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We cannot accept photos
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Send drafts to Patricia
Fox at: LocalEditor@
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A special thank you....

The publisher of the Hidden Meadows News would like to thank the publications local editor, Patricia Fox. Patricia volunteers her time organizing and editing all content for your hometown paper. The team at Roadrunner Publications appreciates her dedication and superb work.

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Tickets available for Fire Foundation Gala

Valley Center Fire Department Foundation’s Inaugural Gala tickets are now available for Wednesday, February 26, 6 p.m.–10 p.m. at Valley View Casino & Hotel. Cost is \$99 per ticket. For table sponsorships the cost is \$1,000 for a table for eight.

Tickets available at www.ValleyCenterFire.org or by calling the Foundation’s new number 760-297-6270 or drop by *The Roadrunner/Hidden Meadows News* office in Valley Center with a check. Tickets will also be available at the door.

For more information or to sponsor a table, call 760-297-6270 or email info@ValleyCenterFire.org



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Summer Movie Nights Come to an End

By Sarah Sealey / President, Hidden Meadows Community Foundation

Some of you have attended the Foundation’s Summer Outdoor Movie Nights, and for that, we thank you.

Unfortunately, the Foundation Board has voted to discontinue these events for several reasons:

Attendance has been modest, but the cost per attendee is, by far, the highest of any event we sponsor. The cost to obtain the license to legally show the movie in public is nearly \$300 per movie, even as a non-profit.

While we were able to find very generous donors in the Meadows Deli Market, *Roadrunner Publications* (who publishes this newspaper) and realtors Dave Buckley of Berkshire Hathaway HomeServices, and Jennifer Hill of HomeSmart Realty, to sponsor last year’s movies, the Board unanimously agrees that this is not the best community use of our limited donated funds.

The permits required for public events are onerous and because of the open, public location, we can’t be certain that only Hidden Meadows Residents are attending.

Lastly, most of the equipment is borrowed; the logistics of moving it back and forth and ensuring it works properly each time are quite difficult and in the case of the final movie last year, sadly insurmountable.

We are grateful to our sponsors for making the 2019 Summer Outdoor Movie Nights possible, and to Meadows Deli Market for hosting us, staying open late, and providing an unending supply of movie snacks.

We look forward to seeing you and your families at our other events this year and we thank you for your support!

TOYS / From Page 1

The crafts this year were hand selected by yours truly, after wandering through Michael’s for what seemed like 3 days. I am the least crafty person around! But the Pour-painted Christmas ornaments were popular with kids and adults alike, and especially with a few of the Toys for Tots volunteers. They were so excited to be able to participate and take home their own work.

Kids, young and not-as-young-as-we-used-to-be, had pictures with Santa and gave him their Christmas Lists.

The San Diego Toys for Tots is an annual campaign sponsored by the U.S. Marine Corps Reserve to collect new, unwrapped toys and distribute those toys as Christmas gifts to children in need within the community. We asked the Toys for Tots representative to bring a big team with him to our event, as we are one of the largest collections in North County and two Marines from Camp Pendleton joined the group.

The community and surrounding fire stations collected nearly 8 large bins of toys!! A very special thank you goes out to each of you who donated to help make a child’s Christmas special. That’s really something to make you feel the true meaning of Christmas.

This event, and others like it, are a true labor of love for many and couldn’t happen without the planning, coordination, support, cooking, cleaning and much more, of our dedicated volunteers. We had a few first time folks join us this year and a few who just help keep the community running and having fun all year ‘round. We couldn’t have made such a special breakfast happen without each and every one of you. And Santa. And the Firefighters. And don’t forget the Marines! From the bottom of my heart, thank you to each of you who helped to make this possible.

If all this sounds like fun, but you missed it this year, put Saturday, December 5th on your calendars for 2020! Hope to see you and the kids and grandkids there!

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A ROADRUNNER PUBLICATIONS COMPANY

P.O. Box 1529, Valley Center, CA 92082

29115 Valley Center Road, Valley Center, CA 92082

USPS PERMIT 2900

Postage Paid at Escondido, CA

Published monthly

GENERAL CONTACT	news@HiddenMeadows.news	760.297.2900
SUBMIT RESIDENT/LOCAL CONTENT	LocalEditor@HiddenMeadows.news	
ADVERTISING	advertising@HiddenMeadows.news	
OBITUARIES	obits@HiddenMeadows.news	
PUBLISHER/DESIGN	JUSTIN SALTER	FAX 760.749.2221
ADVERTISING	JOSHUA SIBELIUS	
LOCAL EDITOR	PATRICIA FOX (HMCF)	
PROOFREADER	MARK BROCK	
		VALLEY ROADRUNNER 760.749.1112
		ESCONDIDO TIMES-ADVOCATE 760.546.4000
		www.HiddenMeadows.news

Hidden Meadows News is a free monthly publication mailed directly to approximately 1600 addresses within and near the Hidden Meadows area of postal route 92026, and approximately 200 at local businesses and publishing offices. Hidden Meadows News is a subsidiary of Roadrunner Publications, Inc., in affiliation with the community of Hidden Meadows and Hidden Meadows Community Foundation. Our liability for errors and omissions on ads is limited to the price of the ad for a single issue run. Opinions expressed by Hidden Meadows Community Foundation, columnists and articles are those of the writers and not necessarily those of the newspaper. Accuracy of content submitted to Hidden Meadows News by Hidden Meadows Community Foundation is the responsibility of Hidden Meadows Community Foundation. Hidden Meadows News reserves the right to edit any content provided to the newspaper. Contact Hidden Meadows News with any questions.

Hellhole exhibition highlights 14 artists' works

The California Center for the Arts, Escondido Museum welcomes 14 artists to participate in Finding Heaven in Hellhole Canyon.

This exhibition is part of the overall exhibition of Endangered: Exploring California's Changing Ecosystems.

January 10 is the opening reception for CCAE members: 4:30-6 p.m., 6-8 p.m. for the public.

The exhibition will run Saturday, January 11 through March 8, 2020.

