. 28208 MGWW
Meadows HOA email: meadowhoa@att.net
Call Weekdays 9-12 pm 760-749-7278 to reserve Pavilion* The pool or park cannot be reserved.

Come one, Come all: Join the Arts & Crafts Groups

By Idalia Rewar / Resident

Attention artists in North County, we are looking for artists to join the Hidden Meadows Art Guild and the Crafts groups.

Would you enjoy meeting some wonderful artists for comradery and inspiration? We are here to awaken and support your inner artistic instincts. If you are creative and have great ideas for crafts for your garden, for your home, creating a masterpiece to give away, a sparkling jewel to wear with your favorite outfit, then this is the place to let it all out. Come join us and satisfy those notions. We welcome newbies, not so newbies, and advanced artists. If interested in joining or for more information, please call Joanne Anglin at 760-749-9396 or Shirley Cail at 760-751-4148.

SUBMIT CONTENT FOR HMN

Deadline for local article submission:
17th of the month for the next issue.

Photographs submitted for publication
should be hi-resolution, unmodified
originals, hi-res/300dpi. We cannot
accept photos taken from social media
sites such as Facebook.

Send drafts and photos to Patricia Fox at
LocalEditor@HiddenMeadows.news

Hidden Meadows Community Resources and Organizations

Resources

Community Emergency Response Team (CERT)

The Deer Springs CERT program is comprised of volunteers who have completed a 24-hour training program designed by FEMA that includes instruction in basic disaster response skills, such as fire safety, light search and rescue, team organization, disaster medical operations, ways to improve home and work place safety, and how to prepare for an emergency. The volunteers are also trained in CPR, first aid, and in the use of a defibrillator. Contact Marc Weissman at 760-525-5170 or marcweissman11@gmail.com.

Community Sponsor Group

The members, appointed by the San Diego County Board of Supervisors, meet monthly to provide a communication link with the San Diego County Planning and Land Use Department. They review and make recommendations on all types of land use, building matters and other planning issues that affect our community life. Their areas of interest include property north of the city of Escondido, east of I-15, south of Old Castle Road, and west of Valley Center. Contact Chairman Jim Chagala, at 760 751-2691 for more information.

Deer Springs Fire Safe Council

The mission of the Deer Springs Fire Safe Council (DSFSC) is to preserve lives, property and natural resources by mobilizing all members of our community to make our neighborhoods fire safe. This is accomplished through the following:

Education- Through the use of instructional literature, meetings, the website www.deerspringsfiresafecouncil.com and newspaper articles, the Council shall disseminate proven measures for fire safety. This information will be provided to every district resident at least once each year.

Prevention- The council shall take the necessary steps to mitigate future wildfires and other uncontrolled fires within the community.

Communication- The Council shall acquire and develop the necessary capabilities to communicate to all our residents during an emergency event.

Contact Steve Kerrin at 760-807-1141.

Emergency Communication System

The Deer Springs Fire Safe Council sponsors its own Emergency Communications System (ECS) that will call registered residents in the event of an emergency. This is a free service provided by local members of the council but you must be registered to receive a call. A system-wide test is conducted each summer to make sure everyone who has registered will receive a test call. Any phone number in the United States may be registered. To register, visit www.deerspringsfiresafecouncil.com.

An information hotline is updated during emergencies or noteworthy events and may be called 24/7 at 949-472-1407. Red flags are placed on the “Fire Danger Signs” during red flag warnings.

Homeowners Associations

The Meadows Homes Association (MHA)	760-749-7278
Rimrock Homeowners Association	760-749-4008
Hidden Meadows Ranch Homeowners Association	760-407-7575
Silverado Management Services	
Oak Meadows Glen Homeowners Association	760-749-4796

Organizations

Artisan Guild

The Hidden Meadows Artisan Guild seeks to Inspire, foster and promote arts and crafts of all mediums, Promote supportive networking, marketing, and social opportunities, Encourage member empowerment, educational opportunities, and fun. Develop an appreciation of the arts within our community

Contact Chalon Campbell at Chalon@cha-la-la.com for information about the guild’s monthly meetings, art show, and activities.