Finding Heaven in Hellhole Canyon Artists include Dennis Ellman, Joe Garcia, Cathy Carey, Andrew Connelly, Matthew Dimakos, Elaine Harvey, Dori Johnsen, David Miller, Bonnie Rinier, Barbara Scharnau, Julie Schneider-Ljubenkov, Tom Tiedeman, Gloria Warren and Sandy Zelasko.

For more information visit: <http://www.hellholecanyon.org/>



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On the bus to Passau – Village

The Blue Danube: Passau to Budapest

By Patricia Fox / Resident
*The Rhine, the Rhone, the Danube and the Po
Rise in the Alps, and in four directions flow.*

Odd, how the mnemonics of 4th grade geography can stick in your head. In my mind, the Danube has always had an air of glamour, of seduction, waltzing in Vienna -- feelings not associated with the other major rivers of Europe. The Rhine was linked to fortifications and wars, the Rhone and the Po did not feature in the history I attended to, or in my readings, and so lacked personality. Thus when my traveling buddy and I thought of a European river cruise, I proposed Viking's Blue Danube Cruise, and she immediately said that was her choice, too.

Idalia Rewar did a great report for our readers on her Blue Danube cruise in May, but our choices of tours and stopovers differed, and I thought to write about our experiences.

Leslie and I left in mid April from LAX, and had a non eventful flight through Toronto to Munich. Our pre trip package from Viking included a sticky tag to apply to our shirts on arrival in Munich. A Viking staff member met us immediately on exiting baggage claim, and within about half an hour we were on a bus to Passau, Germany where our cruise began. Our itinerary was a day in Passau, then 3 days in Austria with stops in Linz, Krems and Vienna, a day in Slovakia in Bratislava, and then on to Budapest where we had one day on the boat and extended our stay for 3 days at the Hotel Moments.

I had planned to get a mobility scooter for this trip so I could go on the walking tours and keep up with the group, but Viking said that their boats did not accommodate scooters, but could handle rolling walkers. I got one with a seat and a pouch, and it worked beautifully – I was able to keep up with the group and not worry about tripping on the cobblestones that were the universal paving in the center of the cities we visited. An added benefit was that it proved useful for carrying souvenirs and jackets. The airlines took the walker as checked baggage and did not charge extra for it.

The bus ride from Munich to Passau was comfortable enough for many of our group to take naps, but I was more interested in seeing the countryside and the small villages spaced out between farmland and woods. Our first good look at the Danube was not very blue!

Our ship was the Viking Ingvi, with 4 levels: the lowest was cabins, crew quarters, kitchen, etc, then 2 passenger levels connected by an elevator, with cabins, a small library & shopping area. There was a restaurant, lounge and deck area for meals. Cabins were small but had adequate storage. The top level was an open deck reached by several staircases. Wifi was free, but speed was variable, mostly slow. I used my cell phone for most web searching – my cell phone provider is Verizon, and with a call in advance of the trip, I activated unlimited calling and generous data usage for \$10/day.

I agree with Idalia's ship review that the food was good, the evening entertainment very enjoyable, and the crew knowledgeable and pleasant. The ship has



Passau: St. Stephan's Cathedral

a maximum of 190 passengers, but there were not that many on our trip, an advantage in meeting and spending time with congenial fellow travelers.

Our second day on the ship in Passau we took the included leisurely 2 hour walking tour. Passau's location on the bank of 3 rivers (Danube, Inn, Ilx) make it prone to flooding – highest recorded was 42 feet above the river level with the center of the city having flood marks on some of the buildings that were 12 feet or more above street level. We visited St. Stephen's Cathedral, a baroque church built over several years in the late 1600's. We saw the Bishop's palace, the squares and small shops, including one seemingly



Passau: Bishop's Residence with back of St. Stephen's on left

devoted to images, jewelry and statues of dachshunds – they even have a dachshund museum there! Also the Shamrock Irish Pub with a large sign assuring they provided Guinness beer as well as Lowenbrau.

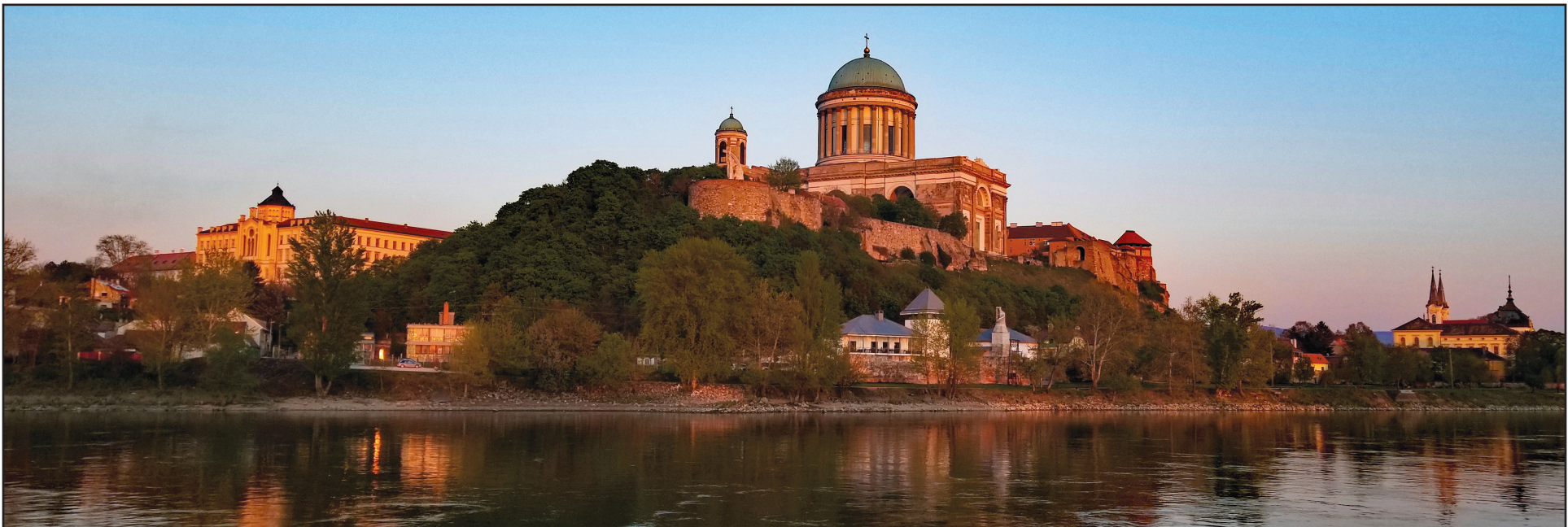
We left Passau about 1pm, and passed our abandon ship safety drill at 2pm. Soon thereafter, we passed through a lock on the Danube which lowered us about 20 feet. This surprised me – I hadn't thought about locks on this river, but given that it rises in the Alps, it obviously loses altitude as it flows to the Black Sea. There are 18 locks on the Danube.