Bridge

Weekly Bridge for women is held Wednesday at the pavilion. Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net.

Bunco

There are several women’s Bunco groups in the community, but are independently run by groups of women who want to have fun once a month. If interested, consider putting an ad in nextdoor.com for other interested residents.

Garden Club

Everyone in the community who is interested in gardening is invited to participate in the Hidden Meadows Garden Club. Monthly events include field trips around the county, plant exchanges, plant and garden crafts as well as ongoing exchanges of ideas and expertise on the local flora and fauna. Contact Frances Munk at 760-809-8889 or francesmunk17@gmail.com.

Hidden Meadows Community Foundation (HMCF)

At the heart of the community events and activities lies the Foundation whose purpose is fourfold:

Beautification programs such as the maintenance of the medians

Neighbors Helping Neighbors (temporary assistance for residents in distress)

Scholarships for residents who are graduating from high school

Community events

All donations are tax-deductible and can be sent to HMCF, 9856 Canyon Country Lane.

For more information, contact Sarah Sealey at sarah@bretandsarah.com

Ladies Bible Study

The group meets weekly from 9 to 11am on Tuesday mornings from mid-September through May at the Boulder Oaks Golf Course. For more information, contact Bonnie Miyamoto at 760-297-1508, Debbie Hamer at 760-297-1278 or Nancy Smith at 619-857-9187.

Social Groups

Several social groups have been organized in Hidden Meadows over the years for those who want to meet other singles and couples throughout the community. Typically twelve households make up a group so that a gathering can be organized once a month at each other’s homes. Each group has its own way of planning the gatherings, such as potluck, drink and appetizers, outings, brunch, or hosts providing everything. For more information, contact Toni Wozmak at toni.wozmak@hotmail.com

Tennis Club

Current tennis players range from 25 to over 90 years young. Some matches are organized according to ability, but most are just fun matches where everyone can play. Contact Katy Freeze at 760-749-9722 or clarkfreeze@gmail.com.

Women’s Golf Club

The Boulder Oaks Women’s Golf Club is a member of the San Diego County Women’s Golf Association and Santa Margarita Women’s Golf Association. The latter offers inter-club competitive matches with nearby clubs. Thursday is Ladies Day at the course with a variety of tournament formats played throughout the year. Membership in the Boulder Oaks Golf Course is not required for women wishing to join this club. Contact Kathy Figueiredo at (818)274-9129 if you are interested in knowing more about the club.

Women’s Social Group

Monthly gatherings at members’ homes for a potluck dinner and conversation are a wonderful way to meet new faces in Hidden Meadows. For information about upcoming gatherings, send an email to hmwsg92026@gmail.com.

Yoga

Free Yoga sessions are available at the Pavilion on Tuesday and Thursday mornings at 8:00. Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net for more information.

Law Office of Diane Haisha-DeForest



Contact Lawyer Di
Diane Haisha-DeForest
Attorney / R.E. Broker / Notary
858-560-0776

Email: diane@lawyerdi.com • Website: lawyerdi.com

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Interested in rocket launches? Building a robot?

Cal State San Marcos is hosting the annual Super STEM Saturday, sponsored by Viasat, on Saturday, March 14 from 10am-4pm. This is an opportunity for children of all ages to explore science, technology, engineering and math (STEM) in action.

There will be interactive demonstrations, model displays, real live scientists, and yes, rocket launches and build-a-robot stations. The event is free and open to the public. Complimentary parking available in Lots E, F, and H.