In Linz, we took an optional (added cost) tour of the Austrian countryside, mostly rolling farmland, and learned how to knead and make the various twists and braids of the local breads. While the bread was baking, we were off to a lumberyard which was also home to a distillery. And of course, we sampled the liqueur and bought some to take home. We then returned to the farm for a late lunch, and enjoyed the bread we had participated in making as well as cheese, cold cuts, and fruit.

In Linz we saw 2 river ships docked side by side. In mid April, we only had one stop where we had to moor alongside another river cruiser. In high season, ships may be docked out alongside 5 or 7 other boats so that the center boats only have a view of another boat when docked, and would have to traverse several boats to get to and from the shore. There is no problem in moving from one ship across another, even with mobility problems – I was using a walker, but I much preferred the stops where you had a river view from one side, and a city view from the other – views not blocked by neighboring ships.

We passed through beautiful countryside and another lock on our way to Krems, The tour there was of Gottfried Abbey, well described by Idalia. We covered the same ground in Vienna as Idalia. An interesting note is that we were in Vienna on Palm Sunday, and instead of people getting palms, they were selling bunches of pussy willows outside the cathedral.

Bratislava, Slovakia, is another lovely city with an interesting mix of medieval architecture and very modern buildings and bridges. The city has many statues – the usual ones honoring kings and queens and generals, including a beautiful "Victory" honoring the Red Army for saving them during World War 2. There are also many whimsical statues, like the one Idalia included in her article of the Watcher, a man with head and shoulders emerging from a seeming manhole. There was also another Irish pub – this one



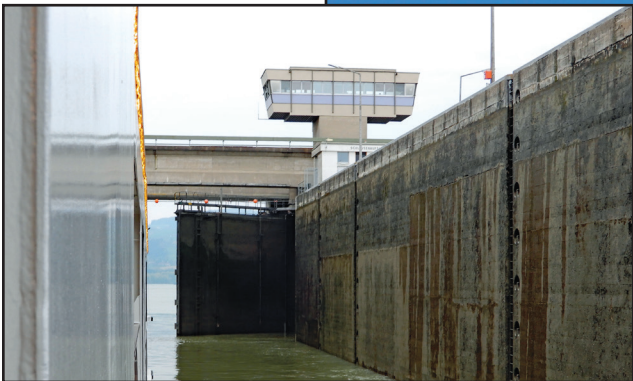
Hungary: On the way to Budapest: Esztergom Basilica

called the Dubliner with live music every weekend and a huge candy cane in the window: a candy cane in April, why?

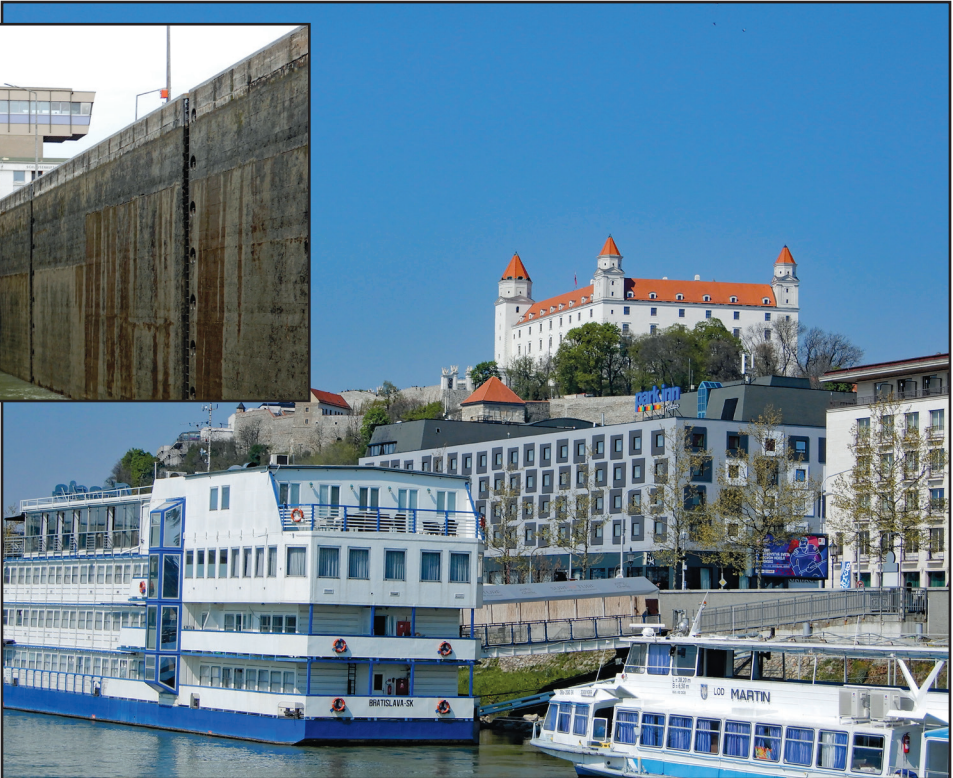
On our way to Budapest, we sailed past the city of Esztergom, whose Basilica is the largest in Hungary. We would reach Budapest that evening.

I loved our river ship experience. It did not have all the amenities, bars, lounges, restaurants, shops, pools, etc of the ocean going ships, but it provided more of a sense of connection with the places we visited, the people we saw, the people we traveled with. It is something like the difference in driving coast to coast in the United States compared with flying coast to coast. Flying is an exercise in discontinuity: Point A to Point B, with little to no sense of what’s between. Driving the roads or following the river path across a landscape impresses with the sense of flow from cities to small towns to open country, and the connectedness between them, an appreciation of belonging to a whole, that hop scotching from one place to another just doesn’t provide.

Next month, I’ll write about Budapest - a beautiful and amazing city.



On the way to Linz: exiting a Danube River lock



Bratislava Castle and gray medieval city wall above the Danube



Linz: 2 River Ships docked side by side



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Bratislava: The Broken Hearted Man Statue



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Boulder Oaks Women’s Golf Association: “Our Club is incredible and the course is a blast!”

By Kathy Figueiredo / Membership Director

The Boulder Oaks Women’s Golf Association is pleased to announce the members of our Executive Board: President: Ellen Koury, Donna Williams (first VP), Renee Neuzil (second VP), Elissa Hamilton (Secretary) and Mary Jo Moore (Treasurer).
The ladies group plays on Thursday at Boulder Oaks. This redesigned course is a fun track with lots of challenges. If you’re interested in playing golf with a great group of women, give Kathy Figueiredo a call at (818) 274-9129.

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Book Talk by Lynn Clark

"If We Had Known" by Elise Juska - published in 2018

Maggie Daley is a college professor at a small local college in Maine. She has been teaching Freshman Composition for 28 years, and she looks forward to a new class every Fall. She knows things will change this year because her only child Anna is off to college, and being a single divorced mother means the house will be empty for the first time in many years. As she enters the house on that hot August day she sees the scattered evidence of packing by her daughter. Anna has had her issues growing up. She was diagnosed and treated for an eating disorder last year, but to Maggie right now, she seems to have everything under control.
When her daughter runs down the stairs shouting about a mass shooting at a nearby mall, she is stunned by the terrible news. The coverage reveals that three people have been killed, and one person is in intensive care. The shooter, Nathan Dugan, has killed himself and Anna's next question is "Wasn't he one of your students?". Maggie's mind starts to recall Nathan, the student. She remembers he was quiet most of the time, didn't participate much, and wore unusual clothing. Grade wise he was an average student. He was easy to ignore because it was as if he wasn't mentally involved in the class. This is not unusual because her class is a requirement for all Freshman, so sometimes the student just doesn't want to be there. She remembers he used to bring a dog to class. She thought he was different, but never had the impression that he was violent. She

really didn't pay too much attention to him when he was in class 4 years ago.
Luke Finch also remembers Nathan. He was in the same class that Fall. His perception of Nathan corresponds in many ways to Maggie's, but she doesn't know this, because Maggie isn't on Facebook, and she deliberately stays away from the social media scene. When Luke goes online to describe his feelings he also mentions the clothing and the dog, but then he says "He wrote this paper that was really weird." He admits that he really doesn't know what the word "weird" means in relationship to Nathan, but maybe there was something wrong with him. He now wishes he would have stepped forward and helped him. His post goes viral.
Bill Wall is the Dean of Education at Maggie's school. He becomes aware of the post and calls Maggie late at night to ask her to come into his office the next day, and bring Nathan's final paper from her class. It is a requirement at her college that these papers be kept as a source of reference of student work. When she admits she hasn't seen Luke's post he starts explaining why the school needs to be prepared: the danger of the school being incriminated by the post going viral, and the word "weird" in reference to Nathan's paper. So that night she goes on Facebook and reads Luke's post. She interprets his words as a personal recollection, a feeling of guilt, and a sympathetic view of a former student. She doesn't understand Bill Wall's reaction. The next day she finds and rereads Nathan's final paper.

“The Hunting Trip” by Nathan Dugan

"On Saturday morning in October my Dad and me decided to go hunting.....I have hunted many times with many different types of weapons.....shotgunsAR-10s and AR-15s....if I had to choose one for a home invasion...to multiple targets at close range." *
There was no ending, no final paragraph, and nothing to indicate that there was a purpose to the paper other than to describe the multiple weapons he knew about. Maggie's comments on the paper indicated this, but she is starting to get a little nervous.
She is late to the Dean's office the next day because she runs into a traffic jam as she tries to pass the mall. A makeshift memorial and people driving slowly by the scene of the shooting impedes her progress. When she finally enters the Dean's office she sees he is not his normal self. He starts taking notes while he asks her questions. He seems to be emphasizing certain words and rephrasing sentences to indicate emotional problems Nathan might have exhibited. He indicates that this is the twenty-first century, her years of teaching, anxiety issues, student safety, and the red flags exhibited by Nathan that might have been missed.
For the first time Maggie feels fear and when he asks her for the paper she does the unthinkable.... she lies and tells him she cannot locate it.
When the police go to Nathan's home they find

numerous weapons, and all have been legally purchased. His single mother says the paper he wrote for the school was false because his father was never part of his life, and they never went hunting together.
The story certainly doesn't end there. No, because from there the social media spreads the story along with the comments, the accusations, and the sensationalism of Nathan's crime and the names of the victims. It also mentions that Nathan had just been fired from Walmart.
How his paper ends up being published in the newspaper is another part of Maggie's story. How the social media affects her daughter's life at college is tragic in many ways; but the whole novel with every revelation made the reader aware that this story is being repeated way too often in our world today.

*I did not include the whole paper because it just listed various guns and their uses.

** The very day I was editing this review the news came on with the announcement of the shooting in Santa Clarita. The facts concerning the shooting at Saugus High School were very limited. The motive was never very clear. The boy had friends and a girlfriend, but didn't have a stable home life. His father had been arrested for domestic violence and was an alcoholic. He died in 2017. The shooter used what was called a "ghost gun" and the authorities

found multiple guns in the home.
Simultaneously, the Wall Street Journal published an article called "Shooter Study Raises Doubts On Readiness" by Zusha Elinson. The article in the newspaper was based on a study that went back 50 yrs. and pulled up data from 171 incidents of shootings where four or more people were killed. Here are some of the points made in the article:
1. The number of deaths has increased every decade and attacks are more frequent.
2. The most common area for a shooting is a work site.
3. There doesn't seem to be a single profile, but some common factors regarding perpetrators depend on their age and the location of the shooting.
4. 48.5% of guns used are purchased legally.
5. Nearly 1/2 of the perpetrators shared their intentions on social media.
6. Two-thirds had mental health problems.