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STEM
SATURDAY**

FREE EVENT
A HANDS-ON SCIENCE FESTIVAL FOR ALL AGES

**SATURDAY,
MARCH 14, 2020**

10AM - 4PM AT CAL STATE SAN MARCOS

WWW.CSUSM.EDU/SUPERSTEM

EVENT SPONSORS





Manny Rodriguez, Val Spearman, Nancy Ogrod, Mr Kim & granddaughter

Spring Food Drive for Interfaith

By Nancy Ogrod / Resident

Please Mark your calendars NOW!!
Saturday, March 21, 2020, from 9 am to 2 pm at the Golf Course –
Boulder Oaks Golf Clubhouse
10333 Meadow Glen Way East

Mr. Kim has again graciously allowed us to set up our food drop off site in front of the Boulder Oaks Golf Clubhouse for the Spring Food Drive. Please bring your non-perishable, unexpired, canned, bagged, or boxed food items or fresh fruits or vegetables to the clubhouse between the hours of 9:00 am and 2:00 pm on Saturday, March 21st. Your generosity in the past has helped many families by filling Interfaith’s cupboards. Please, help again. Other items that are always needed are diapers, baby food, toiletry items and can openers. Volunteers to help collect the food as it is dropped off are always welcome. If you would like to help, or if you are unable to deliver your donations to the drop site, please contact Nancy Ogrod by calling at 760-749-7023 or e-mail at n.ogrod@yahoo.com before March 21st.



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The cast of “Whose Live Anyway?”

“Go Live” with Whose Live Anyway March 12

Emmy-nominated TV show, “Whose Line is it Anyway?” is going on an improv tour and bringing, “Whose Live Anyway?” to the California Center for the Arts, Escondido on Thursday, March 12 at 7:30 p.m. in the Concert Hall.

“Whose Live Anyway?” is 90 minutes of hilarious improvised comedy and songs all based on audience suggestions.

Cast members Ryan Stiles, Greg Proops, Jeff B. Davis, and Joel Murray will leave you gasping with witty scenes they invent before your eyes.

Audience participation is key to the show so bring your suggestions and you might be asked to join the cast onstage!

“Whose Live Anyway?” showcases some of the improv games made famous on the long-running TV show as well as some exciting new ones, featuring musical direction by Bob Derkach.

All ages are welcomed, but please note that some “PG-13” language will be used during the performance.

Tickets for “Whose Live Anyway” are \$27.50-\$77.50 and are on sale online at artcenter.org at the Center ticket office, or by calling 800-988-4253. The ticket office is open Tuesday – Saturday noon–6 p.m., and Sunday, noon–5 p.m.

To learn more, including performance dates, times, and ticket information, visit artcenter.org.

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GENE CARRANZA

Hidden Meadows Resident

► **What’s Happening in HIDDEN MEADOWS?**

ACTIVE LISTINGS

ADDRESS	LIST PRICE	ADDRESS	LIST PRICE
Meadow Glen Way E	\$675,000	Canyon Country Ln	\$980,000
Gladstone Ct	\$675,000	Sandhurst	\$1,099,000
Calle De La Reina	\$750,000	North View Ln	\$1,150,000
Cerveza Baja	\$792,500	Cavalier Ct	\$1,195,000
Pinion Trail	\$795,000	Tricia Place	\$1,249,900
Burned Oak Ln	\$824,000	Alps Way	\$1,499,000
Meadow Glen Way W	\$825,000	Mountain Meadow Rd	\$2,199,000
Aspen Glen	\$800,000 - \$834,900		

PENDING LISTINGS

ADDRESS	LIST PRICE	ADDRESS	LIST PRICE
Meadow Glen Way E	\$575,000	Sage Hill Way	\$669,000
Sage Hill Way	\$589,000	Mountain Meadow Rd	\$749,000
Faircrest Way	\$599,000	Aspen Glen	\$699,000 - \$749,000
Galatea Lane	\$624,937	Faircrest Way	\$899,000 - \$945,000
Glenmeade Way	\$659,000		

SOLD LISTINGS

ADDRESS	LIST PRICE	SOLD PRICE
10127 Lake Meadow Lane	\$649,000	\$628,000
10737 Meadow Glen Way E	\$664,900	\$655,000

Data from SANDICOR, Inc. for 02/05/2020—02/26/2020 and represents properties listed or sold by various brokers. If your property is currently listed this is not meant as a solicitation.

Who’s Selling Hidden Meadows?

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