This study was funded by a grant from the National Institute of Justice a part of the U.S. Justice Department.

The one thing that surprised me was the statement that "the cost of drills for children outweigh the benefits" because most shooters are already within the school confines and know the procedures that are in place. It is better to have trained adults in place. What do you think?

EARS ham radio group to hold first meeting of 2020

On Thursday, January 9, 2020, 7 p.m. the Escondido Amateur Radios Society (EARS) will be holding its first monthly membership meeting of the year at the Pacific Western Bank, 900 Canterbury Pl., Escondido.

EARS is an IRS 501 (c)(3) charitable, non-profit organization of educational benefit to amateur radio operators, and others interested amateur radio within Escondido and surrounding areas. Each month we meet and discuss the current events in the world of ham radio and enjoy a presentation on a topic related to operators. January 2020 the group will have an Emergency Coordinator specialist talk about how to be prepared for a natural disaster like hurricanes, wild fires, and earthquakes.

Ham radio operators can become the back bone of communications if a disaster brings power outages for a long time frame. During Hurricane Katrina ham operators assisted in getting needed supplies to communities that had no contact with the outside world. If you're interested in learning more about the fascinating world of ham radio, you are invited to join the group. For more details visit earsclub.org

Annual Events in Hidden Meadows 2020

Sponsored by the Hidden Meadows Community Foundation

Reception Welcoming New & Current Volunteers	Thursday, March 5	Boulder Oaks Tavern
Sellers' Faire	Schedule to be announced	Boulder Oaks parking lot
Easter Egg Hunt	Saturday, April 11	Pavilion
Community Garage Sale	Schedule to be announced	Throughout HM
Fourth of July Parade/Picnic	Saturday, July 4	Boulder Oaks parking lot
Trunk or Treat	Saturday, October 31	Pavilion parking lot
Turkey Trot	Thursday, November 26	Boulder Oaks parking lot
Toys for Tots	Saturday, December 5	Pavilion

Breakfast Recipes

By Sarah Sealey / Resident

We often get requests for the breakfast recipes, so I thought we could include them here in the paper for the community. I inherited these, but have made some small adjustments along the way. These are the kinds of dishes that are great for a crowd, and give you lots of room for creativity! Add more veggies, different meats, different breads, nuts, dried fruits...if you come up with something you like better, send it to me...maybe we can use it next year!

Enjoy.

Southwest Egg Strata

12 slices of day-old white bread, cubed (or, 8 oz. shredded potatoes, thawed)
1 lb shredded cheddar/ Monterey Jack/ mixed cheese
1 lb of chopped, cooked bacon (or crumbled, cooked mild breakfast sausage)
2 4 oz.cans chopped green chiles
6 eggs
3.5 cup milk
½ tsp dry mustard

Grease or spray pan to prepare.

Mix eggs, milk, mustard in separate bowl. Layer bread, cheese, bacon and green chilies in casserole pan. Pour egg mixture over top, gently mix to distribute ingredients. Refrigerate overnight.

Bake 400 degrees, 45-60 min, or until center is set.

Apple French Toast Casserole

1 cup + 1 TBS brown sugar
½ cup butter
1 (8 oz) loaf of crusty French bread, cubed
2 cups milk
6 eggs
2 tsp vanilla
1 tsp ground cinnamon
1 TBSP brown sugar
2 small apples, chopped

Grease/ spray pan to prepare

Melt 1 cup brown sugar and ½ cup butter over medium heat til dissolved, to make caramel.

While heating caramel, in a separate bowl, blend eggs, milk, vanilla.

When caramel is fully dissolved, pour into prepared baking pan. Spread bread and apples evenly over pan, sprinkle with cinnamon. Pour egg mixture gently over top, soaking all bread cubes. Sprinkle 1 TBS brown sugar over top.

Rest in refrigerator overnight.

Bake, uncovered, at 450 degrees for 35-40 min, until center is set.

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TTh,	Yoga, 8 am	751-0261*
MWF,	Fitness Workout, 9 am	749-6523*
W,	Bridge Group, 10 am	751-0261*

January 2020

6	VCMWD Board Mtg., District Office, 2 pm	749-1600
7	Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm	643-5125
7	MHA Architectural Rev Com Mtg, 6:30 pm	749-7278*
8	Deer Springs FPD. Bd. Mtg. 2:00 pm	749-8001
8	HM Condos, HOA Meeting, 4:00 pm	407-7575*
8	HM Community Foundation, 7 pm	sarah@bretandsarah.com
9	MHA Board Mtg, 6 pm	749-7278*
20	VCMWD Board Mtg., District Office, 2 pm	749-1600
21	CERT Monthly Mtg., 6:30 pm	525-5170*
21	Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm	643-5125
23	Ranch HOA Mtg, 4-6 pm	407-7575*
23	HM Sponsor Group Mtg., 7:00 pm	809-6898*

February 2020

3	VCMWD Board Mtg., District Office, 2 pm	749-1600
4	Bookmobile, MLGC Pkg. Lot, 1:00-2:00 pm	643-51257
4	MHA Architectural Rev Com Mtg., 6:30 pm	749-7278*
12	Deer Springs FPD. Bd. Mtg., 2:00 pm	749-8001
12	HM Condos, HOA Meeting, 4:00 pm	407-7575*
12	HM Community Foundation, 7 pm	sarah@bretandsarah.com
13	MHA Board Mtg., 6 pm	749-7278*
14	Garden Club Meeting, 10:00 am	809-8889
17	VCMWD Board Mtg., District Office, 2 pm	749-1600
18	Bookmobile, MLGC Pkg. Lot, 1:00- 2:00 pm	643-5125
18	CERT Monthly Mtg., 6:30 pm	525-5170*
27	Ranch HOA Mtg., 4-6 pm	407-7575*
27	HM Sponsor Group Mtg., 7:00 pm	809-6898*

* Held at Meadows Community Center. 28208 MGWW
Meadows HOA email: meadowhoa@att.net

Call Weekdays 9-12 pm 760-749-7278 to reserve Pavilion* The pool or park cannot be reserved.

Law Office of Diane Haisha-DeForest

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Diane Haisha-DeForest
Attorney / R.E. Broker / Notary

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Hidden Meadows Community Resources and Organizations

Resources

Community Emergency Response Team (CERT)
The Deer Springs CERT program is comprised of volunteers who have completed a 24-hour training program designed by FEMA that includes instruction in basic disaster response skills, such as fire safety, light search and rescue, team organization, disaster medical operations, ways to improve home and work place safety, and how to prepare for an emergency. The volunteers are also trained in CPR, first aid, and in the use of a defibrillator. Contact Marc Weissman at 760-525-5170 or marcweissman11@gmail.com.

Community Sponsor Group
The members, appointed by the San Diego County Board of Supervisors, meet monthly to provide a communication link with the San Diego County Planning and Land Use Department. They review and make recommendations on all types of land use, building matters and other planning issues that affect our community life. Their areas of interest include property north of the city of Escondido, east of I-15, south of Old Castle Road, and west of Valley Center. Contact Chairman Jim Chagala, at 760 751-2691for more information.

Deer Springs Fire Safe Council
The mission of the Deer Springs Fire Safe Council (DSFSC) is to preserve lives, property and natural resources by mobilizing all members of our community to make our neighborhoods fire safe. This is accomplished through the following:
Education- Through the use of instructional literature, meetings, the website www.deerspringsfire-safecouncil.com and newspaper articles, the Council shall disseminate proven measures for fire safety. This information will be provided to every district resident at least once each year.

Prevention- The council shall take the necessary steps to mitigate future wildfires and other uncontrolled fires within the community.
Communication- The Council shall acquire and develop the necessary capabilities to communicate to all our residents during an emergency event. Contact Steve Kerrin at 760-807-1141.

Emergency Communication System
The Deer Springs Fire Safe Council sponsors its own Emergency Communications System (ECS) that will call registered residents in the event of an emergency. This is a free service provided by local members of the council but you must be registered to receive a call. A system-wide test is conducted each summer to make sure everyone who has registered will receive a test call. Any phone number in the United States may be registered. To register, visit www.deerspringsfire-safecouncil.com.
An information hotline is updated during emergencies or noteworthy events and may be called 24/7

at 949-472-1407. Red flags are placed on the “Fire Danger Signs” during red flag warnings.

Homeowners Associations
The Meadows Homes Association (MHA)
760-749-7278
Rimrock Homeowners Association
760-749-4008
Hidden Meadows Ranch Homeowners Association
760-407-7575
Silverado Management Services
Oak Meadows Glen Homeowners Association
760-749-4796

Organizations
Artisan Guild
The Hidden Meadows Artisan Guild seeks to Inspire, foster and promote arts and crafts of all mediums, Promote supportive networking, marketing, and social opportunities, Encourage member empowerment, educational opportunities, and fun. Develop an appreciation of the arts within our community
Contact Chalon Campbell at Chalon@cha-la-la.com for information about the guild’s monthly meetings, art show, and activities.

Bridge
Weekly Bridge for women is held Wednesday at the pavilion. Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net.

Bunco
There are several women’s Bunco groups in the community, but are independently run by groups of women who want to have fun once a month. If interested, consider putting an ad in nextdoor.com for other interested residents.

Garden Club
Everyone in the community who is interested in gardening is invited to participate in the Hidden Meadows Garden Club. Monthly events include field trips around the county, plant exchanges, plant and garden crafts as well as ongoing exchanges of ideas and expertise on the local flora and fauna. Contact Frances Munk at 760-809-8889 or francesmunk17@gmail.com .

Hidden Meadows Community Foundation (HMCf)
At the heart of the community events and activities lies the Foundation whose purpose is fourfold:
Beautification programs such as the maintenance of the medians
Neighbors Helping Neighbors (temporary assistance for residents in distress)
Scholarships for residents who are graduating from high school
Community events
All donations are tax-deductible and can be sent to

HMCF, 9856 Canyon Country Lane.
For more information, contact Sarah Sealey at sarah@bretandsarah.com

Ladies Bible Study
The group meets weekly from 9 to 11am on Tuesday mornings from mid- September through May at the Boulder Oaks Golf Course. For more information, contact Bonnie Miyamoto at 760-297-1508, Debbie Hamer at 760-297-1278 or Nancy Smith at 619-857-9187.

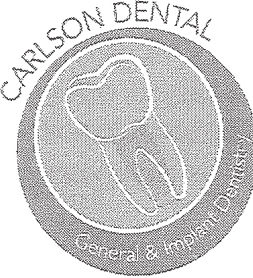
Social Groups
Several social groups have been organized in Hidden Meadows over the years for those who want to meet other singles and couples throughout the community. Typically twelve households make up a group so that a gathering can be organized once a month at each other’s homes. Each group has its own way of planning the gatherings, such as potluck, drink and appetizers, outings, brunch, or hosts providing everything. For more information, contact Toni Wozmak at toni.wozmak@hotmail.com

Tennis Club
Current tennis players range from 25 to over 90 years young. Some matches are organized according to ability, but most are just fun matches where everyone can play. Contact Katy Freeze at 760-749-9722 or clarkfreese@gmail.com.

Women’s Golf Club
The Boulder Oaks Women’s Golf Club is a member of the San Diego County Women’s Golf Association and Santa Margarita Women’s Golf Association. The latter offers inter-club competitive matches with nearby clubs. Thursday is Ladies Day at the course with a variety of tournament formats played throughout the year. Membership in the Boulder Oaks Golf Course is not required for women wishing to join this club. Contact Dorothy Aleshire at 760-749-5694 or dorothy-aleshire@gmail.com if you are interested in knowing more about the club.

Women’s Social Group
Monthly gatherings at members’ homes for a potluck dinner and conversation are a wonderful way to meet new faces in Hidden Meadows. For information about upcoming gatherings, send an email to hmwsg92026@gmail.com.

Yoga
Free Yoga sessions are available at the Pavilion on Tuesday and Thursday mornings at 8:00. Contact Joanne Boessow at 760-751-0261 or mljab33@cox.net for more information.



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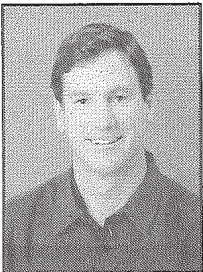
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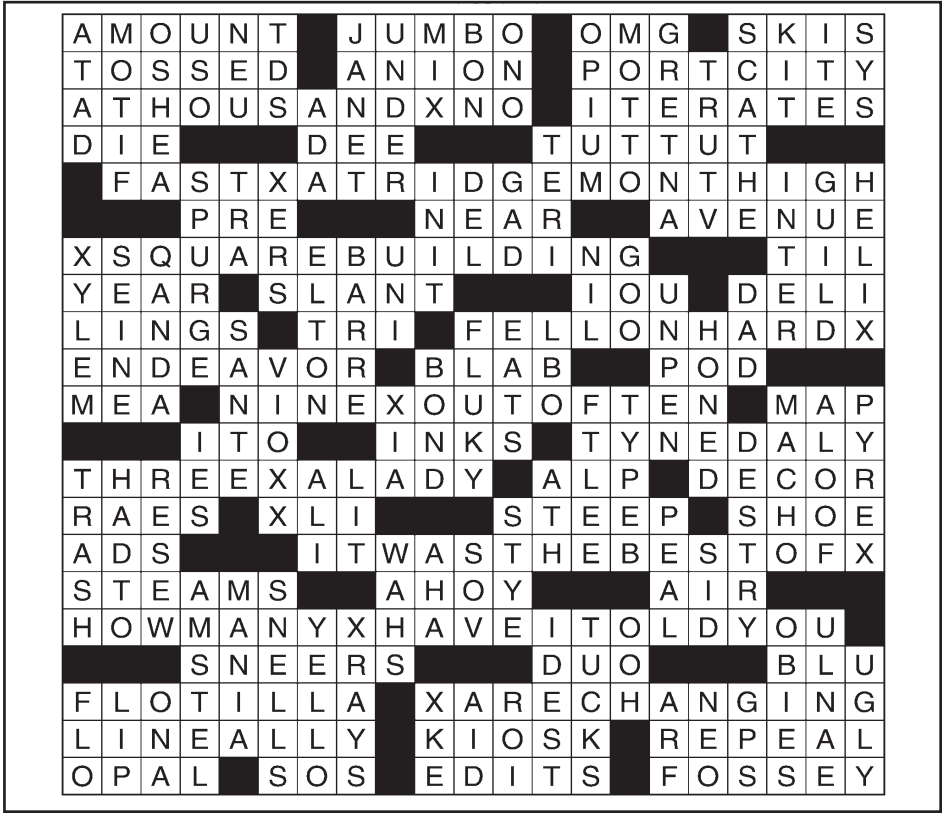
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726 E. Grand Avenue, Suite A

Escondido, CA 92025

Monday - Thursday 8:00am - 5pm





Astronomy Corner

by Chris Holmes

The Winter Sky: Part 2

In Part 1 of this series, I introduced Charles Messier and his catalogue of astronomical objects and then focused on one of these: Orion and its Great Nebula. There’s another, more recent, catalogue called the New General Catalogue (NGC). First compiled in 1888, it held 7840 objects. An additional 5386 were added in 1908.

Open Clusters

One of the NGC catalogue listings is the Double Open Cluster in Perseus (NGC 869, 844), located in the NE sky at the top of the Perseus star cloud and easily visible to the naked eye (Fig. 1). The stars in these two clusters are not necessarily near each other, though they are formed from the same star cloud and contain a few thousand stars, all roughly the same age.

The Pleiades Open Cluster (M-45) is probably the most dramatic example of these star formations (Fig. 2). Though the stars appear spatially related, once again they are not gravitationally bound. This cluster has been described since ancient times: on the walls of Egyptian tombs, in the Bible, and in Greek mythology, where they were referred to as the Seven Sisters. Now, they are used by sky watchers as a measure of “seeing.” If you can count six or more of these stars, you have good seeing. What you won’t be able to see with the naked eye is the reflection nebulosities surrounding some of these stars, as seen in the attached photo. Orlov, Chiang & Crane, in 2000, reported that for the past few hundred years Andean farmers have used the appearance of the Pleiades as a seasonal forecasting guide for rainfall; cirrus clouds associated with the El Niño weather cycle obscure the fainter stars.

Another striking example of an open cluster is the Rosette Nebula, NGC 2244 (Fig. 3), whose stars are embedded in a nebular cloud (NGC 2238).

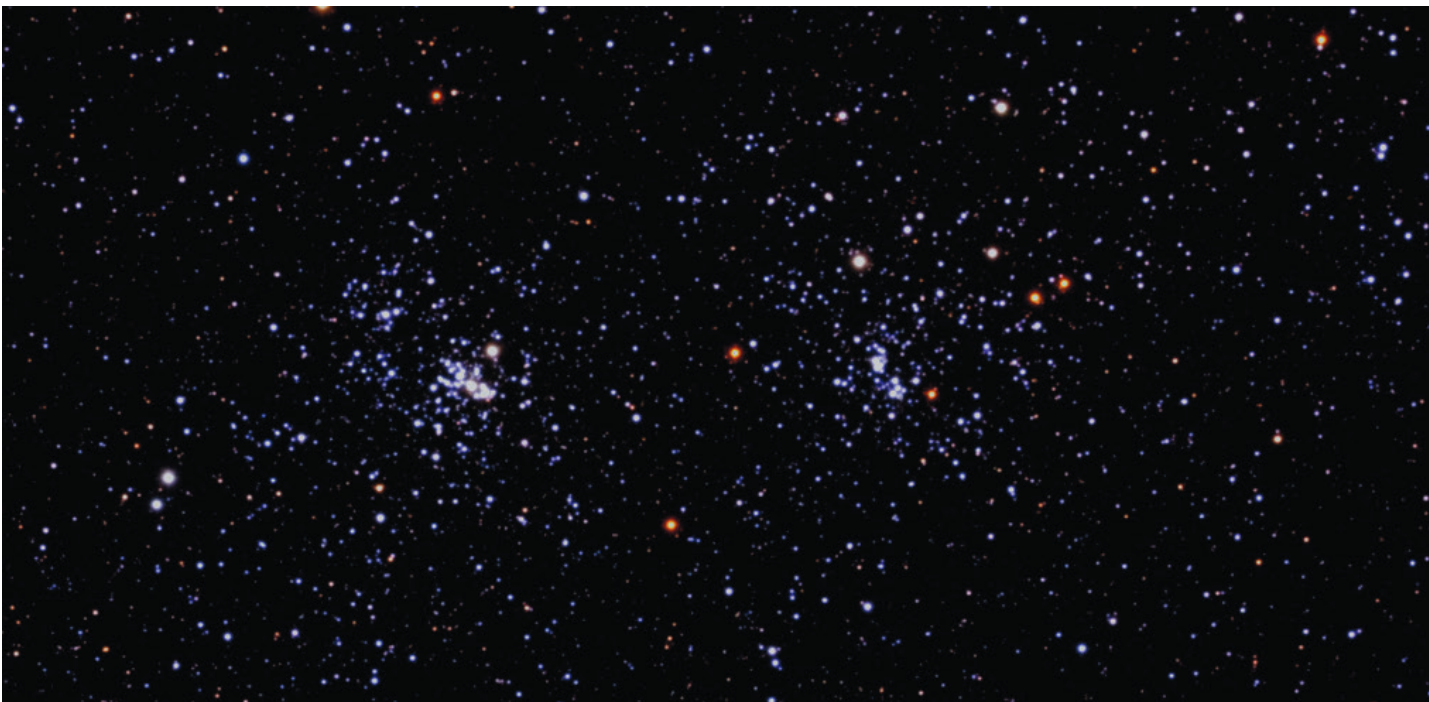
Globular Clusters

These clusters are dramatically different from the open ones, and definitely ARE spatially close and tightly bound to one another by gravity. They typically contain hundreds of thousands of stars, up to half a million, all of which formed at the same time, 4.5 billion years ago. All orbit the galactic center in a halo-like distribution. Globular clusters are among the oldest objects in the Milky Way.

M-22 (Fig. 4) was the first globular discovered and is one of the brightest and largest among them. It’s also my personal favorite.

In conclusion, there are open clusters, globular clusters and a spectrum of colorful nebula out there at night to tease your eye. All you need do is look up!

All images by the author.



NGC 869, 884 Double Open Cluster



M-45 Pleiades



NGC 2244 Rosette Nebula



M-22 Globular Cluster



SOCIAL / From Page 1

decoration. It was lovely! I’m sure they have a Christmas themed garage.

We all greeted one another with hugs and Hollywood kisses, so as not to mess the makeup. Everyone was dressed very Christmasy. Mary Friel – the life of the party – entered like the Santa Ana Winds thinking she was Santa and was shouting “Merry Christmas” to all to get the party started. Yea, that’ll wake you up.

Much to chat about during Phase I - drinking a bit while munching on appetizers. Then Phase II – the delectable food. Everyone contributed - which included ham, potatoes, salad, too much to mention. Then we were getting ready for Phase IV – the mouthwatering desserts – pumpkin pie, cranberry cake, cheese cake, and other dietary items.

But then it happened – we were putting the desserts on the table when Mary Friel was transferring a blueberry cheesecake to a plate, and it went flying. Oh, Mama Mia! We managed

to salvage it mushy piece-by-piece. However, not to worry, it was cheese-cake night – there was enough cheese-cake for an army of mice. Next time, we have to get Mary out of the kitchen. She can be dangerous!

Phase III was a White Elephant Gift Exchange. Well, in my rush to head out the door having taken 4 trips to the car back and forth before leaving my house, and considering my aging senility – I left the gift exchange on the floor of my garage. So I felt embarrassed and left the party quietly without dessert. Punishment for forgetting the gift..

However, I did question Mary the next day to give me the happenings of what I missed. She said the gift exchange was more like a Nordstrom gift exchange. Oh my, these people have it all wrong. On my last gift exchange I wrapped up a basket with some plastic flowers on it which I had won at some thing or another. I hated it, wrapped it up, and it was the hit at the gift ex-



change. Some people have weird taste. I guess no one has any re-gifts in their garage any more. How sad!

Mary also related how she and some ladies were in the laundry room trying to get the blueberry cheesecake stain from her new winter white x-mas pants. While every lady had her own idea... when finished she said she smelled like a bottle of spray and wash stain remover. Oh well, Mary, as I said be-

fore, stay out of the kitchen! Last but not least, to make it an adventurous event, I took someone’s purse home by mistake. I did not know until the next a.m. when someone sent me an e-mail. Went back and had an exchange of purses, so I did end up with an exchange after all! Not the one planned, but an exchange..... There you have it.... Merry Christmas to all....

Happy New Year!

What’s Happening in Hidden Meadows?

ACTIVE LISTINGS

ADDRESS	LIST PRICE	ADDRESS	LIST PRICE
Lake Meadow Lane	\$649,000	Burned Oak Lane	\$824,000
Meadow Glen Way E	\$669,000	Aspen Glen	\$800,000 - \$834,900
Gladstone Court	\$675,000	Canyon Country Lane	\$980,000
Meadow Glen Way E	\$699,000	Cavalier Court	\$1,195,000
E Meadow Glen Way	\$724,900	Tricia Place	\$1,249,900
Aspen Glen	\$699,000 - \$749,000	Hidden Meadows Road	\$1,399,000
Cerveza Baja	\$792,500	Alps Way	\$1,495,000 - \$1,595,000
Pinion Trail	\$795,000	Mountain Meadow Road	\$2,199,000
Calle De La Reina	\$798,000		

PENDING LISTINGS

ADDRESS	LIST PRICE
Tricia Place	\$630,000
Sandhurst Way	\$600,000 - \$645,000
Aspen Glen	\$700,000
High Vista Drive	\$1,250,000

SOLD LISTINGS

ADDRESS	LIST PRICE	SOLD PRICE
10381 Oak Ranch Way	\$529,000	\$529,000
10905 Treeside	\$600,000 - \$639,000	\$610,000
9845 Canyon Country	\$649,500	\$649,500

Data from SANDICOR, Inc. for 12/02/2019—12/30/2019 and represents properties listed or sold by various brokers. If your property is currently listed this is not meant as a solicitation.

Who’s Selling Hidden Meadows?

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